



ARIZONA DEPARTMENT OF HEALTH SERVICES

STANDING ORDER FOR COVID-19 TESTING LOCATIONS
LABORATORY TEST: SARS-CoV-2 RT-PCR

This standing order is issued by Dr. Cara Christ, MD MS (NP #1639369036), Director of the Arizona Department of Health Services. This standing order authorizes any medical provider / trained personnel at a medically-supervised COVID-19 testing unit in Arizona to collect and send a SARS-CoV-2 RT-PCR test for any individual in accordance with the conditions of this order.

PATIENT ELIGIBILITY

The following criteria are required for a medical provider/trained personnel at a testing unit to collect a SARS-CoV-2 RT-PCR test by this standing order:

Individual who is concerned that he or she has been exposed to and infected with COVID-19

AND

Individual who has signed a consent and voluntary isolation agreement (or parent/guardian, if patient cannot legally consent)

PLAN OF CARE

Medical provider / trained personnel operating at a testing unit may collect a nasopharyngeal swab and order a SARS-CoV-2 RT-PCR.

- A. Preparation to collect a nasopharyngeal swab:
1. Ensure correct testing materials: (1) Sterile Dacron/nylon swab with an aluminum or plastic shaft...
2. Ensure appropriate personal protective equipment for medical provider: gloves, gowns, surgical mask...
B. Instructions to collect a nasopharyngeal swab:
1. By medical provider / trained personnel:
o Tilt patient's head back 70 degrees.
o Insert swab into nostril parallel to the palate...
2. By patient: Follow manufacturer-specific instructions for specimen collection.
C. Instructions to process clinical specimens:
1. Store specimens at 2-8°C for up to 72 hours after collection...
2. Process specimens in accordance with national biological safety regulations...

NOTE: Emergency medical services should be activated if a patient appears toxic, is struggling to breathe, or moribund.

FOLLOW-UP

- 1. Test results should be reported to the patient within one week of the testing unit's receipt of the test result.
o A positive result requires continued in-home isolation per local health department recommendations.
2. Results should be reported to the Arizona Department of Health Services, as required by Arizona Administrative Code, R9-6-202.

Handwritten signature of Cara Christ, MD

Cara Christ, MD MS, Director of Arizona Department of Health Services

Effective Date: 4/22/2020; Expiration Date: 4/21/2022

Douglas A. Ducey | Governor Cara M. Christ, MD, MS | Director