Recommendations

- **Celebrate outside** in your yard or at a local park.
- **Minimize the number of guests**, especially those at high risk.
- **Physically distance when you can**. Only touch or hug those in your immediate household.
- **Wear masks** if your gathering includes guests from outside your household.
- **Celebrate together with your quarantine pod**. You can use a tablet and virtual meeting programs to bring family and friends together without exposing one another.
- **Wash your hands** before and after preparing, serving and eating food.
- **Use hand sanitizer**. Get in the gift giving spirit early and provide your guests with their own travel size hand sanitizer.
- **Avoid self-serve or buffets**. If sharing food, have one person serve food and use single-use options, like plastic utensils.

For more tips and guidance, visit [azhealth.gov/WinterHolidays](http://azhealth.gov/WinterHolidays)