

## HEALTH

HEALTH: Advice, doctor and nurse visits, child hearing and vision tests, baby shots and other health services.

### Arizona Health Care Cost Containment Services (AHCCCS)

#### Administration


Maricopa County .....    602-417-4000

Outside Maricopa County .....    1-800-654-8713

[www.healthearizonaplus.gov](http://www.healthearizonaplus.gov) ; [www.myahcccs.com](http://www.myahcccs.com)

Sliding Fee Scale Clinics ..... 602-542-1219

[www.Azhealth.gov/slidingfeescale](http://www.Azhealth.gov/slidingfeescale)

24 Hour Breastfeeding Helpline: .....  1-800-833-4642

Arizona WIC Program Helpline .....  1-800-252-5942

El Rio Health ..... 520-670-3909

[www.elrio.org](http://www.elrio.org)

### LGBTQ Resources

Southern Arizona ..... 520-621-7585

[lgbtq.arizona.edu](http://lgbtq.arizona.edu)

Central Arizona Resources ..... 602-277-7433




[gayarizona.com](http://gayarizona.com)

[phoenixpride.org](http://phoenixpride.org)



Public Health Information Line for ADHS: ..... 1-800-314-9243

State of AZ 211 Information Line ..... 1-877-211-8661

### Center for Disease Control (CDC) Information Line—National AIDS and STD:

.....    1-800-232-4636

### Arizona Immunization Information Program

.....   602-364-3642

Copies of Records .....   1-877-491-5741

[www.azdhs.gov/phs/immunization](http://www.azdhs.gov/phs/immunization)

-  24 hour/day
-  Se habla español
-  Multilingual translator available numbers beginning with 1 are toll free

## HEALTH

### Dental Health



AZ Donated Dental Services ..... 1-866-340-4337

### Reduced Fee Dental Clinics

[www.azdhs.gov/prevention/womens-childrens-health/oral-health/index.php](http://www.azdhs.gov/prevention/womens-childrens-health/oral-health/index.php)

### SPECIAL HEALTH CONCERNS



#### Allergy and Asthma Network/Mothers of Asthmatics (AAN/MA)-National:

.....   1-800-878-4403

#### American Cancer Society- (Can also provide general Arizona referral information):

.....   1-800-227-2345

#### American Heart Association and American Stroke Association-(Can also provide general Arizona referral information):

.....   1-800-242-8721

#### American Liver Foundation:

National Help Line ..... 1-800-465-4837

#### American Diabetes Association:


[www.diabetes.org](http://www.diabetes.org) .....  1-800-342-2383

#### Postpartum Support International Helpline ..... 1-800-944-4773

[www.postpartum.net](http://www.postpartum.net)

[www.psiarizona.org](http://www.psiarizona.org)

#### Arizona Smoker's Helpline (Ashline):

[www.ashline.org](http://www.ashline.org) .....  1-800-556-6222

#### Lupus Foundation of Southern Arizona

[www.lupus-az.org](http://www.lupus-az.org) ..... 520-622-9006

#### The Skin Cancer Foundation

[www.skincancer.org](http://www.skincancer.org) ..... 212-725-5176

#### AZ Well Women Health Check-Cancer Screening

[www.wellwomanhealthcheck.org](http://www.wellwomanhealthcheck.org) ..... 602-542-4611

#### COPA Behavioral Health Information & Resources

[www.copahealth.org](http://www.copahealth.org) ..... 480-994-4407

## EMERGENCY

EMERGENCY .....    911

988 SUICIDE & CRISIS LIFELINE ..... 988

POISON CONTROL .....    1-800-222-1222

Mother to Baby ..... 1-866-626-6847

### [www.mothersobaby.org](http://www.mothersobaby.org)

Opioid Assistance and Referral Line (OARLine) ..... 1-888-688-4222

SAMHSA National Helpline ..... 1-800-662-4357

### Arizona Behavioral Health Substance Abuse Treatment Locator:

[www.findtreatment.gov](http://www.findtreatment.gov) ..... 1-800-662-4357

### AZ Gov's Office

<https://www.azpreventionresource.com/>

<https://drugabuse.com/usa/drug-abuse/arizona/> .... 1-877-466-0647

COVID-19 Helpline ..... 1-844-542-8201

[azhealth.gov/COVID19](http://azhealth.gov/COVID19)

## FAMILY CONTACTS

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

The guide is provided as a public service through the Arizona Children and Family Stability Act and is available in alternative format, upon request, by contacting.

Arizona Dept. of Health Services  
Bureau of Women's and Children's Health  
150 North 18<sup>th</sup> Ave, Suite 320  
Phoenix, Arizona 85007  
(602) 364-1400



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# ARIZONA FAMILY RESOURCE GUIDE for Families with Young Children



ARIZONA DEPARTMENT OF HEALTH SERVICES



## FAMILY SERVICES

### CHILD CARE

Child Care Resource & Referral Arizona (excludes Tucson) ♦ 1-800-308-9000  
www.arizonachildcare.org

### CHILD & WATER SAFETY

American Red Cross of Greater Phoenix  
www.redcross.org ♦ 1-800-842-7349

### FAMILY SUPPORT & FINANCIAL HELP

Department of Economic Security (DES) Family Assistance  
Administration offices referral lines: including job service,  
supplemental nutrition assistance program and aid to families with  
dependent children (TANF):  
Maricopa County and Outside Maricopa County ♦ 855-777-8590  
State of Arizona Division of Child Support Enforcement (DES)  
♦ 1-800-882-4151

State of Arizona Child Abuse Hotline  
https://dcs.az.gov/report-child-abuse ♦ 1-888-767-2445  
Social Security Administration ♦ 1-800-772-1213

### COUNSELING & EMOTIONAL SUPPORT

Arizona Coalition to End Sexual and Domestic Violence  
www.acesdv.org ♦ 1-800-782-6400

Mentally Ill Kids in Distress (MIKID)-AZ  
www.mikid.org ♦ 602-253-1240

CPLC Parenting Arizona Parent Education Training & Parent Support  
www.parentingaz.org ♦ 480-491-2301

■ 24 hour/day

♦ Se habla español

▲ Multilingual translator available numbers beginning with 1 are toll free

## FAMILY SERVICES

Home Visiting Programs: For Pregnant Mothers and Families with  
Children Birth to Five Women's/Children's Health ♦ 602-345-0471  
www.strongfamiliesaz.com

The Birth to Five Helpline ♦ 1-877-705-5437

Arizona First Things First School Readiness  
www.firstthingsfirst.org 1-877-803-7234

Postpartum Support International – Helpline 1-800-944-4773  
www.postpartum.net  
www.psiarizona.org

National Alliance on Mental Illness:  
www.nami.org ♦ 1-800-950-6264

National Sexual Assault Hotline:  
www.rainn.org ♦ 1-800-656-4673

ARIZONA 2-1-1 INFORMATION AND REFERRAL: Referral line for Social  
Services and Community Services, such as, Homeless and Domestic Violence  
Shelters, Food Banks, Dental Care, Childcare, Car Seats, etc.

Maricopa County  
www.211arizona.org ♦ 211

All Other Counties: ♦ 1-877-211-8661

The Strong Families AZ Helpline ♦ 602-345-0471

ARIZONA WIC PROGRAM HELPLINE  
www.azwic.gov ♦ 1-800-252-5942

AZDHS 24 HOUR BREASTFEEDING HELPLINE  
♦ 1-800-833-4642

Statewide Crisis Line  
(Medication and Behavioral Health) Crisis Line  
♦ 1-844-534-4673

## FAMILY SERVICES

Arizona Complete Health:  
Southern AZ Customer  
Service Line ♦ 1-888-788-4408  
www.azcompletehealth.com

The Maricopa Crisis Line ♦ 1-800-631-1314  
1-844-534-4673  
crisis.solaris-inc.org 602-222-9444

Molina Complete Care  
www.molinahealthcare.com 1-800-424-5891

Care 1st Health Plan  
www.care1staz.com 1-866-560-4042

Banner University Family Care  
www.bannerufc.com 1-800-582-8686

United Healthcare Community Plan  
www.uhcommunityplan.com 1-800-348-4058

Mercy Care Complete Care ♦ 1-800-624-3879  
Crisis Line 24 hours ♦ 602-222-9444  
www.mercycareaz.org

Health Choice Arizona  
www.healthchoiceaz.com ♦ 1-800-322-8670

## EDUCATION

Arizona Department of Education Constituent Services Hotline:  
1-800-352-4558

Arizona Department of Education, Exceptional  
Student Services, Parent Information Network  
https://www.azed.gov/specialeducation ♦ 602-542-4013

National Health Information Center  
www.health.gov/nhic

National Women's Health Information Center  
www.womenshealth.gov ♦ 1-800-994-9662

## SPECIAL NEEDS

### SPECIAL NEEDS:

Screening for developmental disabilities, physical handicaps &  
behavioral health needs, and referral to other services for children  
with special needs.

des.az.gov/services/disabilities/developmental-infant  
Arizona Early Intervention Program (AZEIP):

Main Office ♦ 602-532-9960  
Spanish Referral Line 602-635-9810  
Central Referral Line ♦ 1-888-592-0140

Children's Rehabilitation Services (CRS)  
DMG Children's Rehabilitative Services

CRS Member Services ♦ 602-914-1520

ADHS Children and Youth with Special Health Care Needs  
CYSHCN@azdhs.gov ♦ 602-542-1860

Division of Developmental Disabilities (DDD)  
Arizona Main Office ♦ 602-542-0419

♦ 1-844-770-9500 (Toll Free)

The Arc Arizona (Serving People with Developmental and  
Intellectual Disabilities)  
www.arcarizona.org

Phoenix ♦ 602-234-2721  
Raising Special Kids ♦ 1-800-237-3007

TT/TDD: Arizona Relay Service 7-1-1

Access-TTY ♦ 1-800-367-8939  
Access-Voice ♦ 1-800-842-4681

Spanish-TTY/Voice ♦ 1-800-842-2088  
Speech to Speech ♦ 1-800-842-6520  
Customer Service-TTY ♦ 1-800-347-1695