

Arizona WIC Approved Abbreviations

Arizona WIC

Term	Description
AR	Authorized Representative
AR2	Second Authorized Representative
BF or bf	Breastfeeding
BFPC	Breastfeeding Peer Counselor
C1	Child 1 year old
C2	Child 2 years old
C3	Child 3 years old
C4	Child 4 years old
CNE	Community Nutrition Educator
CT or Cert	Certification
DBE	Designated Breastfeeding Expert
DOR or sDOR	Division of Responsibility/The Satter Division of Responsibility in Feeding
EBM	Expressed Breastmilk
EBNP	Enrolled But Not Participating
EBNPD	Enrolled But Not Participating Detail
EHM	Expressed Human Milk
EN	Exclusively Nursing
FB	Food Benefits
FDTU	First Date to Use
FFR	Arizona WIC Program Formula and Food Request
HANDS	Health and Nutrition Delivery System
HM	Human Milk
HR	High Risk
IEN	Infant Exclusively Nursing
IFF	Infant Formula Fed
IPN	Infant Partially Nursing
IPN+	Infant Partially (minimally) Nursing Plus
IS	Intake Specialist
KIS	Keep It Simple
LDTU	Last Date to Use
LTFU	Lost to Follow Up
MARBL	Missed Appointment Risking Benefit Loss
MC or Mid Cert	Mid-Cert/Mid-Certification
MR	Medium Risk
MUBP or MUP	Multiple User Breast Pump
NLE	No Longer Eligible
Nut Ed	Nutrition Education
P	Postpartum
PG	Pregnant
PG1	Pregnant participant less than 18 years old
PG2	Pregnant adult over 18 years old
PN	Partially Nursing
PN+	Partially (minimally) Nursing Plus
R&O	Rights and Obligations
SUBP or SUP	Single User Breast Pump
VOC	Verification of Certification
WIAC	WIC in a Click

Term	Description
WSD	WIC Services Desk
WSHL	WIC Shoppers Helpline
WYW	WIC Your Way

Food Package

Term	Description
BTL	Bottle
conc.	Concentrate formula
CTR	Container
CVB	Cash Value Benefit
DOZ	Dozen
F&V or F/V	Fruits and Vegetables
frzn	Frozen
GAL	Gallon
HGL	Half gallon
PB	Peanut Butter
PWD	Powder
QT	Quart
RTF	Ready to Feed

General Abbreviations

Term	Description
/	Per
~	Approximately
ad lib	Ad libitum
adv	Advised
AEB	As Evidenced By
amt	Amount
appt.	Appointment
b/c	Because
Btwn or b/w	Between
c/o	Complaints of
Cont	Continued
D	Day
d/t	Due To
d/c	Discontinue
DOB	Date of Birth
doc	Document
decl	Declined
env	Environment
esp	Especially
f/u	Follow Up
h/o	History Of
hr	Hour
hx	History
ID	Identification
incl	Include, Including
intro	Introduce
Lg	Large
Min	Minutes
Mo	Months

Term	Description
msg	Message
pkg	Package
prev	Previous
rec(s)	Recommend, Recommendations
ref	Referral, Referred
req	Request
req'd	Required
r/s	Reschedule
r/t	Related To
sched	Schedule
Sml	Small
VM	Voice Mail
w/	With
W/D	Withdrawal
w/o	With Out
Wk	Week
X	Times
y.o.	Years Old
Yr	Year

Growth Terms

Term	Description
AGA	Appropriate for Gestational Age
ANL	Above Normal Limits
BNL	Below Normal Limits
CA	Corrected Age
CBW	Current Body Weight
EDD	Estimated Delivery Date
EGA	Estimated Gestational Age
ELBW	Extremely Low Birth Weight
GA	Gestational Age
IBW	Ideal Body Weight
LBW	Low Birth Weight
LGA	Large for Gestational Age
SGA	Small for Gestational Age
UBW	Usual Body Weight
VLBW	Very Low Birth Weight
WFL	Weight-for-Length
WNL	Within Normal Limits

Measurements

Term	Description
# or lbs	Pounds
%tile	Percentile
C	Cup
Cm	Centimeters
dL	Deciliters
G	Gram or grams
Ht	Height
In	Inches
Kg	Kilogram

Term	Description
L	Liter
Lgth	Length
mL	Milliliter
Oz	Ounces
Wt	Weight

View [additional measurement terms](#) not included on this list, but are approved for use.

Medical Providers

Term	Description
ABA	Applied Behavioral Analysis
APRN	Advanced Practice Registered Nurse
CLC	Certified Lactation Counselor
DDS	Dentist
DNP	Doctor of Nursing Practice
DO	Doctor of Osteopathic Medicine
DTR	Dietetic Technician Registered
HCP	Health Care Provider
IBCLC	International Board Certified Lactation Consultant
MA	Medical Assistant
MD	Medical Doctor
NP	Nurse Practitioner
OBGYN	Obstetrician/Gynecologist
OT	Occupational Therapist or Therapy
PA	Physician Assistant
PCP	Primary Care Provider or Physician
Peds	Pediatrician or Pediatrics
PT	Physical Therapist or Therapy
RD/RDN	Registered Dietitian/Registered Dietitian Nutritionist
RN	Registered Nurse
SLP	Speech Language Pathology

Medical Terms and Conditions

Term	Description
ABX	Antibiotics
anthros	Anthropometrics
ASD	Autism Spectrum Disorder
BG	Blood Glucose
Bid	Twice per Day
BM	Bowel Movement
BMR	Basal Metabolic Rate
BPD	Bronchopulmonary Dysplasia
CF	Cystic Fibrosis
CGM	Continuous Glucose Monitor
CNG	Continuous Nasogastric feeding

Term	Description
COG	Continuous Oral Gastric feeding
C/S	Cesarean Section or Consult
d/o	Disorder
EMR	Electronic Medical Record
EPSDT	Early and Periodic Screening, Diagnosis, and Treatment
ER	Emergency Room
Fdg	Feeding
FTT	Failure to Thrive
G Tube	Gastric Tube
GDM	Gestational Diabetes Mellitus
Gest	Gestation or gestational
IDA	Iron Deficiency Anemia
J Tube	Jejunostomy Tube
Kcal	Kilocalories or calories
L&D	Labor and Delivery
Med	Medical or Medicine
NAS	Neonatal Abstinence Syndrome
NG Tube	Nasogastric Tube
NICU	Neonatal Intensive Care Unit
NJ Tube	Nasojejunal Tube
NKA	No Known Allergies
NKFA	No Known Food Allergies
N/V/D/C	Nausea, Vomiting, Diarrhea, and Constipation
NPO	Nothing By Mouth
OG Tube	Orogastric Tube
OGTT	Oral Glucose Tolerance Test
OTC	Over The Counter
PA	Physical Activity
PCOS	Polycystic Ovary Syndrome
PEG	Percutaneous Endoscopic Gastrostomy
PKU	Phenylketonuria, a genetic disorder of metabolism
PMAD	Perinatal Mood and Anxiety Disorder
PNV	Prenatal Vitamin
PO	By Mouth
Q	Every
Qd	Every Day

Term	Description
Qh	Every Hour
Qid	Four times per day
qod	Every Other Day
Rxn	Reaction
s/p	Status Post
s/s	Signs and Symptoms
ST	Speech Therapy
Sx	Surgery or Symptoms
Tid	Three Times Per Day
Tol	Tolerate
Tx	Treatment
UC	Ulcerative Colitis
US	Ultrasound
VBAC	Vaginal Birth After C-section

View [additional medical terms](#) not included on this list, but are approved for use.

Nutrition Related Medical Terms

Term	Description
ADIME	Assessment, Diagnosis, Intervention, Monitoring, Evaluation
AI	Adequate Intake
BLW	Baby-led weaning
BRAT diet	Bananas, Rice, Applesauce, Toast
Ca	Calcium
CHO	Carbohydrate
DRI	Dietary Reference Intake
EAR	Estimated Average Requirement
EER	Estimated Energy Requirement
FODMAP	Fermentable Oligosaccharides, Disaccharides, Monosaccharides and Polyols
MCT	Medium-chain Triglycerides
MNT	Medical Nutrition Therapy
MVI	Multivitamin
Na	Sodium
NCP	Nutrition Care Process
PAL	Physical Activity Level
PES	Problem, Etiology, Signs, and Symptoms
PRO	Protein
SOAP	Subjective, Objective, Assessment, Plan

Term	Description
TEE	Total Energy Expenditure
UL	Tolerable Upper Intake Level
Veg	Vegetables
Vit	Vitamin

View additional [nutrition related medical](#) or [nutrition terms](#) not included on this list, but are approved for use.

Programs and Organizations

Term	Description
AAP	American Academy of Pediatrics
ADA	American Diabetes Association
ADHS	Arizona Department of Health Services
AHCCCS	Arizona Health Care Cost Containment System
AND	Academy of Nutrition and Dietetics
AzEIP	Arizona Early Intervention Program
AZHZ	Arizona Health Zone
BNPA	Bureau of Nutrition and Physical Activity
CACFP	Child and Adult Care Food Program
CPS	Child Protective Services
CRS	Children's Rehabilitation Services
CSFP	Commodity Supplemental Food Program
CSHCN	Children with Special Health Care Needs
DCS	Department of Child Safety
DES	Department of Economic Security
DPS	Department of Public Safety
ECE	Early Childhood Education; Early Care and Education
EFNEP	Expanded Food and Nutrition Education Program
FDPIR	Food Distribution Program on Indian Reservations
FMNP	Farmers' Market Nutrition Program
FNS	Food and Nutrition Service
HVP	Home Visiting Program
NCM	Nutrition Care Manual
NSLP	National School Lunch Program
NWA	National WIC Association
ILCA	International Lactation Consultant Association
OMB	Office of Management and Budget
PCH	Phoenix Children's Hospital
PSI	Postpartum Support International
SFSP	Summer Food Service Program
SHAC	School Health Advisory Council
SET	State Evaluation Team
SIT	State Implementation Team
SNAC	State Nutrition Action Committee
SNAP	Supplemental Nutrition Assistance Program
SNAP-Ed	Supplemental Nutrition Assistance Program-Education
TANF	Temporary Assistance to Needy Families
WIC	Women, Infants and Children

View [additional organization terms](#) not included on this list, but are approved for use.