## HPV: Making the Move to Immunization Advocate; Personal Perspectives & Cancer Prevention

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#### **Financial Disclosures**

- Kevin Dahl and Gail Petersen Hock, faculty for this CE activity, have no relevant financial relationship(s) with ineligible companies to disclose.
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- The Arizona Alliance for Community Health Centers designated the 2025 Arizona Immunization Conference educational activity for a maximum of 11 hours AMA PRA Category 1 Credits Physicians should only claim credit commensurate with the extent of their participation in the activity.
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#### Objectives

- 1. Summarize the types of HPV related cancers
- Understand the value of personal stories in the prevention of HPV related cancers
- 3. Develop a patient/population based strategy to improve HPV immunization rates in practice.



#### Terminology

**Epidemiology** – the study of the distribution and determinants of health-related states in a specified population

**Natural history of disease** – typical progression of a disease from its onset to resolution, or death, in the absence of any medical intervention.

**Incidence**- number of new cases of a condition in a population in a given time period

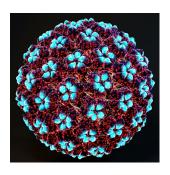
**Prevalence** – proportion of the population with a condition during a specific time period (new and existing cases)

**Case** – specific criteria for person, place, time and clinical features

**Epithelium** – type of thin tissue in the body covering all internal and external surfaces

**Oncogenic** – causing development of a tumor.





#### Human Papillomavirus

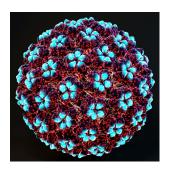
- Small DNA virus high communicability
  - Non-enveloped, double -stranded
- More than 200 types identified
- 40 infect mucous membranes
- Transmission close intimate contact
- Most infections are asymptomatic & transient



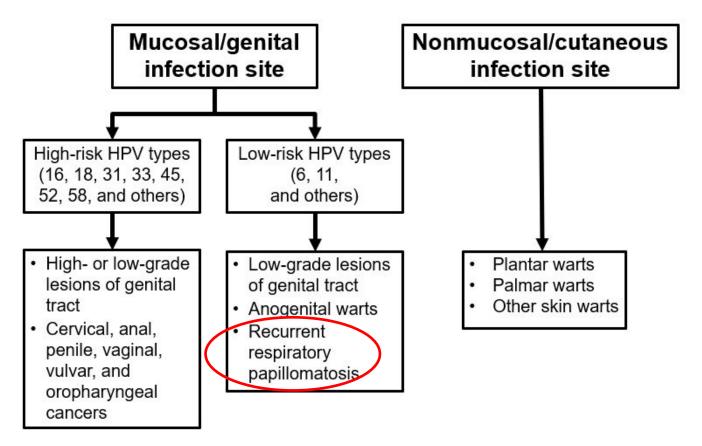
"HPV is so common that nearly all sexually active men and women get the virus at some point in their lives."

- HPV Prevalence
  - 42 million
- HPV Incidence
  - 13 million

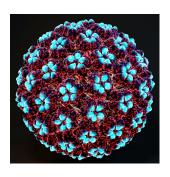




#### **HPV Types**







#### **HPV Related Cancers**

- Cervical virtually all
- Oropharyngeal 70%
- Anal 91%
- Penile 63%
- Vaginal 75%
- Vulvar- 69%



#### Cervical Epithelium

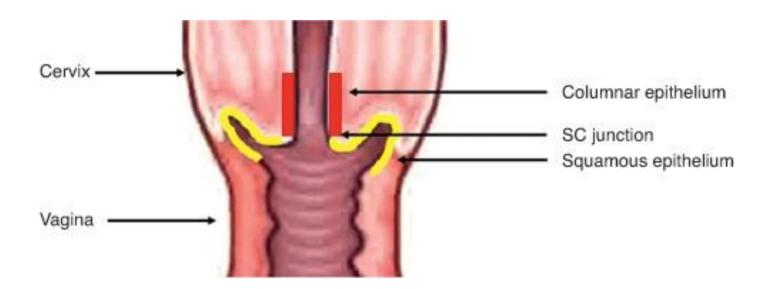
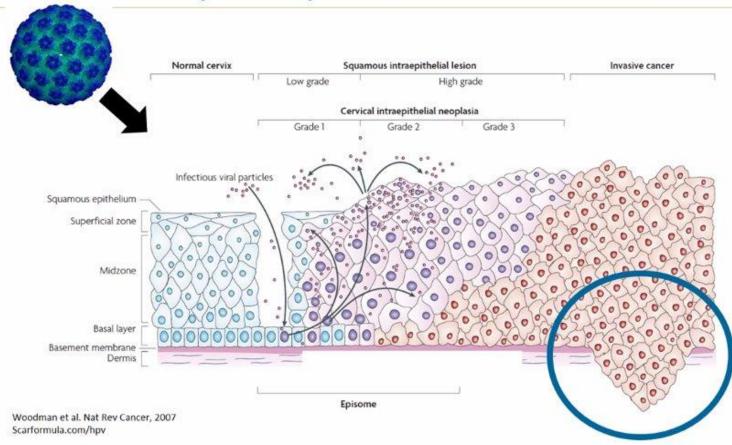


Image retrieved from https://www.sciencedirect.com/topics/medicine-and-dentistry/cervix

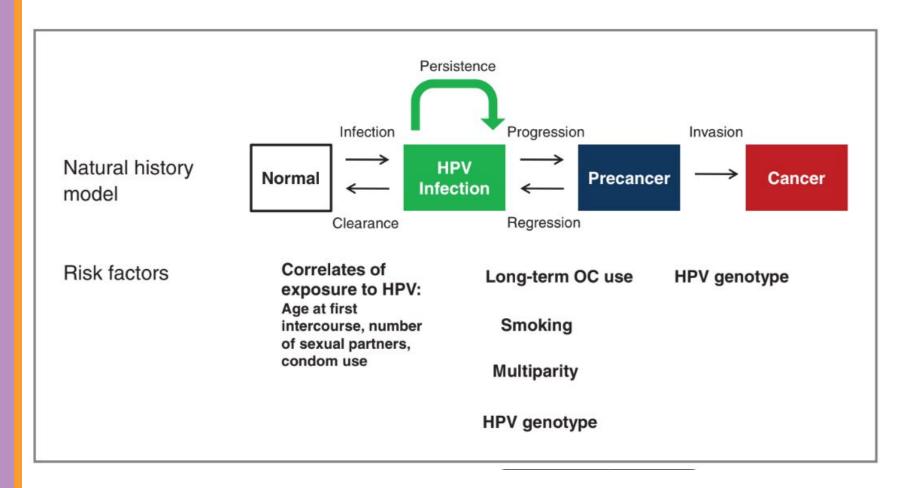


#### Natural history of epithelial HPV infection





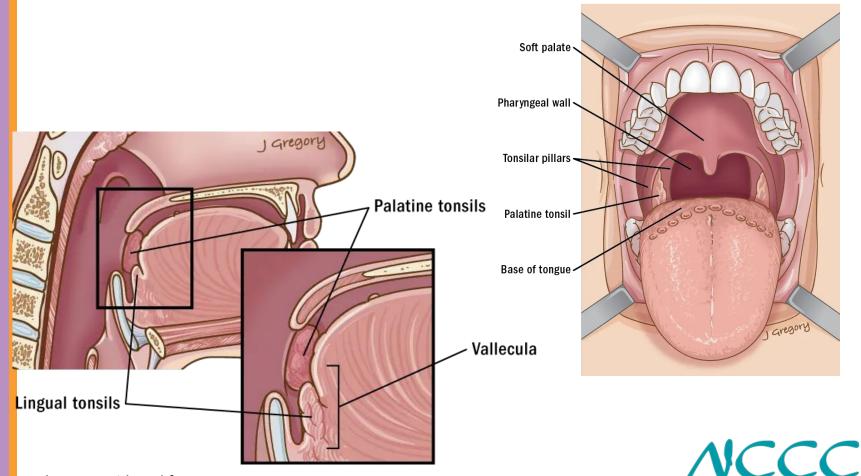
#### Natural History Cervical Cancer





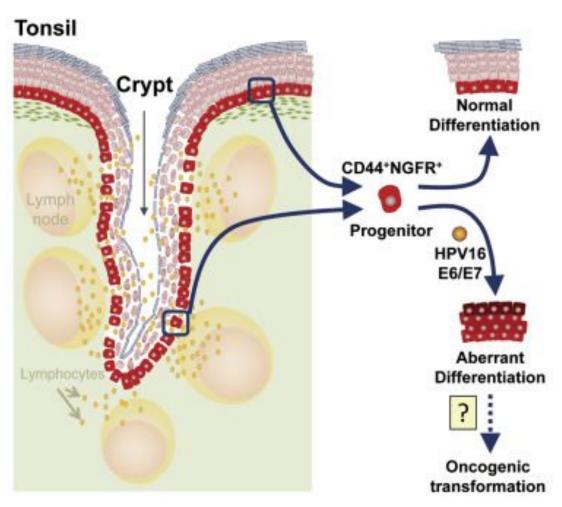
#### Oropharynx Anatomy

A program of the American Sexual Health Association



Images retrieved from https://thancguide.org/cancer-types/throat/pharyngeal/oropharyngeal/anatomy/

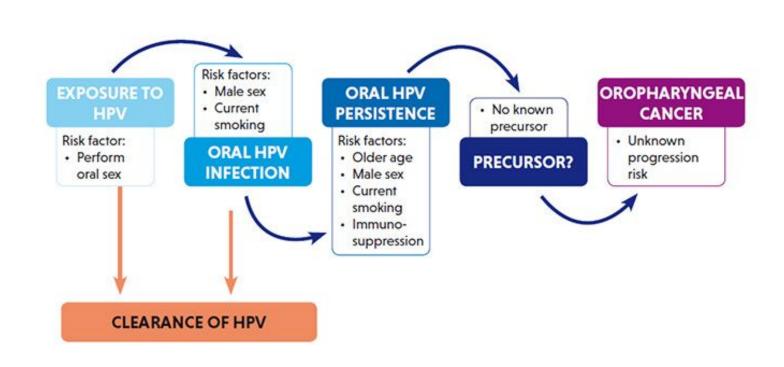
#### Tonsillar Crypt Epithelium & HPV



#### Natural History Oral HPV

Figure 1

Natural history of HPV-related oropharyngeal cancer: knowns and unknowns.



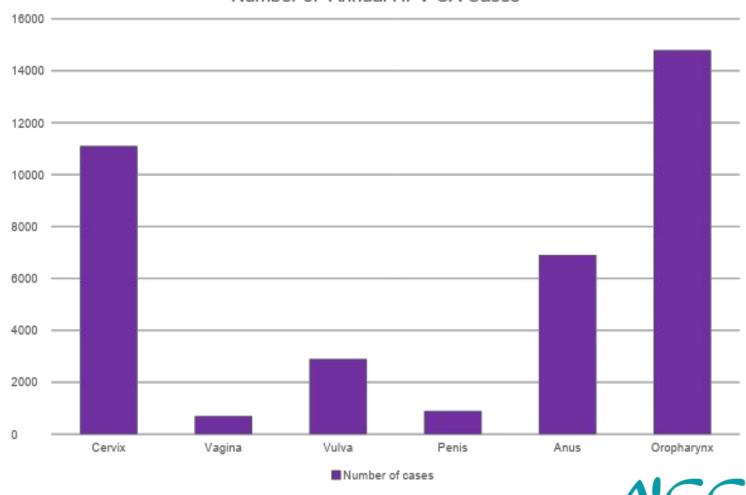
Within 1-2 years

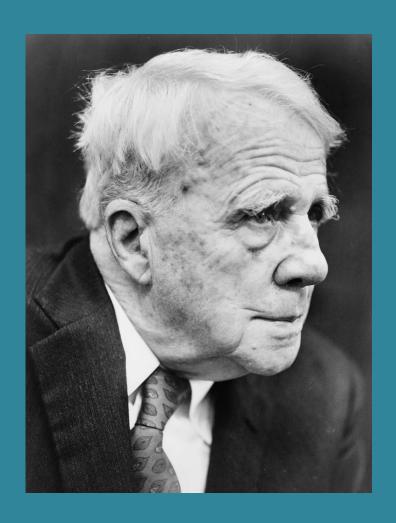
Up to decades

#### Annual Estimated (U.S.) HPV Attributable Cancers

A program of the American Sexual Health Association

Number of Annual HPV CA Cases





"I didn't recognize him I wasn't looking for him."

**Robert Frost** 

#### Screening for Oral HPV Cancers

- Early infection has no S & S
- No FDA approved screening tests
- Movement towards more education for dentists, dental hygienists
- Reliant on visual/physical exam













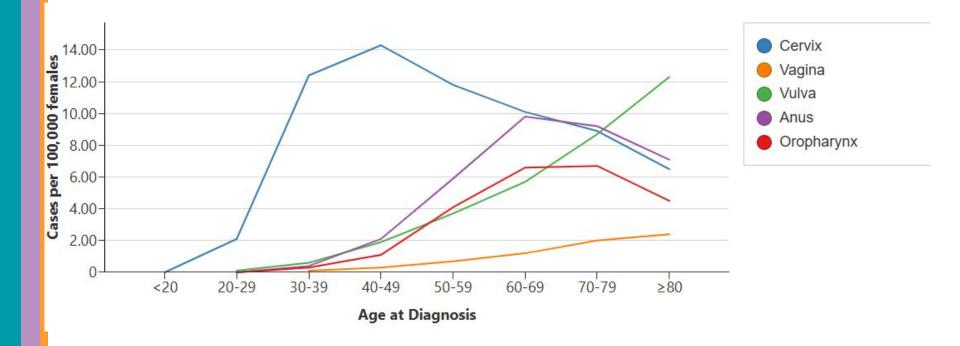
#### Signs and Symptoms

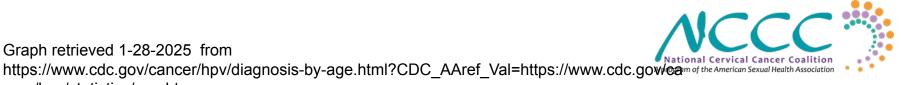
- Neck mass (unilateral)
- Oropharyngeal asymmetry
- Dysphagia
- Dysphonia
- Otalgia
- Refer to otolaryngology



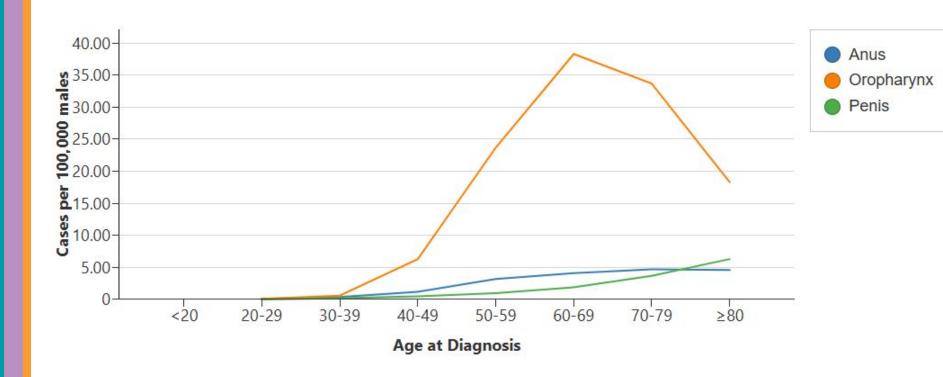


#### Rates of HPV-Associated Cancers and Age at Diagnosis **Among Women in the United States** per Year, 2017-2021





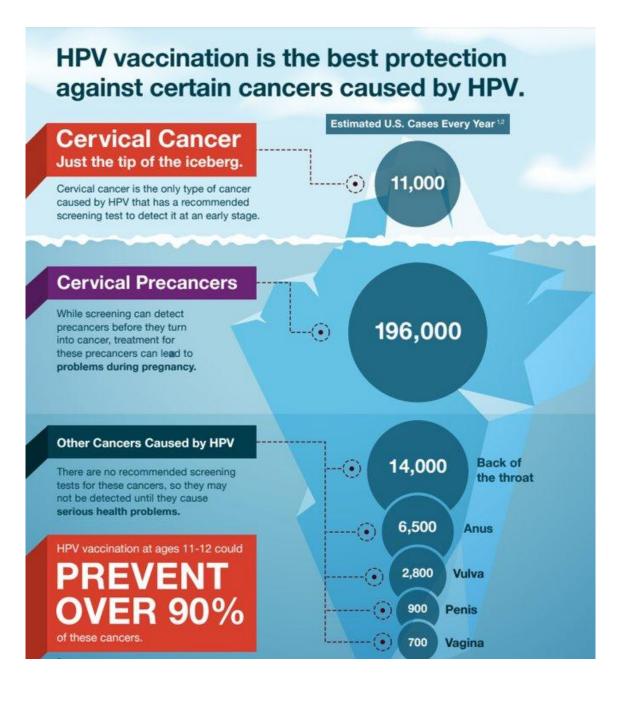
#### Rates of HPV-Associated Cancers and Age at Diagnosis Among Males in the United States per Year, 2017–2021





# Burden of disease (cancer only) related to HPV

Infographic retrieved from https://www.cdc.gov/hpv/h cp/hpv-important/infographic-hp v-screening-508.pdf



## Kevin Dahl Survivor to Advocate





#### **HPV Awareness Day**







#### **HPV Awareness Day**





#### **HPV Awareness Day**





## What's Your Role in Reducing the Risk of HPV Related Cancers?





#### Common Ground

### "Preventing cancer is better than treating it"

5/21/2014 – Partnering for Prevention Sea to Summit, Seattle, WA

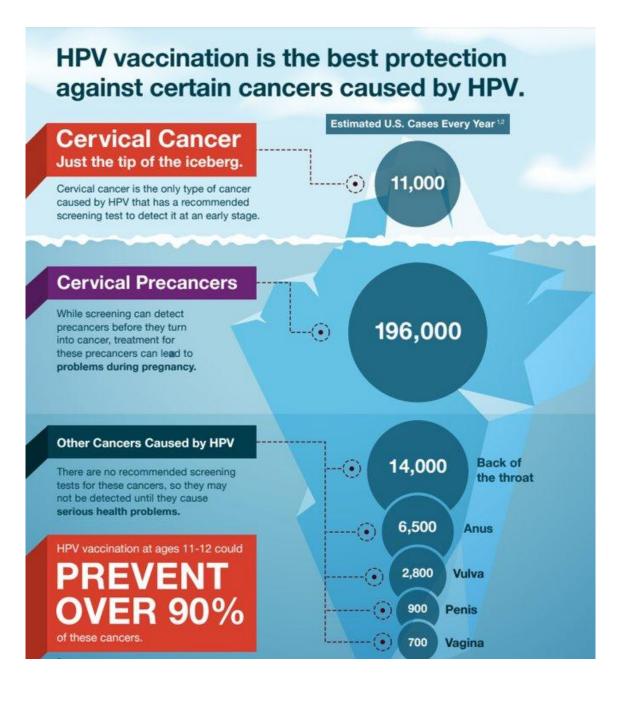
#### Melinda Wharton, MD, MPH

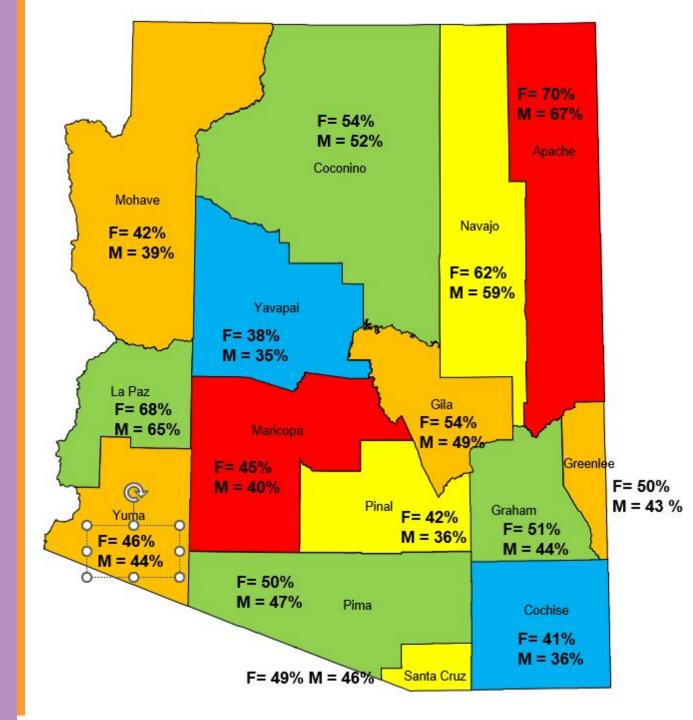
Acting Director, National Center for Immunization and Respiratory Disease, CDC



# Burden of disease (cancer only) related to HPV

Infographic retrieved from https://www.cdc.gov/hpv/h cp/hpv-important/infographic-hp v-screening-508.pdf







ASIIS data
HPV Vaccination
Completion

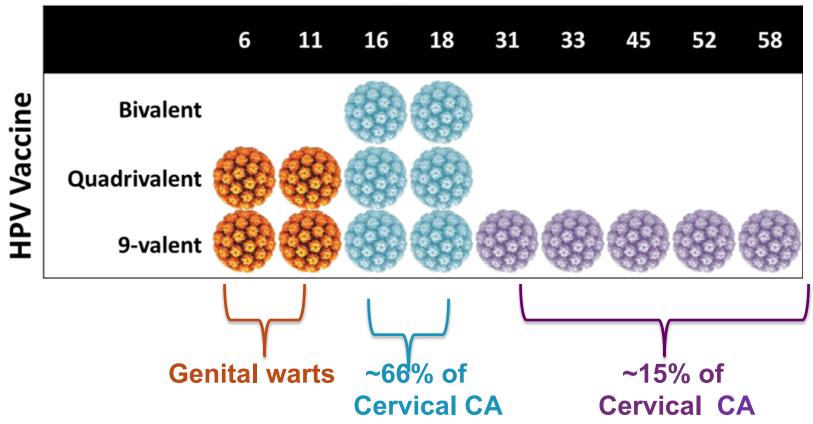
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ADHS
Bureau of
Immunization
Services



#### **HPV Vaccination**

#### **HPV Types Included in Vaccine**





## HPV Vaccine is Cancer Prevention

Potential to prevent 33,700 HPV related cancers annually





#### Routine Adolescent Vaccination Series

- Meningococcal serogroup A, C, W, Y (dose 2 at 16 years)
- Meningococcal serogroup B (see dosing schedule)
- Tdap Tetanus, diphtheria & acellular pertussis
- HPV Human papillomavirus
- 2 doses if started prior to age 15
- 3 doses if started at or after age 15
  - Annual influenza





#### **Adult HPV Vaccination**

- Ages 15-26
  - 3 dose series
- 27 45 years
  - Shared clinical decision making
  - 3 dose series



#### Thank you!



"When we miss an opportunity for HPV vaccine, we create an opportunity for Cancer" Gail Petersen Hock



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