

Answers to Questions about Getting Travel Vaccines in Arizona

Do I need vaccinations to travel?

- You need to be up-to-date on all of your regularly recommended vaccines. Depending on your destination, travel itinerary, length of stay, and the type of travel you are doing, your health care provider may recommend that you get immunized against additional diseases that are not common in the United States.
- The Centers for Disease Control and Prevention (CDC) has detailed information about vaccination recommendations for international travelers at: <https://wwwnc.cdc.gov/travel/>; <https://wwwnc.cdc.gov/travel/destinations/list>

Where can I go to get travel vaccines?

- Many community physicians will carry important travel vaccines such as measles, hepatitis A, and hepatitis B. However, they are unlikely to carry vaccines for diseases that are less common in the United States.
- Some pharmacies have travel-related vaccines available. Travel vaccines such as typhoid, yellow fever, rabies, Japanese encephalitis, and cholera need prescriptions. Some pharmacies have an in-house physician whereas other pharmacies require prescriptions for these vaccines from the person's own physician. Except for these specific travel vaccines, adults 18 years and older can receive vaccines without a prescription. Individuals 13 years and older need a prescription for their primary adolescent series (human papillomavirus [HPV], meningococcal, and pertussis) but can receive other vaccines without having a prescription. Children 6 years through 12 years require prescriptions to be vaccinated in a pharmacy setting. The exception is influenza vaccine: Individuals 3 years and older do not need prescriptions to receive influenza vaccine from pharmacists. Call the individual pharmacy for details about travel vaccine availability, vaccine cost, whether a prescription is required, and if the pharmacy will take your insurance.
- Travel clinics will have extra expertise in travel vaccines and will carry many of the less common vaccines that community physicians may not carry. Some immunization clinics and occupational health clinics may also carry travel vaccines. Be sure to ask for details about vaccine availability, costs, and if they take your insurance.
- The CDC maintains a list of providers in Arizona who are certified yellow fever vaccination centers: <http://wwwnc.cdc.gov/travel/yellow-fever-vaccination-clinics/state/arizona>. These providers may also carry other travel-related vaccines. Be sure to ask for details about vaccine availability, costs, and if they take your insurance.
- The CDC has a toll-free hotline for questions about international travel at 1-800-CDC-INFO (1-800-232-4636).
- A few county health departments may offer travel vaccines. You can find their telephone numbers at: <http://www.azdhs.gov/diro/liaison/county-health-departments.htm>. Be sure to ask for details about vaccine availability, costs, and if they take your insurance.



**Arizona Department
of Health Services**