Arizona COVID-19 ‘Release from Isolation & Quarantine’ Flow Chart for the General Public

Has the person **tested POSITIVE** for COVID-19?

- **YES**
  - SYMPTOMS
    - ISOLATE for at least 5 DAYS after symptoms begin
  - NO SYMPTOMS
    - ISOLATE for at least 5 DAYS after positive test

- **NO**
  - REMAIN AT HOME UNTIL:
    - SYMPTOMS HAVE IMPROVED; AND
    - NO FEVER for the last 24 hours, without the use of fever-reducing medication; AND
    - WEAR A MASK around others for all 10 days from symptoms beginning/positive test

Has the person been **EXPOSED** to someone who **tested POSITIVE** for COVID-19?

- **YES**
  - UP-TO-DATE* ON VACCINATION? OR HAD COVID-19 IN THE LAST 90 DAYS?
    - NO QUARANTINE
      - WEAR A MASK around others for 10 days
      - GET TESTED on day 5
      - If you develop symptoms, get tested, stay home & follow isolation guidance.

  - NOT UP-TO-DATE** ON VACCINATION?
    - QUARANTINE
      - STAY HOME for at least 5 days after last exposure
      - WEAR A MASK around others 10 days after last exposure
      - GET TESTED on day 5
      - If you cannot quarantine, you MUST wear a mask for all 10 days.
      - If you develop symptoms, get tested, stay home & follow isolation guidance.

*Up-to-date*: Individuals 18 or older with all recommended COVID-19 vaccines including boosters (some additional primary vaccines may be required for some immunocompromised individuals); OR Ages 5-17 with the COVID-19 primary series completed.

**NOT up-to-date**: Primary series not completed; Not vaccinated; OR 18 and older, but NOT boostered when eligible.

Note: General public does NOT apply to special populations such as severely ill, immunocompromised, those living in congregate settings or healthcare workers. Please refer to ADHS’s full Release from Isolation & Quarantine Guidance for special populations.

Definitions
- **Isolation**: Separates sick people with a contagious disease from people who are not sick. The day your symptoms begin (or test positive if not symptomatic) is considered ‘day 0’. Isolation begins on day 1.
- **Quarantine**: Separates & restricts the movement of people exposed to a contagious disease. The last day you have contact with someone with COVID-19 (last exposure) is considered ‘day 0’. Quarantine begins on day 1.

Last Updated: 01.07.2022