



**DON'T LET COVID-19 MAKE YOU SCREAM**

# **WEAR A MASK THIS HALLOWEEN**



## **DID YOU KNOW?**

On Halloween, when it is believed that ghosts come back to the earthly world, people feared they would encounter ghosts when leaving home. To avoid being recognized by ghosts, people wore masks outside their homes, hoping they would be mistaken for fellow spirits! Be safe and stay healthy this Halloween to slow the spread of COVID-19.

## **TRICK OR TREATERS**

- Stay home if feeling sick
- Trick or treat with the people in your household
- Maintain a distance of at least 6 feet from people not in your household
- Wear a mask (in addition to your Halloween mask)
- Use your elbow to avoid touching doorbells or other frequently touched objects
- Use hand sanitizer often, especially before eating or after coughing/sneezing

## **PARENTS**

- Stay home if feeling sick
- Before leaving home, talk to your kids about physical distancing and safety measures
- Guide children to maintain their distance
- Wear a mask
- Have the family wash their hands as soon as they get home
- Don't forget to inspect the candy!



## **HOMEOWNERS**

- Do not hand out candy if you are feeling sick
- Wear a mask
- Use tape to make 6-foot distance lines for trick or treaters
- Leave individual bags or cups filled with goodies outside your door for children to take
- Wash your hands often or use hand sanitizer
- Make hand sanitizer available to all

## **SAFE ALTERNATIVES**

- Hold virtual costume contests and parties. Dress up and get online with friends and other families to celebrate and rate each other's costumes
- Celebrate at home. Decorate where you live and get the kids involved in arts and crafts, such as carving or painting pumpkins
- Bake Halloween-themed treats and watch scary movies with your family, household, or as a group online
- Instead of the usual close contact in a confined space, visit (or create!) a drive-thru haunted house experience

## **LIMIT GATHERINGS**

- Stay home if feeling sick or if you may have been exposed to COVID-19
- If you host/attend a party, opt for a small gathering outdoors with people from your local area
- Inform your guests in advance to physically distance and wear a mask over/under their costume
- Wash hands often with soap and water especially before eating and after using the restroom
- Don't share utensils/drinks and avoid self-serve food and beverage options (buffets, punch bowls, etc.)

For more tips and tricks by county, visit [Halloween2020.org](https://www.halloween2020.org) and [azdhs.gov/covid19](https://www.azdhs.gov/covid19)

