

[Return to the AHDC Weekly Update page](#)

AHDC Email Network – Data, News, Articles and Policies Related to Health Disparities
August 12 – 18, 2010

1) Study Shows That Disparities in Cardiovascular Risk Based More on Socioeconomic Status than Race and Ethnicity

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A new study suggests that disparities in cardiovascular disease risk in the US are due less to race or ethnicity than to socioeconomic status. In the study, the researchers found that the lower the socioeconomic status, the higher the risk in all racial and ethnic groups. A large fraction of the difference in cardiovascular and diabetes risk could be linked to differences in lifestyle. For instance, there is more smoking, less physical activity and more obesity among the poor. By contrast, the researchers found inconsistent racial and ethnic risk disparities in some - though not all - socioeconomic strata. Non-Hispanic blacks and Mexican Americans born in the U.S., for example had higher risk, but Mexican Americans born in Mexico had lower risk. The researchers conclude that "socioeconomically disadvantaged individuals need to be specifically targeted for early risk detection and management and health behavior counseling if we are to improve the cardiovascular health of the nation."

http://www.diabetesincontrol.com/index.php?option=com_content&view=article&id=9682&catid=53&Itemid=8