

**SNACK serves
the following
zip codes in the
Northwest Valley**

El Mirage

85335

Morristown

85342

Glendale

85301

85303

85305

85307

85308

85310

Peoria

85345

85381

85382

85383

85388

Sun City

85351

85363

85372

85373

85375

Surprise

85370

85374

85378

85387

Sun City West

85376

Wickenburg

85320

85358

Wittmann

85361

85390

**Find out more
by calling
602-506-6850**



To participate or learn more
about this exciting program,
please contact us!

602-506-6850

www.thesnackprogram.com



**Maricopa County
Public Health**

www.wearepublichealth.org



FIRST THINGS FIRST

Ready for School. Set for Life.



First Things First (FTF), approved by Arizona voters, works to ensure that our youngest children have access to quality early childhood experiences so they will start school healthy and ready to succeed.

For more information, visit
www.azftf.gov



Safety, Nutrition, Activity and Care for Kids

**IMPROVING THE HEALTH AND
SAFETY OF CHILDREN AND FAMILIES**



www.thesnackprogram.com



Together we can help children be safe and healthy!



The SNACK Program

Safety, Nutrition, Activity and Care for Kids (SNACK) is funded through First Things First and works with children, families and child care centers to help ensure kids in the Northwest Valley are safe, happy and healthy. Our enthusiastic team is made up of health educators, registered dietitians, car seat technicians and a social worker. All of our services are provided in English and Spanish.

We provide education and support in:
Car Seat Safety

Nutrition and Physical Activity

Access to Low Cost Social Services and Resources

Proveímos todos de nuestros servicios en Español 602 506 6850.

Car Seat Safety

Car seat technicians educate and work with parents, care givers and child care centers to ensure that children are seated safely in the car. We offer two educational opportunities:

Child Passenger Safety Classes

Child passenger safety education is provided in the child care center for parents and child care providers by a certified child passenger safety technician. Parents who complete the class are eligible to receive a FREE car seat.

Certify Technicians

Child care providers have the opportunity to become certified child passenger safety technicians at no charge. Those trained may also qualify to receive FREE car seats for their centers.

Nutrition and Physical Activity

A team of dietitians and health educators work in partnership with Northwest Valley centers to create healthy, active environments for kids.

'Color Me Healthy' Curriculum Training

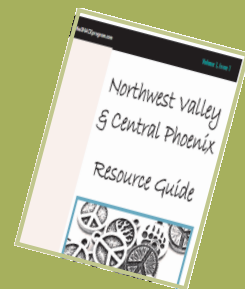
Centers may participate in a free on-site training with an award-winning curriculum focused on healthy eating and physical activity called 'Color Me Healthy.' The training counts towards mandatory employee training hours and is provided in both Spanish and English. A FREE Color Me Healthy curriculum kit with lesson plans, fun activities, posters and music is provided to participants.

Access to Services

A bilingual social worker is available to provide parents with the resources and support needed to enroll their child in a health care plan that fits their family's needs. Assistance with social services, mental health, dental care, WIC, housing and employment resources is also provided.

SNACK Northwest Valley and Central Phoenix Resource Guide

Find it on our website



www.thesnackprogram.com