



# Arizona Diabetes Resource Directory

2009

Arizona Diabetes Coalition





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# ACKNOWLEDGEMENTS

Edited By:

**Arizona State University**  
**Undergraduate Internship Program**  
Sarah Whitehead, Intern

## **Arizona Diabetes Coalition Volunteers**

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# **Arizona Diabetes Coalition**

**Our Vision**  
**A state without diabetes**

**Our Mission**  
**To reduce the health, social, and  
economic burden of diabetes in Arizona**

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# APACHE COUNTY



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## APACHE COUNTY

### Chinle

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#### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

North Highway 191

Chinle, AZ 86503

Phone: (928) 674-5085

Fax: (928) 674-8465

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance, Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Chinle Service Unit Diabetes Program**

Indian Health Service

Highway 191, Drawer PH

Chinle, AZ 86503

Phone: (928) 674-2911

Fax: (928) 674-7008

**Program description:** Diabetes education, diabetes screening, nutrition, continuing education/training (for professionals), and gestational/prenatal.

**Diabetes complications specific:**

Hypertension screening, foot care, and eye screening.

**Health professionals:** MD/DO

**Audience:** People with diagnosed diabetes, general population and families of people with diabetes.

**Languages available:** English, Navajo

**Year program started:** 1995

**Materials developed:** Yes

**Website:** [www.ihs.gov](http://www.ihs.gov)

### Concho

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#### **Apache County Public Health Services**

Concho WIC

119 Country Road 5051/Evergreen Dr.

Concho, AZ 85924

Phone: (928) 333-2415

Fax: (928) 333-5876

Days/Times 2nd Tuesday 9-1

**Website:** [www.co.apache.az.us](http://www.co.apache.az.us)

### Eager

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#### **Apache County Health Department**

WIC Program

341 North Main

Eager, AZ 85925

Phone: (928) 333-2218

Fax: (928) 333-5540

**Program description:** Program that has a diabetes component, weight management, nutrition, exercise, and gestational/prenatal. Also provides nutrition education and appropriate referrals.

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age and General population.

**Languages available:** English, Spanish

**Year program started:** 1972

**Website:** [www.co.apache.az.us](http://www.co.apache.az.us)

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## Fort Defiance

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### Fort Defiance Indian Hospital (IHS)

Diabetes Education Program  
Corner of Routes. N 7 and N 12  
P.O. Box 649  
Fort Defiance, AZ 86504

**Contact:** Secretary  
Phone: (928) 729-8467  
Fax: (928) 729-8498

**Program description:** Diabetes education, basic nutrition and physical activity and home visits.

**Audience:** General population.

**Languages available:** English and Navajo

**Year program started:** 1988

**Website:** [www.ihs.gov](http://www.ihs.gov) click on Navajo Area then click on Fort Defiance

### Fort Defiance Indian Health Service

Fort Defiance Diabetes Program  
Corners of Rt. N7 & N12; P.O. Box 649  
Fort Defiance, Arizona 86504

**Contact:** Edith Edie Kline, R.N., Diabetes Program Director  
Phone: (928) 729-8469  
Fax: (928) 729-8498  
[edith.kline@ihs.gov](mailto:edith.kline@ihs.gov)

**Program description:** We offer 19 week Diabetes education classes involving Providers to teach their specialty, we go to schools to monitor children with diabetes, both type 1 and 2. We have weekly Case management meetings with the Providers, medical social workers, psychologist, elder care, palliative care with Home based care nursing services, courts and the police departments. Program that has a diabetes component, diabetes education, nutrition, exercise, support group, continuing education/training for professionals, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, foot care, prenatal care, dental care, eye screening, wellness exams for men and women, home visits for high risk patients,

medical case management meetings every week, visits to Nahata Dzill Health Center for patient education in outlying clinic associated with the hospital.

**Health professionals:** CDE, MD/DO, RN, health technicians

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes, pregnant women.

**Languages available:** English, Navajo language teaching included

**Year program started:** 1990

**Website:** [www.ihs.gov](http://www.ihs.gov)

### Navajo Nation Health Education Program

Old Community Health Bldg. on old Hospital Grounds, Second Floor  
P.O. Box 288  
Fort Defiance, AZ 86504

**Contact:** Natasha Bitsui, Senior Health Educator  
Phone: (928) 729-4481  
Fax: (928) 729-4484

**Program description:** The Navajo Health Education Program is federally funded under Indian Health Services Public Law 93-638. The mission of the program is to continue to encourage and emphasize the active participation in health promotion and maintenance of good health and prevention of/and disabilities through participation and community, Diabetes education, active participants in health promotion and involvement.

**Audience:** General population.

**Languages available:** English, Navajo

**Year program started:** 1988

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## Ganado

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### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

8C58, Box 65

Lower Greasewood Administrative Building  
Ganado, AZ 86505

Phone: (928) 654-3325

Fax: (928) 654-3293

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance, provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Navajo

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Sage Memorial Hospital

Diabetes Program

Hwy 264 and Hwy 191

P.O. Box 457

Ganado, AZ 86505

**Contact:** Diabetes Outreach Program  
Coordinator

Phone: (928) 755-4516 or 4572 (Wellness Center)

Phone: (928) 755-4821 (Clinic)

Fax: (928) 755-4604

**Program description:** Diabetes education, weight management, nutrition.

**Diabetes complications specific:** Diabetes screening and hypertension screening.

**Health professionals:** MD, NP, RN

**Audience:** People diagnosed with diabetes and families of people with diabetes.

**Languages available:** English, Navajo

**Year program started:** 1998

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## Sanders

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### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

On Hwy 191 half a mile from I 40 (exit 339 Eastbound)

P. O. Box 428

Sanders, AZ 86512

Phone: (928) 688-2871

Fax: (928) 688-2501

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance, provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish, Navajo

**Website:** [www.azdes.gov](http://www.azdes.gov)

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## Springerville

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### Apache County Public Health Services District

323 S. Mountain Ave  
Springerville, AZ 85938

**Contact:** Jennifer Foote, RN  
Phone: (928) 333-2415  
Fax: (928) 333-5876

Email: [jfoote@co.apache.az.us](mailto:jfoote@co.apache.az.us)

**Program description:** Program that has a diabetes component, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:**  
Hypertension screening, prenatal care, smoking cessation.

**Health professionals:** RN

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.co.apache.az.us](http://www.co.apache.az.us)

### Apache County Public Health Services

Springerville WIC  
323 S. Mountain Avenue  
Springerville, AZ 85938  
Phone: (928) 333-2415

Fax: (928) 333-5876

Days/Times: Mon.-Thurs. 8-5

**Website:** [www.co.apache.az.us](http://www.co.apache.az.us)

### White Mountain Regional Medical Center

WMRMC Diabetes Education Program  
118 South Mountain Avenue  
Springerville, AZ 85938

**Contact:** Linda Martin, Director of Marketing & Community Services  
Phone: (928) 333-7102  
Fax: (928) 333-4369

**Program description:** Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group, continuing education/training (for professionals).

**Diabetes complications specific:**

Hypertension screening and foot care.

**Health professionals:** CDE, RD, RN

**Audience:** People with diagnosed diabetes, minorities and general population.

**Languages available:** English

**Year program started:** 2004

**Website:** [www.wmrmc.com](http://www.wmrmc.com)

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## St. Johns

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### Apache County Human Resources

Apache County Wellness Program  
395 South 1st West  
St Johns, AZ 85936

**Contact:** Nancy Quinn, Human Resources Technician

Phone: (928) 337-7618

Fax: (928) 337-7606

Email: [nquinn@co.apache.az.us](mailto:nquinn@co.apache.az.us)

**Program description:** Diabetes education, weight management, nutrition, exercise.

**Diabetes complications specific:**

Hypertension screening, smoking cessation, cardiovascular disease.

**Audience:** General population.

**Languages available:** English, Navajo

### Apache County Public Health Services

St Johns WIC  
1200 W. Cleveland Ste 9  
St. Johns, AZ 85936

Phone: (928) 337-3856

Fax: (928) 333-3876

Clinic Days/Times: Tues. and Wed. 9-3, 2nd & 4th Fridays 9-3

**Website:** [www.co.apache.az.us](http://www.co.apache.az.us)

### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

395 South Washington  
St Johns, AZ 85936

Phone: (928) 337-2113

Fax: (928) 337-2287

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash

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assistance, medical and general assistance, provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

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## Teec Nos Pos

### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

Junction US Hwy 160 and Navajo Route 35  
P. O. Box 100

Red Mesa, AZ 86514

Phone: (928) 656-3275

Fax: (928) 656-3286

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance, provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

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## Window Rock

### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

54 B Hwy 264 Junction

P. O. Box 1890

Window Rock, AZ 86515

Phone: (928) 871-3436

Fax: (928) 871-2374

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance, provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Navajo Nation Special Diabetes Project

Navajo Division of Health, the Navajo Nation Administration Bldg. # 2, First Floor, Morgan Blvd.

P.O. Box 3748

Window Rock, AZ 86515

**Contact:** Robert I. Nakai, Program Manager

Phone: (928) 871-6532

Fax: (928) 871-6543

**Program description:** The program provides educational, preventive, nutritional, and physical activity information on diabetes, how to prevent it, and how to manage when diagnosed. Clients are taught about healthy foods and preparation of portion size meals low in calories and fats. Information is provided through sponsored activities such as pow wows, fairs, rodeos, athletic activities, and Navajo song and dance, sponsoring physical activities such as walks, runs, and other appropriate physical activities. Prevention education, blood glucose screening, physical activities/recreation, education on nutrition, and referrals.

**Health professionals:** RN

**Audience:** People diagnosed with diabetes, general population, minorities, families of people with diabetes, schools (elementary, Head Start) and senior citizen/elderly.

**Languages available:** English, Navajo

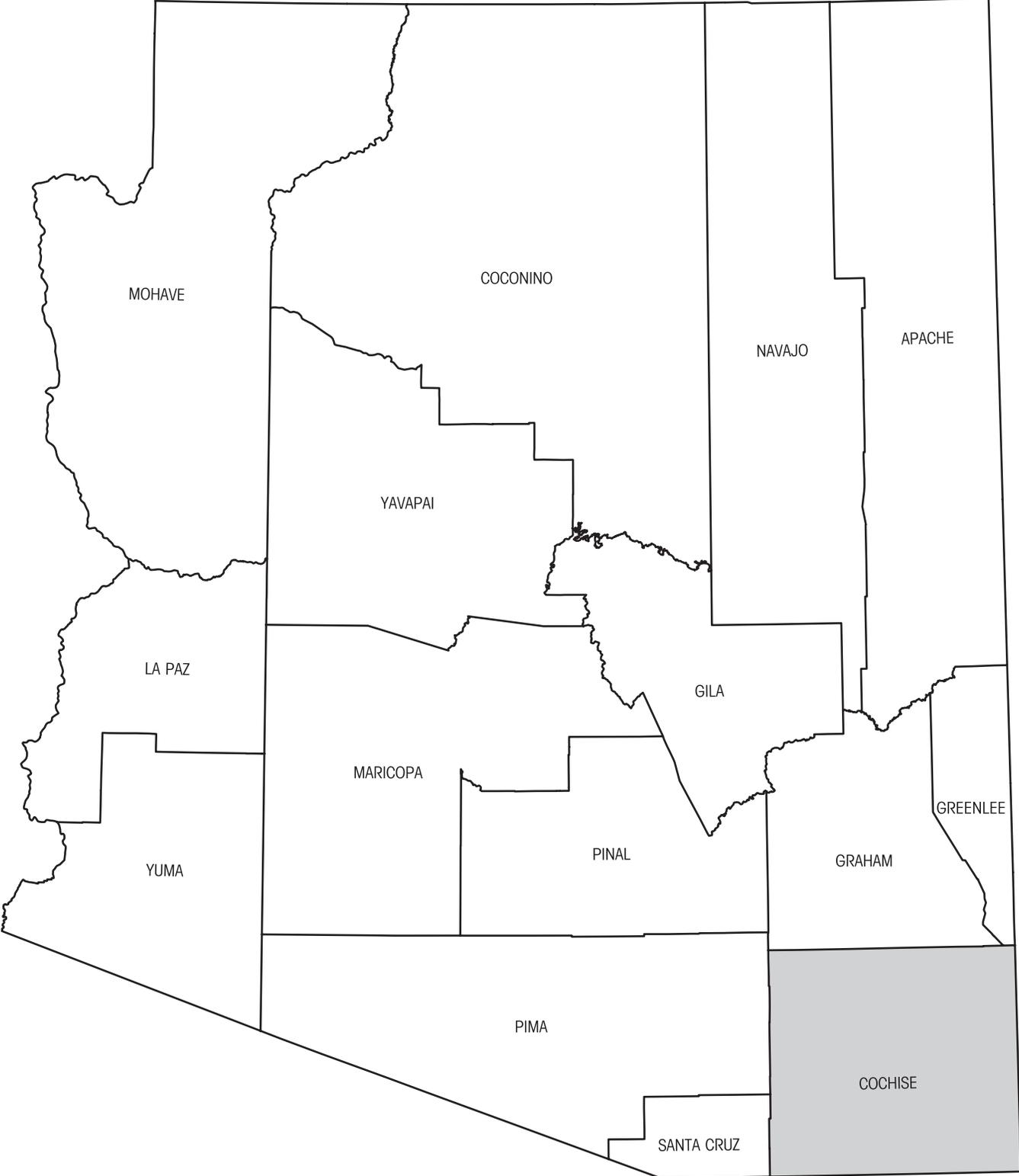
**Year program started:** 1999

**Materials developed:** Brochures, booklets, stories, videos; mass media such as radio messages, talk shows, and billboards (13 billboards strategically located throughout the Navajo Nation).

**Website:** [www.nnsdp.org](http://www.nnsdp.org)

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# COCHISE COUNTY



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## COCHISE COUNTY

### Benson

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#### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

551 West 4th Street

Benson, AZ 85602

Phone: (520) 586-2303

Fax: (520) 586-7350

**Program description:** Family assistance, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance and temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish, Korean, Navajo, Russian, Vietnamese, French, Apache, Arabic, and Chinese

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Benson Hospital

450 South Ocotillo

Benson, AZ 85602

**Contact:** Mary Evans, MBA, RD, Dietitian

Phone: (520) 586-2261

Fax: (520) 586-2265

**Program description:** Program that has a diabetes component, diabetes education, weight management, nutrition, and support group (small unit - 22 beds).

**Diabetes complications specific:** Diabetes screening.

**Health professionals:** RD, MD/DO, RN

**Audience:** People diagnosed with diabetes, minorities, and general population.

**Languages available:** English, some Spanish

**Website:** [www.bensonhospital.org](http://www.bensonhospital.org)

#### Cochise County Health & Social Services

Benson Office

500 South Highway 80

Benson, AZ 85602

**Contact:** Cindy Berry, RN

Phone: (520) 586-8200

Fax: (520) 586-2051

**Program description:** A small clinic providing diabetes screening, education, and nutrition.

**Diabetes complications specific:**

Hypertension screening and smoking cessation.

**Health professionals:** RD, RN

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.cochise.az.gov](http://www.cochise.az.gov)

### Bisbee

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#### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

207 Bisbee Road

Bisbee, AZ 85603

Phone: (520) 432-5415

Fax: (520) 432-7277

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Chiricahua Community Health Centers, Inc.

108 Arizona St.

Bisbee, Arizona 85603

**Contact:** Lanaya Turner, NP Staff Provider

Phone: (520) 432-3309

Fax: (520) 432-3717

[lturner@cchci.org](mailto:lturner@cchci.org)

**Program description:** Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, and support group.

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**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, cardiovascular disease.

**Health professionals:** Certified Diabetes Educator (CDE), MD/DO, PA/NP, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** Spanish and Spanish

**Year program started:** 2002

**Website:** [www.cchci.org](http://www.cchci.org)

### **Cochise County Health Department**

Adolescent Maternal and Child Health  
1415 West Melody Lane, Building A  
Bisbee, AZ 85603-3090

**Contact:** Maureen Kappler, RN  
Phone: (520) 432-9471

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, continuing education/training, and gestational/prenatal.

**Audience:** People diagnosed with diabetes, general population, minorities, families of people with diabetes, pregnant women, and teens.

**Languages available:** English, Spanish

**Website:** [www.cochise.az.gov/health](http://www.cochise.az.gov/health)

### **Cochise County Health Department**

WIC Program  
1415 West Melody Lane, Building A  
Bisbee, AZ 85603  
Phone: (520) 432-9400

**Program description:** Blood sugar testing only.

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

**Year program started:** 1972

### **Copper Queen Community Hospital**

101 Cole Avenue  
Bisbee, AZ 85603  
Phone: (520) 432-5383  
Fax: (520) 432-4460

**Program description:** Diabetes education.

**Audience:** People with diagnosed diabetes, and the general population.

**Languages available:** English, Spanish

**Website:** [www.cqch.org](http://www.cqch.org)

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### **Douglas**

#### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

615 2nd Street  
Douglas, AZ 85607

Phone: (520) 364-1291

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Arizona Department of Economic Security**

Vocational Rehabilitation

1140 F Avenue  
Douglas, AZ 85607

Phone: (520) 364-4446

Fax: (520) 364-7197

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Chiricahua Community Health Centers, Inc**

1100 F Avenue  
Douglas, AZ 85607

**Contact:** Tami Naranjo, MD Staff Provider  
Phone: (520) 364-3285

Fax: (520) 364-3378  
tnaranjo@cchci.org

**Program description:** Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group, and gestational/prenatal.

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**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, cardiovascular disease.

**Health professionals:** Certified Diabetes Educator (CDE), MD/DO, PA/NP, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2001

**Website:** [www.cchci.org](http://www.cchci.org)

### **Chiricahua Community Health Centers, Inc**

1205 F Avenue  
Douglas, AZ 85607

**Contact:** John Haun, MD, Medical Director  
Phone: (520) 364-1429

Fax: (520) 364-4261

[Jhaun@cchci.org](mailto:Jhaun@cchci.org)

**Program description:** Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, and support group.

**Diabetes complications specific:** Eye screening, hypertension screening, prenatal care, smoking cessation.

**Health professionals:** CDE, MD/DO, PA/NP, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2000

**Website:** [www.cchci.org](http://www.cchci.org)

### **Social Security Administration**

600 East 15th Street  
Douglas, AZ 85607

Phone: (800) 772-1213

**Program description:** Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

**Audience:** General population.

**Languages available:** English, Spanish

**Materials developed:** Yes

**Website:** <http://ssa.gov>

### **Southeast Arizona Medical Center**

Community Health Clinic  
2174 West Oak Avenue  
Douglas, AZ 85607

**Contact:** Kim Duncan, Patient Education  
Phone: (520) 364-7931

Fax: (520) 364-4421

**Program description:** Provides a program that has a diabetes component, diabetes education and screening, weight management, nutrition, exercise, support group, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, foot care and hypertension.

**Health professionals:** CDE, RD, MD/DO, RN

**Audience:** People diagnosed with diabetes and general population.

**Languages available:** English, Spanish

**Website:** [www.samcdouglas.org](http://www.samcdouglas.org)

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### **Elfrida**

#### **Chiricahua Community Health Centers, Inc.**

10566 Hwy 191  
Elfrida, AZ 85610

**Contact:** Karen Crockett, MD Staff Provider  
Phone: (520) 642-2222

Fax: (520) 642-3591

[kcrockett@cchci.org](mailto:kcrockett@cchci.org)

**Program description:** Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, and cardiovascular disease.

**Health professionals:** Certified Diabetes Educator (CDE), MD/DO, PA/NP, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

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**Languages available:** English, Spanish  
**Year program started:** 2000  
**Website:** [www.cchci.org](http://www.cchci.org)

## Pearce

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### Sunsites Medical Clinic

P.O. Box 186  
225 Frontage Road #105  
Pearce, AZ 85625

**Contact:** Dr. Richard Singer; Angela Schroedl, NP  
Phone: (520) 826-1088  
Fax: (520) 826-1089

**Program description:** Program that has a diabetes component and diabetes education and screening, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular disease.

**Audience:** General population.

**Languages available:** English

**Website:** [www.ncch.com](http://www.ncch.com)

## Sierra Vista

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### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

820 East Fry Boulevard  
Sierra Vista, AZ 85635

**Contact:** Linda Thorp  
Phone: (520) 459-6901  
Fax: (520) 459-7148

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Arizona Department of Economic Security

Vocational Rehabilitation

820 East Fry Boulevard  
Sierra Vista, AZ 85635

Phone: (520) 459-7026

Fax: (520) 452-7158

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Arizona Family Care Associates

302 El Camino Real, Suite #5  
Sierra Vista, AZ 85625

**Contact:** Sue Ray, (520) 417-4344 (direct line)

Phone: (520) 459-3920

Fax: (520) 452-2218

**Program description:** General information for support group.

**Audience:** Adults and some children.

**Languages available:** English, Spanish, Pilipino, Pakistani, & Indian

### Sierra Vista Regional Health Center

300 El Camino Real  
Sierra Vista, AZ 85635

**Contact:** Anna Keefe, CDE, RD, Chief Clinical Dietician

Phone: (520) 417-3055

Fax: (520) 417-3056

**Program description:** Program that has a diabetes component. Diabetes education, screening, weight management, nutrition, exercise, and support group.

**Diabetes complications specific:** Eye screening, foot care, gestational/prenatal, hypertension screening, renal care, cardiovascular disease and prenatal care.

**Health professionals:** RD, MD/DO, RN

**Audience:** General population, persons with diagnosed diabetes, families of diabetics, and minorities.

**Languages available:** English, Spanish

**Website:** [www.svrhc.org](http://www.svrhc.org)

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**Sierra Vista Regional Health Center**

Diabetes Education Program/Outreach  
Center

1840 South Paseo San Luis  
Sierra Vista, Arizona 85635

**Contact:** Julie Henderson, RD, CDE/Diabetes  
Program Coordinator

Phone: (520) 458-0136

Fax: (520) 458-4047

**Program description:** Provide 5-two hour classes (10 hours total) of diabetes education to the community. Topics included but are not limited to glucose monitoring, target blood sugar goals, meal planning, medications, short-term & long-term complications, emotional aspects, and heart health. These classes are taught by RN's and RD's (the majority of which also have their CDE credentials). Classes are offered year round and are open to the public. The number of participants fluctuate but class size is limited to 20 people. The classes are geared for people diagnosed with prediabetes, Type 2 diabetes, Type 1 diabetes, and support members.

**Health professionals:** CDE, RD, RN

**Audience:** General population, people with diagnosed diabetes, minorities, families of people with diabetes, heart health class (class #5) good for people with HTN and/or dyslipidemia.

**Languages available:** English

**Year program started:** 2004

**Website:** [www.svrhc.org](http://www.svrhc.org)

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**Willcox****Arizona Department of Economic Security**

Temporary Assistance to Needy Families  
(TANF)

256 South Curtis Avenue  
Willcox, AZ 85643

Phone: (520) 384-3583

Fax: (520) 384-2213

**Program description:** Family assistance

program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

**Northern Cochise Community Hospital**

901 Rex Allen Drive

Willcox, AZ 85643

**Contact:** Martina Smith, RN, BSN and Case  
Management

Phone: (520) 384-3541 ext 325

Fax: (520) 384-9212

**Program description:** Diabetes education, nutrition, exercise, support group, gestational/prenatal, diabetes education intermittently, and gestational/prenatal offered by our specialty clinics.

**Diabetes complications specific:**

Hypertension screening, foot care, prenatal care, and cardiovascular disease.

**Health professionals:** MD/DO

**Audience:** General population and minorities.

**Languages available:** English, some Spanish

**Website:** [www.ncch.net](http://www.ncch.net)

**Northern Cochise Community Hospital**

Diabetes Support Group

901 Rex Allen Drive

Willcox, AZ 85643

**Contact:** Carrie Reed

Phone: (520) 384-3541 ext 395

Fax: (520) 384-9212

**Program description:** Support group meets every second Wednesday at 9 A.M. in the Dining room at Northern Cochise Community Hospital. No appointment necessary.

**Audience:** Persons with diagnosed diabetes, families of diabetics, minorities, general population, and health professionals.

**Languages available:** English

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# COCONINO COUNTY



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## COCONINO COUNTY

### Flagstaff

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#### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

397 Malpais Lane, Suite 7

Flagstaff, AZ 86001

Phone: (928) 779-0327

Fax: (928) 779-1833

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Arizona Department of Economic Security

Vocational Rehabilitation

1510 South Riordan Ranch Street

Flagstaff, AZ 86001

Phone: (928) 779-4147

Fax: (928) 774-6915

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Languages available:** English

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Coconino County Health Department

Home Health Agency/Clinic

2625 North King Street

Flagstaff, AZ 86004

**Contact:** Jory Malis, RN

Phone: (928) 679-7337

Fax: (928) 679-7351

**Program description:** Diabetes education, diabetes screening, weight management, and nutrition.

**Health professionals:** RN

**Audience:** Elderly (60 years of age, and/or disabled) only and must have their own doctors to authorize care.

**Languages available:** English, Spanish

**Year program started:** 1968

**Website:** [www.coconino.az.gov/health](http://www.coconino.az.gov/health)

#### Coconino County Health Department

WIC Program

2625 North King Street

Flagstaff, AZ 86004

**Contact:** Lorraine Ornelas

Phone: (928) 679-7250

Fax: (928) 928-679-7205

**Program description:** Program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years.

**Languages available:** English, Spanish

**Year program started:** 1972

#### Flagstaff Medical Center

Flagstaff Diabetes Support Group

3241 S. Justin Street

Flagstaff, AZ 86001

**Contact:** Janice Karberg, Volunteer Facilitator

Phone: (928) 226-0807

Fax: (928) 226-0844

[jraek1@q.com](mailto:jraek1@q.com)

**Program description:** The Flagstaff Diabetes Support Group, sponsored, in part, by Flagstaff Medical Center, offers these monthly meetings facilitated by Jan Karberg (volunteer) as a community service outreach - no fee -open to everyone. Support, resource listings, educational materials, healthy lifestyle suggestions, problem solving, reducing risks, & healthy coping with the emotional side of diabetes management are offered to everyone.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, renal care, and cardiovascular disease.

**Health professionals:** CDE, RD, MD/DO, PA/NP, RN

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Speakers from all of the above areas of expertise are scheduled to do presentations

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English

**Year program started:** 1999

**Website:** [www.flagstaffmedicalcenter.com](http://www.flagstaffmedicalcenter.com)

### **Flagstaff Medical Center**

Children's Health Center  
1200 North Beaver Street  
Flagstaff, AZ 86002

**Contact:** Pam Garcia, RN

Phone: (928) 773-2054

Fax: (928) 773-2286

**Program description:** Diabetes education, diabetes screening, and pediatric.

**Diabetes complications specific:** Eye screening.

**Audience:** Children and teenagers diagnosed with diabetes.

**Languages available:** English, Spanish

**Website:** [www.flagstaffmedicalcenter.com](http://www.flagstaffmedicalcenter.com)

### **Flagstaff Medical Center**

Nutrition Counseling/Outpatient  
1200 North Beaver Street  
Flagstaff, AZ 86002

Phone: (928) 773-2169

Fax: (928) 773-2430

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, hypertension screening, and foot care.

**Health professionals:** CDE, RD, RN

**Audience:** General population, people diagnosed with diabetes, and families of people with diabetes.

**Languages available:** English

**Year program started:** 1994

**Website:** [www.flagstaffmedicalcenter.com](http://www.flagstaffmedicalcenter.com)

### **Native Americans for Community Action (NACA) Family Health Center**

Harmony through Health Diabetes Program  
1500 East Cedar Avenue, Suite 26  
Flagstaff, AZ 86004

**Contact:** Ken McKnight, Director of Health Services

Phone: (928) 773-1245

Fax: (928) 773-9429

**Program description:** Diabetes Education, diabetes screening, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, and dental.

**Health professionals:** MD, FNP

**Audience:** General population and Native Americans.

**Languages available:** English, Navajo

**Year program started:** 1998

### **North Country Community Health Center**

Diabetes Program  
2920 N. Fourth St.  
Flagstaff, AZ 86004

**Contact:** Jennifer Noenickx, RN, CDE, Diabetes Program Coordinator or Virna Salazar, Diabetes Assistant/Case Manager  
Phone: (928) 213-6122 or (928) 213-6110

**Program description:** Diabetes self management education includes group and one-to-one classes, nutrition instruction, and gestational diabetes. Diabetes Care Clinic Days offered by individual providers to meet their client's diabetic standards of care.

**Diabetes complications specific:** Retinal eye testing, hypertension/ hypercholesterolemia supervision, self-management goal setting, foot exams, depression assessments, smoking cessation referrals and dental clinic.

**Health professionals:** MD, DO, NP, PA, RN, MA, DDS

**Audience:** General population. Existing sliding fee scale available for under-insured and uninsured persons. AHCCCS eligibility offices accessible.

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**Languages available:** English, Spanish, Navajo

**Year program started:** 2003

**Website:** [www.northcountrychc.org](http://www.northcountrychc.org)

### **Northern Arizona University**

Fronsk Health Center-Campus Health Service

South San Francisco, Dome Access, Bldg. 41  
P.O. Box 6033

Flagstaff, AZ 86011

**Contact:** Timothy Fleming, MD

Phone: (928) 523-2131

Fax: (928) 523-1102

[timothy.fleming@nau.edu](mailto:timothy.fleming@nau.edu)

**Program description:** Program that has a diabetes component, weight management, nutrition, exercise. We have a nutritionist on staff who offers one-on-one counseling, including diabetes information-helps students w/diabetes navigate through their meal plans at the dining halls.

#### **Diabetes complications specific:**

Hypertension screening, smoking cessation, and cardiovascular disease. We see NAU employees at Fronsk; we assist in their diabetes management.

**Health professionals:** RD, MD/DO, PA/NP, RN

**Audience:** People with diagnosed diabetes, minorities. We provide care for NAU students & employees & their spouses.

**Languages available:** English, Spanish

**Website:** [www4.nau.edu](http://www4.nau.edu)

### **Northern AZ Healthcare Diabetes Program**

Flagstaff Medical Center/Verde Valley Medical Center

1200 North Beaver Street

Flagstaff, AZ 86001

**Contact:** Penny Fischer, RN, CDE

Phone: (928) 773-2249

Fax: (928) 214-3981

**Program description:** Group classes, individual education, adult and kids support groups, and inpatient education. Program that has a diabetes component,

diabetes education, weight management, nutrition, exercise, support group, continuing education/training for professionals, gestational/prenatal, education for RN's and new RN graduates, community programs and diabetes prevention.

#### **Diabetes complications specific:**

Hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** CDE, RD, and RN

**Audience:** People diagnosed with diabetes, general population, minorities, families of people with diabetes, professionals, teens, kids, and pregnant women.

**Languages available:** Spanish, English, and Navajo

**Year program started:** 1995

**Materials developed:** Many Powerpoint slide presentations for professionals

**Website:** [www.flagstaffmedicalcenter.com](http://www.flagstaffmedicalcenter.com)

### **Social Security Administration**

1585 South Plaza Way, Suite 130

Flagstaff, AZ 86001

Phone: (800) 772-1213

**Program description:** Assist people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.ssa.gov](http://www.ssa.gov)

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## Page

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### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

1057 Vista Avenue

P.O. Box 1656

Page, AZ 86040

Phone: (928) 645-8131

Fax: (928) 645-5241

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish, Navajo

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Lake Powell Medical Center

467 Vista Avenue

Page, AZ 86040

Phone: (928) 645-8123

Fax: (928) 645-3862

**Program description:** Diabetes education.

**Diabetes complications specific:** Diabetes screening, hypertension screening, foot care and gestational/prenatal.

**Health professionals:** MDs, RNs

**Audience:** People with diagnosed diabetes and general population.

**Languages available:** English, Navajo

**Year program started:** 1994

**Website:** <http://cchcaz.org>

### Page Hospital

501 N. Navajo

P.O. Box 1447

Page, AZ 86040

**Contact:** Michele Grim, RD

Phone: (928) 645-2424

Fax: (928) 645-3549

**Program description:** Diabetes education, weight management, nutrition.

**Diabetes complications specific:**

Hypertension screening, and gestational/prenatal.

**Health professionals:** RD

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English

**Year program started:** 1995

**Materials developed:** Yes

**Website:** [www.bannerhealth.com](http://www.bannerhealth.com)

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## Supai

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### Havasupai Tribe Diabetes Program

Village located in Havasu Canyon part of the Grand Canyon (west)

P.O. Box 10

Supai, AZ 86435

**Contact:** Bernita Paya, Director

Phone: (928) 448-2152

Fax: (928) 448-2551

[blpaya@hotmail.com](mailto:blpaya@hotmail.com)

**Program Description:** Program has a diabetes component that provides diabetes education, weight management, nutrition information, and a focus on increasing physical activity.

**Health professionals:** Contracted consultants provide trainings and services.

**Audience:** People with diagnosed diabetes, their families, and those at risk for diabetes. Focus is also on youth and elders. Open to the entire community.

**Languages available:** Havasupai, English

**Year program started:** 1995

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## Tuba City

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### Arizona Department of Economic Security

Family Assistance Administration

130 S. Main Street

P.O. Box 130

Tuba City, AZ 86045

Phone: (928) 283-4511

Fax: (928) 283-6624

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish, Navajo, and Hopi

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Tuba City Regional Health Care Diabetes Education Program

167 N. Main Street

PO Box 600

Tuba City, AZ 86045

**Contact:** Dr. Kristin Graziano Director, Diabetes Clinical Services

Phone: (928) 283-2406

Fax: (928) 283-2408

[kristin.graziano@tchealth.org](mailto:kristin.graziano@tchealth.org)

Ruby Whitehorne, RN, CHE (Acting DM Coordinator)

Phone: (928) 283-2963

Fax: (928) 283-2887

**Program description:** We provide a broad spectrum of diabetes clinical and preventive services. Our team and partners have a variety of backgrounds from health educators to physicians which makes for a strong multi-disciplinary effort. Additionally, through our Health Promotion Department, we provide community outreach opportunities for education, prevention, and screening, as well as run a very successful Diabetes Prevention Program. Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, continuing education/training for professionals, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** CDE, RD, MD/DO, PA/ NP, RN

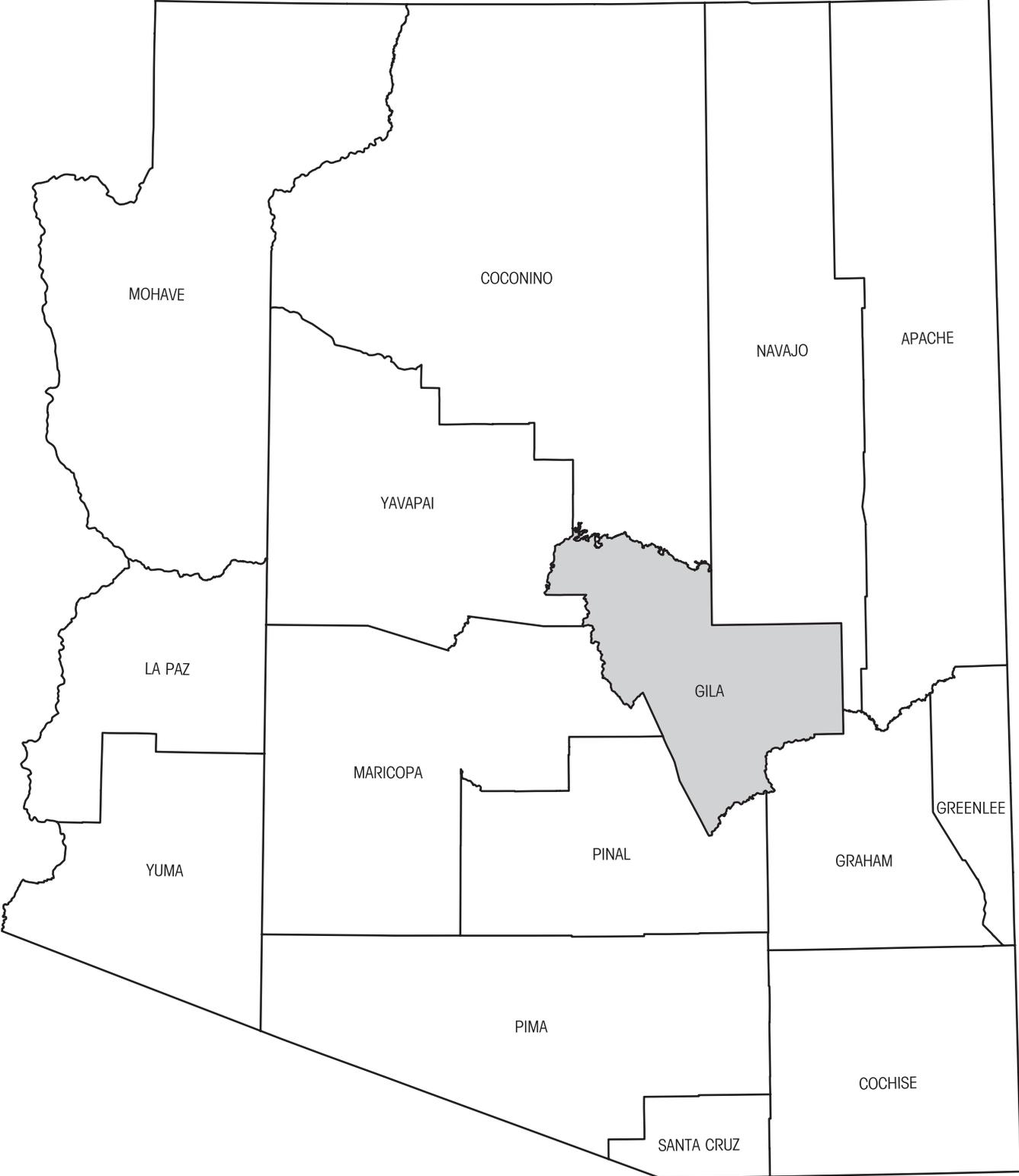
**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes, people with prediabetes to participate in our Diabetes Prevention Program.

**Languages available:** English, Navajo, Hopi

**Website:** [www.ihs.gov](http://www.ihs.gov)

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# GILA COUNTY



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## GILA COUNTY

### Globe

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#### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

605 South 7th Street  
Globe, AZ 85501

Phone: (928) 425-3101

Fax: (928) 425-2881

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Arizona Department of Economic Security

Vocational Rehabilitation

605 South 7th Street  
Globe, AZ 85501

Phone: (928) 425-3101

Fax: (928) 425-7950

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Cobre Valley Community Hospital

5880 South Hospital Drive  
Globe, AZ 85501

Phone: (928) 425-3261

Fax: (928) 425-7903

**Program description:** Diabetes education, diabetes support group, diabetes screening, weight management, nutrition, and gestational/prenatal.

**Diabetes complications specific:**

Hypertension screening.

**Health professionals:** RD, MD/DO, RN

**Audience:** People diagnosed with diabetes.

**Languages available:** English, Spanish

**Website:** [www.cvchospital.com](http://www.cvchospital.com)

#### Gila County Health Department

5515 S. Apache Avenue, Suite 100  
Globe, AZ 85501

Phone: (928) 425-3189

Fax: (928) 425-0794

**Website:** [www.gilacountyaz.gov](http://www.gilacountyaz.gov)

#### Gila County Health Department

WIC Program

5515 S. Apache Avenue, Suite 100  
Globe, AZ 85501

Phone: (928) 402-8815

Fax: (928) 425-0794

**Contact:** Ursula Donovan

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:** Prenatal care, general nutrition education, and referrals.

**Health professionals:** RD, RN

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

**Languages available:** English

**Year program started:** 1972

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## Miami

#### Social Security Administration

2105 East US Hwy 60, Suite 102  
Miami, AZ 85539

Phone: (800) 772-1213

**Program description:** Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

**Audience:** General population, all.

**Languages available:** English, Spanish

**Materials developed:** Yes

**Website:** [www.ssa.gov](http://www.ssa.gov)

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## Payson

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### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

100 North Tonto Street Suite 100

Payson, AZ 85541

Phone: (928) 474-4521

Fax: (928) 468-8677

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Arizona Department of Economic Security

Vocational Rehabilitation

100 North Tonto Street Suite 100

Payson, AZ 85541

**Contact:** Karen Gray

Phone: (928) 474-0784

Fax: (928) 468-9853

**Program description:** Provides vocational assistance for job training.

**Audience:** People with diabetes.

**Languages available:** English

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Gila County Health Department

107 West Frontier, Suite A

Payson, AZ 85541

**Contact:** Lucinda Butler, RN

Phone: (928) 474-1210

Fax: (928) 474-7069

**Program description:** Diabetes education and nutrition.

**Audience:** General population.

**Languages available:** English, some Spanish

**Website:** [www.gilacounty.az.gov](http://www.gilacounty.az.gov)

### Payson Regional Medical Center

807 South Ponderosa Drive

Payson, AZ 85541

**Contact:** Diane Fredrick

Phone: (928) 474-3222

Fax: (928) 472-1295

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, and gestational/prenatal, exercises.

**Diabetes complications specific:** Eye screening, and hypertension screening.

**Health professionals:** CDE, RD, MD/DO, RN

**Audience:** People with diagnosed diabetes, families of people with diabetes.

**Languages available:** English

**Year program started:** 1991

**Website:** [www.paysonhospital.com](http://www.paysonhospital.com)

### Payson Regional Medical Center

Home Health Care

215 North Beeline Highway

Payson, AZ 85541

**Contact:** Director, Bonnie Sweeny

Phone: (928) 472-5245

Fax: (928) 472-5250

**Program description:** Provides home health care to diabetics as ordered by MD.

**Health professionals:** RNs, CNAs, LPNs

**Audience:** Persons with diagnosed diabetes, families of diabetics. Primarily adults.

**Languages available:** English

**Year program started:** 1991

**Website:** [www.paysonhospital.com](http://www.paysonhospital.com)

### Samaritan Family Health Center

117 East Main Street

Payson, AZ 85411

Phone: (928) 474-1714

Fax: (928) 472-8070

**Program description:** Diabetes screening

**Diabetes complications specific:** Eye screening, hypertension screening and foot care.

**Health professionals:** MD/DO

**Audience:** General population, Medicare, private insurance.

**Languages available:** English

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## Peridot

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### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

Peridot Shopping Center Hwy 70  
PO Box 747

Peridot, AZ 85542

Phone: (928) 475-2212

Fax: (928) 475-2658

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

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## San Carlos

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### San Carlos Apache Tribal Diabetes

Prevention Program

1 Mohave Ave.

P.O. Box 1651

San Carlos, AZ 85550

**Contact:** John Duncan, Program Manager

Phone: (928) 475-5940

Fax: (928) 475-5925

**Program description:** The program has a weight management clinic with comprehensive professional support, community outreach education to teach prevention and control measures, many physical activities for community and health education opportunities. We also have an Annual Diabetes Conference and two fitness centers. Diabetes education, diabetes screening, weight management, nutrition, exercise, and continuing education/training for professionals.

**Diabetes complications specific:**

Hypertension screening and foot care.

**Health professionals:** PA/NP, RN

**Audience:** People with diagnosed diabetes,

general population, and families of people with diabetes.

**Languages available:** English, Apache

**Year program started:** 1997

### San Carlos Hospital Diabetes Team

IHS San Carlos Hospital

Cibeque Circle

P.O. Box 208

San Carlos, AZ 85550

**Contact:** Linda C. Clark RN, CDE

Phone: (928) 475-2371

Fax: (928) 475-7370

**Program description:** Comprehensive diabetes education including nutritional services. Optometry, dental available. Our team tries to provide comprehensive to most ADA minimum standards of care. Education is provided by appointment, walk-in and group sessions. Our team provides education to all the local schools on a yearly basis by invitation. Diabetes education, diabetes screening, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, hypertension, foot care, prenatal, and renal care.

**Health professionals:** CDE, RD, MD/DO, RN

**Audience:** Native Americans with diagnosed diabetes and pre-diabetes, minorities, families of people with diabetes, teenagers, pregnant women, people with hypertension, school age children.

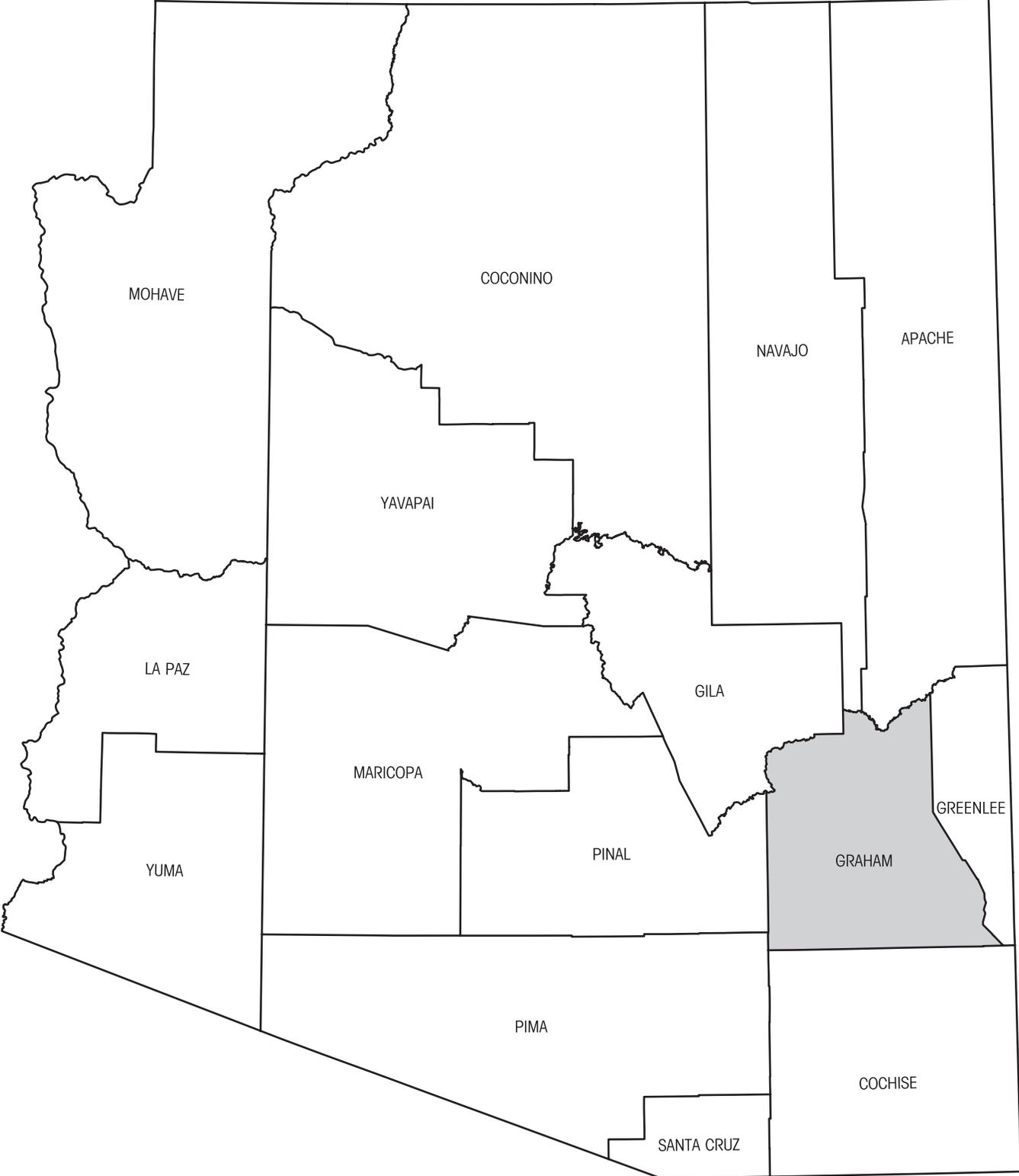
**Languages available:** English, Apache

**Year program started:** 1988

**Materials developed:** Yes

**Website:** [www.ihs.gov](http://www.ihs.gov)

# GRAHAM COUNTY



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## GRAHAM COUNTY

### Safford

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#### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

1938 West Thatcher Boulevard

Safford, AZ 85546

Phone: (928) 428-6731

Fax: (928) 428-1206

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Arizona Department of Economic Security

Vocational Rehabilitation

1938 Thatcher Boulevard

Safford, AZ 85546

Phone: (928) 428-7700 x1106

Fax: (928) 428-4018

**Program description:** Vocational assistance for job training.

**Audience:** People with disabilities.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Graham County Health Department Annex

WIC Nutrition Department

820 West Main Street

Safford, AZ 85546

**Contact:** Rochelle Figueroa, Nutritionist

Phone: (928) 428-7690

Fax: (928) 348-9873

**Program description:** Diabetes education, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:**

Hypertension screening and foot care.

**Audience:** Women pregnant, breastfeeding,

postpartum, infants and children up to 5 years of age.

**Languages available:** English, Spanish

**Year program started:** 1972

**Website:** [www.graham.az.gov](http://www.graham.az.gov)

#### Mt. Graham Regional Medical Center

Graham Greenlee Diabetes Prevention and Control Program

1600 20th Avenue

Safford, AZ 85546

**Contact:** Darlene Horst

Phone: (928) 348-8777 or (928) 348-8776

**Program description:** Diabetes education, weight management, nutrition, exercise, support group, continuing education/training, and type 1 and type 2 diabetes program.

**Diabetes complications specific:** Diabetes screening.

**Health professionals:** CDE, RD, RN

**Audience:** People diagnosed with diabetes and families of people diagnosed with diabetes.

**Languages available:** English, Spanish

**Website:** [www.mtgraham.org](http://www.mtgraham.org)

#### Safford Community Health Center

618 Central Avenue

Safford, AZ 85546

Phone: (928) 428-1500, Toll Free: (877) 428-1500

Fax: (928) 428-1555

#### Social Security Administration

650 S 14th Avenue

Safford, AZ 85546

Phone: 1 (800) 772-1213 or (928) 428-5303

**Program description:** People with diagnosed diabetes, assist people to make social security claims for disability insurance, retirement insurance, survivor insurance, medicare - hospitalization & medicare supplementary benefits call 800- or walk in.

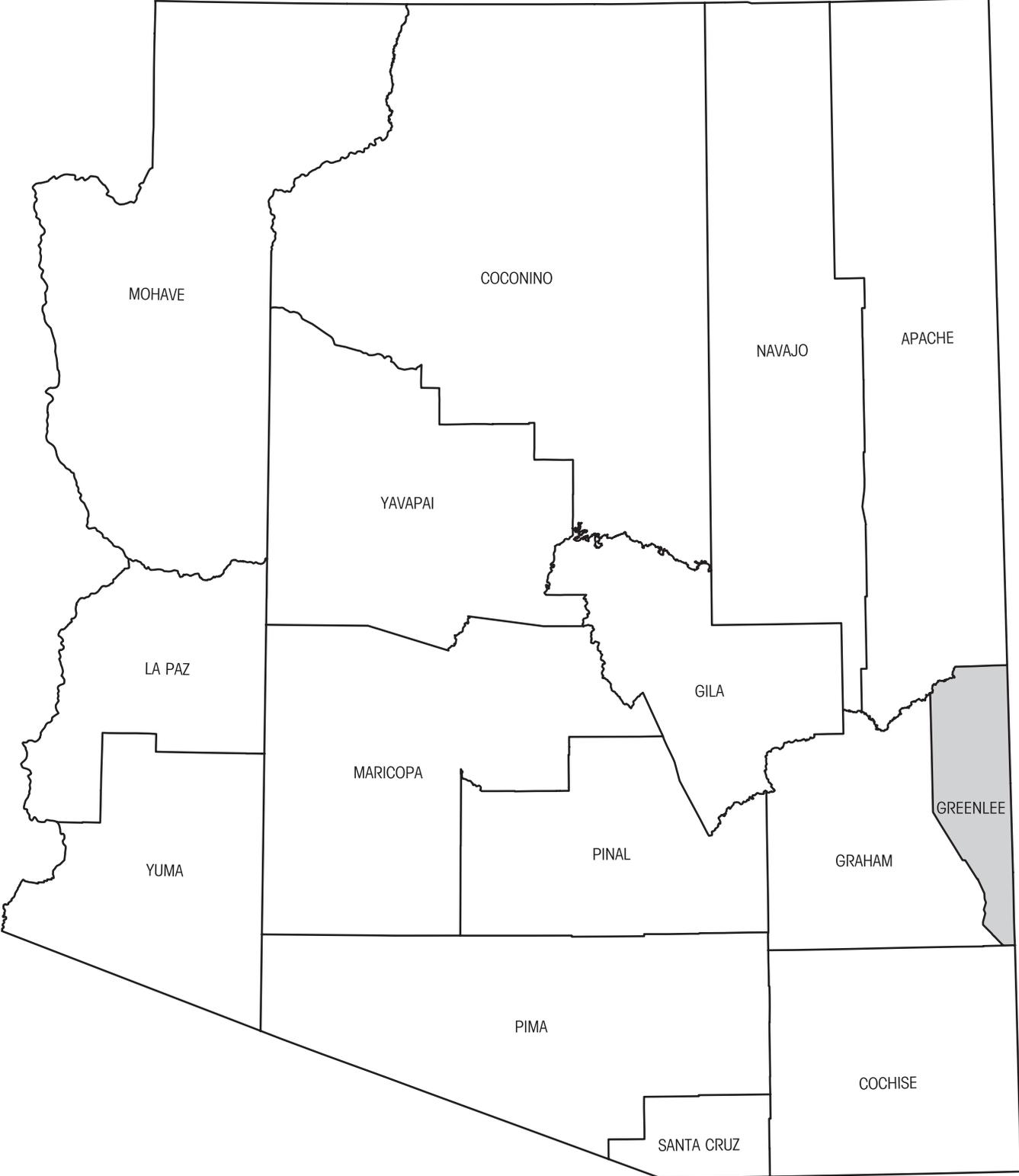
**Audience:** General population, all.

**Languages available:** English, Spanish

**Website:** [www.ssa.gov](http://www.ssa.gov)

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# GREENLEE COUNTY



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## GREENLEE COUNTY

### Clifton

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#### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families  
(TANF)

300 North Coronado Avenue

P.O. Box 927

Clifton, AZ 85533

Phone: (928) 865-4131

Fax: (928) 865-5146

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Greenlee County Health Department**

WIC Program

253 5th Street

P.O. Box 936

Clifton, AZ 85533

**Contact:** Janel Ortega

Phone: (928) 865-2601 or (928) 865-1929

**Program description:** Diabetes education, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:** Diabetes screening and hypertension screening.

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age and general population.

**Health professionals:** RD, RN

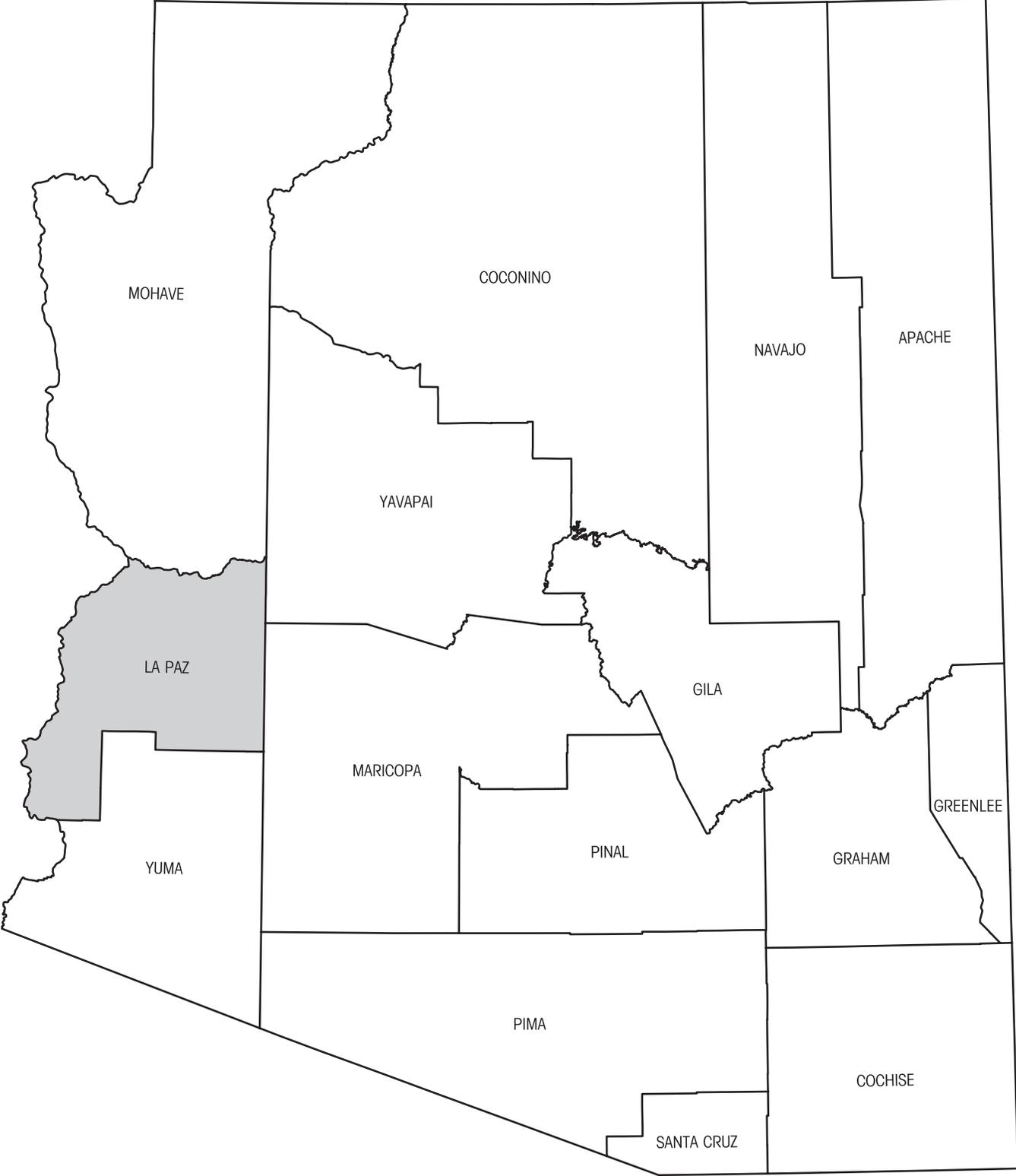
**Languages available:** English, Spanish

**Year program started:** 1972

**Website:** [www.co.greenlee.az.us](http://www.co.greenlee.az.us)

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# LA PAZ COUNTY



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## LA PAZ COUNTY

### Needles

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#### **Social Security Administration**

1096 East Broadway  
Needles, CA 92363  
Phone: (800) 772-1213

**Program description:** Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. (Call the 800 number or walk in.)

**Audience:** General population, all.

**Languages available:** English, Spanish

**Website:** [www.ssa.gov](http://www.ssa.gov)

### Parker

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#### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

Parker Multi-Service Center  
1032 Hopi Avenue  
Parker, AZ 85344  
Phone: (928) 669-9293  
Fax: (928) 669-8627

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Arizona Department of Economic Security**

Vocational Rehabilitation  
1032 Hopi Avenue  
Parker, AZ 85344  
Phone: (928) 669-8389  
Fax: (928) 669-8675

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **La Paz County Health Department**

1112 Joshua Avenue, #206  
Parker, AZ 85344

**Contact:** Diana Grazier, Director of Nursing

Phone: (928) 669-1100

Fax: (928) 669-6703

**Program description:** Diabetes education.

**Diabetes complications specific:** Diabetes screening.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.co.la-paz.az.us](http://www.co.la-paz.az.us)

#### **La Paz Regional Hospital**

1200 West Mohave Road  
Parker, AZ 85344

**Contact:** Ruth Grothe, Case Manager

Phone: (928) 669-9201

Fax: (928) 669-7417

**Program description:** Follow-up and support provided by buddy system. Referrals for education, health information, and other related services.

**Audience:** People with diagnosed diabetes.

**Year program started:** 1995

**Website:** [www.lapazhospital.org](http://www.lapazhospital.org)

#### **Parker USPHS Hospital**

12033 Agency Road  
Parker, AZ 85344

**Contact:** Diane Selleck

Phone: (928) 669-3283

Fax: (928) 669-3311

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:** Eye screening and hypertension screening.

**Health professionals:** RD (CDE), MD/DO, RN (CDE)

**Audience:** Native American population.

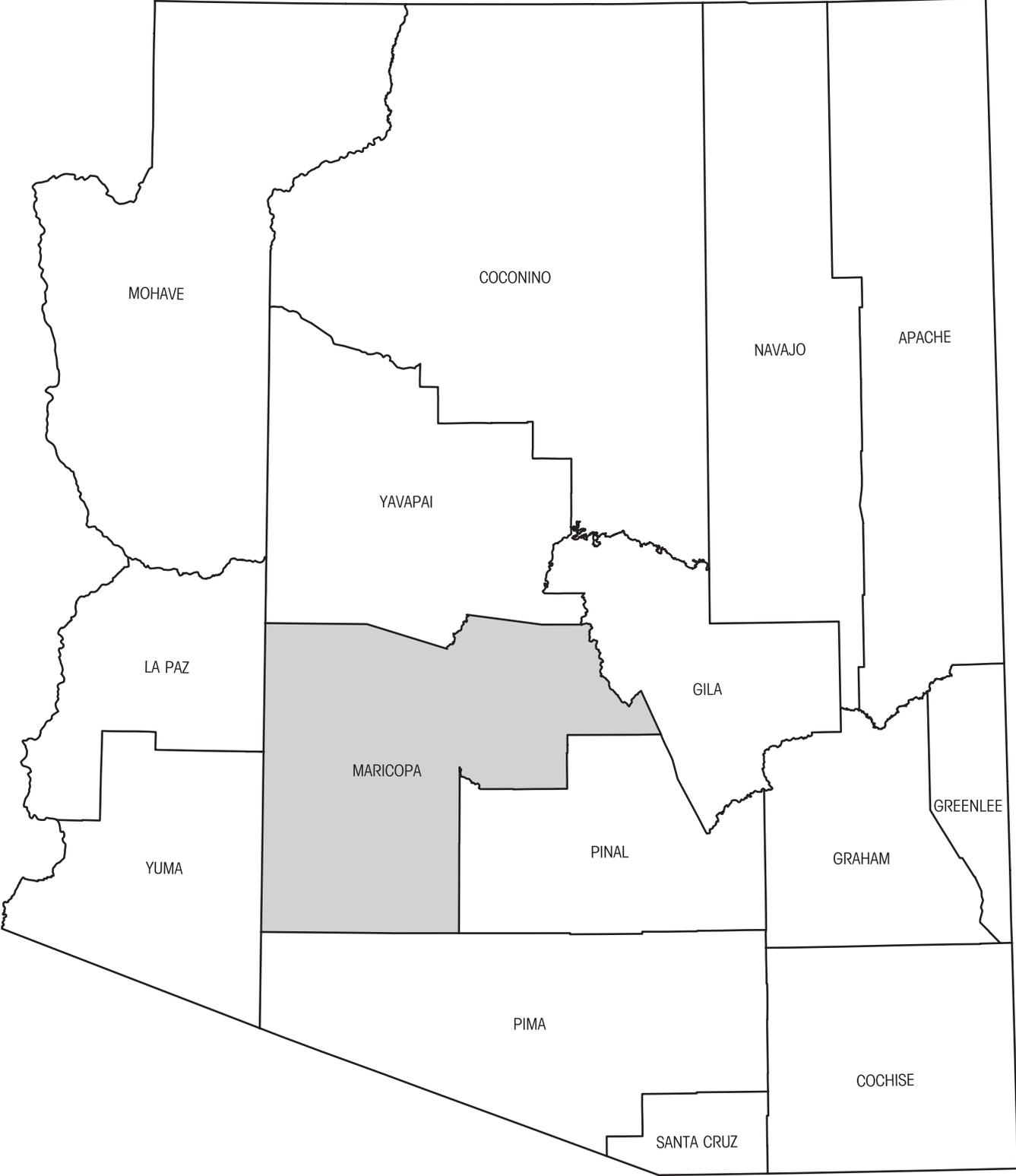
**Languages available:** English, Navajo

**Year program started:** 1950

**Website:** [www.ihs.gov](http://www.ihs.gov)

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# MARICOPA COUNTY



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## MARICOPA COUNTY

### Avondale

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#### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

290 East La Canada Blvd.

Avondale, AZ 85323

Phone: (623) 925-0095

Fax: (623) 932-2183

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Maricopa County Health Department

WIC Program

950 East Van Buren

Avondale, AZ 85323

Phone: (623) 932-3900

**Program description:** A supplemental food and nutrition program for women, infants, and children 1-5 years, nutrition education, as well as community, medical and social referral programs.

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

**Languages available:** English, Spanish

**Year program started:** 1972

**Website:** [www.maricopa.gov](http://www.maricopa.gov)

#### Maricopa Integrated Health Systems

Avondale Family Health Center

950 East Van Buren

Avondale, AZ 85323

Phone: (623) 344-6800

Fax: (623) 344-6801

**Program description:** A primary care facility offering a general health promotion

program. Patients may be referred to the ADA recognized Diabetes Self Management Program that includes individual education and group classes. Program has a diabetes component, diabetes education, and nutrition.

**Diabetes complications specific:** Eye screening, hypertension screening, prenatal care, smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** RD, MD/DO, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2001

**Website:** [www.mihs.org](http://www.mihs.org)

### Buckeye

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#### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

302 North 4th Street

Buckeye, AZ 85326

Phone: (623) 327-0862

Fax: (623) 386-7759

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Clínica Adelante, Inc.

Buckeye Family Care Center

306 East Monroe Avenue

Buckeye, AZ 85326

Phone: (623) 386-4814

Fax: (623) 386-4593

**Program description:** Primary care includes OB prenatal care. Monthly scheduled obstetrician, and nutritionist. Sliding scale fee available. Program has a diabetes

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component, individual diabetes education, screening, weight management, and nutrition.

**Diabetes complications specific:** Eye screening, hypertension, foot care, prenatal and cardiovascular care.

**Health professionals:** RD, MD/MO, NP/PA, RN, Medical assistant and OB prenatal care.

**Audience:** Persons diagnosed with diabetes, minorities, teenagers, pregnant women and pediatrics.

**Languages available:** English, Spanish

**Year program started:** 1995

**Materials developed:** Yes

**Website:** [www.clinicaadelante.com](http://www.clinicaadelante.com)

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## Chandler

### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

2018 N. Arizona Ave, Suite D104

Chandler, AZ 85225

Phone: (480) 812-2160

Fax: (480) 812-2175

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Arizona Department of Economic Security

Vocational Rehabilitation

2018 N. Arizona Ave, Suite D-116

Chandler, AZ 85224

Phone: (480) 917-0493

Fax: (480) 917-3512

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Maricopa Integrated Health Systems

Chandler Family Health Center

811 South Hamilton

Chandler, AZ 85225

Phone: (480) 344-6100

Fax: (480) 344-6101

**Program description:** A primary care facility offering a general health promotion program. Patients may be referred to the ADA recognized Diabetes Self Management Program that includes individual education and group classes. Program that has a diabetes component, diabetes education, nutrition.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, smoking cessation, renal care, cardiovascular disease.

**Health professionals:** CDE, MD/DO, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2001

**Website:** [www.mihs.org](http://www.mihs.org)

### Maricopa County Health Department

WIC Program

3002 North Arizona Avenue, Suite 13

Chandler, AZ 85224

**Contact:** Renee Siegfried

Phone: (480) 892-7702

Fax: (480) 892-7936

**Program description:** Nutrition education, as well as community, medical and social referral programs, weight management, nutrition, and gestational/prenatal.

**Diabetes complications specific:** Iron screening, hemoglobin checks.

**Health professionals:** RD

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years.

**Languages available:** English, Spanish

**Year program started:** 1972

**Website:** [www.maricopa.gov](http://www.maricopa.gov)

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## El Mirage

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### Maricopa Integrated Health Systems

El Mirage Family Health Center  
12428 West Thunderbird Road  
El Mirage, AZ 85335

**Contact:** Trish Stradleigh – Clinical Manager  
Phone: (623) 344-6500  
Fax: (623) 344-6501

Diabetes Education: 602-344-5104

**Program description:** Program that has a diabetes component, diabetes education, quarterly group classes, and one on one.

**Diabetes complications specific:**

Hypertension screening, foot care, prenatal care, smoking cessation, renal care, cardiovascular disease, fasting blood glucose.

**Health professionals:** CDE, RD, MD, PA, RN

**Audience:** People with diagnosed diabetes, general population, uninsured AHCCCS eligible, enrolled maricopa health system program, commercial insurance.

**Languages available:** English, Spanish

**Website:** [www.mihs.org](http://www.mihs.org)

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## Glendale

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### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

5409 West Glendale  
Glendale, AZ 85301

Phone: (602) 842-0061

Fax: (623) 842-6311

**Program description:** Family assistance program that provides Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance.

**Audience:** General population and African refugees.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Maricopa Integrated Health Systems

Glendale Family Health Center  
5141 West Lamar Road  
Glendale, AZ 85301

Phone: (623) 344-6700

Fax: (623) 344-3701

**Program description:** A primary care facility offering a general health promotion program. Patients may be referred to the ADA recognized Diabetes Self Management Program that includes individual education and group classes. Program that has a diabetes component, diabetes education, nutrition.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, renal care, cardiovascular disease.

**Health professionals:** Certified Diabetes Educator (CDE), Registered Dietitian (RD), MD/DO, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English

**Year program started:** 2001

**Website:** [www.mihs.org](http://www.mihs.org)

### Maricopa County Health Department

WIC Program

5141 Lamar Road  
Glendale, AZ 85301

Phone: (602) 939-0989

**Program description:** A supplemental food and nutrition program for women, infants, and children 1-5 years, nutrition education, as well as community, medical and social referral programs

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to 5 years of age.

**Languages available:** English, Spanish

**Year program started:** 1972

**Website:** [www.maricopa.gov](http://www.maricopa.gov)

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**Social Security Administration**

5907 West King Avenue

Glendale, AZ 85306

Phone: (800) 772-1213

**Program description:** Assists persons to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare - supplementary benefits, Medicare prescription, drug plan. Call or walk in.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.ssa.gov](http://www.ssa.gov)

**Banner Thunderbird Medical Center**

Outpatient Diabetes Program

5555 West Thunderbird Road

Glendale, AZ 85306

**Contact:** Debra Martin

Phone: (602) 588-4890 or (602) 865-5555

Fax: (602) 865-4893

**Program description:** Outpatient program includes individual consultants and group classes. Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group, continuing education/training (for professionals), and gestational/prenatal.

**Health professionals:** CDE, RD, RN

**Audience:** People with diabetes, health professionals, minorities, families of people with diabetes (e.g. teenagers, pregnant women, people with hypertension, etc.). Must be diagnosed with diabetes for appointment.

**Languages available:** English, Spanish - Translators available with arrangement.

**Year program started:** 1996

**Materials developed:** Yes

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**Guadalupe****Las Fuentes Health Clinic of Guadalupe**

Muevete Guadalupe Healthy Lifestyle Initiative

8625 Avenida Del Yaqui

Guadalupe, AZ 85283

Phone: (480) 777-2263

Fax: (480) 777-2264

**Program description:** Muevete Guadalupe Healthy Lifestyle Initiative is a group formed by area agencies (Centro de Amistad, Las Fuentes, the Pasqua Yaqui Tribe, Maricopa Public Health, ADHS-Diabetes Program, ASU College of Nursing) in the Guadalupe Community. These groups promote and create activities and functions that address healthy lifestyles, which in turn prevent and controls diabetes and its complications. Activities include community education, community walking groups, health fairs and festivals.

**Health professionals:** RD, MD, PA/NP

**Audience:** People with diabetes, general population, minorities, and families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2002

**Website:** [www.lasfuentes.org](http://www.lasfuentes.org)

**Maricopa County Health Department**

WIC Program

9206 South Avenida Del Yaqui

Guadalupe, AZ 85283

Phone: (480) 838-2859

Fax: (480) 838-6294

**Program description:** Nutrition education, as well as community, medical and social referral programs.

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to 5 years of age.

**Languages available:** English, Spanish

**Year program started:** 1972

**Website:** [www.maricopa.gov](http://www.maricopa.gov)

**Maricopa Integrated Health Systems**

Guadalupe Family Health Center

5825 East Calle Guadalupe

Guadalupe, AZ 85283

**Contact:** Lori Lynn – Clinical Manager

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Phone:(480) 344-6000

Fax: (480) 344-6001

**Program description:** Program that has a diabetes component, individual diabetes education (ADA recognized), weight management, and nutrition.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** CDE, RD, MD/DO, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2001

**Website:** [www.mihs.org](http://www.mihs.org)

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## Luke AFB

### Luke Air Force Base

56 Med Group/SGOPI Diabetes

Luke AFB, AZ 85309

**Contact:** Miss Chuchinski

Phone: (623) 856-4625

**Program description:** Weight management, nutrition, exercise, and support group.

**Diabetes complications specific:** Diabetes screening, eye screening, hypertension screening, foot care, and renal care.

**Health professionals:** RD, MD, RN

**Audience:** Personnel on active duty, retirees and family members stationed at the base.

**Languages available:** English, Spanish

**Website:** [www.luke.af.mil](http://www.luke.af.mil)

### Luke Air Force Base Arizona

Diabetes Educator

7219 North Litchfield Road

Luke AFB, AZ 85309

**Contact:** Jan Bloom, Nurse Educator

Phone: (623) 856-3116

**Program description:** Diabetes education

**Audience:** Personnel on active duty or retirees and their families.

**Languages available:** English, Spanish

**Year program started:** 1994

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## Mesa

### Arizona Department of Economic Security

Temporary Assistance to Needy Families

(TANF)

1619 East Main

Mesa, AZ 85203

Phone: (480) 834-4066

Fax: (480) 834-4401

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Arizona Department of Economic Security

Temporary Assistance to Needy Families

(TANF)

163 North Dobson Road

Mesa, AZ 85201

Phone: (480) 890-7300

Fax: (480) 890-7374

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Banner Baywood Medical Center

6644 Baywood Avenue

Mesa, AZ 85206

**Contact:** Margaret O'Brien, RD, CDE

Phone: (480) 321-4578

Fax: (480) 321-4533

**Program description:** Outpatient diabetes/nutrition services, one-on-one consultations.

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Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, and gestational/prenatal.

**Health professionals:** CDE, RD

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes, women and gestational diabetics.

**Languages available:** English, have capability to use AT&T Language Line for interpretation/translation

**Year program started:** 2000

**Website:** [www.bannerhealth.com](http://www.bannerhealth.com)

### **Banner Baywood Diabetes Support Group**

Banner Baywood Medical Center  
6644 Baywood Avenue  
Mesa, AZ 85206

**Contact:** Margaret O'Brien, RD, CDE

Phone: (480) 321-4578

Fax: (480) 321-4533

**Program description:** Support group. Facilitated discussion format diabetes support group meets first and third Tuesday each month, 3-4 PM at Banner Baywood Center for Women's Health – Cooper Room.

**Health professionals:** CDE, RD

**Audience:** People with diagnosed diabetes and families of people with diabetes.

**Languages available:** English

**Year program started:** 1996

**Website:** [www.bannerhealth.com](http://www.bannerhealth.com)

### **Maricopa County Health Department**

WIC Program

423 North Country Club, Suite 45

Mesa, AZ 85201

Phone: (480) 833-0334

Fax: (480) 833-3271

**Program description:** Diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian. Also includes a nutritional worker who helps educate clients.

**Audience:** Women (pregnant, breastfeeding,

postpartum), infants and children up to 5 years of age.

**Languages available:** English, Spanish, French and can provide translation services for other languages

**Year program started:** 1972

**Website:** [www.maricopa.gov](http://www.maricopa.gov)

### **Maricopa Integrated Health Systems**

Mesa Family Health Center

59 South Hibbert

Mesa, AZ 85210

Phone: (480) 344-6200

Fax: (480) 344-6201

**Program description:** A primary care facility offering a general health promotion program. Patients may be referred to the ADA recognized Diabetes Self Management Program that includes individual education and group classes. Program that has a diabetes component, diabetes education, and nutrition.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, renal care, and cardiovascular disease.

**Health professionals:** CDE, RD, MD/DO, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2001

**Website:** [www.mihs.org](http://www.mihs.org)

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### **Peoria**

#### **Arizona Department of Economic Security**

Family Assistance Administration

8990 West Peoria

Peoria, AZ 85345

Phone: (602) 771-0011

Fax: (623) 334-6303

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance.

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Provides temporary disability assistance.  
**Audience:** General population.  
**Languages available:** English, Spanish  
**Website:** [www.azdes.gov](http://www.azdes.gov)

## Phoenix

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### **Advocates for the Disabled**

Disability Service  
4520 North Central Avenue, Suite #575  
Phoenix, AZ 85012  
Phone: (602) 212-2600  
**Program description:** Assist low-income individuals. Prove eligibility for SSI/Disability Benefits.

**Audience:** People with diagnosed diabetes.  
**Languages available:** English, Spanish  
**Year program started:** 1970  
**Website:** [www.advocatesforthedisabled.org](http://www.advocatesforthedisabled.org)

### **American Diabetes Association (Phoenix and Northern Arizona)**

8125 North 23rd Avenue, Suite #222  
Phoenix, AZ 85021  
**Contact:** Suzanne Miller, Director  
Phone: (602) 861-4731  
Fax: (602) 995-1344  
**Program description:** National non-profit voluntary health organization with focus on research, information, education and advocacy. We provide referrals for health professionals, diabetes recognition program and provider recognition. Diabetes education, weight management, nutrition, exercise, support group referral, continuing education/training for professionals, and gestational/prenatal.

**Diabetes complications specific:** Referrals to eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular diseases.

**Audience:** General population, people diagnosed with diabetes, minorities, and families of people with diabetes.  
**Languages available:** English, Spanish

**Year program started:** ADA established in Arizona in 1975.  
**Materials developed:** Visit [www.diabetes.org](http://www.diabetes.org) for materials.  
**Website:** [www.diabetes.org](http://www.diabetes.org)

### **Arizona Braille and Talking Book Library**

1030 North 32nd Street  
Phoenix, AZ 85008  
Phone: (602) 255-5578  
**Program description:** Talking Book Program.  
**Audience:** Qualifiers for people who cannot read small print, cannot hold books, and cannot see.  
**Website:** [www.lib.az.us/braille](http://www.lib.az.us/braille)

### **Arizona Center for the Blind and Visually Impaired**

3100 East Roosevelt  
Phoenix, AZ 85008  
Phone: (602) 273-7411  
Fax: (602) 273-7410  
**Program description:** Diabetes education, support group, information on all types of devices to help blind diabetic people. Support group meets every Thursday.  
**Audience:** General population.  
**Languages available:** English  
**Website:** [www.acbvi.org](http://www.acbvi.org)

### **Arizona Department of Economic Security**

Family Assistance Program  
4635 South Central  
Phoenix, AZ 85040  
Phone: (602) 276-5773  
Fax: (602) 268-3412  
**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.  
**Audience:** General population.  
**Languages available:** English, Spanish  
**Website:** [www.azdes.gov](http://www.azdes.gov)

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**Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

215 East McDowell Road

Phoenix, AZ 85003

Phone: (602) 495-1308

Fax: (602) 257-0582

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

**Arizona Department of Economic Security**

Vocational Rehabilitation

1430 East Indian School Road, #100

Phoenix, AZ 85014

Phone: (602) 212-0068, District Office (602) 266-6752

Fax: (602) 241-1479

**Program description:** Vocational help to keep a job or train for a job.

**Audience:** People with disabilities, severely mentally ill (Magellan Health Care referral is needed – go through District Office).

**Website:** [www.azdes.gov](http://www.azdes.gov)

**Arizona Kidney Foundation Financial Assistance**

4203 East Indian School Road, #140

Phoenix, AZ 85018

Phone: (602) 840-1644

**Website:** [www.azkidney.org](http://www.azkidney.org)

**Concilio Latino de Salud**

Juntos Contra al Diabetes

546 East Osborn Road, #22

Phoenix, AZ 85012

**Contact:** Elizabeth Valdez, Executive Director  
Phone: (602) 285-0970

**Program description:** Three-year project entails working towards providing diabetes education and outreach to participants and

cultural competence training to medical personnel. Program that has a diabetes component, including media such as public service announcements and talk shows on risk factors, including diabetes, and nutrition.

**Diabetes complications specific:** Smoking cessation and cardiovascular disease.

**Audience:** Minorities.

**Languages available:** English, Spanish

**Year program started:** 1995

**Donor Network of Arizona**

201 West Coolidge

Phoenix, AZ 85013

Phone: (602) 222-2200

Fax: (602) 222-2202

**Diabetes complications specific:** Organ procurement for diabetics in need (local doctor referral necessary). Locate organs, eyes and tissues.

**Audience:** General population.

**Website:** [www.dnaz.org](http://www.dnaz.org)

**Grand Canyon University**

Cook Health Center

3300 West Camelback Road

Phoenix, AZ 85017

**Contact:** April Polley, RNC, MBA, Director  
Phone: (877) 860-3951

**Program description:** Program that has a diabetes component, diabetes education, and nutrition.

**Diabetes complications specific:** Hypertension screening and foot care.

**Health professionals:** RNs

**Audience:** University students at Grand Canyon University.

**Languages available:** English

**Year program started:** 1988

**Materials developed:** Yes

**Website:** [www.gcu.edu](http://www.gcu.edu)

**Insurance Board Consumer Assistance**

2910 North 44th Street, Suite 210

Phoenix, AZ 85018

(602) 364-2499

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Tucson (520) 628-6370  
Statewide: 1 (800) 325-2548  
**Website:** [www.state.az.us](http://www.state.az.us)

**Inter Tribal Council of Arizona, Inc.**

ITCA Diabetes Nutrition  
2214 North Central Avenue, Suite 100  
Phoenix, AZ 85004  
**Contact:** Melva Zerkoune, MS, RD  
Phone: (602) 307-1513  
Fax: (602) 258-4825  
**Program description:** ITCA provides training and technical assistance to tribal and Native American urban diabetes programs.  
**Audience:** Native Americans.  
**Languages available:** English  
**Website:** [www.itcaonline.com](http://www.itcaonline.com)

**Juvenile Diabetes Research Foundation**

4343 East Camelback Road, Suite #230  
Phoenix, AZ 85018  
Phone: (602) 224-1800  
Fax: (602) 224-1801  
**Program description:** This program raises funds for the diabetics who need help and for research to find a cure for diabetes.  
**Audience:** Juvenile diabetics and also some Type 2 diabetics.  
**Year program started:** 1973  
**Website:** [www.jdf.org/arizona](http://www.jdf.org/arizona)

**Lions Vision Center**

Services for the Visually Challenged  
1016 North 32nd Street, Suite 2  
Phoenix, AZ 85008  
Phone: (602) 267-7573  
Fax: (602) 267-7595  
**Program description:** Examination and glasses for the needy.  
**Audience:** Children, adults, and the elderly.  
**Website:** [www.lionsvisioncenter.org](http://www.lionsvisioncenter.org)

**Maricopa County Department of Public Health**

Maricopa County WIC Program  
4041 North Central Avenue, 700C  
Phoenix, AZ 85012

**Contact:** Tina Wegner, Nutrition Education & Training Coordinator  
Phone: (602) 506-9318  
Fax: (602) 506-9330

**Program description:** Nutrition and food assistance program, and gestational/prenatal.

**Health professionals:** RD

**Audience:** Women pregnant & breastfeeding, infants, and children – 5 years.

**Languages available:** English, Spanish

**Website:** [www.maricopa.gov](http://www.maricopa.gov)

**Maricopa Integrated Health Systems**

Diabetes Self Management Education Program  
2525 East Roosevelt Street  
Phoenix, AZ 85008  
**Contact:** Bobbie Bright, MS, RD, CDE Diabetes Educator  
Phone: (602) 344-5104  
Fax: (602) 344-1480  
[bobbie.bright@hcs.maricopa.gov](mailto:bobbie.bright@hcs.maricopa.gov)

**Program description:** American Diabetes Association recognized program providing individual education and group classes. Curriculum includes all components required by ADA. Diabetes education, weight management, nutrition, exercise, continuing education/training for professionals, and gestational/prenatal.

**Health professionals:** CDE, RD, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2001

**Website:** [www.mihs.org](http://www.mihs.org)

**Maricopa Integrated Health Systems**

Seventh Avenue Family Health Center  
1205 South 7th Avenue  
Phoenix, AZ 85007  
**Contact:** Veronica Ojeda  
Phone: (602) 344-6600  
Fax: (602) 344-6601

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**Program description:** A primary care facility offering a general health promotion program. Patients may be referred to the ADA recognized Diabetes Self Management Program that includes individual education and group classes. Program that has a diabetes component, diabetes education, and nutrition.

**Diabetes complications specific:** Eye screening, hypertension screening, prenatal care, smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** CDE, RD, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** Spanish, English, Interpreter phones in house

**Year program started:** 2001

**Website:** [www.mihs.org](http://www.mihs.org)

### **Maricopa Integrated Health Systems**

South Central Family Health Center

33 West Tamarisk

Phoenix, AZ 85041

Phone: (602) 344-6400

Fax: (602) 344-6401

**Program description:** A primary care facility offering a general health promotion program. Patients may be referred to the ADA recognized Diabetes Self Management Program that includes individual education and group classes. Refer diabetes education patients to the Comprehensive Health Center. Program that has a diabetes component, diabetes education, nutrition, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** CDE, RD, MD/DO, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2001

**Website:** [www.mihs.org](http://www.mihs.org)

### **Maricopa Integrated Health Systems**

Women's Care Clinic

2601 East Roosevelt Street

Phoenix, AZ 85008

Phone: (602) 344-5589

Fax: (602) 267-5894

**Program description:** Comprehensive prenatal care for diabetics both established/gestational.

**Audience:** People with diagnosed diabetes, minorities, teenagers, pregnant women, people with hypertension.

**Languages available:** English, Spanish

**Year program started:** 1999

**Website:** [www.mihs.org](http://www.mihs.org)

### **Maricopa Integrated Health Systems**

Sunnyslope Family Health Center

934 West Hatcher

Phoenix, AZ 85021

**Contact:** Heidi Gonzales, RN

Phone: (602) 344-6300

Fax: (602) 344-6301

**Program description:** Diabetes component, diabetes education, diabetes screening, and nutrition.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular.

**Health professionals:** CDE, MD/DO, RN

**Audience:** People diagnosed with diabetes, families of people with diabetes, minorities, and children.

**Languages available:** English and Spanish

**Year program started:** 2001. The American Diabetes Association recognizes the Diabetes Education Program that has individual education and group classes.

Refers to Comprehensive Health Center

**Website:** [www.mihs.org](http://www.mihs.org)

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### **Maricopa Medical Center**

Nutrition

2601 East Roosevelt Street

Phoenix, AZ 85008

Phone: (602) 344-5217

**Program description:** Diabetes education, weight management, and nutrition.

**Diabetes complications specific:**

Hypertension, renal care, and cardiovascular disease.

**Audience:** Inpatients.

**Languages available:** English, Spanish

**Year program started:** 1993

**Website:** [www.mihs.org](http://www.mihs.org)

### **Mountain Park Health Center**

Diabetes Collaborative Program

2702 North 3rd Street, Suite 4020

Phoenix, AZ 85004

**Contact:** Charmaine Trujillo, Diabetes Collaborative Coordinator

Phone: (602) 323-3242

Fax: (602) 323-3496

**Program description:** This program provides comprehensive medical care and dental care, which includes group visits and classes, behavioral health and care management, retinal eye screening at four clinics in the Phoenix metro area. Accepts most insurances and AHCCCS plans and also has a sliding fee program. Primary medical care and dental care for all individuals at risk for diabetes. Program that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, exercise, a support group, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, renal care and cardiovascular disease.

**Health professionals:** RD, MD/DO, PA/NP, RN, Diabetes Case Manager, Behavioral Health Specialist, Dentist, and Nutritionists

**Audience:** People diagnosed with diabetes and their families, minorities, and General population.

**Languages available:** English, Spanish

**Year program started:** 2000

**Website:** [www.mphc-az.com](http://www.mphc-az.com)

### **Medstar Research Institute**

1616 East Indian School Road, #250

Phoenix, AZ 85016

Phone: (602) 277-0488

**Program description:** Diabetes research articles only, in Native American populations.

**Website:** [www.medstarresearch.org](http://www.medstarresearch.org)

### **Native American Community Health Center, Inc.**

4520 North Central Avenue Suite 620

Phoenix, AZ 85012

**Contact:** Cheryl Litzin

Phone: (602) 279-5262

Fax: (602) 263-0452

**Program description:** NACHI provides health services to a growing number of Native Americans living in urban Phoenix area. Most NACHI funding comes from federal money and ADHS. Diabetes education, screening, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension, foot care, smoking cessation, renal care and cardiovascular disease.

**Health professionals:** PA/NP, RN, MD

**Audience:** General population and Native Americans.

**Website:** [www.nativehealthphoenix.org](http://www.nativehealthphoenix.org)

### **Phoenix Area Indian Health Service**

Diabetes Program

2 Renaissance Square

40 N. Central Ave.

Phoenix, AZ 85004

Charles Rhodes, M.D., Area Diabetes Consultant

Phone: (602) 364-5179

Fax: (602) 364-5025

**Program description:** Diabetes education, diabetes screening, support group, nutrition,

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weight management, exercise, and continuing education/training.  
**Diabetes complications specific:** Eye screening, hypertension screening, renal care, cardiovascular disease, prenatal, and gestational.

**Health professionals:** CDE, RD, MD/DO, PA/ NP, RN

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Native American

**Year program started:** 1976

**Materials developed:** Yes

**Website:** [www.ihs.gov](http://www.ihs.gov)

#### **Phoenix Baptist Hospital**

2000 West Bethany Home Road  
Phoenix, AZ 85015

**Contact:** Kelly Laskey  
Phone: (602) 246-5897

**Program description:** Program that has a diabetes component, diabetes education, diabetes screening, weight management, nutrition, exercise, support group, and gestational/prenatal.

**Diabetes complications specific:** Hypertension screening, prenatal care, renal care, and cardiovascular disease.

**Health professionals:** RD, MD, MA, PhD, RN

**Audience:** Inpatients only.

**Languages available:** English, Spanish

**Year program started:** 1992

**Materials developed:** Yes

**Website:** [www.abrazohealth.com](http://www.abrazohealth.com)

#### **Phoenix Indian Medical Center**

Diabetes Education Path To Health (DEPTH)  
4212 North 16th Street  
Phoenix, AZ 85016

**Contact:** Suzanne Lipke, RN, MSN, CDE,  
DEPTH Program Director  
Phone: (602) 263-1200 ext. 1396

**Program description:** An IHS Integrated Diabetes Education recognized program for

Native American/Alaskan Native adults living in the Phoenix area. Diabetes education, diabetes screening, weight management, nutrition, exercise, support group, continuing education/training (for professionals), and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, Smoking Cessation, and Cardiovascular Disease.

**Audience:** Native American people diagnosed with diabetes, and families of people with diabetes.

**Languages available:** English, Spanish, Navajo, Apache, Pima and other Native American languages

**Year program started:** 2002

**Website:** [www.ihs.gov](http://www.ihs.gov)

#### **Phoenix Memorial Healthcare Center**

1201 South 7th Avenue  
Phoenix, AZ 85007  
Phone: (602) 258-5111

**Program description:** Refer to the Seventh Avenue Family Health Center with MIHS and South Central Family Health Center. Diabetes education, diabetes screening, weight management, nutrition, exercise, and support group.

**Diabetes complications specific:** Smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** RD, MD, PA, NP, RN

**Audience:** In-Patients only.

**Languages available:** English, Spanish

**Materials developed:** Yes

**Website:** <http://promisehealthcare.com>

#### **Raising Special Kids**

5025 E Washington St. Suite 204  
Phoenix, AZ 85034

**Contact:** Vickie French-Family Support Specialist  
Phone: (602) 242-4366

Fax: (602) 242-4306  
[info@raisingspecialkids.org](mailto:info@raisingspecialkids.org)

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**Program description:** We provide support and training for families of children with special health care needs. We also offer training and consultation on special education to parents and professionals. Assistance with navigation of healthcare system.

**Audience:** Families of people with diabetes.

**Languages available:** Spanish, English

**Year program started:** 1979

**Materials developed:** Yes

**Website:** [www.raisingpecialkids.org](http://www.raisingpecialkids.org)

### **Recording for the Blind and Dyslexic**

Services for Visually Challenged  
3627 East Indian School Road, Suite #108  
Phoenix, AZ 85018

**Contact:** Donna Brown

Phone: (602) 443-0155

Fax: (602) 553-0226

**Program description:** Provide audio text books (kindergarten through post-graduate degrees) on cassettes and CDs, and downloadable onto MP3's for the visually impaired. Fees vary based on equipment needed. If a book is not available on tape, a tape can be produced with 2 copies of the book.

**Audience:** Visually impaired.

**Website:** [www.rfbd.org](http://www.rfbd.org)

### **Social Security Administration**

250 North Central Avenue Suite 100  
Phoenix, AZ 85007

Phone: (800) 772-1213

**Program description:** Help people with disabilities make social security claims.

**Audience:** General population, all.

**Materials developed:** Yes

**Website:** [www.ssa.gov](http://www.ssa.gov)

### **Social Security Administration**

16241 North Tatum Blvd.

Phoenix, AZ 85032

Phone: (800) 772-1213

**Program description:** Assists people to make social security claims for disability insurance,

retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call or walk in.

**Audience:** General population, all.

**Languages available:** English, Spanish

**Materials developed:** Yes

**Website:** [www.ssa.gov](http://www.ssa.gov)

### **St. Joseph's Hospital**

350 West Thomas Road  
Phoenix, AZ 85013

**Contact:** Stacey Bailey, MS, RD, CDE

Phone: (602) 406-3237

**Program description:** Outpatient nutrition education.

**Audience:** People with diagnosed diabetes and other medical conditions.

**Website:** [www.stjosephs-phx.org](http://www.stjosephs-phx.org)

### **St. Vincent De Paul**

Virginia Piper Medical & Dental Clinic  
420 W. Watkins Road  
P.O. Box 13600  
Phoenix, AZ 85002-3600

**Contact:** Janice Ertl, Clinical Director

Phone: (602) 261-6880

Fax: (602) 261-6816

**Program description:** Program that has a diabetes component, diabetes education, nutrition, classes - one on one instructor by donation charity clinic.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, and smoking cessation.

**Health professionals:** CDE, RD, MD/DO, PA/NP, RN, NMD

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes, children with metabolic syndrome.

**Languages available:** English, Spanish

**Year program started:** 2000

**Website:** [www.stvincentdepaul.net](http://www.stvincentdepaul.net)

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## VA Hospital

Diabetes Educator  
650 East Indian School  
Phoenix, AZ 85012

**Contact:** Elaine Manahan, CDE; Mary B. Collo, RN, MS, CANP, CDE  
Phone: (602) 277-5551  
Fax: (602) 222-6435

**Program description:** Diabetes education, weight management, and diabetes screening.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular disease (conducted mostly at health fairs).

**Health professionals:** CDE, RD, MDs, PA/NP, RN

**Audience:** Veterans with diabetes. Must be referred by primary care physician.

**Languages available:** English, Spanish

**Year program started:** 1978

**Materials developed:** Yes. Videos and other resources available.

**Website:** [www.phoenix.va.gov](http://www.phoenix.va.gov)

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## Scottsdale

### Arizona Department of Economic Security

Vocational Rehabilitation  
10900 North Scottsdale Road, Suite 401  
Scottsdale, AZ 85254  
Phone: (480) 948-3819  
Fax: (480) 596-5349

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

## Maricopa County Health Department

WIC Program  
8119 East Roosevelt Street  
Scottsdale, AZ 85257

Phone: (480) 949-7448

Fax: (480) 423-8557

**Program description:** Diabetes component, nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

**Languages available:** English, Spanish

**Year program started:** 1972

**Website:** [www.maricopa.gov](http://www.maricopa.gov)

## Mayo Clinic Scottsdale

Diabetes Center  
13400 East Shea Boulevard  
Scottsdale, AZ 85259  
Phone: (480) 301-7092  
Fax: (480) 301-8918

**Program description:** Diabetes education, weight management, nutrition, continuing education, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension, foot care, prenatal care, smoking cessation, renal care, cardiovascular disease, one-on-one assessment and teaching classes.

**Health professionals:** CDE, RD, MD/DO (Endocrinology), RNs

**Audience:** For Mayo clients after seeing a Mayo endocrinologist. People diagnosed with diabetes and families of people with diabetes.

**Languages available:** English, Spanish, Native American with interpreter

**Year program started:** 1987

**Materials developed:** Yes

**Website:** [www.mayoclinic.org](http://www.mayoclinic.org)

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**Scottsdale Healthcare**

Endocrinology Institute  
9700 North 91st Street, Suite #220  
Scottsdale, AZ 85258

**Contact:** Kyle Wilson, (480) 323-4920

Phone: (480) 323-4800

Fax: (480) 323-4929

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, support group, gestational/prenatal.

**Diabetes complications specific:** Eye screening, foot care.

**Health professionals:** CDE, RD, RNs

**Audience:** People diagnosed with diabetes, general population, minorities, families of people with diabetes, adults, children, type 1 diabetes, type 2 diabetes, and prediabetes.

**Languages available:** English

**Year program started:** 1991

**Materials developed:** Yes

**Website:** [www.shc.org](http://www.shc.org)

**Scottsdale Healthcare Shea**

9003 East Shea Boulevard  
Scottsdale, AZ 85260  
Phone: (480) 323-4800

**Program description:** Program that has a diabetes component providing diabetes education, screening, weight management, nutrition, exercise, support group, continuing education and gestational and prenatal counseling.

**Health professionals:** CDE, RD, RN

**Audience:** People with diagnosed diabetes, families of diabetics, minorities, the General population.

**Languages available:** English

**Website:** [www.shc.org](http://www.shc.org)

**Social Security Administration**

3200 North Hayden Road, Suite B120  
Scottsdale, AZ 85251  
Phone: (800) 772-1213

**Program description:** Assist people to make social security claims for disability insurance,

retirement insurance, survivors insurance, Medicare-hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

**Audience:** General population, all.

**Languages available:** English, Spanish

**Materials developed:** Yes

**Website:** [www.ssa.gov](http://www.ssa.gov)

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**Surprise****Clínica Adelante, Inc.**

Tidwell Family Care Center  
16560 North Dysart Road  
Surprise, AZ 85374

Phone: (623) 546-2294

Fax: (623) 546-3514

**Contact:** Letizia Lufrano

**Program description:** Program that has a diabetes component, diabetes education, diabetes screening, and nutrition.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care and cardiovascular disease.

**Health professionals:** MD/DO, PA/NP, RN

**Audience:** General population, people diagnosed with diabetes, and families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2003

**Website:** [www.clinicaadelante.com](http://www.clinicaadelante.com)

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**Tempe****American Heart Association**

2929 South 48th Street  
Tempe, AZ 85282

Phone: (602) 414-5353

Fax: (602) 414-5355

**Program description:** General education relates to heart disease and related to complications as well as prevention. Weight management, nutrition, and exercise.

**Diabetes complications specific:**

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Cardiovascular disease.

**Audience:** General population.

**Languages available:** English, Spanish

**Materials developed:** Yes

**Website:** [www.americanheart.org](http://www.americanheart.org)

### **Arizona Department of Economic Security**

Family Assistance Administration

5038 South Price

Tempe, AZ 85282

Phone: (480) 831-1408

Fax: (480) 831-2957

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### **Arizona State University**

Student Health

P.O. Box 872104

Tempe, AZ 85287

**Contact:** Carrie Jankowski, RN

Phone: (480) 965-3346

Fax: (480) 965-6531

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, and smoking cessation.

**Health professionals:** RD, MD/DO, RN

**Audience:** ASU students.

**Languages available:** English, Spanish, German, and translation line available

**Website:** <http://students.asu.edu>

### **Sun Sounds of Arizona**

Rio Salado/Maricopa County College District

2323 West 14th Street

Tempe, AZ 85281

**Contact:** Bill Pasco, Director

Phone: (480) 774-8300

Fax: (480) 774-8310

**Program description:** Radio program for the blind. This organization is a radio station, which provides special radios to its clinics. They are on a special airwave. They read material to the blind, such as newspapers, books, etc. This is a free service. Broadcasting now offered through real audio on the web.

**Audience:** General population.

**Languages available:** Spanish, English

**Year program started:** 1979

**Website:** <http://sunsounds.org>

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### **Wickenburg**

#### **Clínica Adelante**

Wickenburg Family Care

811 North Tegner Street

Wickenburg, AZ 85390-2226

**Contact:** Billie Cote, RN office manager

Phone: (928) 684-9555

Fax: (623) 583-8330

**Program description:** Diabetes component, diabetes education, diabetes screening, and nutrition.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care and cardiovascular disease.

**Health professionals:** MD/DO, PA/NP, RN, internal medicine

**Audience:** General population, people with diagnosed diabetes, and families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2004

**Website:** [www.clinicaadelante.com](http://www.clinicaadelante.com)



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# MOHAVE COUNTY



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## MOHAVE COUNTY

### Bullhead

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#### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

2601 Highway 95  
Bullhead City, AZ 86442  
Phone: (928) 704-7776  
Fax: (928) 704-7075

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Arizona Department of Economic Security**

Vocational Rehabilitation

2601 Highway 95  
Bullhead City, AZ 86442  
Phone: (928) 763-8422  
Fax: (928) 763-5841

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Regional Center For Border Health / The Well Woman Health Check Program**

1984 Hwy 95 Suite 4  
Bullhead City, Arizona 86442

**Contact:** Carla Ortega - Assistant Program Coordinator / Case Manager  
Phone: (928) 704-6690  
Fax: (928) 704-6602  
[cvo@frontirnet.net](mailto:cvo@frontirnet.net)

**Program description:** Diabetes education.

**Audience:** People with diagnosed diabetes, general population, minorities, and families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2009

**Website:** [www.rcfbh.org](http://www.rcfbh.org)

#### **Senior Circle of Western Arizona Regional Medical Center**

Diabetes Support Group  
2735 Silver Creek Road  
Bullhead City, AZ 86442

**Contact:** Valerie Conner, Clinical Dietitian  
Phone: (928) 763 2273 x 3112

Fax: (928) 704-7188  
[valerieconner@iammorrison.com](mailto:valerieconner@iammorrison.com)

**Program description:** The Diabetes Support

Group meets every month (Except December) on the Second Friday of the month from 10:00 a.m. to 11:00 a.m. At present, we meet in the Education Building (Building 2) across from the WARMC Lobby on Silver Creek Road. There is always an educational program and time for questions, answers and discussion. There is an established group of participants and new people are always welcome. Occasionally we sponsor a special event, such as "How To Eat at a Buffet" at the Harrah's Buffet in Laughlin. Program that has a diabetes component, diabetes education, weight management, nutrition, support group, continuing education/training for professionals, community outreach through "Healthy Woman" program, Senior Circle, and community groups.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular disease. We bring in outside physicians and practitioners to speak. We also promote fitness. Senior Circle has a chair exercise class.

**Health professionals:** Registered Dietitian (RD), MD/DO. Our dietitians are in the process of qualifying for Certified Diabetes Educator credential.

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes, community groups

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**Languages available:** English, available in Spanish

**Website:** [www.warmc.com](http://www.warmc.com)

### **Western Arizona Regional Medical Center**

2735 Silver Creek Road

Bullhead City, AZ 86442

Phone: (928) 763-2273

Fax: (928) 763-0283

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:**

Hypertension screening.

**Health professionals:** RD, MD/DO, RN

**Audience:** General population.

**Languages available:** English

**Year program started:** 1984

**Materials developed:** Yes

**Website:** [www.warmc.com](http://www.warmc.com)

## **Kingman**

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### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

301 Pine Street

Kingman, AZ 86401

Phone: (928) 753-4441

Fax: (928) 753-9205

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### **Arizona Department of Economic Security**

Vocational Rehabilitation

519 East Beale Street, Suite 130

Kingman, AZ 86401

Phone: (928) 753-5105

Fax: (928) 753-5110

**Program description:** Provides vocational

assistance for job training.

**Audience:** People with disabilities.

**Website:** [www.azdes.gov](http://www.azdes.gov)

### **Kingman Regional Medical Center**

Diabetic Support Group

1719 Beverly Ave

Kingman, AZ 86401

**Contact:** Aaron Stafford, MS, RD

Phone: (928) 692-4607

Fax: (928) 692-4610

**Program description:** Support group. Meetings are held at Del E. Webb Wellness & Rehabilitation Center on the last Tuesday of the month at 7 p.m. (Call to place name on support group list.), diabetes education, weight management, nutrition, and exercise.

**Health professionals:** RD, RNs

**Audience:** People with diagnosed diabetes, families of diabetics.

**Languages available:** English

**Year program started:** 1993

**Website:** [www.azkrmc.com](http://www.azkrmc.com)

### **Kingman Regional Medical Center**

Outpatient Nutrition and Wellness Center

Diabetes Education

1719 Beverly Avenue

Kingman, AZ 86401

**Contact:** Jenifer Rapp

Phone: (928) 692-4607

Fax: (928) 692-4610

**Program description:** Full diabetes education clinic, serving juveniles and others, including diabetes (Type 2) and education classes.

**Health professionals:** CDE, RN, physiologist, and pharmacist

**Audience:** People with diagnosed diabetes, juveniles, new onset diabetes, and referrals from doctors.

**Languages available:** English, other languages available through main hospital

**Year program started:** 2006

**Materials developed:** Brochures, ADA approved

**Website:** [www.azkrmc.com](http://www.azkrmc.com)

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## Mohave County Department of Public Health

318 North 5th Street

P.O. Box 7000

Kingman, AZ 86402-7000

**Contact:** Patty Mead, Health Director

Phone: (928) 753-0743

Fax: (928) 718-5547

**Program description:** Provide referral information only.

**Website:** [www.co.mohave.az.us](http://www.co.mohave.az.us)

## Mohave County Department of Public Health

WIC Program

318 North Fifth Street

Kingman, AZ 86401

**Contact:** Carol Matthews

Phone: (928) 753-0794

Fax: (928) 718-5551

**Program description:** Diabetes education, weight management, nutrition, exercise, and gestational/prenatal.

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

**Languages available:** English, Spanish

**Year program started:** 1972

**Website:** [www.co.mohave.az.us](http://www.co.mohave.az.us)

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## Lake Havasu

### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

232 London Bridge Road

Lake Havasu, AZ 86403

Phone: (928) 680-6003

Fax: (928) 680-9559

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

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## Littlefield

### Canyonlands Community Health Care

Northwest Arizona Regional Healthcare

I-15 exit 9 at Firestation

Littlefield, Arizona 86432

**Contact:** CJ Hansen, Site Director

Phone: (928) 347-5971

Fax (928) 347-5793

[c.hansen@cchcaz.org](mailto:c.hansen@cchcaz.org)

**Diabetes complications specific:** Eye screening and foot care.

**Health professionals:** MD/DO

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Spanish

**Website:** [www.canyonlandschc.org](http://www.canyonlandschc.org)

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## Peach Springs

### Peach Springs Indian Health Center

943 Hualapai Way

P.O. Box 190

Peach Springs, AZ 86434

**Contact:** Sylvia Armstrong, RN

Phone: (928) 769-2204

Fax: (928) 769-2933

**Program description:** Diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, and smoking cessation.

**Health professionals:** CDE, RD, MD/DO, RN, Health Educator

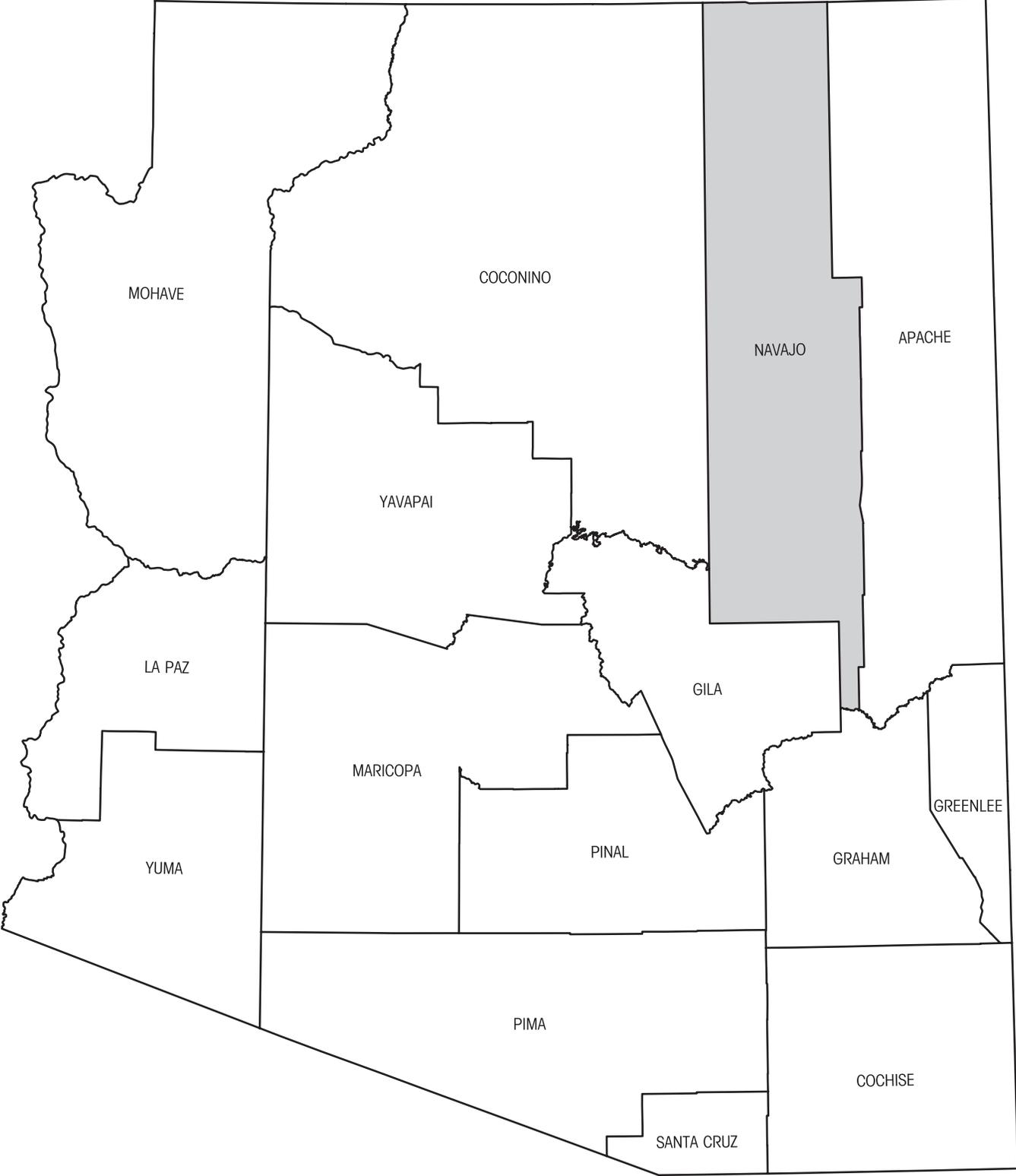
**Audience:** General population, Native Americans.

**Languages available:** English, Hualapai

**Year program started:** 1983

**Website:** [www.ihs.gov](http://www.ihs.gov)

# NAVAJO COUNTY



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## NAVAJO COUNTY

### Cibecue

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#### **Cibecue IHS Center**

Indian Service  
2 West 3rd Street  
P.O. Box 80039  
Cibecue, AZ 85911  
Phone: (928) 332-2560  
Fax: (928) 332-2418

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, renal care, and cardiovascular disease.

**Health professionals:** CDE, MD/DO, PA/NP, RN

**Audience:** General population.

**Languages available:** English, Apache

**Year program started:** 1980

**Website:** [www.ihs.gov](http://www.ihs.gov)

### Holbrook

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#### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

153 West Vista  
Holbrook, AZ 86025  
Phone: (928) 524-6294  
Fax: (928) 524-1791

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Navajo County Public Health Services District**

117 East Buffalo Street  
Holbrook, AZ 86025

Phone: (928) 524-4750

Fax: (928) 524-4754

**Contact:** Mary Flynn Tyler, Assistant Health Director

**Program description:** Nutrition information, physical activity for adults and children, and hypertension screening.

**Audience:** General population.

**Languages available:** English, Spanish, Navajo

**Website:** [www.navajocountyaz.gov](http://www.navajocountyaz.gov)

### Kayenta

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#### **Navajo Area Indian Health Service/Kayenta Service Unit**

Kayenta Service Unit Diabetes Care and Education Program  
PO Box 368, HWY 163, Bldg KA-2010, Box #12  
Kayenta, AZ 86033

**Contact:** Molly-Jayne Bangert, BSN, RN, CDE, Diabetes Coordinator

Phone: (928) 697-4296

Fax: (928) 697-4145

Email: [molly-jayne.bangert@ihs.gov](mailto:molly-jayne.bangert@ihs.gov)

**Program description:** The three Kayenta Service Unit clinics, (Kayenta Health Center, Inscription House Health Center and the Dennehotso Health Station) are part of the Navajo Area Indian Health Services medical system, providing comprehensive diabetes medical care to the Native American's/Navajo – Dine tribe and other Native American's living in and seeking care from the service unit. Patient education for those with a known diagnosis of diabetes focuses on home blood glucose monitoring for prevention of acute and chronic complications, nutrition/healthy food choices, weight loss, exercise, foot care as well as prevention strategies for family members and community members at risk for diabetes. The IHS facilities work collaboratively with tribal programs who focus is more preventative and community

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screenings as well as working with specialty clinics for nephrology and cardiac care.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, and specialty clinics for renal care and cardiovascular disease.

**Health professionals:** MD/DO, PA/NP, CDE, RD, RN, Nutrition Assistant, diabetes health technician

**Languages available:** English and Navajo

**Website:** [www.ihs.gov](http://www.ihs.gov)

### **Navajo Nation Health Education Program**

Kayenta Health Center

Hwy 163 Bldg.KA-2010

P.O. Box 368

Kayenta, AZ 86033

Phone: (928) 697-4000

Fax: (928) 697-4145

**Contact:** Health Educator

**Program description:** Provides diabetes education, screening, nutrition, exercise, and classes for health educators. Screening communities to detect diabetes and hypertension. Provides presentation in schools, communities, and worksite on awareness of diabetes and hypertension, nutrition, exercising. Also provided is patient education on maintenance of glucose, food choice, exercising and screening. Health education staff provides the diabetes and hypertension education.

**Health professionals:** Health Educators

**Audience:** General population, people diagnosed with diabetes, and families of people with diabetes.

**Languages available:** English, Navajo

**Year program started:** 1990

**Materials developed:** Yes

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## **Kykotsmovi**

### **Hopi Tribal Office of Health Services**

The Hopi Tribe

Hwy 264 Mile Marker 388

P.O. Box 123

Kykotsmovi, AZ 86039

Phone: (928) 737-6000

**Contact:** Joyce Hamilton

**Program description:** General health promotion programs that have a diabetes component; education, screening, nutrition, exercise. Services provided by the health services in all areas with main emphasis on DM, hypertension, and teen pregnancy.

**Audience:** People diagnosed with diabetes, general population, and families of people with diabetes.

**Languages available:** English, Hopi, Tewa

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## **Pinon**

### **Arizona Department of Economic Security**

Family Assistance Administration

Route 65 Near Whip Por Will Chapter

P.O. Box 679

Pinon, AZ 86510

Phone: (928) 725-3488

Fax: (928) 725-3588

**Program description:** AHCCCS Applications and Food Stamps.

**Audience:** General population.

**Languages available:** English, Navajo

### **Navajo Nation Program for Self Reliance (TANF)**

P.O. Box 650

Pinon, AZ 86510

Phone: (928) 725-3715, (928) 725-3716

Fax: (928) 725-3717

**Program description:** Family assistance program that provides TANF, cash assistance (Navajo Tribe), trainings for employment readiness, support to school age children financially in need.

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## Polacca

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### Hopi Health Care Diabetes Program

IHS/Hopi Tribal Diabetes Program  
Hwy 264 Mile Marker 388  
P.O. Box 4000  
Polacca, AZ 86042  
Phone: (928) 737-6000  
Fax: (928) 737-6099

**Contact:** Velita Sidney

**Program description:** General health promotion, diabetes education, diabetes screening, weight management, nutrition, exercise, gestational/prenatal.

**Diabetes specific complications:** Eye screening, hypertension screening, foot care, smoking cessation, renal care, cardiovascular disease, optometry, behavioral health department, physical therapy and wound care. Diabetes Clinic meets once monthly for group education and cooking demos.

**Health professionals:** RD, MD/DO, RN

**Audience:** People diagnosed with diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Navajo, Hopi

**Materials developed:** Diabetes education materials - contact the Hopi Tribe for copies.

**Website:** [www.ihs.gov](http://www.ihs.gov)

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## Shonto

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### Inscription House Health Clinic

Diabetes Program  
Hwy 98 and Navajo Route 16  
P.O. Box 7397  
Shonto, AZ 86054  
Phone: (928) 672-3000  
Fax: (928) 672-3005

**Contact:** Samantha Interpreter, RD

**Program description:** Diabetes education, diabetes screening, weight management, support group, and hypertension screening.

**Health professionals:** RD, RN, MD/DO

**Audience:** General population, people diagnosed with diabetes.

**Languages available:** English, Navajo

**Year program started:** 1994

**Materials developed:** Yes

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## Show Low

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### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

2500 East Cooley, Ste 400  
Show Low, AZ 85901

Phone: (928) 532-4300

Fax: (928) 532-4369

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population. The office in Show Low serves the following zip codes: 85901, 85902, 85912, 85920, 85922, 85923, 85924, 85925, 85928, 85929, 85931, 85932, 85933, 85934, 85935, 85936, 85937, 85938, 85939, and 85940.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Arizona Department of Economic Security

Vocational Rehabilitation

2500 East Cooley, Ste 400  
Show Low, AZ 85901

Phone: (928) 532-4300

Fax: (928) 532-4369

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

### Social Security Administration

2500 E. Cooley Ste 407

Show Low, AZ 85901

Phone: (800) -772-1213

**Program description:** Assists people to make social security claims for disability insurance,

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retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

**Audience:** General population, all.

**Languages available:** English, Spanish

**Materials developed:** Yes

### **Summit Healthcare Regional Medical Center**

Diabetes Self Management Training Program

2200 Show Low Lake Road

Show Low, AZ 85901

**Contact:** Jennette Larsen, RN, Program Coordinator

Phone: (928) 537-6984

Fax: (928) 537-4526

**Program description:** Group and individual diabetes self management training (includes nutrition, exercise, coping, medications, blood glucose monitoring, problem solving, risk reduction), certified insulin pump trainers, monthly diabetes discussion group, gestational/prenatal.

**Health professionals:** RN, RD

**Audience:** People with diagnosed diabetes, and families of people with diabetes.

**Languages available:** English

**Year program started:** 2007

**Materials developed:** Yes

**Website:** [www.nrmc.org](http://www.nrmc.org)

## **Whiteriver**

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### **Apache Diabetes Wellness Center**

White Mountain Apache Tribe

202 N. Upper Terrace Avenue

P.O. Box 1210

Whiteriver, AZ 85941

Phone: (928) 338-5278

Fax: (928) 338-4974

**Contact:** Alethea Velasquez, Director  
Diabetes Program

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and hypertension screening.

**Health professionals:** RD, RN,

**Audience:** General population and people diagnosed with diabetes.

**Languages available:** English, Apache

**Year program started:** 1995

**Materials developed:** Yes

### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

210 Facto Rd

P.O. Box 1180

Whiteriver, AZ 85941

Phone: (928) 338-4134

(800) 352-8401

Fax: (928) 338-1925

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Apache

### **Whiteriver Indian Health Service Hospital**

200 W. Hospital Dr.

P.O. Box 860

Whiteriver, AZ 85941

Phone: (928) 338-4911 ext. 3665

Fax: (928) 338-3522

**Contact:** Diabetes Management Department

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise and hypertension screening.

**Health professionals:** MD, CDE, RD, RN, Community Health Representative

**Audience:** People diagnosed with diabetes and their families.

**Languages available:** English, Apache

**Year program started:** 1994

**Website:** [www.ihs.gov](http://www.ihs.gov)

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## Winslow

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### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

319 East 3rd Street

Winslow, AZ 86047

Phone: (928) 289-2425

Fax: (928) 289-3614

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

Dilkon Chapter Compound HC-63 Box J

Winslow, AZ 86047

Phone: (928) 657-3278

Fax: (928) 657-3290

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

### **Winslow Indian Health Care Center Diabetes Program**

500 N. Indiana Ave

Winslow, AZ 86047

**Contact:** Claudia Duncan

Phone: (928) 289-6137

Fax: (928) 289-6258

**Program description:** Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group, continuing education/training for professionals, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** Certified Diabetes Educator (CDE), RD, PA/NP, RN

**Audience:** People with diagnosed diabetes, minorities, families of people with diabetes.

**Languages available:** English, Navajo, and Hopi

**Year program started:** 1992

**Website:** <http://wihcc.com>

### **Little Colorado Medical Center**

1501 N. Williamson Avenue

Winslow, AZ 86047-2797

Phone: (928) 289-4691

Fax: (928) 289-9180

**Audience:** General population.

**Languages available:** English, Spanish

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# PIMA COUNTY



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## PIMA COUNTY

### Ajo

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#### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

38 Plaza Street  
Ajo, AZ 85321

**Contact:** Bertha Salanas

Phone: (520) 387-7292

Fax: (520) 387-6172

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance. Diabetes education and diabetes screening

**Audience:** People with diagnosed diabetes, minorities, general population, and families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 1984

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Desert Senita Community Health Center

Diabetes Outreach  
410 Malacate Street  
Ajo, AZ 85321

**Contact:** Chris Dimitrakopoulos, RN

Phone: (520) 387-5184

Fax: (520) 387-5347

**Program description:** The program provides five classes (two hours each) that include the topics (1) What is diabetes? (2) Nutrition (3) Physical Activity (4) Complications (5) Foot Care. The program has a three-month follow up and six-month follow up visits.

Diabetes education, nutrition, exercise and support group.

**Diabetes complications specific:** Foot care, smoking cessation, and cardiovascular disease.

**Health professionals:** RN

**Audience:** General population.

**Languages available:** English, Spanish

**Year program started:** 2002

**Website:** [www.ajochc.org](http://www.ajochc.org)

#### Pima County Health Department

Public Health Nursing  
120 West Estrella  
Ajo, AZ 85321

**Contact:** Fran Driver

Phone: (520) 387-7206

Fax: (520) 387-7393

**Program description:** Diabetes education and diabetes screening.

**Audience:** People with diagnosed diabetes, minorities, general population, and families of those with diabetes.

**Health professionals:** RN

**Languages available:** English, Spanish

**Year program started:** 1984

### Arivaca

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#### United Community Health Center

17388 West 3rd Street  
P.O. Box 233  
Arivaca, AZ 85601

**Contact:** Kim Burton, RN, BSN, Clinical Manager

Phone: (520) 407-5500

Fax: (520) 398-2613

**Diabetes complications specific:** Diabetes screening, eye screening, hypertension screening, foot care, and gestational/prenatal.

**Health professionals:** MD/DO, FNP, PA, RN, LPN

**Audience:** General population, people with diagnosed diabetes, minorities, families of people with diabetes, prenatal.

**Languages available:** English, Spanish

**Year program started:** 1983

**Materials developed:** Yes

**Website:** <http://uchcaz.org>

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## Green Valley

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### Carondelet Medical Mall at Green Valley

Carondelet Diabetes Care Center Satellite  
400 West Camino Casa Verde  
Green Valley, AZ 85614

**Contact:** Donna Zazworsky, RN, MS, CCM,  
FAAN, Director

Phone: (520) 872-6055

Fax: (520) 872-6557

**Program description:** Diabetes self-management education, support groups.

**Diabetes complications specific:** Diabetes screening, hypertension screening, foot care.

**Health professionals:** CDE, RD, RN, FNP

**Audience:** People with diagnosed diabetes and families of people with diabetes.

**Languages available:** English, Spanish

**Materials developed:** Patient Workbook and Diabetes Passport

**Website:** [www.carondelet.org](http://www.carondelet.org)

### Continental Clinic (UCHC)

Continental Family Medical Center  
1260 S. Campbell Rd.

P.O. Box 1354

Green Valley, AZ 85614

**Contact:** Patrick Lloyd

Phone: (520) 625-3691

Fax: (520) 625-2894

**Program description:** Diabetes education, screening, weight management, nutrition, and exercise.

**Diabetes complications specific:**

Hypertension screening.

**Health professionals:** MD/DO, PA/NP, RN, LPN, FMP

**Audience:** General population and pregnant women.

**Languages available:** English/Spanish

**Year program started:** 1983

**Materials developed:** Yes

**Website:** <http://uchcaz.org>

### Continental Pediatrics

1150 Whitehouse Canyon Road

P.O. Box 1354

Green Valley, AZ 85622

**Contact:** Kim Burton, RN, BSN, Clinical Manager

Phone: (520) 407-5910

Fax: (520) 399-9524

**Program description:** Diabetes education, screening, weight management, nutrition, and exercise.

**Diabetes complications specific:**

Hypertension screening.

**Health professionals:** MD/DO, PA/NP, RN, LPN, FMP

**Audience:** Pediatric population aged newborn to 18 years.

**Languages available:** English/Spanish

**Year program started:** 2001

**Materials developed:** Yes

**Website:** <http://uchcaz.org>

### Friends in Deed

Diabetes Support Group

301 West Camino Casa Verde

Green Valley, AZ 85614

Phone: (520) 625-1150

**Program description:** Program that has a diabetes component and support group. Diabetes Support Group meets every third Thursday of the month at Friends in Deed.

**Audience:** People diagnosed with diabetes and families of people with diabetes.

**Languages available:** English

**Website:** [www.friendsindeed.org](http://www.friendsindeed.org)

### Pima County Health Department

Public Health Nursing

601 North La Canada

Green Valley, AZ 85614

**Contact:** Isela Luna, RN, PhD

Phone: (520) 648-1626

Fax: (520) 648-6385

**Program description:** Program that has a diabetes component, diabetes education, diabetes screening, weight management, and nutrition.

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**Diabetes complications specific:** Eye screening, hypertension screening, foot care and prenatal care.

**Health professionals:** RN, PHN

**Audience:** People diagnosed with diabetes, general population, and families of those with diabetes.

**Languages available:** English, Spanish

**Year program started:** 1996

### **United Community Health Center**

81 West Esperanza  
Green Valley, AZ 85614

**Contact:** Marcia Konopka

Phone: (520) 625-4401

Fax: (520) 625-8504

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, and foot care.

**Health professionals:** MD/DO, RN, FMP, PAC, Radiologist, Internist

**Audience:** General population, all ages.

**Languages available:** English/Spanish

**Year program started:** 1983

**Website:** <http://uchcaz.org>

### **United Community Health Center @ Presidio Pointe**

275 W. Continental Road  
P.O. Box 1354  
Green Valley, AZ 85614

**Contact:** Kim Burton, RN BSN Clinical Manager

Phone: (520) 407-5910

Fax: (520) 547-3995

**Program description:** Diabetes education, screening, weight management, nutrition, and exercise.

**Diabetes complications specific:**

Hypertension screening.

**Health professionals:** MD/DO, PA/NP, RN, LPN, FMP

**Audience:** General population.

**Languages available:** English/Spanish

**Year program started:** 2004

**Materials developed:** Yes

**Website:** <http://uchcaz.org>

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## **Marana**

### **Marana Health Center**

Nutritional Counseling  
13644 North Sandario  
Marana, AZ 85653

**Contact:** Angelica Cruz

Phone: (520) 682-4111

Fax: (520) 682-3817

**Program description:** Individual nutrition counseling, WIC provided on-site for gestational diabetes, diabetes education, diabetes screening, and weight management.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care and smoking cessation.

**Health professionals:** CDE, RD, MD/DO

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.maranahealthcenter.org](http://www.maranahealthcenter.org)

### **Marana Health Disparities Collaborative – Diabetes**

Marana Health Center  
13644 North Sandario Road  
Marana, AZ 85653

**Contact:** Marti Vendor-Collaborative Coordinator

Phone (520) 682-4111

Fax: (520) 616-6230

**Program description:** Primary care.

**Audience:** General population, all ages.

**Languages available:** English, Spanish

**Year program started:** 2003

**Website:** [www.maranahealthcenter.org](http://www.maranahealthcenter.org)

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## San Xavier

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### San Xavier PHS Indian Health Center

7900 South J Stock Road  
San Xavier, AZ 85746

**Contact:** Sybil Cochran

Phone: (520) 295-2550

Fax: (520) 295-2609

**Program description:** Diabetes education, weight management, and nutrition.

**Diabetes complications specific:** Eye screening, hypertension screening, and foot care.

**Health professionals:** CDE, MD/DO, RN, Nutritionist

**Audience:** Native Americans with diagnosed diabetes and families of those with diabetes. Must provide proof of affiliation and be federally recognized.

**Languages available:** English, Spanish

**Year program started:** 1983

**Website:** [www.ihs.gov](http://www.ihs.gov)

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## Sells

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### Sells Indian Hospital

Indian Health Services  
Hwy 86

P.O. Box 548

Sells, AZ 85634

**Contact:** Barbara Khan

Phone: (520) 383-7356

Fax: (520) 383-7216

**Program description:** Diabetes education, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, renal care, and cardiovascular disease.

**Health professionals:** RD, MD/DO, PA/NP, RN

**Audience:** Native Americans with diagnosed diabetes, minorities, and families of people with diabetes.

**Languages available:** English, Spanish,

Tohono O'Odham

**Year program started:** 1980

**Materials developed:** Yes

### Tohono O'odham Nation Department of Health and Human Services

Division of Health Promotion

Hwy 86 next to Indian Health Hospital

P.O. Box 810

Sells, AZ 85634

**Contact:** Laura Pablo and Faith Pablo

Phone (520) 383-6240

Fax (520) 383-1091

**Program description:** Diabetes education, diabetes screening, nutrition education.

**Diabetes complications specific:**

Hypertension screening.

**Health professionals:** Diabetes Counselors

**Audience:** Tohono O'Odham members.

**Languages available:** English, Tohono

O'Odham

**Year program started:** 1998

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## Tucson

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### American Diabetes Association of Tucson

333 West Ft. Lowell Rd#123

Tucson, AZ 85705

**Contact:** Fred Gomez

Phone: (520) 795-3711 or (888) 342-2383

Fax: (520) 795-1179

**Program description:** Diabetes education, support group, diabetes awareness and fundraising.

**Audience:** People with diagnosed diabetes, general population, minorities, and families of people with diabetes.

**Languages available:** English, Spanish

**Materials developed:** Yes

**Website:** [www.diabetes.org](http://www.diabetes.org)

### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

5441 East 22nd Street, Suite 115

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Tucson, AZ 85711  
Phone: (520) 745-5802  
Fax: (520) 745-8298

**Program description:** Provide temporary disability assistance, Supplemental Nutrition Assistance Program (SNAP) and cash assistance.

**Audience:** People diagnosed with diabetes, general population, and individuals with diabetes/diabetes related disabilities.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### **Arizona Department of Economic Security**

Vocational Rehabilitation  
400 West Congress, Suite 420  
Tucson, AZ 85701

**Contact:** Joyce Choate

Phone: (520) 628-6810

Fax: (520) 628-6858

**Program description:** Helps individuals with disabilities (i.e., diabetes-related) become or remain economically independent through work.

**Audience:** Individuals with diabetes related disabilities.

**Languages available:** English

**Website:** [www.azdes.gov](http://www.azdes.gov)

### **Arizona Diabetes Center and Southern Arizona Limb Salvage Alliance (SALSA)**

The University of Arizona  
Department of Surgery, Medical Research Building, Room 126  
P.O. BOX 245215  
Tucson, AZ 85724

**Contact:** Mary Dong

Phone: (520) 626-9989

Fax: (520) 626-7779

**Program description:** Diabetes education and outreach, transplantation of islets for type 1 diabetes and chronic pancreatitis. Program that has a diabetes component, diabetes education, exercise, continuing education/training.

**Diabetes complication specific:** Islet cell

transplantation for type 1 diabetes, foot care, diabetic wound care.

**Health professionals:** MD/DO, DPM

**Audience:** People with diagnosed diabetes, general population, minorities, families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2008

**Materials developed:** Education materials, training through telemedicine.

**Website:** [www.pancreatitiscenter.org](http://www.pancreatitiscenter.org) and [www.diabeticfootonline.com](http://www.diabeticfootonline.com)

### **Carondelet St. Joseph's Hospital**

Diabetes Care Center  
350 North Wilmot Road  
Tucson, AZ 85711

**Contact:** Donna Zazworsky, RN, MS, CCM, FAAN – Director

Phone: (520) 873-3968

Fax: (520) 873-3564

**Program description:** Diabetes self-management education, diabetes medical nutrition therapy, support group, and gestational/prenatal.

**Diabetes complications specific:** Diabetes screening, hypertension screening, foot care, and prenatal care.

**Health professionals:** CDE, RD, RN

**Audience:** People with diagnosed diabetes and families of people with diabetes.

**Languages available:** English, Spanish, and translator available for all other languages

**Materials developed:** Patient Workbook & Diabetes Passport provided

**Year program started:** 1988 American Diabetes Association Recognized

**Website:** [www.carondelet.org](http://www.carondelet.org)

Satellite Locations:

Tucson Heart Hospital

Mt. Graham Regional Medical Center

– Safford, Arizona

### **Carondelet St. Mary's Hospital**

Diabetes Care Center  
1601 W. St. Mary's Road

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Tucson, AZ 85745

**Contact:** Donna Zazworsky, RN, MS, CCM,  
FAAN – Director

Phone: (520) 872-6055

Fax: (520) 872-6557

**Program description:** Diabetes Self-  
Management Diabetes education, Diabetes  
Medical Nutrition Therapy, support groups,  
and gestational/prenatal.

**Diabetes complications specific:** Diabetes  
screening, hypertension screening, foot care,  
and prenatal care.

**Health professionals:** CDE, RD, RN

**Audience:** People with diagnosed diabetes  
and families of people with diabetes.

**Languages available:** English, Spanish and  
translator available for all other languages

**Year program started:** 1990 American  
Diabetes Association Recognized

**Materials developed:** Patient Workbook and  
Diabetes Passport provided

**Website:** [www.carondelet.org](http://www.carondelet.org)

Satellite Locations:

Primeros Pasos: Gestational Diabetes

Lasos Familias: Gestational Diabetes

El Rio Health Center: Gestational  
Diabetes

Green Valley Carondelet Medical Mall:  
Diabetes Self Management Training

Holy Cross Hospital, Nogales, AZ:

Diabetes Self Management Training &  
Gestational

### El Pueblo Clinic

101 West Irvington-Building 3C

Tucson, AZ 85714

Phone: (520) 573-0096

Fax: (520) 741-8818

**Program description:** Diabetes education  
and diabetes screening.

**Diabetes complications specific:** Eye  
screening, hypertension screening and  
gestational/prenatal.

**Health professionals:** MD/DO, Medical  
Assistants

**Languages available:** English, Spanish

### El Rio Health Center

Sembrando Nuestro Mañana

El Rio Pharmacy-based Diabetes Program

839 West Congress Street

Tucson, AZ 85745

Phone: (520) 670-3904

Fax: (520) 205-4980

**Contact:** Leticia Martinez, RD, MS, MPH,  
BCDDM

**Program description:** Program that has a  
diabetes component, diabetes education,  
diabetes screening, weight management,  
nutrition, continuing education/training,  
gestational/prenatal.

Pharmacy-based Diabetes Clinic:

**Contact:** Sandra Leal, Pharm D

**Program description:** El Rio's Pharmacy-  
Based Diabetes Clinics are located at the  
Congress, Pascua and El Pueblo clinics.  
The Pharmacy-Based Diabetes Clinics  
offer diabetes management using clinical  
pharmacists to provide comprehensive  
medical treatment based on effective drug  
regimens. The program has three distinctive  
features: 1) increased direct service to  
patients involving intensive and ongoing  
consultation with a clinical pharmacist  
(in Spanish, when needed); 2) integrated  
treatment of three related diseases  
(diabetes, high blood pressure, and high  
cholesterol); and 3) in-depth information  
and education which empowers patients to  
proactively manage their health.

**Diabetes complication specific:** Eye  
screening, hypertension screening, foot care,  
smoking cessation, prenatal screening.

**Health professionals:** CDE, RD, Pharm D

**Audience:** People with diagnosed diabetes,  
minorities, general population, and families  
of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 1998, 2001 (pharmacy-  
based program)

**Website:** [www.elrio.org](http://www.elrio.org)

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### **Kino Community Hospital**

Diabetes Care Center

2800 East Ajo Way

Tucson, AZ 85713

**Contact:** Linda Lorentz, RN

Phone: (520) 874-4600

Fax: (520) 874-4601

**Program description:** Seminars on hypertension and other diabetic screenings (eye screening) scheduled once or twice a month. No specific dates set. Diabetes education, nutrition, exercise, and support group.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, renal care, and cardiovascular disease.

**Health professionals:** CDE, MD/DO, PA/NP, RN, and referrals for nutrition and weight management available if needed.

**Audience:** General population.

**Languages available:** English, Spanish, and translator available for all other languages.

**Year program started:** 1976

**Materials developed:** Pamphlets on diabetes and how to check insulin levels

### **My House Senior Living**

6700 N. Oracle Road, Suite 118

Tucson, AZ 85704

**Contact:** Bernard Kennady, Office Manager

Phone: (520) 745-5222

Fax: (520) 745-9030

**Program description:** Only offers in-home services for individuals with disabilities.

**Audience:** Elderly and disabled.

**Languages available:** English and Spanish

**Year program started:** 1928

### **Native American Indian Research and Training Center**

1642 East Helen Street

Tucson, AZ 85719

**Contact:** Dr. Jenny Joe

Phone: (520) 621-5075

Fax: (520) 621-9802

**Program description:** Program that has a

diabetes component, diabetes education, and continuing education and training for professionals.

**Health professionals:** RD, MD/DO, RN

**Audience:** People with diagnosed diabetes and professionals.

**Languages available:** English, Spanish, Navajo

**Year program started:** 1983

**Materials developed:** Website has information on diabetes (basic information) and information on diabetes conferences

**Website:** <http://nartc.fcm.arizona.edu>

### **Northwest Diabetes Life Skills Center**

7492 N. La Cholla Blvd.

Tucson, AZ 85741

**Contact:** Vanesa Quinn

Phone: (520) 742-2121

Fax: (520) 742-2122

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:**

Hypertension screening, and self-management instructions.

**Health professionals:** CDE, RD, RN

**Audience:** People diagnosed with diabetes and families of people with diabetes.

**Languages available:** English

**Year program started:** 1997

**Materials developed:** Yes

**Website:** [www.nch.org](http://www.nch.org)

### **Pascua Yaqui Health Programs**

Pasqua Yaqui Diabetes Prevention Program

7490 South Camino de Oeste

Tucson, AZ 85746

**Contact:** Tina Aguilar, Program Director

Phone: (520) 879-6200

**Program description:** Diabetes education, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, hypertension screening, and foot care.

**Health professionals:** RD, MD/DO, and RN

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**Audience:** Pascua Yaqui tribe members and families of members with diabetes.

**Languages available:** English, Spanish, and Yaqui

**Year program started:** 1992

**Materials developed:** Pamphlets available

### **Pima County Health Department East**

WIC Program

6920 East Broadway, Suite H

Tucson, AZ 85710

**Contact:** Rebecca Melland

Phone: (520) 721-8475

**Program description:** Diabetes education, weight management, nutrition, gestational/prenatal and prenatal care. Offers nutrition education and referrals for other medical or social services.

**Health professionals:** RD

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

**Languages available:** English, Spanish

**Year program started:** 1972

### **Pima Home Health**

4600 South Park, Suite #7

**Contact:** Barbara A. Vuillemin RN, Diabetes Educator

Tucson, AZ 85714

Phone: (520) 294-4474

**Program description:** Diabetes education.

**Audience:** People with diagnosed diabetes.

### **Pima County Health Department**

Public Health Nursing Administration

3950 South Country Club

Tucson, AZ 85714

**Contact:** Isela Luna, RN, PhD

Phone: (520) 243-7736

Fax: (520) 791-0366

**Program description:** Program that has a diabetes component, diabetes education, weight management, nutrition and case management.

**Diabetes complications specific:**

Hypertension screening, and prenatal care.

**Health professionals:** RN, PHN

**Audience:** People diagnosed with diabetes, general population, and families of those with diabetes.

**Languages available:** English, Spanish

**Year program started:** 1996

**Website:** [www.pimahealth.org](http://www.pimahealth.org)

### **Social Security Administration**

2716 South 6th Avenue

Tucson, AZ 85713

Phone: (800) 772-1213

**Program description:** Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits.

**Audience:** General population.

**Languages available:** English, Spanish

### **Southern Arizona Veterans Affairs**

Health Care System

3601 South 6th Avenue

Tucson, AZ 85723

**Contact:** Leeann Pritts, RN, CDE

Phone: (520) 792-1450 ext. 6722

**Program description:** This is not a specialized clinic for diabetics. Program offers case management services to diabetic patients to help coordinate services available to them such as helping patients to set up yearly diabetic screenings, getting registered for diabetic/weight management classes, one-on-one insulin training, etc.

Program that has a diabetes component, diabetes education, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular disease. Referrals available for prenatal care.

**Health professionals:** CDE, RD, MD/DO, RN

**Audience:** Veterans and their spouses.

**Languages available:** English, Spanish

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**Year program started:** 1983

**Materials developed:** Pamphlet available for patients on insulin maintenance, and other diabetes education

**Website:** [www.tucson.va.gov](http://www.tucson.va.gov)

### **St. Elizabeth's Health Center**

140 West Speedway, #100

Tucson, AZ 85705

**Contact:** Dana Pepper

Phone: (520) 628-7871

Fax: (520) 770-8528

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, continuing education and training and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, and smoking cessation.

**Health professionals:** CDE, RD, MD/DO, RN

**Audience:** General population with eligibility requirements.

**Languages available:** English, Spanish

### **Three Points Clinic**

15921 West Ajo Way

Tucson, AZ 85735

**Contact:** Elizabeth Baez

Phone: (520) 822-2335

Fax: (520) 822-2362

**Program description:** Diabetes education, diabetes screening, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, and prenatal care.

**Health professionals:** MD, NP, RN

**Audience:** General population.

**Languages available:** English, Spanish

**Year program started:** 1986

### **Tucson Indian Center (TIC)**

Special Diabetes Program for Indians

97 East Congress, Suite 101

Tucson, AZ 85701

**Contact:** Terilene Glasses

Phone: (520) 884-7131 Ext. 231

**Program description:** Program promotes physical fitness & healthy lifestyles by conducting outreach to encourage the urban Tucson Indian community to utilize services at TIC. Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, and support group.

**Diabetes complications specific:** Foot care (shoe program).

**Health professionals:** CDE, RD, MD/DO, RN – CDE on site, all other professionals are consulted from outside sources when needed

**Audience:** People with diagnosed diabetes, minorities, general populations, and families of people with diabetes.

**Languages available:** English, Spanish, Navajo

**Year program started:** 2002

**Website:** <http://www.ticenter.org>

### **Tucson Medical Center**

5301 East Grant Road

Tucson, AZ 85712

Contacts: Marsha Devaney, RN 520-324-1265; Nancy Klug, RN 520-324-3526; Spanish Speaking - Frances Catinella, RD 520-324-3682

**Program description:** Provides comprehensive diabetes education that includes education on nutrition, diabetes complications. Also has support group. Offers gestational/prenatal outpatient classes.

**Diabetes complications specific:** Eye screening and foot care.

**Health professionals:** RD, RN, ADA certified

**Audience:** People with diagnosed diabetes - medical referral required for participation in program.

**Languages available:** English, Spanish

**Year program started:** 1990

**Materials developed:** Pamphlets on diabetes and nutrition and life skills

**Website:** [www.tmc.az.com](http://www.tmc.az.com)

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**University of Arizona**

Department of Medicine  
Endocrinology Section  
2800 West Ajo Way  
Tucson, AZ 85713

**Contact:** Linda Lorentz, RN  
Phone: (520) 874-4600  
Fax: (520) 874-4601

**Program description:** Seminars on hypertension and other diabetes screenings (eye screening) scheduled once or twice a month. No specific dates set  
Diabetes education, nutrition, exercise, and support group.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, renal care, and cardiovascular disease, referrals for nutrition and weight management available if needed.

**Health professionals:** MD, FNP

**Audience:** General population.

**Languages available:** English, Spanish, and translator available for all other languages.

**Year program started:** 1976

**Materials developed:** Pamphlets on diabetes and how to check insulin levels.

**University of Arizona/Angel Wing Clinic/  
Steele Children's Research Center**

Pediatric Endocrinology  
1501 North Campbell Avenue  
Tucson, AZ 85724

**Contact:** Mark Wheeler, MD, Chetan Patel, MD, Kurt Griffin, PhD, MD, Priti G. Patel MD  
Phone (520) 626-6077  
Fax: (520) 626-2881

**Program description:** Diabetes screenings.

**Health professionals:** MD, CDE, Pediatric Endocrinologist

**Audience:** Pediatrics ADA Recognized Education Program.

**Languages available:** English/Spanish

**Year program started:** 1994

**Website:** [www.uph.org](http://www.uph.org)

**West Side Family Practice**

1773 West St. Mary's Road, Suite #103  
Tucson, AZ 85745

**Contact:** Lynne M. Hudson RN, BSN  
Phone: (520) 623-6333  
Fax: (520) 628-3665

**Program description:** Diabetes screening, weight management, eye screening, hypertension screening, foot care and general health.

**Health professionals:** MD/DO, RN

**Audience:** General population.

**Languages available:** English, Spanish

**Year program started:** 1980



# PINAL COUNTY



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## PINAL COUNTY

### Apache Junction

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#### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

2066 West Apache Trail, Suite 108

Apache Junction, AZ 85220

Phone: (480) 982-9182

Fax: (480) 671-6430

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Arizona Department of Economic Security

Vocational Rehabilitation

11518 E Apache Trail, Suite 110

Apache Junction, AZ 85220

Phone: (480) 983-0427

Fax: (480) 983-3235

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Casa Grande

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#### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

318 North Florence

P.O. Box 579

Casa Grande, AZ 85222

Phone: (520) 836-7435

Fax: (520) 836-8025

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash

assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Casa Grande Regional Medical Center

1800 East Florence Boulevard

Casa Grande, AZ 85222

Phone: (520) 426-6300

Fax: (520) 836-1261

**Program description:** Diabetes education, weight management, nutrition, exercise, gestational/prenatal, and support group.

**Diabetes complications specific:** Diabetes screening, eye screening, hypertension screening, foot care, smoking cessation, renal care, cardiovascular disease, and prenatal care.

**Health professionals:** CDE, RD, MD/DO, RN

**Audience:** People with diagnosed diabetes, minorities and general population.

**Languages available:** English

**Year program started:** 1982

**Website:** [www.casagrandehospital.com](http://www.casagrandehospital.com)

#### Social Security Administration

501 North Marshall

Casa Grande, AZ 85222

Phone: (520) 836-4887

**Program description:** Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.ssa.gov](http://www.ssa.gov)

#### Arizona Department of Economic Security

Vocational Rehabilitation

318 North Florence Street

Casa Grande, AZ 85222

Phone: (520) 836-6388

Fax: (520) 836-8025

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**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Website:** [www.azdes.gov](http://www.azdes.gov)

### **Sun Life Family Health Center**

Sun Life Family Health Center Diabetes Education

865 North Arizona Road

Casa Grande, AZ 85222

**Contact:** Nilda Fimbres, RN, CDE Certified Diabetes Educator

Phone: (520) 381-0395

Fax: (520) 836-8807

[nildaf@slfhc.org](mailto:nildaf@slfhc.org)

**Program description:** Sun Life Family Health Center in Casa Grande offers Family Practice to patients of all ages, Women's Wellness, Family Dentistry & Orthodontics and on-site Pharmacy. Our Diabetes Education services offer face-to-face visits with our Certified Diabetes Educator, as well as a program consisting of group classes, a program designed to assist individuals in making informed decisions about their diabetes care, in managing their health, and improving their quality of life. Learning topics include the diabetes disease process, daily diabetic monitoring, medication, lifestyle changes, nutrition and physical activity. Program that has a diabetes component, diabetes education, gestational/prenatal, and group visit.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, and prenatal care.

**Health professionals:** CDE, MD/DO, PA/NP, RN,

**Audience:** People with diagnosed diabetes, families of people with diabetes.

**Languages available:** English, Spanish

**Website:** [www.sunlifefamilyhealth.org](http://www.sunlifefamilyhealth.org)

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### **Coolidge**

#### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

1155 North Arizona Boulevard

Coolidge, AZ 85228

Phone: (520) 723-5351

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Arizona Department of Economic Security**

Vocational Rehabilitation

1155 North Arizona Boulevard

Coolidge, AZ 85258

Phone: (520) 723-5351

Fax: (520) 723-9133

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Sun Life Family Health Center**

1284 North Arizona road

Coolidge, AZ 85228

Phone: (520) 723-9131

Fax: (520) 723-7974

[contact@slfhc.org](mailto:contact@slfhc.org)

**Program description:** Sun Life Family Health Center in Coolidge offers family health care to patients of all ages. Diabetic patients are referred to our Casa Grande office for diabetes education with our Certified Diabetes Educator. Sun Life offers discount programs to qualifying individuals and families. Program that has a diabetes component, diabetes education, weight management, and gestational/prenatal.

**Health professionals:** MD/DO, RN

**Audience:** People with diagnosed diabetes,

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general population, minorities.

**Languages available:** English, Spanish

**Website:** [www.sunlifefamilyhealth.org](http://www.sunlifefamilyhealth.org)

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## Eloy

### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

P.O. Box 656 or

109 North Sunshine Boulevard

Eloy, AZ 85231

Phone: (520) 466-4226

Fax: (520) 466-1304

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Sun Life Family Health Center

501 North Main Street

Eloy, AZ 85231

Phone: (520) 466-7883

Fax: (520) 466-3946

**Program description:** Weight management, nutrition.

**Diabetes complications specific:** Primary care clinic with diabetes screening, eye screening, and smoking cessation.

**Health professionals:** MD/DO, PA/NP, RN

**Audience:** General population.

**Languages available:** English, Spanish

**Year program started:** 1984

**Website:** [www.sunlifefamilyhealth.org](http://www.sunlifefamilyhealth.org)

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## Florence

### Pinal County Public Health Services District

500 South Central

Florence, AZ 85232

**Contact:** Rosanna Ringer, RD

Phone: (520) 866-7313

Fax: (520) 866-7358

**Program description:** Provides diabetes education through the WIC program including nutrition education and a food package to women, infants and children. Women with diabetes or gestational diabetes will receive high-risk nutrition counseling from a public health nutritionist. Women must be pregnant or post-partum.

**Audience:** WIC clients with diabetes.

**Languages available:** English, Spanish

**Year program started:** 1977

**Website:** <http://pinalcountyaz.gov>

### Pinal County Public Health Services District

Pinal County Diabetes Coalition

P.O. Box 2945

Florence, AZ 85232

**Contact:** Mary Gonzales, Program Coordinator

Phone: (520) 866-7687

Fax: (520) 466-7990

**Program description:** The Pinal County Diabetes Coalition consists of community members and health professionals whose mission is to educate and motivate Pinal County residents to overcome the diabetes epidemic. Diabetes education, diabetes screening, weight management, nutrition, exercise and pre-diabetes education.

**Audience:** People diagnosed with diabetes, general population, minorities, and families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2002

**Website:** <http://pinalcountyaz.gov>

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## Kearny

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### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

P.O. Box 1119

331 Alden Road

Kearney, AZ 85237

Phone: (520) 363-5568

Fax: (520) 363-7286

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** general population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

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## Mammoth

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### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

228 Main Street

P.O. Box 518

Mammoth, AZ 85618

Phone: (520) 487-2311

Fax: (520) 487-2102

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

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## Maricopa

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### Ak-Chin Indian Community

Ak-Chin Diabetes Prevention Program

42507 West Peters and Nall Road

Maricopa, AZ 85239

**Contact:** Marc Matteson, Program Coordinator

Phone: (520) 568-1082

Fax: (520) 568-1081

**Program description:** Ak-Chin Diabetes Program is a Community Outreach Program that promotes diabetes prevention, provides general education on diabetes management and provides group and individual exercise programs. Diabetes education, nutrition, exercise, and a support group for children with Diabetes Type 2.

**Languages available:** English, Spanish

**Year program started:** 2002

**Website:** [www.ak-chin.nsn.us](http://www.ak-chin.nsn.us)

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## Sacaton

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### Gila River Health Care

Life Center - Diabetes Education Center

483 W Seed Farm Road

Sacaton, AZ 85247

**Contact:** Della Sockyma, Diabetes Program Coordinator

Phone: (602) 271-7940

Fax: (602) 271-7870

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, renal care, and cardiovascular disease.

**Health professionals:** CDE, RD, MD, PA, NP, RN

**Audience:** General population and Native Americans.

**Languages available:** English, Pima

**Year program started:** 1979

**Website:** [www.grhc.org](http://www.grhc.org)



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# SANTA CRUZ COUNTY



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## SANTA CRUZ COUNTY

### Nogales

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#### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

1843 North State Drive

Nogales, AZ 85621

Phone: (520) 281-2634

Fax: (520) 761-3046

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Carondelet Health Network**

1171 Target Range Road

Nogales, AZ 85621

**Contact:** Gwen Gallegos, FNP, CDE

Phone: (520) 287-8068

Fax: (520) 287-8015

**Program description:** In-patient and out-patient diabetes education, diabetes screening, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, foot care, hypertension screening and gestational diabetes education.

**Audience:** General population, people with diabetes, minorities, and families of diabetics.

**Languages available:** English, Spanish

**Year program started:** 1994

#### **Carondelet Holy Cross Hospital Inc.**

Carondelet Diabetes Care Center Satellite

1100 West Target Range Road

Nogales, AZ 85621

Phone: (520) 287-2771

Fax: (520) 287-7314

**Program description:** Diabetes education, diabetes screening at health fairs, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, foot care, and hypertension screening.

**Health professionals:** CDE, NP

**Audience:** General population.

**Languages available:** English, Spanish

**Year program started:** 1962

#### **Mariposa Community Health Center**

1852 North Mastick Way

Nogales, AZ 85621

**Contact:** Eladio Pereira, MD

Phone: (520) 281-1550

Fax: (520) 281-1112

**Program description:** Provides a program that has a diabetes component, diabetes education and screening, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** MD, NP, RN

**Audience:** People diagnosed with diabetes, general population, minorities, families of people with diabetes, teenagers, pregnant women, and people with hypertension.

**Languages available:** English, Spanish

**Website:** [www.mariposachc.net](http://www.mariposachc.net)

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### **Mariposa Community Health Center**

Platicamos Salud, Health Promotion/Disease Prevention Department  
Diabetes Patient Education Program  
1852 North Mastick Way  
Nogales, AZ 85621

**Contact:** Rosie Piper, Health Promotion Manager

Phone: (520) 375-6050

Fax: (520) 761-2153

**Program description:** Program is a series of 4 classes, delivered by a promotora (lay health workers) with a CDE for Technical Assistance (TA). Classes average 9-12 people. Diabetes education.

**Audience:** People with diagnosed diabetes and families of people with diabetes.

**Languages available:** Spanish

Year diabetes program started: 1998

**Website:** [www.mariposachc.net](http://www.mariposachc.net)

### **Mariposa WIC Program**

1520 North Hohokam Drive  
Nogales, AZ 85621

Phone: (520) 287-4994

Fax: (520) 287-5792

**Program description:** Program that has a diabetes component including nutrition education, as well as community, medical and social referral programs to/from Mariposa Community Health Center Platicamos Salud.

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

**Languages available:** English, Spanish

**Year program started:** 1972

### **Social Security Administration**

1760 North Mastick Way  
Nogales, AZ 85621

Phone: (800) 772-1213

**Program description:** Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare

supplementary benefits. Call 800-number or walk in.

**Audience:** General population, all.

**Languages available:** English, Spanish

**Materials developed:** Yes

**Website:** [www.ssa.gov](http://www.ssa.gov)

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### **Patagonia**

#### **Patagonia Family Health Center**

101 Taylor Street

Patagonia, AZ 85624

Phone: (520) 394-2262

Fax: (520) 394-2753

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, and exercise.

**Health professionals:** MD, CDE

**Audience:** General population.

**Languages available:** English, Spanish

**Year program started:** 1980



# YAVAPAI COUNTY



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## YAVAPAI COUNTY

### Bagdad

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Bagdad Community Health Center  
12 Hope Drive  
P.O. Box 948  
Bagdad, AZ 86321  
Contact: Jamie Walker, RN  
Phone: (928) 633-4111  
Fax: (928) 633-3376  
Program description: Primary medical care.  
Health professionals: MD, PA, RN, LPN  
Audience: People with diagnosed diabetes,  
minorities, general population, and families  
of people with diabetes.  
Languages available: English  
Year program started: 1997

### Camp Verde

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Camp Verde Health Center  
460 Finnie Flat Road  
Camp Verde, AZ 86322  
Contact: Sue Simbric RN, CDE  
Phone: (928) 567-5257  
Program description: One-on-one training  
and insulin pump training, diabetes  
education.  
Health professionals: CDE, RN  
Audience: People with diagnosed diabetes,  
families of people with diabetes.  
Languages available: English

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## Cottonwood

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Arizona Department of Economic Security  
Temporary Assistance to Needy Families  
(TANF)  
1500 East Cherry Street, Suite A  
Cottonwood, AZ 86326  
Phone: (928) 634-0780 Fax: (928) 649-6829  
Program description: Family assistance  
program that provides TANF, Supplemental  
Nutrition Assistance Program (SNAP), cash  
Provides temporary disability assistance.  
assistance, medical and general assistance.  
Audience: General population.  
Languages available: English, Spanish  
Website: [www.azdes.gov](http://www.azdes.gov)

Arizona Department of Economic Security  
Vocational Rehabilitation  
1500 East Cherry Street  
Cottonwood, AZ 86326  
Phone: (928) 634-0063  
Fax: (928) 639-0967  
Audience: People with disabilities.  
Program description: Provides vocational  
assistance for job training.  
Website: [www.azdes.gov](http://www.azdes.gov)

Verde Valley Medical Center  
269 South Candy Lane  
Cottonwood, AZ 86326  
Contact: Mary May, RN, CDE or Martha  
Brown, MS, RD, CDE  
Phone: (928) 639-6346 or (928) 634-2251  
Fax: (928) 639-6340  
Program description: Monthly class (ADA  
approved) and one-on-one training as  
needed. Program that has a diabetes  
component, diabetes education, weight  
management, nutrition, and exercise.  
Health professionals: CDE, RD, RN  
Audience: People with diagnosed diabetes,  
families of people with diabetes.  
Languages available: English

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### Yavapai County Health Department

10 South 6th Street  
Cottonwood, AZ 86326  
Phone: (928) 639-8130  
Fax: (928) 639-8179

**Program description:** Diabetes education, weight management, nutrition, and exercise.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, smoking cessation, and cardiovascular disease.

**Health professionals:** MD, RD

**Audience:** General population.

**Languages available:** English, Spanish

**Year program started:** 1994

**Materials developed:** Yes

**Website:** [www.co.yavapai.az.us](http://www.co.yavapai.az.us)

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### Prescott

#### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

1519 West Gurley Street  
Prescott, AZ 86301  
Phone: (928) 277-2800  
Fax: (928) 277-2797

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Arizona Department of Economic Security

Vocational Rehabilitation  
1519 West Gurley Street, Suite 12  
Prescott, AZ 86302  
Phone: (928) 277-2788

Fax: (928) 277-2791

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### Northern Arizona VA Health Care System

500 North Highway 89N  
Prescott, AZ 86313

**Contact:** Linda Montez, RN and Nancy DuPree, CDE, MPH/CD, RN  
Phone: (928) 445-4860 ext. 2581

**Program description:** Diabetes education and pre-diabetes education.

**Diabetes complications specific:** PCP gives a comprehensive exam and uses resources such as eye screening, hypertension screening, foot care, smoking cessation, renal care, and cardiovascular health. Once diagnosed/assessed, the patient is referred to receive diabetes education.

**Health professionals:** CDE, RD, RN, MD, PA, NP

**Audience:** Veterans diagnosed with diabetes or pre-diabetes, families of veterans with diabetes, veterans who are minorities, new veteran patients (with an appointment) and referred veterans from PCP within the system.

**Languages available:** English, translators available if needed

**Website:** [www.prescott.va.gov](http://www.prescott.va.gov)

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**Social Security Administration**

205 N Marina  
Prescott, AZ 86301  
Phone: (800) 772-1213

**Program description:** Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

**Audience:** General population, all.

**Languages available:** English, Spanish

**Website:** [www.ssa.gov](http://www.ssa.gov)

**Yavapai Community Health Services**

Community Health Center of Yavapai  
1090 Commerce Dr.  
Prescott, AZ 86305

**Contact:** Debbie Savolini

Phone: (928) 442-5581

Fax: (928) 771-3369

[debbie.savolini@co.yavapai.az.us](mailto:debbie.savolini@co.yavapai.az.us)

**Program description:** No longer have an ADA certified program - patients are referred to the local hospitals (YRMC and VVMC) for education.

**Health professionals:** MD/DO, PA/NP

**Audience:** General population, people diagnosed with diabetes, minorities, teenagers, pregnant women, people with hypertension, Yavapai Indian Tribe, people diagnosed with diabetes and families of people with hypertension.

**Languages available:** English, Spanish

**Year program started:** 1983

**Website:** [www.co.yavapai.az.us](http://www.co.yavapai.az.us)

**Yavapai Regional Medical Center**

Diabetes Education

930 Division Street

Prescott, AZ 86301

**Contact:** Andrea Klein, RN, CDE

[alklein@yrmc.org](mailto:alklein@yrmc.org)

Phone: (928) 759-5924

Fax: (928) 759-5351

**Program description:** Program offered for DM, one-on-one consultations, group classes, insulin pumping, and classes are held five days a week totaling ten hours. Diabetes component, diabetes education, weight management, nutrition, exercise, support group, continuing education/training for professionals, and gestational/prenatal.

**Diabetes complications specific:**

Cardiovascular disease.

**Health professionals:** CDE, RD, RN

**Audience:** People diagnosed with diabetes, general population, minorities, families of people diagnosed with diabetes, teens, professionals, and gestational.

**Languages available:** Spanish

**Year program started:** 1999; ADA recognized in 2001 and 2004

**Materials developed:** Handouts, conversation MAPS – own curriculum.

**Website:** [www.yrmc.org](http://www.yrmc.org)

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## Prescott Valley

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### Arizona Department of Economic Security

Temporary Assistance to Needy Families  
(TANF)

7875 East Florentine Road

P.O. Box 26340

Prescott Valley, AZ 86314

Phone: (928) 775-3140

Fax: (928) 775-3177

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Arizona Department of Economic Security

Vocational Rehabilitation

8128 East Highway 69

Prescott Valley, Arizona 86314

Phone: (928) 277-2820

**Program description:** Provides vocational assistance for job training.

**Audience:** General population and people with disabilities.

**Languages available:** English

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Yavapai Regional Medical Center

Diabetes Education

3262 North Windsong Drive

Prescott Valley, AZ 86314

**Contact:** Andrea Klein, RN, CDE

[alklein@yrmc.org](mailto:alklein@yrmc.org)

Phone: (928) 759-5920

Fax: (928) 759-5984

**Program description:** Diabetes education, weight management, nutrition, exercise and gestational/prenatal.

**Diabetes complications specific:**

Cardiovascular disease.

**Health professionals:** CDE, RD, RN

**Audience:** People diagnosed with diabetes, general population, minorities, and families of people diagnosed with diabetes.

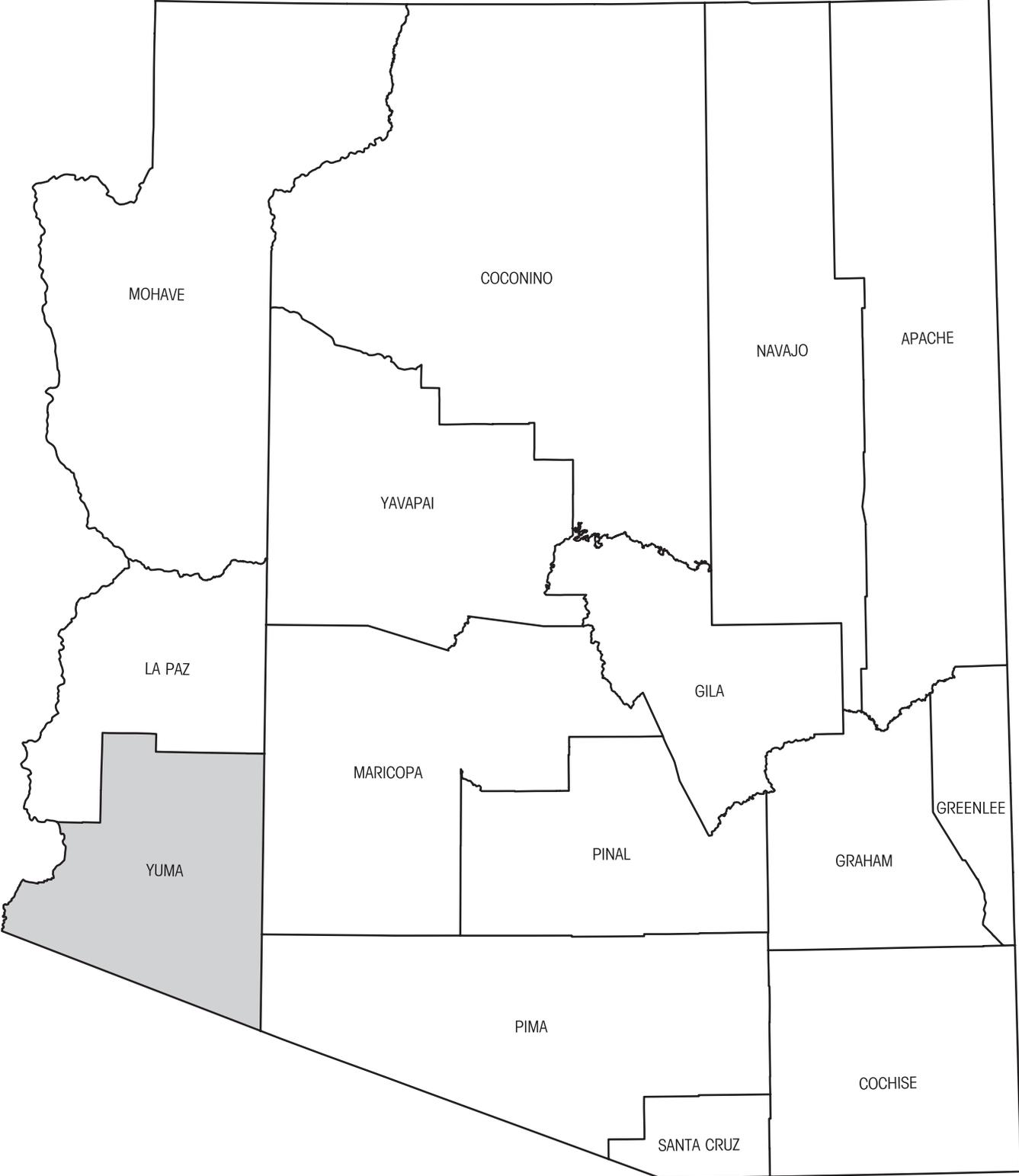
**Languages available:** English

**Year program started:** 1999; ADA recognized in 2001 and 2004

**Website:** [www.yrmc.org](http://www.yrmc.org)



# YUMA COUNTY



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## YUMA COUNTY

### San Luis

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#### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

663 North 1st Avenue

P.O. Box 699

San Luis, AZ 85349

Phone: (928) 627-1890

Fax: (928) 624-0917

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Regional Center for Border Health, Inc.**

San Luis Walk-in Clinic

1896 E. Babbit Lane

San Luis, AZ 85349

Phone: (928) 722-6112

**Program description:** When available the Nutrition & Wellness Institute has an R.D. on site. Most of the education is offered by Community Health Workers/Promotoras and a Diabetes Prevention Assistant. Program that has a diabetes component, diabetes education weight management, nutrition, exercise, and continuing education/training (for professionals).

**Health professionals:** RD and Promotores/ community health workers

**Audience:** People with diagnosed diabetes, general population, families of people with diabetes, and offer nutrition and disease prevention classes as well as a walking club for community participants.

**Languages available:** English and Spanish

**Year program started:** 1997

**Website:** [www.rcfbh.org](http://www.rcfbh.org)

#### **Sunset Community Health Center**

815 E Juan Sanchez Boulevard

P.O. Box 2017

San Luis, AZ 85349

**Contact:** Elvira Griego

Phone: (928) 627-3822

Fax: (928) 627-3989

**Program description:** Provides a program that has a diabetes component, diabetes education, weight management, nutrition, exercise, gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** MD/DO

**Audience:** General population, people diagnosed with diabetes, families of people diagnosed with diabetes and minorities.

**Languages available:** English, Spanish

**Year program started:** 1986

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### Somerton

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#### **Arizona Department of Economic Security**

Temporary Assistance to Needy Families (TANF)

342 Main Street

Somerton, AZ 85350

Phone: (928) 627-2075

Fax: (928) 627-8585

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

#### **Campesinos Sin Fronteras**

Campesinos Diabetes Management Program

P.O. Box 423 / 725 E. Main Street, Suite C-1

Somerton, AZ 85350

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Phone: (928) 627-1060

Fax: (928) 627-1899

**Program description:** Program provides support to persons that are in denial of their disease and need peer-to-peer support, support to caregivers that are caring for people with diabetes (and it's complications; amputations, blindness, depression, low-self esteem, and denial/anger). Campesinos currently offers support groups weekly in Yuma, Somerton, and San Luis, AZ. Promotoras conduct home visits to diabetic patients who are confined to their home because of a disability (diabetes related or other), Hospital visits to their participants to provide support, and follow-up phone calls to remind them that they are there if they need that extra support or need someone to talk to. Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, support group and gestational/prenatal.

**Diabetes complications specific:** Prevention education for eye disease, hypertension, foot care, smoking cessation, renal care, cardiovascular disease, depression, stress, and self-esteem.

**Health professionals:** Promotores

**Audience:** People diagnosed with diabetes and families of people with diabetes, persons that are overweight or obese or at risk of obesity, minorities, and general population.

**Languages available:** Spanish

**Year program started:** 1999

### **Regional Center for Border Health, Inc**

Pasos Adelante

214 W. Main Street

P.O. Box 617

Somerton, AZ 85350

**Contact:** Frances Herrera, Program Coordinator

Phone: (928) 627-0190

Fax: (928) 627-8315

**Program description:** When available the Nutrition & Wellness Institute has an R.D. on

site. Most of the education is offered by Community Health Workers/Promotoras and a Diabetes Prevention Assistant. Program that has a diabetes component, diabetes education, weight management, nutrition, exercise, and continuing education/training (for professionals).

**Health professionals:** RD and Community Health Workers/Promotoras

**Audience:** People with diagnosed diabetes, general population, families of people with diabetes, and offer nutrition and disease prevention classes as well as a walking club for community participants.

**Languages available:** English and Spanish

**Year program started:** 1997

**Website:** [www.rcfbh.org](http://www.rcfbh.org)

### **Sunset Community Health Center**

115 North Somerton Avenue or

P.O. Box 538

Somerton, AZ 85350

**Contact:** Maria Ortiz

Phone: (928) 627-2051

Fax: (928) 627-3857

**Program description:** Diabetes education is given by a promotora to all diabetes patients who are uninsured. Diabetes education and diabetes screening.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** MD/DO, PA/NP, promotores/community health workers

**Audience:** People diagnosed with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2002

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## Wellton

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### Sunset Community Health Center

10425 South Williams Street  
P.O. Box 686  
Wellton, AZ 85356  
Phone: (928) 785-3256  
Fax: (928) 758-3258

**Program description:** Diabetes education is given by Community Health Workers/Promotoros to all diabetes patients who need the service. Community Health Workers/Pomotores provide outreach, diabetic education, diabetes classes, diabetes screening, nutrition, exercise, gestational/prenatal, and support group.  
**Diabetes complications specific:** Services include providing management of diabetic patients through medical care, hypertension screening, foot care, prenatal care and renal care.

**Health professionals:** MD/DO

**Audience:** General population.

**Languages available:** English, Spanish

**Year program started:** 2002

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## Yuma

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### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

28665 Los Angeles Avenue or  
P.O. Box 1048  
Wellton, AZ 85356  
Phone: (928) 785-9420  
Fax: (928) 785-9209

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Arizona Department of Economic Security

Vocational Rehabilitation

1310 South 3rd Avenue

Yuma, AZ 85364

Phone: (928) 329-9462

Fax: (928) 329-9530

**Program description:** Provides vocational assistance for job training.

**Audience:** People with disabilities.

**Website:** [www.azdes.gov](http://www.azdes.gov)

### Arizona Department of Economic Security

Temporary Assistance to Needy Families (TANF)

1220 South 4th Avenue

Yuma, AZ 85365

Phone: (928) 782-7101

Fax: (928) 783-5313

**Program description:** Family assistance program that provides TANF, Supplemental Nutrition Assistance Program (SNAP), cash assistance, medical and general assistance. Provides temporary disability assistance.

**Audience:** General population.

**Languages available:** English, Spanish

### Easter Seal Society of Arizona

661 East 32nd Street, Suite A

Yuma, AZ 85365

Phone: (928) 726-6800

Fax: (928) 726-1690

**Program description:** Non-profit agency dedicated to improving the health and welfare of persons with disabilities of all ages and to advancing their opportunities for employment, recreation, and transportation. Has a computer placement program utilizing renovated computers with training and mentoring. Has a family focus therapy/education program, support groups, and recreation programs. Loans equipment and makes referrals to appropriate agencies.

**Audience:** Minorities and families of people with diabetes.

**Languages available:** English

**Year program started:** 1928

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**Social Security Administration**

1235 South Redondo Center Drive  
Yuma, AZ 85364

Phone: (800) 772-1213

**Program description:** Assists people to make social security claims for disability insurance, retirement insurance, survivors insurance, Medicare - hospitalization and Medicare supplementary benefits. Call the 800 number or walk in.

**Audience:** General population, all.

**Languages available:** English, Spanish

**Materials developed:** Yes

**Website:** [www.ssa.gov](http://www.ssa.gov)

**Sunset Community Health Center**

2060 West 24th Street  
Yuma, AZ 85364

**Contact:** Angeles Facio

Phone: (928) 819-8999

Fax: (928) 539-5579

**Program description:** Diabetes education is given by a Promotora to all diabetes patients who need the service. Promotora outreach, diabetic education, diabetes classes, diabetes screening, weight management, nutrition, exercise, and gestational/prenatal.

**Diabetes complications specific:** Services include providing management of diabetic patients through medical care, eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, cardiovascular disease.

**Health professionals:** MD/DO, PA/NP, promotores

**Audience:** People diagnosed with diabetes and families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** 2002

**Yuma County Health Department**

Yuma County Diabetes Education Program  
2200 West 28th Street

Yuma, AZ 85364

**Contact:** Maria Nunez, Director of Nursing

Phone: (928) 317-4550

Fax: (928) 317-4591

**Program description:** Program that has a diabetes component, diabetes education, and nutrition.

**Diabetes complications specific:** Prenatal care and smoking cessation.

**Health professionals:** RD, PA/NP, and RN

**Audience:** People with diagnosed diabetes.

**Languages available:** English, Spanish

**Year program started:** 2008

**Materials developed:** Handouts, Brochures, and Powerpoint Presentation

**Yuma Regional Medical Center**

Diabetes Education

2400 S. Avenue A

Yuma, AZ 85364

**Contact:** Christine Winters, MS, RD, CDE

Phone: (928) 336-2332

Fax: (928) 336-2337

**Program description:** The program is recognized by the American Diabetes Association. Support group meets every third Tuesday of each month at 6 p.m. at the Yuma Regional Corporate Center. Diabetes self management education, medical nutrition therapy, support group, gestational, continuing education/training for people with diagnosed diabetes.

**Audience:** General population, health professionals, minorities, people with diabetes, families of people with diabetes, teenagers, pregnant women, children, people with prediabetes.

**Languages available:** English, Spanish

**Year program started:** 1988

**Website:** [www.yumaregional.org](http://www.yumaregional.org)

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## NATIVE AMERICAN RESOURCES

For the full program listing of the below resources, refer back to the County listings.

### Statewide

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#### **Inter Tribal Council of Arizona, Inc.**

ITCA Diabetes Nutrition  
2214 North Central Avenue, Suite 100  
Phoenix, AZ 85004

**Contact:** Melva Zerkoune, MS, RD  
Phone: (602) 307-1513  
Fax: (602) 258-4825

## APACHE COUNTY

### Chinle

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#### **Chinle Service Unit Diabetes Program**

Indian Health Service  
Highway 191, Drawer PH  
Chinle, AZ 86503

Phone: (928) 674-2911  
Fax: (928) 674-7008

### Fort Defiance

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#### **Fort Defiance Indian Hospital (IHS)**

Diabetes Education Program  
Corner of Routes. N 7 and N 12  
Fort Defiance, AZ 86504

**Contact:** Secretary  
Phone: (928) 729-8467  
Fax: (928) 729-8498

#### **Fort Defiance Indian Health Service**

Fort Defiance Diabetes Program  
Corner of Routes. N 7 and N 12  
P.O. Box 649  
Fort Defiance, Arizona 86504

**Contact:** Edith Edie Kline, R.N., Diabetes  
Program Director  
Phone: (928) 729-8469  
Fax: (928) 729-8498  
edith.kline@ihs.gov

#### **Navajo Nation Health Education Program**

P.O. Box 288  
Old Community Health Bldg. on old Hospital  
Grounds, Second Floor  
Fort Defiance, AZ 86504

**Contact:** Natasha Bitsui, Senior Health  
Educator  
Phone: (928) 729-4481  
Fax: (928) 729-4484

### Window Rock

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#### **Navajo Nation Special Diabetes Project**

Navajo Division of Health, the Navajo Nation  
Administration Bldg. # 2, First Floor, Morgan  
Blvd.

P.O. Box 3748  
Window Rock, AZ 86515

**Contact:** Robert I. Nakai, Program Manager  
Phone: (928) 871-6532  
Fax: (928) 871-6543

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## COCONINO COUNTY

### Flagstaff

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#### **Native Americans for Community Action (NACA) Family Health Center**

Harmony through Health Diabetes Program  
1500 East Cedar Avenue, Suite 26  
Flagstaff, AZ 86004

**Contact:** Ken McKnight, Director of Health Services

Phone: (928) 773-1245

Fax: (928) 773-9429

### Tuba City

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#### **Tuba City Regional Health Care Diabetes Education Program**

167 N. Main Street  
PO Box 600  
Tuba City, AZ 86045

**Contact:** Dr. Kristin Graziano Director, Diabetes Clinical Services

Phone: (928) 283-2406

Fax: (928) 283-2408

kristin.graziano@tchealth.org

## GILA COUNTY

### San Carlos

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#### **San Carlos Apache Tribal Diabetes Prevention Program**

1 Mohave Ave.  
P.O. Box 1651  
San Carlos, AZ 85550

**Contact:** John Duncan, Program Manager

Phone: (928) 475-5940

Fax: (928) 475-5925

### San Carlos Hospital Diabetes Team

IHS San Carlos Hospital  
Cibeque Circle

P.O. Box 208

San Carlos, AZ 85550

**Contact:** Linda C. Clark RN, CDE

Phone: (928) 475-2371

Fax: (928) 475-7370

## LA PAZ COUNTY

### Parker

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#### **Parker USPHS Hospital**

12033 Agency Road  
Parker, AZ 85344

**Contact:** Diane Selleck

Phone: (928) 669-3283

Fax: (928) 669-3311

## MARICOPA COUNTY

### Guadalupe

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#### **Las Fuentes Health Clinic of Guadalupe**

Muevete Guadalupe Healthy Lifestyle Initiative

8625 Avenida Del Yaqui  
Guadalupe, AZ 85283

Phone: (480) 777-2263

Fax: (480) 777-2264

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## Phoenix

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### **Native American Community Health Center, Inc.**

4520 North Central Avenue Suite 620  
Phoenix, AZ 85012  
**Contact:** Cheryl Litzin  
Phone: (602) 279-5262  
Fax: (602) 263-0452

### **Phoenix Area Indian Health Service**

Diabetes Program  
2 Renaissance Square  
40 N. Central Ave.  
Phoenix, AZ 85004  
Phone: (602) 364-5179  
Fax: (602) 364-5025

### **Phoenix Indian Medical Center**

Diabetes Education Path To Health (DEPTH)  
4212 North 16th Street  
Phoenix, AZ 85016  
**Contact:** Suzanne Lipke, RN, MSN, CDE,  
DEPTH Program Director  
Phone: (602) 263-1200 ext. 1396

## MOHAVE COUNTY

### **Peach Springs**

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#### **Peach Springs Indian Health Center**

943 Hualapai Way  
P.O. Box 190  
Peach Springs, AZ 86434  
**Contact:** Sylvia Armstrong, RN  
Phone: (928) 769-2204  
Fax: (928) 769-2933

## NAVAJO COUNTY

### **Cibecue**

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#### **Cibecue IHS Center**

Indian Service  
2 West 3rd Street  
P.O. Box 80039  
Cibecue, AZ 85911  
Phone: (928) 332-2560  
Fax: (928) 332-2418

### **Kayenta**

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#### **Navajo Area Indian Health Service/Kayenta Service Unit**

Kayenta Service Unit Diabetes Care and Education Program  
PO Box 368, HWY 163, Bldg KA-2010, Box #12  
Kayenta, AZ 86033  
**Contact:** Molly-Jayne Bangert, BSN, RN, CDE,  
Diabetes Coordinator  
Phone: (928) 697-4296  
Fax: (928) 697-4145  
Email: molly-jayne.bangert@ihs.gov

#### **Navajo Nation Health Education Program**

Kayenta Health Center  
Hwy 163 Bldg.KA-2010  
P.O. Box 368  
Kayenta, AZ 86033  
Phone: (928) 697-4000  
Fax: (928) 697-4145  
**Contact:** Health Educator

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## Kykotsmovi

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### Hopi Tribal Office of Health Services

The Hopi Tribe  
Hwy 264 Mile Marker 388  
P.O. Box 123  
Kykotsmovi, AZ 86039  
Phone: (928) 737-6000  
**Contact:** Joyce Hamilton

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## Polacca

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### Hopi Health Care Diabetes Program

IHS/Hopi Tribal Diabetes Program  
Hwy 264 Mile Marker 388  
P.O. Box 4000  
Polacca, AZ 86042  
Phone: (928) 737-6000  
Fax: (928) 737-6099  
**Contact:** Velita Sidney

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## Shonto

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### Inscription House Health Clinic

Diabetes Program  
Hwy 98 and Navajo Route 16  
P.O. Box 7397  
Shonto, AZ 86054  
Phone: (928) 672-3000  
Fax: (928) 672-3005  
**Contact:** Samantha Interpreter, RD

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## Whiteriver

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### Apache Diabetes Wellness Center

White Mountain Apache Tribe  
202 N. Upper Terrace Avenue  
P.O. Box 1210  
Whiteriver, AZ 85941  
Phone: (928) 338-5278  
Fax: (928) 338-4974  
**Contact:** Alethea Velasquez, Director  
Diabetes Program

### Whiteriver Indian Health Service Hospital

200 W.Hospital Dr.  
P.O. Box 860  
Whiteriver, AZ 85941  
Phone: (928) 338-4911 ext. 3665  
Fax: (928) 338-3522  
**Contact:** Diabetes Management Department

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## Winslow

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### Winslow Indian Health Care Center Diabetes Program

500 N. Indiana Ave  
Winslow, AZ 86047  
**Contact:** Claudia Duncan  
Phone: (928) 289-6137  
Fax: (928) 289-6258

## PIMA COUNTY

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## San Xavier

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### San Xavier PHS Indian Health Center

7900 South J Stock Road  
San Xavier, AZ 85746  
**Contact:** Sybil Cochran  
Phone: (520) 295-2550  
Fax: (520) 295-2609

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## Sells

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### Sells Indian Hospital

Indian Health Services  
P.O. Box 548  
Sells, AZ 85634  
**Contact:** Barbara Khan  
Phone: (520) 383-7356  
Fax: (520) 383-7216

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**Tohono O'odham Nation Department of Health and Human Services**

Division of Health Promotion  
Hwy 86 next to Indian Health Hospital  
P.O. Box 810  
Sells, AZ 85634

**Contact:** Laura Pablo and Faith Pablo  
Phone (520) 383-6240  
Fax (520) 383-1091

**Tucson**

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**Native American Indian Research and Training Center**

1642 East Helen Street  
Tucson, AZ 85719

**Contact:** Dr. Jenny Joe  
Phone: (520) 621-5075  
Fax: (520) 621-9802

**Pascua Yaqui Health Programs**

Pasqua Yaqui Diabetes Prevention Program  
7490 South Camino de Oeste  
Tucson, AZ 85746

**Contact:** Tina Aguilar, Program Director  
Phone: (520) 879-6200

**Tucson Indian Center (TIC)**

Special Diabetes Program for Indians  
97 East Congress, Suite 101  
Tucson, AZ 85701

**Contact:** Terilene Glasses  
Phone: (520) 884-7131 Ext. 231

**PINAL COUNTY**

**Maricopa**

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**Ak-Chin Indian Community**

Ak-Chin Diabetes Prevention Program  
42507 West Peters and Nall Road  
Maricopa, AZ 85239

**Contact:** Marc Matteson, Program  
Coordinator  
Phone: (520) 568-1082  
Fax: (520) 568-1081

**Sacaton**

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**Gila River Health Care**

Life Center - Diabetes Education Center  
483 W Seed Farm Road  
Sacaton, AZ 85247

**Contact:** Della Sockyma, Diabetes Program  
Coordinator  
Phone: (602) 271-7940  
Fax: (602) 271-7870

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## STATE RESOURCES

### **American Diabetes Association (Phoenix and Northern Arizona)**

8125 North 23rd Avenue, Suite #222  
Phoenix, AZ 85021

**Contact:** Suzanne Miller, Director  
Phone: (602) 861-4731  
Fax: (602) 995-1344

**Program description:** National non-profit voluntary health organization with focus on research, information, education and advocacy. We provide referrals for health professionals, diabetes recognition program and provider recognition. Diabetes education, weight management, nutrition, exercise, support group referral, continuing education/training for professionals, and gestational/prenatal.

**Diabetes complications specific:** Referrals to eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular diseases.

**Audience:** General population, people diagnosed with diabetes, minorities, and families of people with diabetes.

**Languages available:** English, Spanish

**Year program started:** ADA established in Arizona in 1975.

**Materials developed:** Visit [www.diabetes.org](http://www.diabetes.org) for materials.

**Website:** [www.diabetes.org](http://www.diabetes.org)

### **American Diabetes Association of Tucson**

333 West Ft. Lowell Rd#123  
Tucson, AZ 85705

**Contact:** Fred Gomez  
Phone: (520) 795-3711 or (888) 342-2383  
Fax: (520) 795-1179

**Program description:** Diabetes education, support group, diabetes awareness and fundraising.

**Audience:** People with diagnosed diabetes, general population, minorities, and families of people with diabetes.

**Languages available:** English, Spanish

**Materials developed:** Yes

**Website:** [www.diabetes.org](http://www.diabetes.org)

### **American Heart Association**

2929 South 48th Street  
Tempe, AZ 85282

Phone: (602) 414-5353  
Fax: (602) 414-5355

**Program description:** General education related to heart disease and related to complications as well as prevention. Weight management, nutrition, and exercise.

**Diabetes complications specific:** Cardiovascular disease.

**Audience:** General population.

**Languages available:** English, Spanish

**Materials developed:** Yes

**Website:** [www.americanheart.org](http://www.americanheart.org)

### **Arizona Association of Community Health Centers**

700 E. Jefferson St.  
Phoenix, AZ 85034

Phone: (602) 253-0090

**Program description:** Community health centers provide care and education to low-income, underinsured, and uninsured individuals. Sliding fee scale based on income is available.

**Website:** [www.aachc.org](http://www.aachc.org)

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**Arizona Department of Health Services**

Arizona WIC Program  
150 North 18th Avenue  
Phoenix, AZ 85007

**Contact:** Karen Sell, RD  
Phone: 1 (800) 252-5WIC (1-800-252-5942)  
Local: (602) 542-1886  
Fax: (602) 542-1890

**Program description:** Program that has a diabetes component including nutrition education, as well as community, medical and social referral programs provided by a registered dietitian.

**Audience:** Women (pregnant, breastfeeding, postpartum), infants and children up to five years of age.

**Languages available:** English, Spanish

**Year program started:** 1972

**Website:** [www.azwic.gov](http://www.azwic.gov)

**Arizona Department of Health Services**

Bureau of Public Health Statistics  
150 North 18th Avenue  
Suite 550  
Phoenix, AZ 85007

**Contact:** Tim Flood, MD  
Phone: (602) 542-7333  
Fax: (602) 364-0082

**Program description:** Generates epidemiological data about diabetes and other chronic diseases, including associated risk factors.

**Audience:** Health system professionals.

**Languages available:** English, Spanish

**Year program started:** 1994

**Website:** [www.azdhs.gov](http://www.azdhs.gov)

**Arizona Department of Health Services**

Cardiovascular Disease Risk Reduction Program

150 North 18th Avenue, Suite 310  
Phoenix, AZ 85007

Phone: (602) 542-1214  
Fax: (602) 542-1890

**Program description:** Program that has a diabetes component because diabetes is a risk factor for the development of heart disease and stroke. Also has nutrition and exercise promotion. The program has a statewide heart disease and stroke coalition.

**Audience:** People with cardiovascular disease and diabetes.

**Website:** [www.azcvd.gov](http://www.azcvd.gov)

**Arizona Department of Health Services**

Arizona Diabetes Program  
150 North 18th Avenue, Suite 310

**Contact:** Trish Herrmann, Program Manager  
Phoenix, AZ 85007  
Phone: (602) 542-2758  
Fax: (602) 542-0512

**Program description:** The Arizona Diabetes Program provides coordination in the area of diabetes and works toward the elimination of barriers for all persons with diabetes throughout Arizona in partnership with state, local, and community agencies, and with persons with diabetes and their families. The mission of the program is to reduce the incidence and prevalence of diabetes in Arizona.

**Materials developed:** Yes, Arizona Diabetes Strategic Plan

**Languages available:** English, Spanish

**Year program started:** 1994

**Website:** [www.azdiabetes.gov](http://www.azdiabetes.gov)

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**Arizona Department of Health Services**

Immunization Program

150 North 18th Avenue, Suite 120

Phoenix, AZ 85007

Phone: (602) 364-3630

Fax: (602) 364-3285

**Program description:** Program that encourages flu vaccines and immunizations for metabolically compromised (including people with diabetes) populations.

**Website:** [www.azdhs.gov](http://www.azdhs.gov)

**Arizona Department of Health Services**

Nutrition and Physical Activity Program

150 North 18th Avenue, Suite 310

Phoenix, AZ 85007

**Contact:** Frances Kaplan, MPH

Phone: (602) 542-1886

Fax: (602) 542-1890

**Program description:** Diabetes component, nutrition, exercise and continuing education/training.

**Audience:** General population.

**Year program started:** 2003

**Materials developed:** Arizona Nutrition and Physical Activity State Plan

**Website:** [www.eatsmartgetactive.org](http://www.eatsmartgetactive.org)

**Arizona Department of Health Services**

Steps to A Healthier Arizona Initiative

150 North 18th Avenue, Suite 310

Phoenix, AZ 85007

**Contact:** Frances Kaplan, MPH

Phone: (602) 542-1214

Fax: (602) 542-0512

**Program description:** The Steps To A Healthier Arizona (Steps) Initiative collaborates with state and local partners, government agencies, professional associations, academia and tribal councils to provide the various activities. Program that has a diabetes component, diabetes education and screening, nutrition, exercise, continuing education/training (for professionals), and gestational/prenatal.

**Diabetes complications specific:** Eye screening, hypertension screening, foot care, prenatal care, smoking cessation, renal care, and cardiovascular disease.

**Health professionals:** CDE, RD, MD/DO, PA/NP, RN

**Audience:** People diagnosed with diabetes, minorities, families of people with diabetes and general population.

**Languages available:** English, Spanish

**Year program started:** 2003

**Website:** [www.azdhs.gov](http://www.azdhs.gov)

**Arizona Department of Insurance**

Consumer Services

2910 North 44th Street, Suite #210

Phoenix, AZ 85018

Phone: (800) 325-2548

Fax: (602) 912-8469

**Program description:** Guide to Medicare Insurance information for people with pre-existing conditions who have trouble obtaining insurance.

**Languages available:** English, Spanish

**Website:** [www.id.state.az.us](http://www.id.state.az.us)

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**Arizona Diabetes Virtual Center of Excellence (ADVICE)**

Arizona Telemedicine Program  
PO Box 245105  
Tucson, AZ 85724

**Contact:** Rick McNeely, Co-Director  
Phone: (520) 626-7343  
Fax: (520) 626-2145

**Program description:** Clinical telemedicine, tele-diabetes education, program that has a diabetes component, weight management, nutrition, support group, continuing education training for professionals.

**Diabetes complication specific:** Eye screening, foot care.

**Audience:** People with diagnosed diabetes, minorities, families of people with diabetes, targeted diabetes and prediabetes patient programs for Native Americans and Hispanics and continuing education for healthcare professionals.

**Languages available:** English, Spanish

**Year program started:** 2003

**Website:** [www.telemedicine.arizona.edu/advice.cfm](http://www.telemedicine.arizona.edu/advice.cfm)

**Arizona Foundation for the Eye (AFE)**

Arizona Telemedicine Ophthalmic Program  
1800 East Van Buren Street, 9th Floor  
Phoenix, AZ 85006

**Contact:** Abby B. Guiver, President/CEO  
Phone: (602) 251-3415  
Fax: (602) 251-3400

**Diabetes complications specific:** Diabetes screening, ATOP screens for early signs of diabetic eye disease by contract for Arizona Community Health Centers, corporations and others.

**Health professionals:** MD/DO

**Year program started:** 2002

**Website:** [www.azeyeinfo.com](http://www.azeyeinfo.com)

**Arizona Kidney Foundation**

Serving End Stage Renal Disease Patients  
4203 East Indian School Road, #140  
Phoenix, AZ 85018

Phone: (602) 840-1644

Fax: (602) 840-2360

**Program description:** Diabetes component, nutrition, exercise, support group, continuing education/training (for professionals), educational, social and recreational programs. Financial assistance in crisis situations when no other help is available.

**Audience:** ESRD patients.

**Languages available:** English, Spanish

**Year program started:** 1963

**Materials developed:** Yes

**Website:** [www.azkidney.org](http://www.azkidney.org)

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**Arizona State Hospital**

Diabetes Education

2500 East Van Buren, Building 7

Phoenix, AZ 85008

Phone: (602) 220-6048

Fax: (602) 629-7335

**Program description:** Diabetes education, diabetes screening, weight management, nutrition, exercise, and support group.

**Diabetes complications specific:** Eye screening, foot care, smoking cessation, and cardiovascular disease.

**Health professionals:** RN

**Audience:** People diagnosed with diabetes and metabolic syndrome and patients with psychiatric diagnoses.

**Languages available:** English

**Year program started:** 2000

**Website:** [www.azdhs.gov/azsh](http://www.azdhs.gov/azsh)

**American Association of Diabetes Educators, Arizona Chapters**

Central Arizona Association of Diabetes Educators (CAADE)

PO Box 36281

Phoenix, AZ 85067-6281

**Website:** [www.caadeonline.com](http://www.caadeonline.com)

Southern Arizona Chapter of Diabetes Educators (SACDE)

P.O. Box 40513

Tucson, AZ 85717-0513

**Website:** [www.sacde.org](http://www.sacde.org)

**Juvenile Diabetes Research Foundation Arizona**

Phoenix Arizona Chapter

4343 E. Camelback Road Suite #450

Phoenix, AZ 85018

Phone: (800) 223-1138

Local Phone: (602) 808-9548

Fax: (602) 808-9512

Southern Arizona Branch

4560 E. Broadway, Suite 214

Tucson, AZ 85711

Phone: (520) 327-9900

Fax: (520) 327-9906

[desertsouthwest@jdrf.org](mailto:desertsouthwest@jdrf.org)

**Website:** [www.jdrfdsw.org](http://www.jdrfdsw.org)

**Mental Health Association of Arizona**

Phone: (480) 994-4407; 1 (800) MHA-9277

(1-800-642-9277)

**Program description:** The Mental Health Association (MHA) of Arizona promotes good mental health and works on behalf of all people living with mental illness by advocating, educating and shaping public policy. Programs include peer support groups, information and referral, community education and outreach, suicide prevention, and more. MHA of Arizona is the statewide affiliate of the National Mental Health Association.

**Website:** [www.mhaarizona.org](http://www.mhaarizona.org)

**NAMI Arizona (National Alliance on Mental Illness)**Phone: (602) 244-8166; 1 (800) 626-5022  
outside Greater Phoenix

**Program description:** NAMI Arizona has a HelpLine for information on mental illness, referrals to treatment and community services, and information on local consumer and family self-help groups throughout Arizona. NAMI Arizona provides emotional support, education, and advocacy to people of all ages who are affected by mental illness.

**Website:** [www.namiaz.org](http://www.namiaz.org)

**U.S. Equal Employment Opportunity Commission**

3300 North Central, Suite #690

Phoenix, AZ 85012

Phone: (602) 640-5000 (1-800-669-4000)

Fax: (602) 640-2489 (5071)

**Program description:** Deals with charges of discrimination.

**Audience:** General population.

**Languages available:** English, Spanish

**Website:** [www.eeoc.gov](http://www.eeoc.gov)

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## DIABETES TRAINING RESOURCES FOR PROFESSIONALS

### **Carondelet Diabetes Education Institute**

350 N. Wilmot  
Tucson, AZ 85711

**Contact:** Maureen MacDonald, MEd, LMSW  
CDEI Coordinator  
Phone: (520) 873-3968  
mmacdonald@carondelet.org

**Program description:** Professional Education Training for Diabetes and Diabetes-Related Topics: Diabetes Core Classes-18 hours continuing education hours, Advanced Classes on Gestational Diabetes, Insulin Pump, Diabetes Wound Care, Type 1, Diabetes, Motivational Interviewing. CEUs vary; Mentoring. All approved for CEU's by AzNA, an accredited approver by the ANCC and accepted by the AADE. Classes are available in multiple sites via Telemedicine.

**Health professionals:** CDE, RN, RD

**Audience:** Health Professionals working in diabetes, MD, NP, PA, CDE, RN, RD

**Languages available:** English

**Year program started:** 2005

### **Diabetes Management & Training Centers, Inc.**

Mailing Address: 3941 East Chandler Boulevard, #106, P.M.B. 104  
Phoenix, AZ 85048

**Contact:** Kris Swenson  
Phone: (602) 426-1965  
Fax: (480) 704-1579

**Program description:** Health Professional Training—Courses integrate clinical updates with program design and delivery methods. The Diabetes Manager University: a 3-day comprehensive overview course. The Art of Diabetes Education: a 2-day intensive workshop on patient centered methods of program delivery and patient interaction. The Business of Diabetes Education: a 2-day intensive course on designing and delivering high quality diabetes services

that are also financially viable. Current calendar for Phoenix-area courses available at <http://www.diabetestraining.com/ProfessionalCourses.htm>. Courses also available for on-site delivery in client settings. Patient Education Curriculum: The Discovering Diabetes(TM) Patient Education Program. Comprehensive Program Manual. Complete Audiovisual Package and Point of Care Forms. Patient Text. AV Package and Patient Text are available in English, Spanish and Native/Aboriginal Peoples versions. Compatible with ADA and AADE Program Recognition criteria.

**Diabetes complications specific:** Screening and prevention content included in professional courses and in patient curriculum and text.

**Health professionals:** CDE, RD, RN

**Audience:** Health Professionals working in diabetes, Program Administrators and Quality Assurance personnel.

**Languages available:** English. Curriculum materials also available in Spanish.

**Website:** [www.diabetestraining.com](http://www.diabetestraining.com)

### **Northern Arizona Healthcare-Flagstaff Medical Center**

Diabetes Management Update  
1200 N. Beaver Street  
Flagstaff, AZ 86001

**Contact:** Education Department  
Phone: (928) 773-2491  
Fax: (928) 773-2430

**Program description:** Continuing education/training offered about twice per year. Full day of training (7.5 credits approved by the California Board of Registered Nurses).

**Health professionals:** CDE, RD, RN

**Languages available:** English

Year program was started: 2007

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## NATIONAL RESOURCES

Federal Government  
Professional and Voluntary Organizations

### Federal Government

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#### Centers for Disease Control and Prevention (CDC)

National Center for Chronic Disease  
Prevention and Health Promotion  
Division of Diabetes Translation  
Mail Stop K-10  
4770 Buford Highway, NE  
Atlanta, GA 30341-3717  
Phone: (770) 448-5000 or 1 (800) CDC-INFO  
(1-800-232-4636)  
TTY: 1 (888) 232-6348  
Fax: (770) 488-5966  
Email: [diabetes@cdc.gov](mailto:diabetes@cdc.gov)

**Website:** [www.cdc.gov/diabetes](http://www.cdc.gov/diabetes)

**Mission:** To eliminate the preventable burden of diabetes through leadership, research, programs, and policies that translate science into practice.

**Materials:** CDC distributes several publications including a patient guide for people with diabetes (available in English and Spanish) and the eight-page National Diabetes Fact Sheet: National Estimates and General Information on Diabetes in the United States.

#### Indian Health Service (IHS)

Indian Health Service National Diabetes  
Program  
5300 Homestead Road, NE  
Albuquerque, NM 87110  
Phone: (505) 248-4182 or (505) 248-4236  
Fax: (505) 248-4188  
Email: [diabetesprogram@mail.ihs.gov](mailto:diabetesprogram@mail.ihs.gov)  
**Website:** [www.ihs.gov/medicalprograms/diabetes/index.asp](http://www.ihs.gov/medicalprograms/diabetes/index.asp)

**Mission:** To develop, document, and sustain a health effort to prevent and control diabetes in American Indian and Alaska Native communities.

**Materials:** IHS makes many diabetes resources available, including the Diabetes Curriculum Packet, nutrition education materials, general diabetes information, professional resources, training programs, posters, audiovisual materials, and other patient education materials. Educational materials are directed toward American Indian and Alaska Native populations, and some materials are available at a lower reading level. Materials can be obtained upon request from the IHS National Diabetes Office.

#### National Diabetes Education Program (NDEP)

1 Diabetes Way  
Bethesda, MD 20892-3560  
Phone: 1 (800) 438-5383  
Fax: (703) 738-4929  
Email: [ndep@mail.nih.gov](mailto:ndep@mail.nih.gov)

**Website:** [www.ndep.nih.gov](http://www.ndep.nih.gov)

**Mission:** To improve the treatment and outcomes for people with diabetes, to promote early diagnosis, and to prevent or delay the onset of diabetes.

**Materials:** Diabetes education materials are available free or at little cost.

#### National Diabetes Information Clearinghouse (NDIC)

1 Information Way  
Bethesda, MD 20892-3560  
Phone: 1 (800) 860-8747  
Fax: (703) 738-4929  
Email: [ndic@info.niddk.nih.gov](mailto:ndic@info.niddk.nih.gov)

**Website:** [www.diabetes.niddk.nih.gov](http://www.diabetes.niddk.nih.gov)

**Mission:** To serve as a diabetes information, educational, and referral resource for health professionals and the public. NDIC is a service of the National Diabetes and Digestive and Kidney Disease Institute (NIDDK), a part of the National Institutes of Health (NIH).

**Materials:** Diabetes education materials are available free or at little cost. Literature searches on myriad subjects related to diabetes are provided.

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### **National Digestive Diseases Information Clearinghouse (NDDIC)**

2 Information Way  
Bethesda, MD 20892-3570  
Phone: 1 (800) 891-5389  
Fax: (703) 738-4929  
Email: [nddic@info.niddk.nih.gov](mailto:nddic@info.niddk.nih.gov)

**Website:** [www.digestive.niddk.nih.gov](http://www.digestive.niddk.nih.gov)

**Mission:** To serve as a digestive disease informational, educational, and referral resource for health professionals and the public. NDDIC is a service of the NIDDK.

**Materials:** Educational materials about digestive diseases, available free or at little cost.

### **National Eye Institute (NEI)**

2020 Vision Place  
Bethesda, MD 20892-3655  
Phone: 1 (800) 869-2020 (for health professionals only)  
Fax: (301) 402-1065  
Email: [2020@nei.nih.gov](mailto:2020@nei.nih.gov)

**Website:** [www.nei.nih.gov](http://www.nei.nih.gov)

**Mission:** To promote public and professional awareness of the importance of early diagnosis and treatment of diabetic eye disease.

**Materials:** NEI produces patient and professional education materials related to diabetic eye disease and its treatment, including literature for patients, guides for health professionals, and education kits for community health workers and pharmacists.

### **National Heart, Lung, and Blood Institute (NHLBI) Information Center**

P.O. Box 30105  
Bethesda, MD 20824-0105  
Phone: (301) 592-8573  
TTY: (240) 629-3255  
Fax: (240) 629-3246  
Email: [nhlbiinfo@nhlbi.nih.gov](mailto:nhlbiinfo@nhlbi.nih.gov)

**Website:** [www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)

**Mission:** To provide information and respond to inquiries related to the prevention and

treatment of heart, lung, blood, and sleep disorders.

**Materials:** Patient education and professional materials are available on numerous topics, including cholesterol, high blood pressure, asthma, blood disease, heart disease, heart attack, exercise, obesity, lung disease, and sleep disorders. Treatment guidelines for health professionals are available on cholesterol, high blood pressure, obesity, and asthma.

### **National Institute of Dental and Craniofacial Research**

National Oral Health Information Clearinghouse (NOHIC)  
1 NOHIC Way  
Bethesda, MD 20892-3500  
Phone: (301) 402-7364  
Fax: (301) 480-4098

Email: [nidcrinfo@mail.nih.gov](mailto:nidcrinfo@mail.nih.gov)

**Website:** [www.nidcr.nih.gov](http://www.nidcr.nih.gov)

**Mission:** To serve as a resource for patients, health professionals, and the public who seek information about general oral health topics and the oral health of special care patients.

**Materials:** NOHIC provides a variety of services to help patients and professionals obtain information including patient and professional educational materials.

### **National Kidney and Urologic Diseases Information Clearinghouse (NKUDIC)**

3 Information Way  
Bethesda, MD 20892-3580  
Phone: 1 (800) 891-5390  
Fax: (703) 738-4929  
Email: [nkudic@info.niddk.nih.gov](mailto:nkudic@info.niddk.nih.gov)

**Website:** [www.kidney.niddk.nih.gov](http://www.kidney.niddk.nih.gov)

**Mission:** To serve as a kidney and urologic disease informational, educational, and referral resource for health professionals and the public. NKUDIC is a service of NIDDK.

**Materials:** Educational materials on kidney and urologic diseases are available free or at little cost.

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### **National Kidney Disease Education Program (NKDEP)**

3 Kidney Information Way  
Bethesda, MD 20892  
Phone: 1 (866) 4-KIDNEY or (866) 454-3639  
Fax: (301) 402-8182  
Email: nkdep@info.niddk.nih.gov

**Website:** [www.nkdep.nih.gov](http://www.nkdep.nih.gov)

**Mission:** NKDEP is an initiative of the National Institutes of Health and aims to raise awareness of the seriousness of kidney disease, the importance of testing those at high risk (those with diabetes, high blood pressure, or a family history of kidney failure), and the availability of treatment to prevent or slow kidney failure.

**Materials:** Educational materials about kidney disease, available free or at little cost.

### **Office of Minority Health Resource Center (OMH-RC)**

P.O. Box 37337  
Washington, DC 20013-7337  
Phone: 1 (800) 444-6472  
Fax: (301) 251-2160  
Email: info@omhrc.gov

**Website:** [www.omhrc.gov](http://www.omhrc.gov)

**Mission:** To improve the health of racial and ethnic populations through the development of health policies and programs. OMH-RC is the largest resource and referral service on minority health in the Nation.

**Materials:** OMH-RC offers information, publications, mailing lists, database searches, referrals, and more for African American, Asian, Hispanic/Latino, American Indian/Alaska Native, and Pacific Islander populations. OMH-RC publishes the newsletters Closing the Gap and HIV Impact.

### **Veterans Health Administration (VHA)**

Program Chief, Diabetes  
Veterans Health Administration  
810 Vermont Avenue, NW  
Washington, DC 20420  
Phone: (202) 273-5400  
Fax: (202) 273-9142

**Website:** [www1.va.gov/diabetes/#veterans](http://www1.va.gov/diabetes/#veterans)

**Mission:** To decrease the prevalence of adverse health outcomes in veterans with diabetes by ensuring that each patient at each facility has access to preventive and treatment programs that meet national standards of care.

**Materials:** The VHA Diabetes Clinical Practice Guidelines is a comprehensive, evidence-based document that incorporates information from several existing, national consensus, evidence-based guidelines into a format that maximally facilitates clinical decision making. An algorithmic format was chosen because of evidence that such a format improves data collection and diagnostic and therapeutics decision making and changes patterns of resource use. Guidelines were developed in six major subject areas, including glycemic control, foot care, eye care, hypertension, lipids, and renal disease. A computer version of the algorithm is under discussion.

### **Weight-control Information Network (WIN)**

1 WIN Way  
Bethesda, MD 20892-3665  
Phone: 1 (877) 946-4627 or (202) 828-1025  
Fax: (202) 828-1028  
Email: win@info.niddk.nih.gov

**Website:** [win.niddk.nih.gov](http://win.niddk.nih.gov)

**Mission:** To address the health information needs of individuals through the production and dissemination of educational materials.

**Materials:** Fact sheets, brochures, reprints, consensus statements, and literature searches on weight control, obesity, and weight-related nutritional disorders.

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## Professional and Voluntary Associations

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### **American Association of Clinical Endocrinologists (AACE)**

1000 Riverside Avenue, Suite 200  
Jacksonville, FL 32202  
Phone: (904) 353-7878  
Fax: (904) 353-8185

**Website:** [www.aace.com](http://www.aace.com)

**Mission:** To provide an avenue for the study of the scientific, social, political, and economic aspects of endocrinology consistent with maintaining the highest levels of patient care and the highest standards of medical practice. AAACE is an international organization representing physicians devoted to enhancing the field of clinical endocrinology.

**Materials:** AAACE publishes a peer-reviewed scientific journal, *Endocrine Practice*. The organization also publishes *The First Messenger* newsletter and other timely publications, such as practice guidelines, to keep members abreast of scientific developments and news.

### **American Association of Diabetes Educators (AADE)**

200 W. Madison Avenue, Suite 800  
Chicago, IL 60606  
Phone: 1 (800) 338-3633 or (312) 424-2426  
Diabetes Educator Access Line: 1 (800) TEAMUP4 (1-800-832-6874)  
Fax: (312) 424-2427  
Email: [aade@aadenet.org](mailto:aade@aadenet.org)

**Website:** [www.diabeteseducator.org](http://www.diabeteseducator.org) or [www.aadenet.org](http://www.aadenet.org)

**Mission:** AADE is a multi-disciplinary organization of more than 10,000 health professionals dedicated to advocating quality diabetes education and care.

**Materials:** AADE publishes *The Diabetes Educator*, a bimonthly journal for multidisciplinary members of the diabetes health care team. The journal publishes the latest diabetes education research and provides valuable teaching tools

and techniques. AADE also produces the most comprehensive diabetes education resource, *A Core Curriculum for Diabetes Education*, now in its third edition. AADE members receive *AADE News*, providing association-related news and practice information, nine times per year.

### **American Diabetes Association (ADA)**

1701 North Beauregard Street  
Alexandria, VA 22311  
Phone: 1 (800) DIABETES (1-800-342-2383) (National Call Center)  
(703) 549-1500 (National Service Center)  
1 (800) 232-3472 (professional member department only)  
Fax: (703) 549-6995

Email: [askada@diabetes.org](mailto:askada@diabetes.org)

Professional Membership Email: [membership@diabetes.org](mailto:membership@diabetes.org)

**Website:** [www.diabetes.org](http://www.diabetes.org)

**Mission:** To prevent and cure diabetes and to improve the lives of everyone affected by diabetes.

**Materials:** The American Diabetes Association publishes many books and resources for health professionals and people with diabetes. In addition, it publishes *Diabetes Forecast*, a monthly magazine for people with diabetes, and *Diabetes Care*, and *Diabetes Spectrum*, which are professional journals.

### **American Dietetic Association (ADA)**

120 South Riverside Plaza, Suite 2000  
Chicago, IL 60606-6995

**Website:** [www.eatright.org](http://www.eatright.org)

**Mission:** To promote optimal nutrition and well-being for all people by advocating for its members.

**Materials:** The American Dietetic Association publishes a monthly professional journal, *The Journal of the American Dietetic Association*, and a monthly newsletter, *ADA Courier*. In addition, it publishes many books and other resources for consumers and professionals.

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**American Podiatric Medical Association (APMA)**

9312 Old Georgetown Road  
Bethesda, MD 20814-1621  
Phone: (301) 571-9200  
Fax: (301) 530-2752

**Website:** [www.apma.org](http://www.apma.org)

APMA Foot Care Information Center  
Phone: 1 (800) FOOT-CARE (1-800-366-8227)

**Mission:** To serve the professional needs and promote the standards and ethics of doctors of podiatric medicine and their services to the public.

**Materials:** APMA publishes a monthly magazine, APMA News; a monthly journal, Journal of the American Podiatric Medical Association; and a diabetes-specific booklet, Your Podiatric Physician Talks About Diabetes, along with many other brochures on various foot health topics.

**American Urological Association (AUA)**

1000 Corporate Boulevard, Suite 410  
Linthicum, MD 21090  
Phone: 1 (866) RINGAUA (1-866-746-4282) or (410) 689-3700  
Fax: (410) 689-3800

Email: [aua@auanet.org](mailto:aua@auanet.org)

**Website:** [www.auanet.org](http://www.auanet.org)

**Mission:** To provide research grants, patient and public education and awareness, Government relations, and patient support group activities.

**Materials:** Informational brochure about the American Urological Association Foundation, Family Urology (quarterly magazine), and patient education brochures.

**Diabetes Action Research and Education Foundation**

426 C Street, NE  
Washington, DC 20002  
Phone: (202) 333-4520  
Fax: (202) 558-5240

Email: [info@diabetesaction.org](mailto:info@diabetesaction.org)

**Website:** [www.diabetesaction.org](http://www.diabetesaction.org)

**Mission:** To support and promote education and scientific research to enhance the quality of life for everyone affected by diabetes.

**Materials:** The foundation publishes the booklet Managing Your Diabetes: Basics and Beyond.

**Diabetes Exercise and Sports Association (DESA)**

8001 Montcastle Drive  
Nashville, TN 37221  
Phone: 1 (800) 898-4322  
Fax: (615) 673-2077

Email: [desa@diabetes-exercise.org](mailto:desa@diabetes-exercise.org)

**Website:** [www.diabetes-exercise.org](http://www.diabetes-exercise.org)

**Mission:** To enhance the quality of life for people with diabetes through exercise.

**Materials:** The Challenge is DESA's quarterly newsletter. DESA also provides pamphlets on diabetes and exercise.

**Endocrine Society**

8401 Connecticut Avenue, Suite 900  
Chevy Chase, MD 20815-5817  
Phone: (301) 941-0200 or 1 (888) 363-6274  
Fax: (301) 941-0259

Email: [pcorrea@endo-society.org](mailto:pcorrea@endo-society.org)

**Website:** [www.endo-society.org](http://www.endo-society.org)

**Mission:** To promote excellence in research, education, and the clinical practice of endocrinology; foster a greater understanding of endocrinology among the general public and practitioners of complementary medical disciplines; and promote the interests of all endocrinologists at the national scientific research and health policy levels of Government.

**Materials:** The Endocrine Society publishes four professional journals: Endocrinology, The Journal of Clinical Endocrinology and Metabolism, Endocrine Reviews, and Molecular Endocrinology. Another publication, The Clinical Endocrinology Update Syllabus, provides practicing endocrinologists with a review of the

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diagnosis and management of all major components of contemporary endocrinology.

**Juvenile Diabetes Research Foundation International (JDRF)**

120 Wall Street  
New York, NY 10005-4001  
Phone: 1 (800) 533-CURE (2873)  
Fax: (212) 785-9595  
Email: info@jdrf.org

**Website:** [www.jdrf.org](http://www.jdrf.org)

**Mission:** To support and fund research to find a cure for diabetes and its complications. JDRF is a nonprofit, voluntary health agency, and the world's leading charitable funder of research to find a cure for diabetes.

**Materials:** JDRF publishes the quarterly magazines Countdown and Countdown for Kids, as well as a series of patient education brochures about type 1 and type 2 diabetes and also a research e-newsletter to provide the latest information about research on type 1 diabetes and its complications.

**National Certification Board for Diabetes Educators (NCBDE)**

330 East Algonquin Road, Suite 4  
Arlington Heights, IL 60005  
Phone: (847) 228-9795  
Phone requests for exam applications: (913) 541-0400  
Fax: (847) 228-8469  
Email: info@ncbde.org

**Website:** [www.ncbde.org](http://www.ncbde.org)

**Mission:** To promote excellence in the field of diabetes education through the development, maintenance, and protection of the Certified Diabetes Educator (CDE) credential and the certification process.

**Materials:** NCBDE publishes a brochure that contains information about eligibility requirements and the certification examination.

**National Kidney Foundation, Inc. (NKF)**

30 East 33rd Street  
New York, NY 10016  
Phone: 1 (800) 622-9010 or (212) 889-2210  
Fax: (212) 689-9261  
Email: info@kidney.org

**Website:** [www.kidney.org](http://www.kidney.org)

**Mission:** To prevent kidney and urinary tract diseases, improve the health and well-being of individuals and families affected by these diseases, and increase the availability of all organs for transplantation. Through its 51 affiliates nationwide, NKF conducts programs in research, professional education, patient and community services, public education, and donation. The work of NKF, a major voluntary health organization, is funded primarily by public donations.

**Materials:** NKF has several publications including American Journal of Kidney Diseases, Journal of Renal Nutrition, Advances in Renal Replacement Therapy, Journal of Nephrology Social Work, Renalink, NKF MD, NKF Family Focus, Transplant Chronicles, and For Those Who Give and Grieve. Additional patient and public education materials are also available.

**Pedorthic Footwear Association (PFA)**

2025 M Street, NW, Suite 800  
Washington, DC 20036  
Phone: (202) 367-1145 or 1 (800) 673-8447  
Fax: (202) 367-2145

**Website:** [www.pedorthics.org](http://www.pedorthics.org)

**Mission:** To increase knowledge and understanding of pedorthics and its practice, encourage development of new pedorthic tools and techniques, and foster the professional development of pedorthic practitioners.

**Materials:** PFA publishes the bimonthly magazine Current Pedorthics, formerly called Pedoscope; the brochures Pedorthics: Foot Care Through Proper Footwear and Diabetes & Pedorthics: Conservative Foot Care; reference guides; and manuals.

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## INTERNATIONAL RESOURCES

### **International Diabetes Federation (IDF)**

Chaussée de la Hulpe 166  
B-1170 Brussels, Belgium  
Phone: +32-2-5385511 | Fax: +32-2-5385114  
infor@idf.org  
Website: [www.idf.org](http://www.idf.org)

For further information on the IDF North American Region, please Contact:

Linda Cann  
American Diabetes Association  
1701 N. Beauregard Street  
Alexandria VA 22311  
USA  
Tel: 1 (703) 549-1500 ext 2148 or 1 (703) 379-5066  
Fax: 1 (703) 549-1715  
E-mail: [lcann@diabetes.org](mailto:lcann@diabetes.org)

### **Pan American Health Organization Field Office-US-Mexico Border**

5400 Suncrest Dr, Ste C-4  
El Paso, TX 79912  
Phone: (915) 845-5950  
Fax: (915) 845-4361  
Website: [www.fep.paho.org](http://www.fep.paho.org)

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## LIST OF ABBREVIATIONS

### Providers who may be part of a diabetes healthcare team

CDE	Certified Diabetes Educator
CHR	Community Health Representative
CNA	Certified Nutrition Assistant
CHW	Community Health Worker (Promotora/Community Health Representative)
DO	Doctor of Osteopathy
DDS	Doctor of Dental Surgery
DPM	Doctor of Podiatric Medicine
FNP	Family Nurse Practitioner
LPN	Licensed Practical Nurse
MA	Medical Assistant
MD	Medical Doctor
NP	Nurse Practitioner
PA	Physician Assistant
PCP	Primary Care Physician
PHN	Public Health Nurse
RD	Registered Dietitian
RN	Registered Nurse

### Other Abbreviations

ADA	American Diabetes Association
AHCCCS	Arizona Health Care Cost Containment System
DEPTH	Diabetes Education Path to Health
DM	Diabetes Mellitus
IHS	Indian Health Services
PHS	Public Health Service
SNAP	Supplemental Nutrition Assistance Program
TANF	Temporary Assistance to Needy Families
USPHS	United States Public Health Service
VA	Veterans Administration
WIC	Women, Infants, and Children

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# Arizona Diabetes Resource Directory Information New/Update Form

Please assist us in updating the Arizona Diabetes Resource Directory by completing the following survey.

NEW       Update       No Change

1. Name of Program: \_\_\_\_\_
2. Sponsoring Organization/Agency: \_\_\_\_\_
3. Mailing Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_
4. Contact Person/Title: \_\_\_\_\_  
Telephone Number (include area code): \_\_\_\_\_ Fax: \_\_\_\_\_
5. Type of Services/Program (check all that apply): \_\_\_\_\_

### General Health Promotion

- program that has a diabetes component
- diabetes Education
- weight management
- nutrition
- exercise
- support group
- continuing education/training (for professionals)
- gestational/prenatal

other: \_\_\_\_\_

### Diabetes complications specific

- eye screening
- hypertension screening
- foot care
- prenatal care
- smoking cessation
- renal care
- cardiovascular disease

other: \_\_\_\_\_

### Health Professionals

- Certified Diabetes Educator (CDE)
- Registered Dietitian (RD)
- MD/DO
- PA/NP
- RN

other: \_\_\_\_\_

6. Audience:  
 People with diagnosed diabetes       Minorities  
 General Population       Families of people with diabetes  
Other (e.g., Professionals, teenagers, pregnant women, people with hypertension, etc.) **Specify:**  
\_\_\_\_\_
7. Language used:  
 Spanish       English      \_\_\_\_\_ If an American Indian language, specify which one:  
Other: \_\_\_\_\_
8. Year diabetes program was started: \_\_\_\_\_
9. Please list materials you have developed: \_\_\_\_\_  
(Please send available samples to the Diabetes Prevention and Control Program with this questionnaire.)
10. Describe your program. (Include information about services provided, sources of support, who provides your services, number of participants, etc.) \_\_\_\_\_

**Please return completed form via FAX at (602) 542-0512 or email at [ramirec@azdhs.gov](mailto:ramirec@azdhs.gov).  
If you have any questions, please call (602) 542-8261.**

**Or you can mail completed form to: Arizona Department of Health Services  
Diabetes Prevention and Control Program  
150 N. 18<sup>th</sup> Avenue, Suite 310  
Phoenix, AZ 85007-3242**

*Thank you for your time and assistance.*





