



EMPOWER SCHOOLS

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Empower Schools - February Update

Here are the updates for this month:

- District stipend payments will be sent out in April, after we receive update reports from superintendents.
- News on Every Student Succeeds Act and Dietary Guidelines for Americans.
- SHI/SHAC trainings coming in March.
- Empower Schools pilot project with current locations is still scheduled to end in 2018.

Contact Matthew.Leversee@azdhs.gov with questions, suggestions or requests.

Physical Activity / Physical Education and Nutrition Updates

On December 10, 2015, President Obama signed into law the Every Student Succeeds Act. The new act gives states the authority and flexibility to determine student performance targets and school ratings. It also designates physical education as a part of a well-rounded curriculum, allowing for future funding to be allocated in certain eligible locations. For more information, please visit: <http://www.ed.gov/essa>

On January 7, 2016, the 2015-2020 Dietary Guidelines for Americans were released. These guidelines determine what foods are served in the National School Lunch Program. For more information, please visit: <http://health.gov/dietaryguidelines/2015/>

Supportive Resources

Wellness Wednesday: How to Host a Health & Wellness Fair (Webinar)

Register here: <http://www.actionforhealthykids.org/events/event/345>

Wednesday, February 10, 3:00-3:30 p.m. (CT)

The Arizona Department of Health Services, in collaboration with Maricopa County Public Health Services District, will be holding two School Health Index (SHI) trainings this spring.

The dates are:

March 18, 2016 (8:30 a.m.– 12 p.m.) at Arizona Department of Health Services Phoenix)

April 6, 2016 (1 - 5 p.m.) at Graham County General Services (Safford)

For details and to register, go to: <https://www.surveymonkey.com/r/SHI-Training>