



EMPOWER



Empowering Habits, Empowering Lives: Superheroes Empowering Arizona!

Desert Willow Conference Center
4340 E Cotton Center Blvd, Phoenix, AZ 85040
May 2nd, 2015 8:00 am - 4:00 pm



AGENDA

8:00 am – 9:00 am	Registration, Exhibit Tables and Photo Booth
9:00 am – 9:15 am Cottonwood 1 & 2 (Ballroom)	<p>Welcome!</p> <p>Trudes Rodriguez, Bureau of Nutrition and Physical Activity, Arizona Department of Health Services (ADHS)</p> <p>Superheroes Empowering Arizona</p> <p>Guest Speaker, ADHS</p>
9:15 am – 9:45 am Cottonwood 1 & 2 (Ballroom)	<p>Powerful Skills for Your Cultural Competency Journey</p> <p>Jose Reyes, Cultural Competency Consulting</p>
9:45 am – 10:30 am Cottonwood 1 & 2 (Ballroom)	<p>SMASH the Myths! ENERGIZE Families!</p> <p>Rita Aitken, Office for Children with Special Health Care Needs, ADHS</p>
10:30 am – 11:00 am	Break - Exhibit Tables and Photo Booth!
11:00 am – 12:15 pm	Breakout Sessions: choose one
Ocotillo Room	<p>Let Physical Activity Ignite a Spark in ALL Superheroes</p> <p>Melanie Homec, Bureau of Nutrition and Physical Activity, ADHS Krista Walker, The Be Kind People Project</p>
Desert Star Room	<p>Ready, Set, Launch! Take Mealtime to the Next Level!</p> <p>Marnie Richardson, Maricopa County Department of Public Health Erica Sanford, Arizona Department of Education</p>
Chia Room	<p>KRUNCH! Out Tooth Decay!</p> <p>Julia Wacloff, Office of Oral Health, ADHS</p>
Golden Poppy Room	<p>Learn Instant Tips & Tricks to Become a Sun Safety Superstar!</p> <p>Sharon McKenna, Bureau of Epidemiology & Disease Control, ADHS</p>
Mariposa Room	<p>Wonder Twin Powers ‘Activate!’ with Nutrition and Breastfeeding Jeopardy!</p> <p>Anne Whitmire, Bureau of Nutrition and Physical Activity, ADHS</p>
Brittlebush Room	<p>Powerful Skills for Your Cultural Competency Journey</p> <p>Jose Reyes, Cultural Competency Consulting</p>

12:15 pm – 1:00 pm Cottonwood 1 & 2 (Ballroom)	RECHARGE! Lunch
1:00 pm – 1:45 pm Cottonwood 1 & 2 (Ballroom)	Tobacco Exposure A-Z Kim Westenskow, Arizona Smoker's Helpline (ASHLine) Fuel Up! Grow It, Try It, Like It! Activity Noelle Veilleux and Trudes Rodriguez, Bureau of Nutrition and Physical Activity, ADHS
1:45 pm – 2:00 pm	Break - Exhibit Tables and Photo Booth!
2:00 pm – 3:15 pm	Breakout Sessions: choose one
Ocotillo Room	Let Physical Activity Ignite a Spark in ALL Superheroes Melanie Homec, Bureau of Nutrition and Physical Activity, ADHS Krista Walker, The Be Kind People Project
Desert Star Room	Ready, Set, Launch! Take Mealtime to the Next level! Marnie Richardson, Maricopa County Department of Public Health Erika Sanford, Arizona Department of Education
Chia Room	KRUNCH! Out Tooth Decay! Julia Wacloff, Office of Oral Health, ADHS
Golden Poppy Room	Learn instant Tips & Tricks to become a Sun Safety Superstar! Sharon McKenna, Bureau of Epidemiology & Disease Control, ADHS
Mariposa Room	Wonder Twin Powers 'Activate!' with Nutrition and Breastfeeding Jeopardy! Anne Whitmire, Bureau of Nutrition and Physical Activity, ADHS
Brittlebush Room	Powerful Skills for Your Cultural Competency Journey Jose Reyes, Cultural Competency Consulting
3:15 pm – 3:30 pm	Break - Exhibit Tables and Photo Booth!
3:30 pm – 4:00 pm Cottonwood 1 & 2 (Ballroom)	Door Prize Drawings Bonnie Williams, Bureau of Nutrition and Physical Activity, ADHS Superheroes Shooting For the Stars! Sawsan Madanat, Bureau of Nutrition and Physical Activity, ADHS Evaluation and Certificates

