

EMPOWER



Smash the Myths!

Energize Families!

May 2, 2015





Housekeeping Reminders

- **Physical Activity** – Let's start by moving!
- **Index Cards** – For questions or comments during the session
- **Raffle Ticket** – For participation; Drawing at end of day
- **Evaluations** – Please complete before you leave



Office of Children with Special Health Care Needs (OCSHCN)

Title V Maternal and Child Health Block Grant

–Promotes Best Practices

- Access to Care
- Family Centered, Culturally Competent care
- Family and Youth Involvement
- Transition To Adulthood
- Medical Home



OCSHCN's Priorities

- Educate families, providers and child-serving agencies on eligibility rules and processes for accessing care
- Increase access to available and appropriate care for children and youth with special health care needs
- Increase recognition of families as integral partners in care of their child's health and well being



Today's Plan

- Clarify “children with special health care needs” (CSHCN)
- Discuss the role of ECE for CSHCN and their families
- Explore cultural competency around CSHCN in an activity



Who?

- Children with a chronic physical, developmental, behavioral, or emotional condition, **and**
- Who require health and related services beyond those required by children generally.

In Arizona approximately 241,067* children meet this definition.

*2009/10 National Survey of Children with Special Health Care Needs, www.Childhealth.org



Some Examples of SHCN

Life Threatening Allergies

ADHD

Hearing/Vision Impairments

Fragile X and many other
chromosomal disorders

Cerebral Palsy

Asthma

Autism Spectrum Disorders



Who Are CSHCN?



What's *Incredible*?
Learning to Take Care of
My Own Health!





Being Active

Challenges

- Sensory
- Neuromuscular
- Genetic/Metabolic
- Developmental
 - Neurological
 - Behavioral



Who Can Help?

- Families
- Therapists
- Professional Development
 - Inclusive Physical Activity
 - This conference
 - Other community based opportunities
- Resources



ECE Challenge for Families of CSHCN

Difficulty locating providers for their children

- Surprising for families
- Prevents parents from working
- Promotes financial hardship
- May be a barrier to adequate care for the child's condition



★ What Are the Barriers for ECE Providers?

- Lack of information/training
Condition
Needs
Accommodations
Rules/guidelines
- Discomfort around the Unknown



Values, Beliefs and Attitudes



An **Awesome** Activity!

Culture

The integrated pattern of human behavior that includes thought, experiences, communication, actions, customs, beliefs, values and institutions of racial, ethnic, religious or social group.





Cultural Competency

An awareness and appreciation of customs, values and beliefs and the ability to incorporate them into interaction with any individual.





How Personal Values are Formed

- Lifestyle
- Age
- Geographic location
- Faith/Religious education
- Formal schooling
- Peer groups
- Family and childhood messages
- Experience

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Examples of Personal Values

- Freedom
- Money
- Tradition
- Self-reliance
- Success



Office of Children with Special Health Care
Needs

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Questions?

Thank you!

