

## Lactation Room Locations for Nursing/Pumping Parents

150 N. 18th Avenue:  
Suite 320  
Suite 220/240

250 N. 17th Avenue:  
3rd floor  
(contact Miranda Schaab 602-364-0732  
or Rosemary Carlson 480-404-5000)

If you have breastfeeding questions or concerns and would like to meet a certified Lactation Consultant, you may do so free of charge by calling 602-542-1886. There is also a 24-hour hotline available to all Arizonans; it is 1-800-833-4642.

## Child Care Licensing Info Available at ADHS

150 Building: 4th Floor

The Office of Child Care Licensing works to ensure the health, safety and well-being of children in child care centers/ group homes. You can access their inspection records on [azcarecheck.azdhs.gov](http://azcarecheck.azdhs.gov) and filter by Child Care Facilities. You can also call 602-364-2536 for more information.

## Child Car Seat Safety

In Arizona, children younger than eight years old and shorter than 4 feet, 9 inches must be properly secured in a safety or booster seat. To ensure yours is properly installed, email Yomaira Diaz at [yomaira.diaz@azdhs.gov](mailto:yomaira.diaz@azdhs.gov) to schedule a free car seat check.



**Infant at Work  
Contact Information**  
[infantatwork@azdhs.gov](mailto:infantatwork@azdhs.gov)

[azhealth.gov](http://azhealth.gov)

## Tips for Success



**Infant at Work  
Program for  
Arizona  
Department of  
Health Services  
Employees**



ARIZONA DEPARTMENT  
OF HEALTH SERVICES

PREVENTION SERVICES

**Congratulations  
on becoming a parent!  
Please review the following  
tips to help you successfully  
participate in the program.**

It is recommended that for the health of your infant, it is best to wait until your infant is at least 4 weeks old to bring them to work with you.

**Orientation:**

The employee will notify the Infant at Work Program Coordinator on or before the first day they bring their infant to ADHS for a review of the program's policies and procedures.

**Breastfeeding:**

Breastfeeding may be done in one of the designated lactation rooms provided by ADHS (see the inside cover for locations). Breastfeeding can also be done at the employee's desk with a drape across the entry to their cubicle and at the supervisor's discretion.

**Diaper Changing:**

The employee will use a diaper changing station located in a restroom or a lactation room. Diapers should not be changed at the employee's work station. All diapers must be disposed of in sealed bags placed in **restroom trash bins**.

**Sick Infant:**

When an infant is sick, the employee is not permitted to bring the infant to work until the infant is well.

**Equipment:**

The employee shall provide all supplies and equipment needed to care for the infant.



**Off-Site Meetings:**

The employee is responsible for contacting the organization who is hosting the meeting to determine the appropriateness of the infant being present at the meeting. Options include:

- Bringing the infant to the meeting, with the host organization's approval.
- Attending the meeting via teleconference; or
- Rescheduling the meeting for an alternative date when the employee can attend without the infant.

**Safety:**

While at ADHS, the employee is fully responsible for the safety of their infant and shall remain with their infant at all times.

**Infant Retirement:**

Your infant will retire from the program at the end of the week in which they turn six months old or if younger than six months and has reached a developmental milestone that no longer allows the infant to remain in the program without being disruptive to your work environment.

**Entrance and Exit Interview:**

The Coordinator will send the Entrance and Exit surveys and requests that they be filled out within a few days of receipt.

**Retirement**



For more information, please contact the Arizona Department of Health Services at 602-361-2139 or [infantatwork@azdhs.gov](mailto:infantatwork@azdhs.gov)