



ARIZONA WIC ALERT

Volume 15, Issue 3

May 2005

LACTOSE FREE MILK

There has been some confusion as to what type of milk WIC participants are authorized to purchase. In an attempt to correct the confusion, we have changed the wording on our food instruments to include "lactose free." WIC participants may be issued lactose free, low lactose, or lactose reduced milk.

When a WIC participant presents a food instrument for lactose free, low lactose, or lactose reduced milk, it is very important that they be allowed to purchase **ANY BRAND** available in your store. The fat content of milk (fat free, low fat (1%), reduced fat (2%), or whole) is specified on the food instrument.

Lactaid (pictured below) is the most common lactose free, low lactose, and lactose reduced milk available and is authorized for WIC Program participants. However, any other brands available are also WIC authorized.



If you have any questions regarding this WIC Alert or need technical assistance, please contact any member of the Vendor Management Team at 1 (866) 737-3935.



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