

**When to Refer to a High Risk Dietitian**  
(effective March 2015)

WIC Code	WIC Code Definition	Notes about Medium Risk
101*	Pre-pregnancy or current BMI < 18.5	
103.1	Wt/length ≤2nd percentile (WHO) IEN, IPN, IFF, C1 BMI/age ≤ 5th percentile (CDC) C2, C3, C4	
111	Pre-Pregnancy BMI ≥25 (PG1, PG2) Current BMI ≥25 after 6 mo post-partum (EN, PN, P)	
113	BMI/age ≥95th percentile (C2, C3, C4)	
115	Wt/length ≥ 98th percentile (WHO) IEN, IPN, IFF, C1	
131*	Low maternal weight gain	
132	Maternal weight loss	
134	Failure to thrive – infants & children	
135	Inadequate Growth	
141*	Low Birth Weight (LBW)	After age 1 if previously seen by RD
142*	Prematurity	After age 1 if previously seen by RD
201.1*	Low Hemoglobin/Low Hematocrit	Will only flag if in nutritionist range
301	Hyperemesis Gravidarum	
302	Gestational Diabetes	
335	Multi-fetal Gestation	
341	Nutrient Deficiency Disease	
342	Gastro-Intestinal Disorders	
343	Diabetes Mellitus	
345	Hypertension and Pre-hypertension	
346	Renal Disease	
347	Cancer	
348	Central Nervous System Disorders	
349	Genetic & Congenital Disorders	
351	Inborn Errors of Metabolism	
352	Infectious Diseases	
353	Food Allergies	
354	Celiac Disease	
356	Hypoglycemia	
358	Eating Disorders	
362	Developmental Delays, Sensory or Motor Delays Interfering with the Ability to Eat	
363	Pre-Diabetes	
602/603*	Breastfeeding Complications *HR can be done by IBCLC if this is the only high risk WIC code assigned	Can be referred to MR after seen by RD or IBCLC

\* Shaded WIC codes can be referred to Medium Risk Nutritionist, see notes column regarding details