

WIC CODE CHEAT SHEETS

PREGNANT WIC CODES

Effective October 1, 2015

“A” (Anthropometric) Codes

Code #	Code Name	Description/Cut-off	Icon
101	Pre-Pregnancy BMI <i>LESS THAN</i> 18.5	Pre-pregnant BMI for current pregnancy was less than 18.5	❤️ 🧤
111	Pre-Pregnancy BMI <i>GREATER THAN OR EQUAL TO</i> 25	Pre-pregnant BMI for current pregnancy was at or above 25	❤️ 🧤
131	Low Maternal Weight Gain	Weight gain in pregnancy that is below the IOM recommendations	❤️ 🧤
132	Maternal Weight Loss	Any weight loss below pre-pregnancy weight or weight loss of 2 or more pounds in the 2 nd and 3 rd trimesters	❤️ 🧤
133	High Maternal Weight Gain	Any weight gain in pregnancy that is higher than the IOM recommended range based on pre-pregnancy BMI	🧤

“B” (Biochemical/Blood Work) Codes

Code #	Code Name	Description/Cut-off	Icon
201.1	Low Hemoglobin	Hemoglobin below the Nutritionist cut-off level	❤️ 🧤
201.2	Low Hemoglobin	Low hemoglobin, does not require Nutritionist referral	🧤
211	Elevated Blood Lead Level	<u>Diagnosed</u> by a physician with high blood lead level	M

“C” (Clinical/Health and Medical) Codes

Code #	Code Name	Description/Cut-off <i>All must be <u>Diagnosed</u> Unless marked with a *</i>	Icon
301	Hyperemesis Gravidarum	Severe and persistent nausea	❤️ M
302	Gestational Diabetes	Any degree of glucose intolerance (high blood sugar) with first onset during pregnancy	❤️ M
303	Hx of Gestational Diabetes	History of Gestational Diabetes in any previous pregnancy	M
304	Hx of Preeclampsia	History of Preeclampsia in any previous pregnancy	M
311	Hx of Preterm Delivery	A previous baby born at ≤ 37 wks*	M
312	Hx of Low Birth Weight	Any previous baby born at ≤ 5lbs 8 oz*	M
321	Hx of Fetal or Neonatal Loss	Hx of an involuntary loss of any pregnancy or any previous baby who died within first 28 days of life*	M
331	Pregnancy at a Young Age	Conception ≤ 17 yrs of age*	🧤
332	Short Interpregnancy Interval	Conception before 18 mos postpartum*	M
333	High Parity and Young Age	Under 20 yrs of age who have had 3 or more pregnancies (greater than 20 weeks)*	🧤
334	Lack of or Inadequate Prenatal Care	Prenatal Care beginning after 1 st trimester or too few visits (HANDS assigned)*	🧤
335	Multi-fetal Gestation	Carrying more than one fetus in current pregnancy	❤️ 🧤

❤️ = High Risk

🧤 = HANDS auto-assigned codes

M = Manually Assigned/Counselor Assigned Codes

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336	Fetal Growth Restriction	Condition where fetus is growing at < 10 th percentile for gestational age	M
337	Hx of Birth of a Large for Gestational Age Infant	Any previous baby born at ≥ 9 lbs or any previous baby diagnosed as Large for Gestational Age	M
338	Pregnant Woman Currently Breastfeeding	Breastfeeding another child while currently pregnant*	M
339	Hx of Birth with Nutrition Related Congenital or Birth Defect	Hx of giving birth to a baby who has a congenital or birth defect linked to inappropriate nutrition intake (e.g. spina bifida)	M
341	Nutrient Deficiency Diseases	Diseases caused by insufficient intake of nutrients	♥ M
342	Gastro-intestinal Disorders	Gastro-Esophageal Reflux Disease (GERD), Peptic Ulcer, Short Bowel, Inflammatory Disease, etc	♥ M
343	Diabetes Mellitus	Type 1 or type 2 (diagnosed prior to pregnancy)	♥ M
344	Thyroid Disorders	Hyper or hypothyroidism	M
345	Hypertension and Pre-hypertension	High blood pressure, Pregnancy-induced high blood pressure, Preeclampsia	♥ M
346	Kidney Disease (renal)	Any kidney disease (does not include bladder infections)	♥ M
347	Cancer	Any cancer	♥ M
348	Central Nervous System Disorders	Epilepsy, Cerebral Palsy, neural tube defects, Parkinson's or Multiple Sclerosis	♥ M
349	Genetic and Congenital Disorders	Cleft palate, down's syndrome, muscular dystrophy	♥ M
351	Inborn Errors of Metabolism	PKU, Maple syrup Urine Disease or other metabolic disorders	♥ M
352	Infectious Diseases	Tuberculosis, Pneumonia, meningitis, hepatitis, bronchitis (3 episodes in 6 mos), HIV/AIDS	♥ M
353	Food Allergies	Immune response to food allergen	♥ M
354	Celiac Disease	Celiac Sprue, Gluten Enteropathy	♥ M
355	Lactose Intolerance	Inability to digest lactose	M
356	Hypoglycemia	Low Blood Sugar	♥ M
358	Eating Disorders	Anorexia nervosa, bulimia	♥ M
359	Recent Major Surgery, Trauma, Burns	Any major surgery, trauma or burns within past 2 mos or more than 2 mos if diagnosed need	M
360	Other Medical Conditions	Asthma (Severe or moderate), cystic fibrosis, heart disease, Rheumatoid Arthritis	M
361	Depression	Clinical Depression	M
362	Developmental Delays, etc	Brain injury/impaired function, autism, etc	♥ M
371	Maternal Smoking	Any smoking of tobacco products*	M
372	Alcohol and Drug Use	Any alcohol or illegal drug use*	M
381	ORAL HEALTH CONDITIONS	Dental caries, periodontal disease, tooth loss	M

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“D” (Dietary) Codes

Code #	Code Name	Description/Cut-off	Icon
401	Not meeting dietary guidelines	<ul style="list-style-type: none"> No other risk identified 	 M
427.1	Consuming dietary supplements with potentially harmful effects	Exceeding recommended doses <ul style="list-style-type: none"> Single or multi-vitamins Mineral supplements (iron) Herbal or botanical supplements and remedies 	M
427.2	Diet very low in calories/essential nutrients; or hx of bariatric surgery	<ul style="list-style-type: none"> Vegan diet Macrobiotic diet Other diets low in calories/nutrients Bariatric surgery 	M
427.3	PICA	Compulsively consuming non-food items such as: <ul style="list-style-type: none"> Dirt, clay, starch 	M
427.4	Not providing recommended supplements	<ul style="list-style-type: none"> Consumption of less than 27 mg of iron as a supplement daily by pregnant woman. Consumption of less than 150 µg of supplemental iodine per day by pregnant and breastfeeding women. 	M
427.5	Consuming potentially contaminated foods	<ul style="list-style-type: none"> Unpasteurized juice Unpasteurized milk Raw fish or shellfish Smoked seafood Hot dogs, luncheon meats not heated until steaming hot Raw/undercooked meat Soft, unpasteurized cheeses (queso fresco, Brie) Raw or undercooked eggs (sunny-side, poached, soft boiled) Raw sprouts 	M
601	Breastfeeding Mother	<ul style="list-style-type: none"> Mother’s milk is the primary source of nutrition for an infant 	
602	Breastfeeding Complications	<ul style="list-style-type: none"> Severe breast engorgement Recurrent plugged ducts Mastitis Flat or inverted nipples Severely sore or damaged nipples ≥40 years of age Tandem nursing (not twins) 	 M

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“E” (Environmental) Codes

Code #	Code Name	Description/Cut-off	Icon
801	Homelessness	<ul style="list-style-type: none"> • Without a regular nighttime residence; or primary nighttime residence is a shelter • Temporarily lives with another person (<365 days) 	
802	Migrancy	<ul style="list-style-type: none"> • At least one person in the family works in agriculture on a seasonal basis 	
901	Abuse	<ul style="list-style-type: none"> • Physical/emotional/sexual abuse • Neglect 	M
902	Limited ability to prepare foods or determine when to provide food	<ul style="list-style-type: none"> • ≤ 17 years of age (HANDS assigns) • Mental or physical disability • Severe depression • Hx or current substance abuse 	M
903	Foster Care	<ul style="list-style-type: none"> • In foster care ≤ 6 months 	
904	Smoke Exposure	<ul style="list-style-type: none"> • Smoking or exposure to smoke 	M