



WIC Food Package...What's New!

Arizona WIC Partner's Meeting

by Karen Henry, MS, RDN

Reminder: Effective May 5, 2014

- Children's CVV ↑ \$8.00
- Pregnant women who are also PN (mostly nursing) can receive the same package as a fully breastfeeding women ("PG & PN" packages)
- IEN packages can no longer contain medical foods (e.g. HMF)
- Infant fruits & veggies may be issued special needs children and women with a prescription



**COMING
SOON!**

CHANGE

October 1st, 2014

Chapter 3 Policy changes

April 1st, 2015

New food package options

October 1st, 2014

Chapter 3 Policy Changes



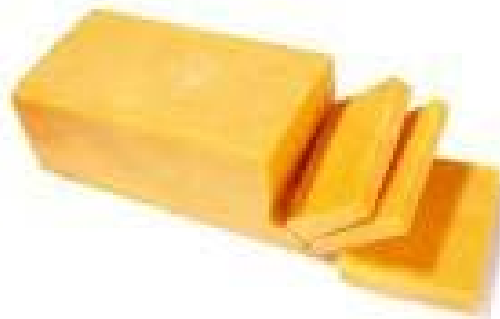
Milk Policy Changes

- One year olds can get 2% milk if overweight or obesity is a concern without a prescription
- One year olds can get 2% milk for additional reasons if fragile needs and have a prescription
- For children two years and older and women, 2% milk is only available for medical conditions such as:
 - Underweight
 - Maternal weight loss



Cheese Limits

- 1 lb of cheese for C, PG, P, PN women
- 3 lb cheese for EN women, mostly BF Multiples, pregnant with multiples, and pregnant women who are also breastfeeding



Soy milk, Tofu, and Goat Milk

- Prescription no longer required



New Rx Form

- Just one form!





Arizona WIC Special Formula Authorization Form

Client Name: _____

Date of Birth: _____ WIC Client ID: _____

*Please fully complete every section (1-7) to avoid delays in issuance. Please choose WIC rebated formulas whenever possible, as noted by **

1. Current Formula Request:

- | | |
|--|--|
| <input type="checkbox"/> Similac Advance*
<input type="checkbox"/> Similac Sensitive*
<input type="checkbox"/> Similac for Spit-up*
<input type="checkbox"/> Similac Total Comfort*
<input type="checkbox"/> Enfamil ProSobee*
<input type="checkbox"/> Enfagrow Toddler Transitions Soy* | <input type="checkbox"/> Alimentum
<input type="checkbox"/> Nutramigen
<input type="checkbox"/> Enfamil Enficare (Powder and RTF)
<input type="checkbox"/> Gerber Good Start Nourish (Powder and RTF)
<input type="checkbox"/> Similac Expert Care Neosure (Powder and RTF)
<input type="checkbox"/> Pediasure (must meet WIC criteria for issuance)
<input type="checkbox"/> Other: _____ |
|--|--|

2. Amount of Formula Requested Per Day: _____

(Ad lib is not an acceptable response)

- Oral Tube Feeding

3. Form of Formula:

- Powder Concentrate Ready-to-feed

Note: Concentrate or Ready to feed form given to premature clients unless otherwise specified.

4. Diagnosis for routine formula (includes Similac Advance, Similac Sensitive, Similac for Spit-up, Enfamil ProSobee, and Similac Total Comfort):

- Formula Intolerance Food allergy Inappropriate growth patterns Other: _____

Diagnosis for Special Formula or Medical Food:

- Prematurity GERD or reflux Dysphagia Failure to thrive (2nd percentile wt/length or 5th percentile BMI/age)
 Severe food allergy Other: _____

Note: Must be a specific medical diagnosis.

5. WIC Foods:

- Default to WIC RD to choose appropriate WIC foods **OR** Check any foods listed below that are not appropriate for this patient.

Category	WIC Foods	Do <u>Not</u> Give	Category	WIC Foods	Do <u>Not</u> Give
Infants (6-11 mo.)	Infant cereal Infant Jarred-fruits/vegetables	<input type="checkbox"/> <input type="checkbox"/>	Exclusively Nursing Women	Canned Fish	<input type="checkbox"/>
Children (1-5 yr.) and Women	Cow's milk Cheese Eggs Peanut butter Whole grains** Cereal Beans Vegetables/fruits Juice Soy milk Tofu	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	(If whole, 2%, 1%, nonfat milk specifically needed please indicate type and reason in the comment section below. This can not default to the WIC RD. Children 12-24 months are typically given whole milk, and those 2-4 years old are typically given 1% or nonfat milk.) Comments: _____ _____ _____ _____		

***Grains include the options of whole wheat bread, brown rice, and/or corn tortillas.*

6. Length of Time Requested: Up to first birthday **OR** # months: _____ **OR** # weeks: _____

7. Print Provider Name/Title: _____ **Date:** _____

Healthcare Provider Signature: _____ **Phone Number:** _____

Local Nutritionist/State Approval

Approved Not Approved **Length of Authorization:** From _____ To _____

Comments: _____

Signature: _____

April 1st, 2015

Food List Changes

Food List Theme

- May be changing
- Influenced by participant Focus Group testing
- Anticipated to coincide with a new ID folder



Yogurt



Children & women: 1 quart of yogurt may be substituted for one of the quarts of milk

Any flavor, 32 oz. quart sized yogurts:

- Some national brands that have all flavors meeting requirements
- Any store brand

Cannot Buy

Yogurts that are:

- Greek
- Organic
- Drinkable

Yogurt with mix-ins (such as granola, candy pieces, honey, nuts, and similar ingredients)

Soy Milk

- Adding Silk Original as a soymilk option:



Whole Wheat Bread

- Replacing generic wheat bread picture with pictures of all eligible wheat breads.
- Adding **Nature's Own 100% Whole Wheat Bread** as an additional whole wheat bread



Whole Wheat Flour Tortillas

- Removing La Baderita Fajita Whole Wheat Tortillas
 - New Federal Regulation require “whole wheat flour must be the only flour listed in the ingredients”
- May be adding 16 oz, Ortega Whole Wheat Tortillas



Whole Wheat Pasta



- Anticipate at least two brands on the food list
- Whole wheat pasta manufacturers making changes to accommodate the new WIC food option
- 16 oz size only, no organic

Canned and Frozen Fruits & Vegetables Pages

- Adding generic pictures



Beans

- Anticipate changing from brand specific to “any brand” for canned beans



Cereal

- Adding Rice Chex back



Decided not to add at this time:

- Dried fruits and vegetables



- Canned jack mackerel (fish option for EN women)



Anticipate adding in the future (with or after EBT implementation)



9- 12 months olds to get CVV for part of their infant fruits & veggies allowance

- Will require enhancement to HANDS before implementation can occur



Questions?