



# State of the State

January 20, 2017

Presenting To

APIC Grand Canyon | Phoenix, AZ

Arizona Department of Health Services



ARIZONA DEPARTMENT  
OF HEALTH SERVICES

*Health and Wellness for all Arizonans*

# Agenda

- **Welcome**
  - Ken Komatsu
- **MEDSIS/MU**
  - Teresa Jue/Sara Imholte
- **Hepatitis B & C**
  - Elizabeth Kim
- **Vaccine Preventable Disease**
  - Susan Robinson
- **Vector/RMSF**
  - Hayley Yaglom
- **Influenza**
  - Rachel Perry
- **Zika**
  - Kara Tarter
- **HAI**
  - Rachana Bhattarai/Geoff Granseth
- **STD**
  - Ryan Kreisberg
- **HIV Surveillance**
  - Victoria Hansen
- **TB**
  - Amanda Swanson
- **Foodborne**
  - Bria Hamlet
- **Cocci**
  - Xandy Peterson
- **Questions**

# Welcome

- Ken Komatsu
  - Rulemakings In Progress: Communicable Diseases
    - <http://azdhs.gov/director/administrative-counsel-rules/rules/index.php#rulemakings-active-communicable-diseases>



# Updates

January 20<sup>th</sup>, 2017

APIC State of the State

Teresa Jue



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# 2016 MEDSIS Updates

- New adult and childhood blood lead reporting in MEDSIS.

2 Methods:

- a. Direct Entry into MEDSIS
- b. Submission of a standardized spreadsheet

If your facility performs blood lead testing and would like to report through either method, please contact the MEDSIS Help Desk at [medsishelpdesk@siren.az.gov](mailto:medsishelpdesk@siren.az.gov)

- Next of Kin table
  - a. Introduced in November 2016!!
  - b. New next of kin table available during New Case Entry; users can provide additional contact information for public health follow-up.

## Enter New Case

### Next of Kin

| Primary              | Name                 | Relationship         | Address              | Phone/Emails         | Comments |
|----------------------|----------------------|----------------------|----------------------|----------------------|----------|
| Prefix               | *First               | Middle               | *Last                | Suffix               |          |
| <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |          |

# 2016 MEDSIS Updates

- Selecting default roles for users with multiple facilities
  - a. Users who are reporting on behalf of multiple facilities can now select which default role you would like when accessing MEDSIS.

The screenshot displays the MEDSIS user interface. At the top left is the MEDSIS logo with the tagline "Medical Electronic Disease Surveillance Intelligence System". Below the logo is a navigation bar with links for Home, Cases, Search, Merge Records, Reports and Extracts, and OB Management. A blue banner below the navigation bar reads "Welcome to MEDSIS". A red banner at the bottom of the page contains a maintenance notice: "Please note: MEDSIS will be unavailable every Thursday evening from 6pm to 7pm for scheduled maintenance".

On the right side, a user profile dropdown menu is open. The menu items are:

- EPI at Arizona Department of Health Services (highlighted with a purple oval)
- Amy Lai SIREN\alai
- DE at Flagstaff Medical Center
- EPI at Arizona Department of Health Services
- TB EPI at Arizona Department of Health Services
- EPI at Coconino County Public Health Services District
- TB EPI at Coconino County Public Health Services District

At the bottom of the dropdown menu, there are two options: "Make this my default role" (highlighted with a red oval) and "Sign Out".

Two callout boxes provide instructions:

- A purple box with a line pointing to the "EPI at Arizona Department of Health Services" item contains the text: "Click to see the Dropdown menu".
- A red box with a line pointing to the "Make this my default role" option contains the text: "Click to set the selected role".

# 2016 MEDSIS DE Updates

- 1 focus group and 2 workgroup meetings were held in 2016.
- The 2017 MEDSIS Healthcare User Workgroups
  - a. **Will be scheduled in the next few weeks.**

If you are interested in providing feedback and helping with the prioritization of future enhancements or fixes, please e-mail the MEDSIS Help Desk at

[medsishelpdesk@siren.az.gov](mailto:medsishelpdesk@siren.az.gov)

# What's next for 2017?

- More enhancements to improve the case reporting workflow in MEDSIS
  - a. Currently researching how hospital users can add additional information to previously reported cases instead of creating new cases for each new result or update.
  - b. More auto-populated fields, like county based off of zip code.



# Questions?

[medsishelpdesk@siren.az.gov](mailto:medsishelpdesk@siren.az.gov)



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# Meaningful Use

Sara Imholte



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# Meaningful Use

- Electronic Health Record Incentive Program run by CMS
- Two types of healthcare providers
  - **EP**: Eligible Professionals
  - **EH/CAH**: Eligible Hospitals/Critical Access Hospitals
- Three Stages (Stage 3 starts 2017 or 2018)
  - Continue support advanced use of Health Information Technology to improve outcomes for patients



# CMS Finalizes 2 New Rules Fall 2016

1. Merit-Based Incentive Payment System (MIPS) and the Alternative Payment Model (APM) Incentive Under the Physician Fee Schedule, and Criteria for Physician-Focused Payment Models (also known as Quality Payment Program)  
*EP (EC)*
2. Hospital Outpatient Prospective Payment and Ambulatory Surgical Center Payment Systems... Electronic Health Record (EHR) Incentive Programs... (also known as OPPI)  
*EH/CAH*



# What's important for public health and partners to know

- Meaningful Use hasn't gone away
- Incorporation of Meaningful Use into other CMS programs
- Same Public Health measures available (counting may be different)

# Eligible Healthcare Provider Types

| Federal Rule and Program      | Stage 3 MU EHR Incentive Program   | MIPS/APM Quality Payment Program                                       | OPPS EHR Incentive Program   |
|-------------------------------|--|--|--|
| <b>Eligible Provider Type</b> | Medicaid clinicians, and hospitals who bill either Medicare or Medicaid<br><br><b>EP</b> <b>EH/CAH</b> | Medicare part B clinicians<br><br><b>EP / Eligible Clinicians (EC)</b> | Hospitals that attest to Medicare EHR incentive program or both Medicaid and Medicare (dual-eligible)<br><br><b>EH/CAH</b> |



# Public Health Measures Available at ADHS

- Immunization Registry (ASIS) *bidirectional* EP EH/CAH
- Electronic Lab Reporting (ELR) to PH EH/CAH
- Syndromic Surveillance EH/CAH
- Cancer Registry EP
- *FUTURE* - Electronic Case Reporting EP EH/CAH

## CDC

- NHSN Antimicrobial Use and Resistance EH/CAH
- National Health Care Surveys EP EH/CAH

# THANK YOU

[MeaningfulUse@azdhs.gov](mailto:MeaningfulUse@azdhs.gov) | 602-542-6002

azhealth.gov

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# Hepatitis B and C

January 20, 2017

Presenting To

APIC: State of the State | Phoenix, AZ

Elizabeth Kim, MSPH | Epidemiologist

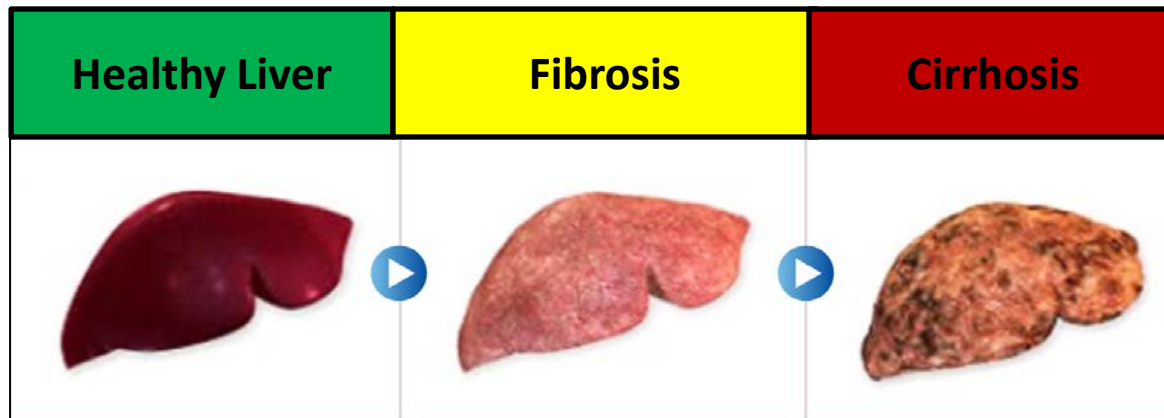


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# Objectives

- Hepatitis Refresher
- Hepatitis B and C
  - Surveillance
  - Statistics
  - Risk Factors
  - Testing Recommendations
- Hepatitis-HIV Co-Infections



# What is Viral Hepatitis?

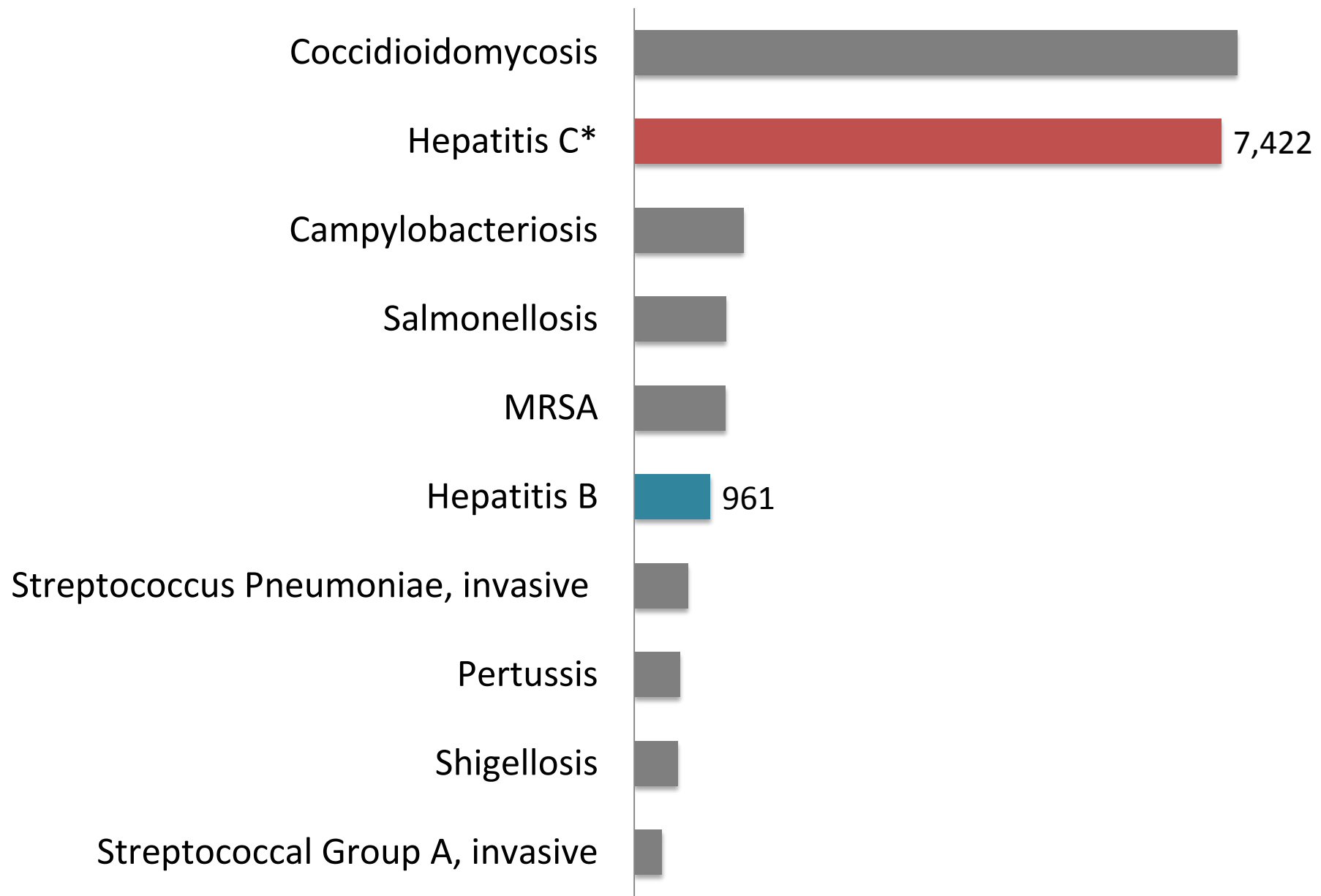
“Hepatitis” means inflammation of the liver. Hepatitis is often caused by a virus. The most common types of viral hepatitis are Hepatitis A, Hepatitis B, and Hepatitis C.



Hepatitis may also be caused by alcohol, side effects of medications, toxins, or bacteria.



# Top 10 Reported Diseases in Arizona, 2015



\*Based on ELR reports only





# The ABCs of Hepatitis B & C

|              |                                      |            |           |                               |   |   |
|--------------|--------------------------------------|------------|-----------|-------------------------------|---|---|
| <b>Hep B</b> | Estimated 19,200 acute cases in 2014 | Vaccine    | Treatment | 10% develop chronic infection | <ul style="list-style-type: none"><li>• Fever</li><li>• Fatigue</li><li>• Loss of appetite</li><li>• Nausea</li><li>• Vomiting</li><li>• Abdominal pain</li><li>• Dark urine</li><li>• Clay-colored stool</li><li>• Joint pain</li><li>• Jaundice</li></ul> | <ul style="list-style-type: none"><li>• Blood-borne</li><li>• IDU</li><li>• Occupational exposure</li><li>• Perinatal</li><li>• Sex</li></ul> |
| <b>Hep C</b> | Estimated 30,500 acute cases in 2014 | No Vaccine | Cure      | 80% develop chronic infection |   |   |



# Hepatitis B



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## Acute Hepatitis B

- Symptoms AND jaundice OR elevated liver enzyme levels
- HBsAg+ AND IgM+ (if done)

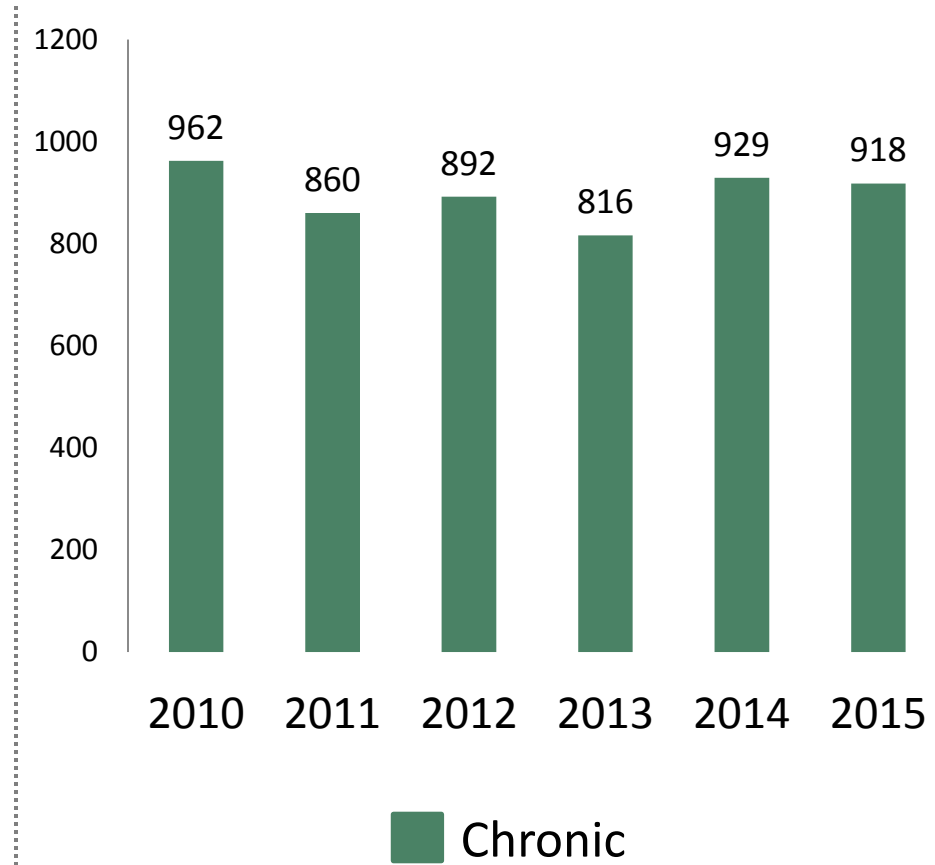
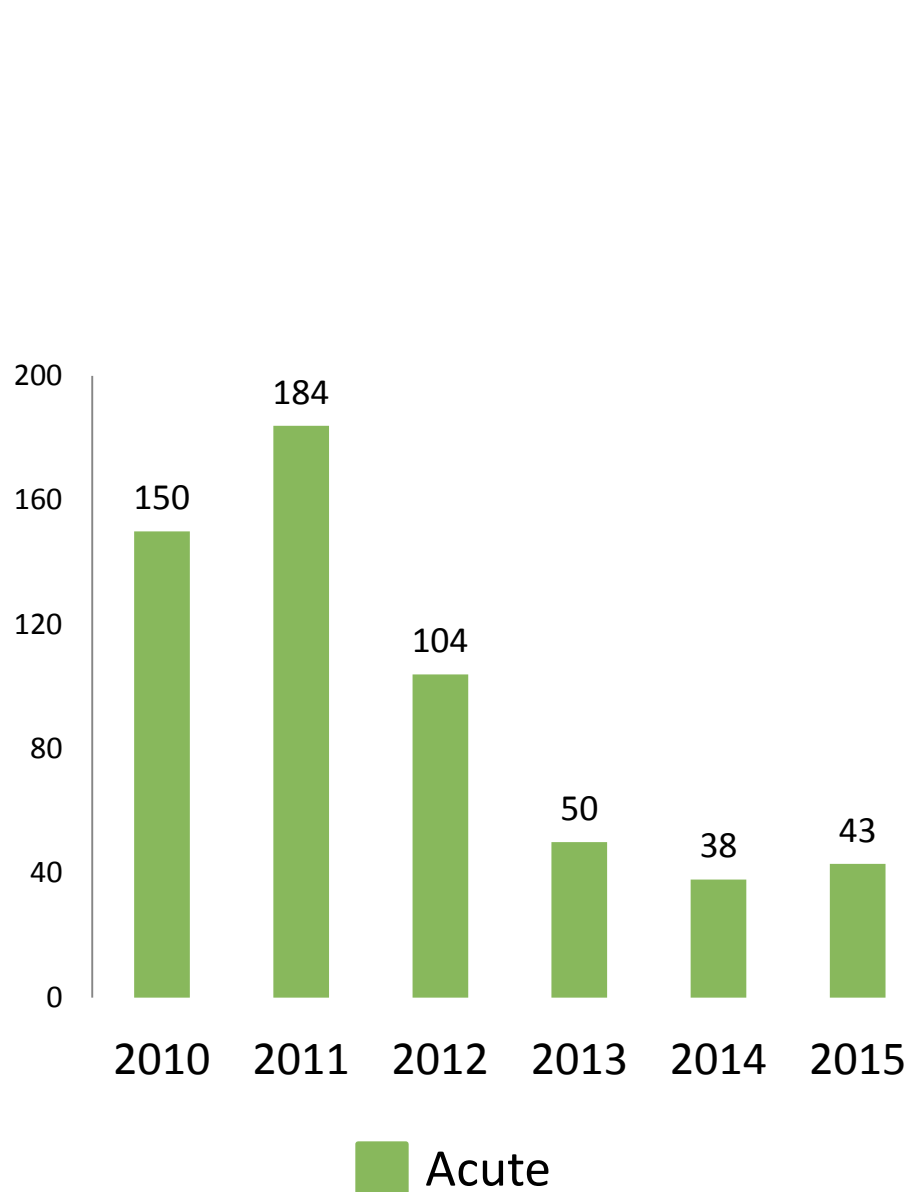


# Chronic Hepatitis B

- IgM- AND HBsAg + OR HBV DNA+ OR HBeAg+
- Doesn't meet criteria for acute



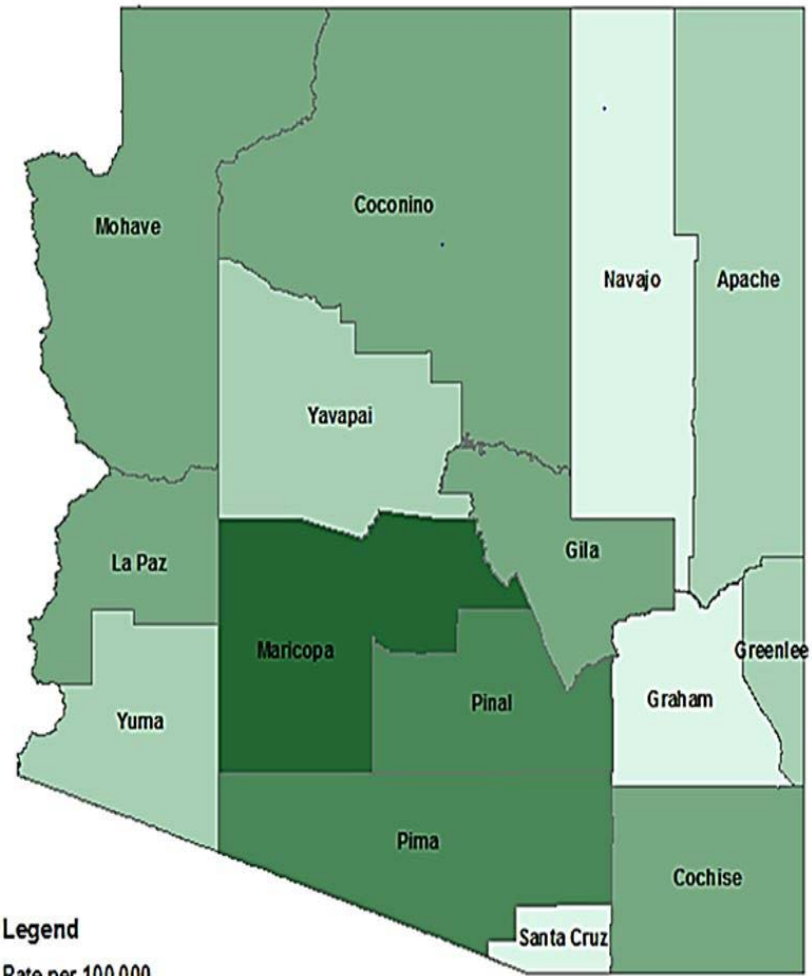
# Reported Hepatitis B Cases in Arizona



# Hepatitis B: Average Annual Rate 2006-2015

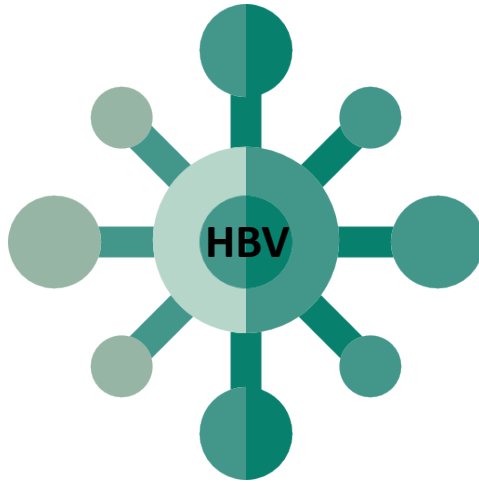


Acute



Chronic







# U.S. Preventive Services Task Force Final Recommendation on HBV

Screening for infection in adolescents  
and non-pregnant adults

– high risk

Screening for infection in pregnant  
women

– first prenatal visit





# Hepatitis C



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## Acute Hepatitis C

- Symptoms AND jaundice OR elevated ALTs
- Anti-HCV + OR HCV-RNA/NAT+

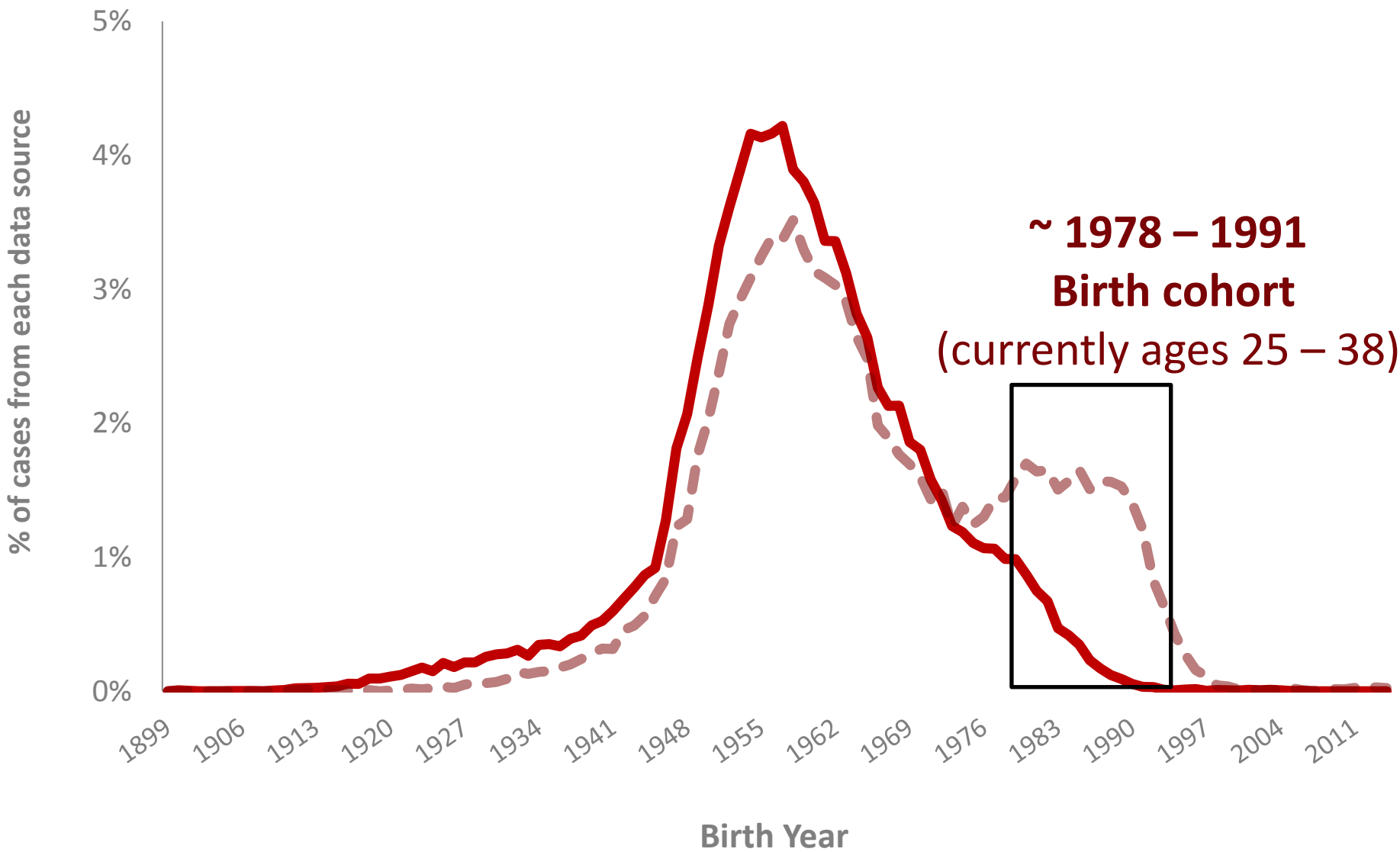
# Chronic Hepatitis C

- No available evidence of illness
- Anti-HCV+ OR HCV-RNA/NAT+

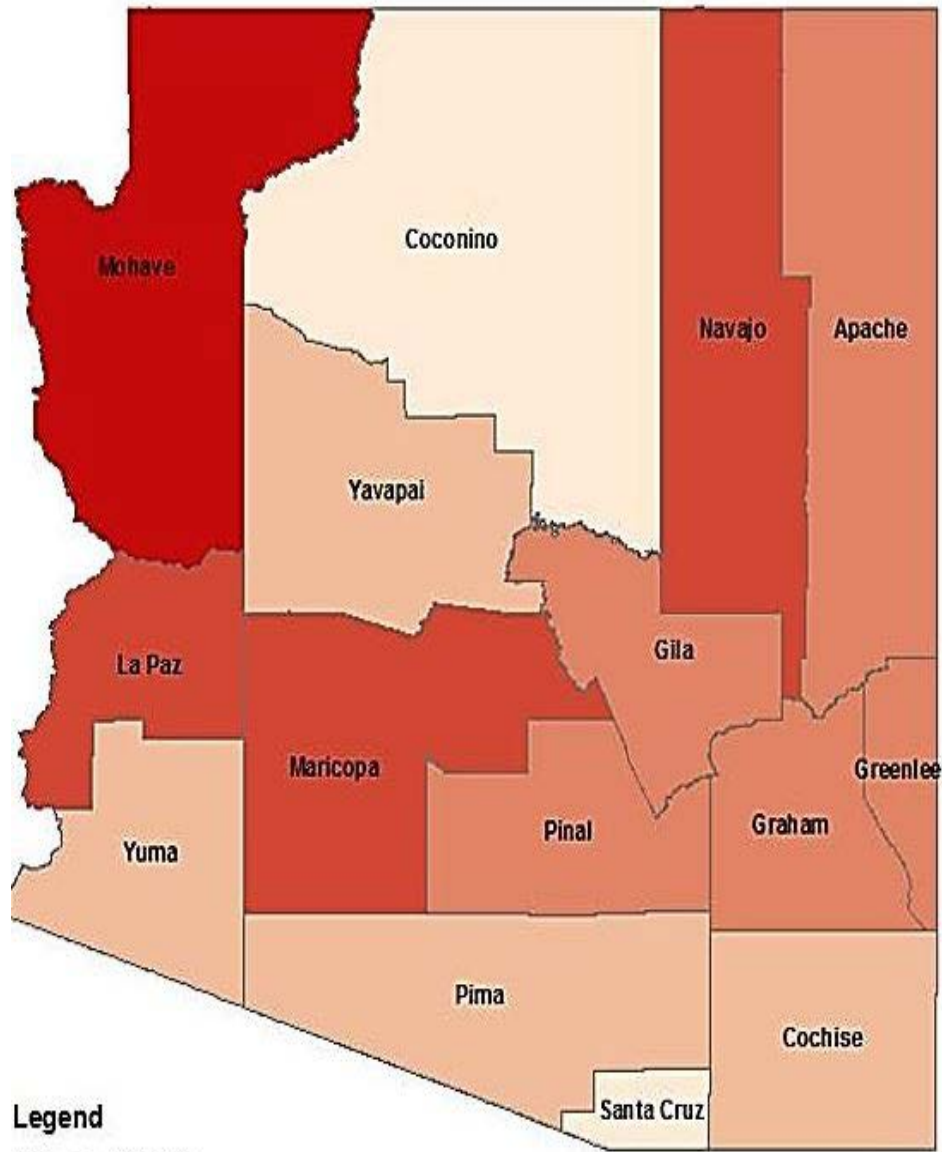




**— Reported 1998-2008**    **- - Reported 2009-2015 (ELR only)**



Excludes 735 cases with missing birthdate or ages <1 or >99 (possible data errors)



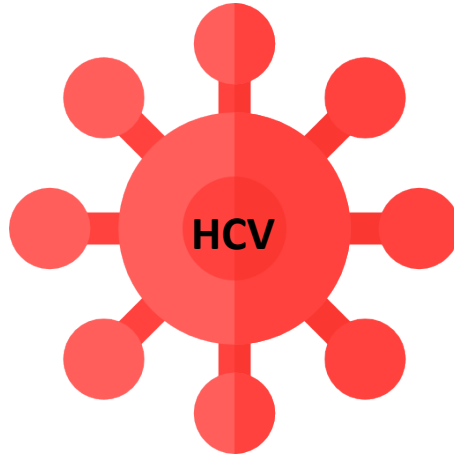
# Hepatitis C: Average Annual Rate\* 2013-2015

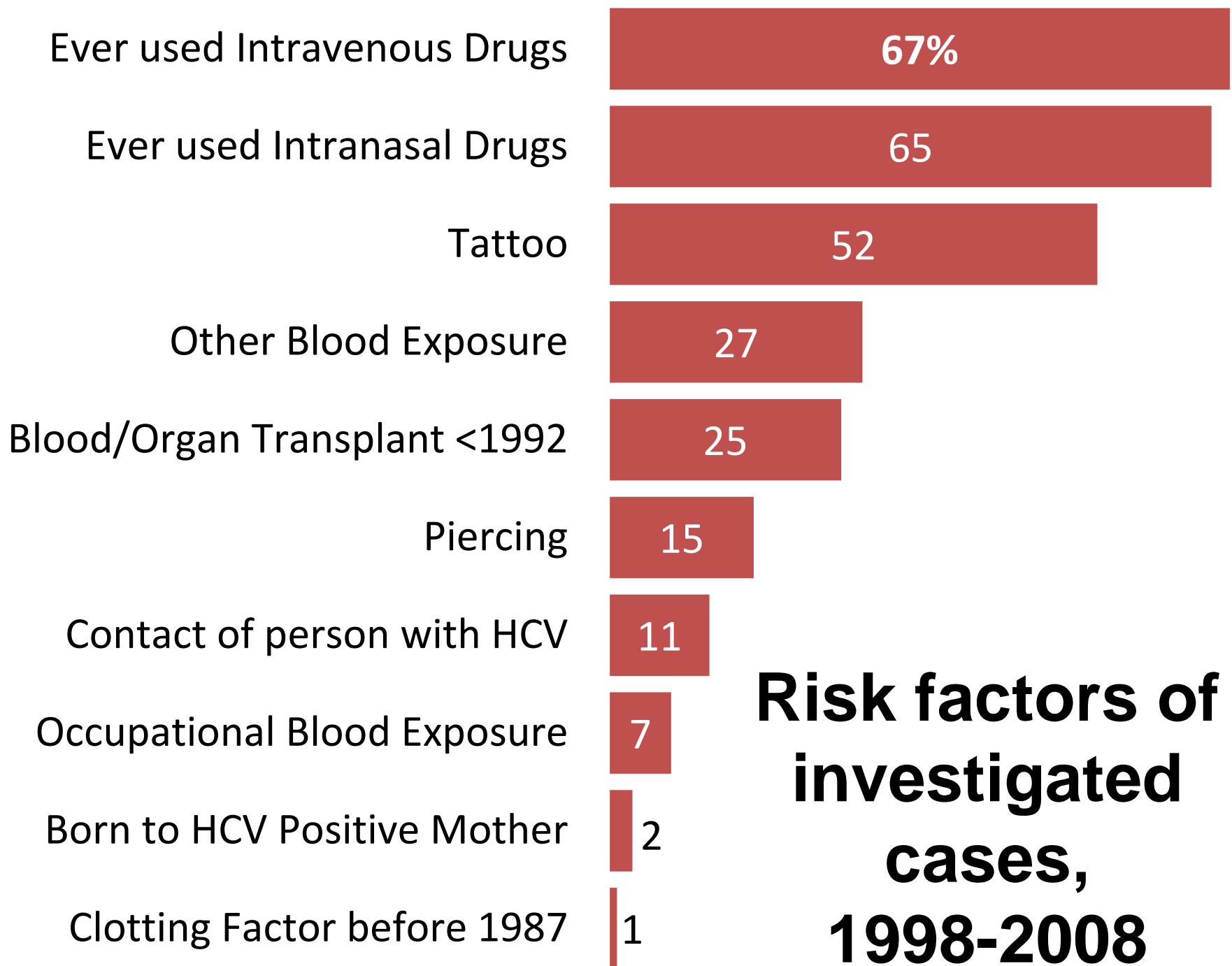
### Legend

Rate per 100,000

|             |
|-------------|
| 0.00-10.32  |
| 10.33-16.74 |
| 16.75-22.22 |
| 22.23-26.17 |
| 26.18-46.05 |

\*Based on ELR Reports, relative to county population





**Risk factors of investigated cases, 1998-2008**





# U.S. Preventive Services Task Force Final Recommendation on HCV

## Screening for infection in adults

- high risk
- 1-time screening to birth cohort 1945 to 1965



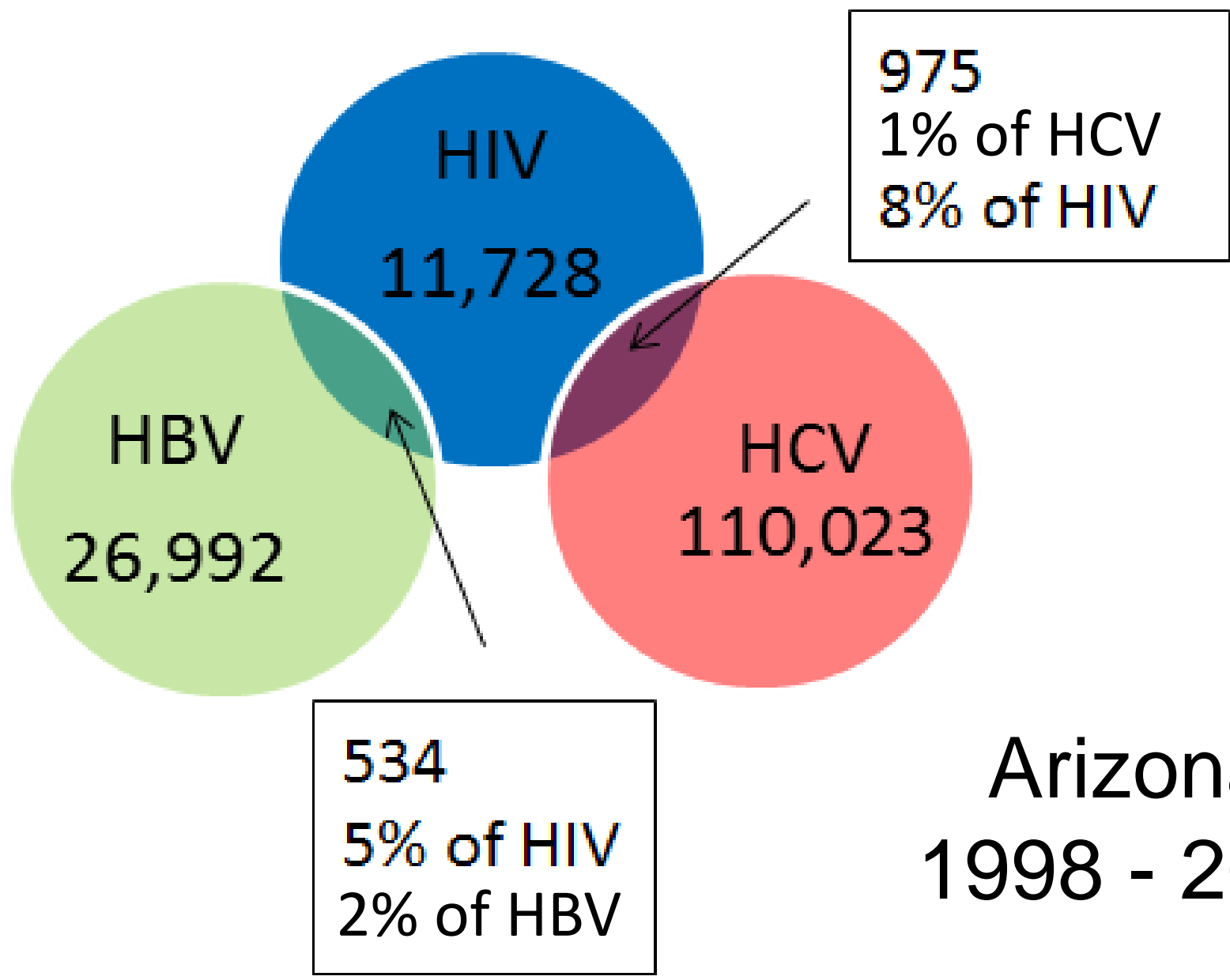


# Co-infections with HIV



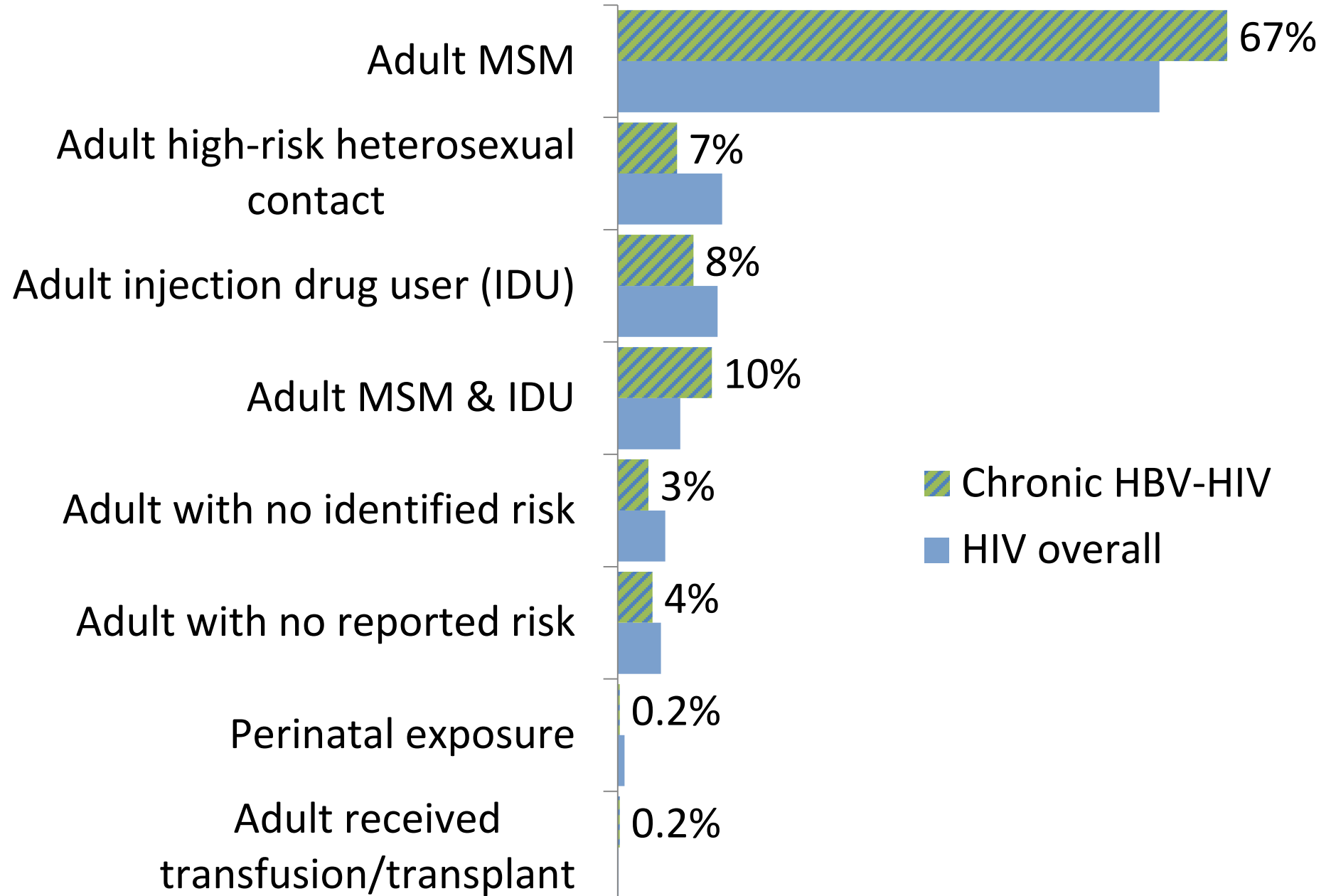
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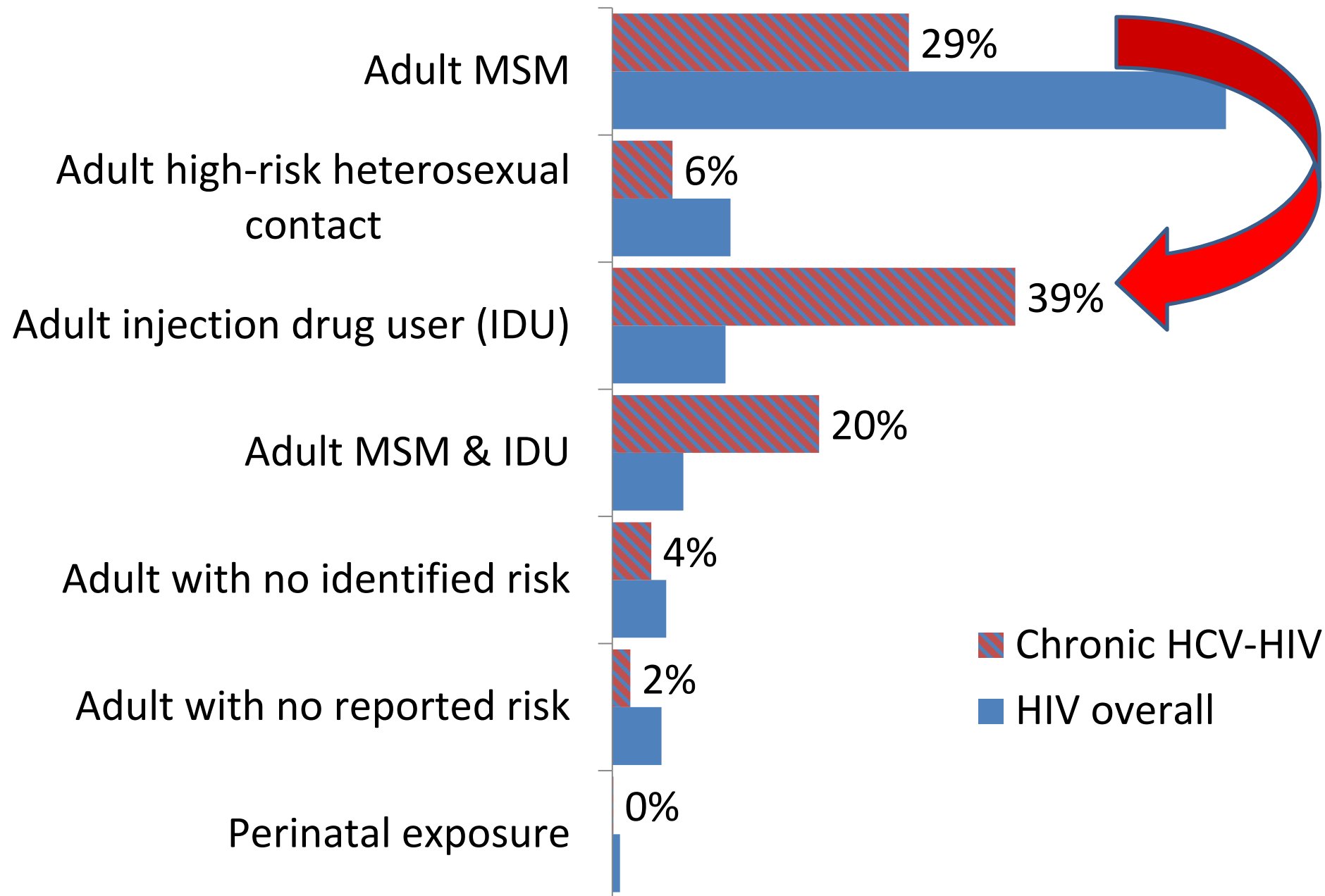


Arizona,  
1998 - 2014

# Chronic HBV and HIV



# Chronic HCV and HIV



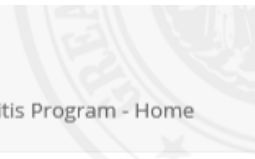


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# 2016 Viral Hepatitis Epidemiologic Profile for Arizona

June 2016





# Hepatitis Program

[ADHS Home](#) / [Public Health Preparedness](#) / [Epidemiology & Disease Control](#) / [Infectious Disease Services](#) / [Highlighted Infectious Diseases for Arizona](#) / [Hepatitis Program - Home](#)

- Home**
- About Viral Hepatitis
- Hepatitis A >
- Hepatitis B >
- Hepatitis C >
- Other Types of Viral Hepatitis
- Hepatitis Educational Materials
- Viral Hepatitis Summit
- Infectious Diseases A-Z
- Communicable Disease Reporting >
- Disease Data, Statistics, & Reports >
- Disease Investigation Resources >
- Legal Requirements

## Home



- [Arizona 2016 Viral Hepatitis Profile](#)
- [Check out ADHS' new hepatitis education materials](#)
- [Read CDC's Press Release on Rising Hepatitis C Death Toll](#)
- [Check out the new AZ hepatitis C resource directory](#)



**Hepatitis A**

Learn more about this foodborne disease that affects the liver.



**Hepatitis B**

Find out more about this bloodborne pathogen that affects the liver.



**Hepatitis C**

Information about this common disease that is the leading cause of liver cancer.



**Other Types**

Info about lesser-known forms of viral hepatitis that also affect the health of the liver.

# THANK YOU

Elizabeth Kim, MSPH | Epidemiologist

[Elizabeth.Kim@azdhs.gov](mailto:Elizabeth.Kim@azdhs.gov) | 602-542-4077

azhealth.gov

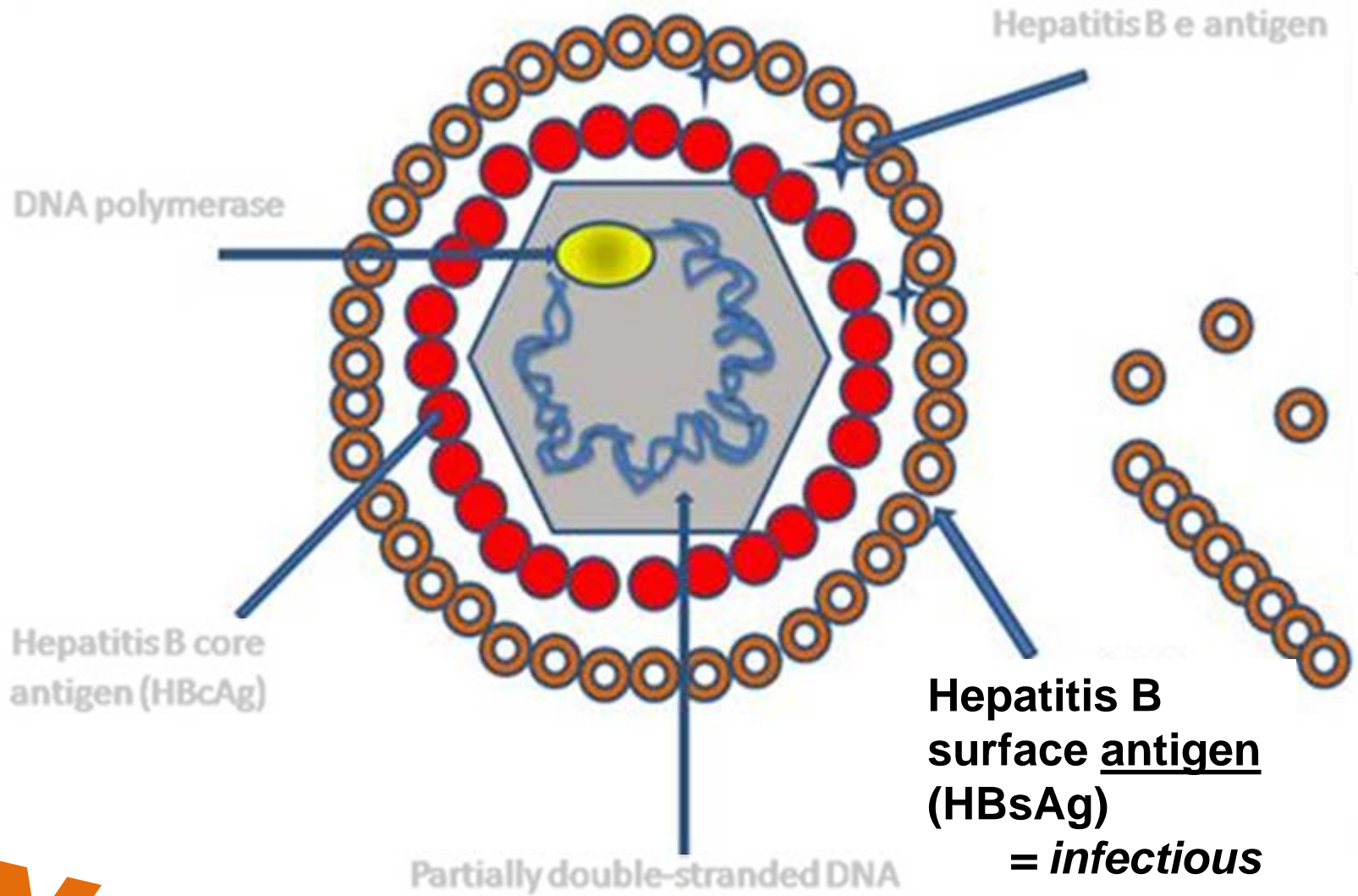
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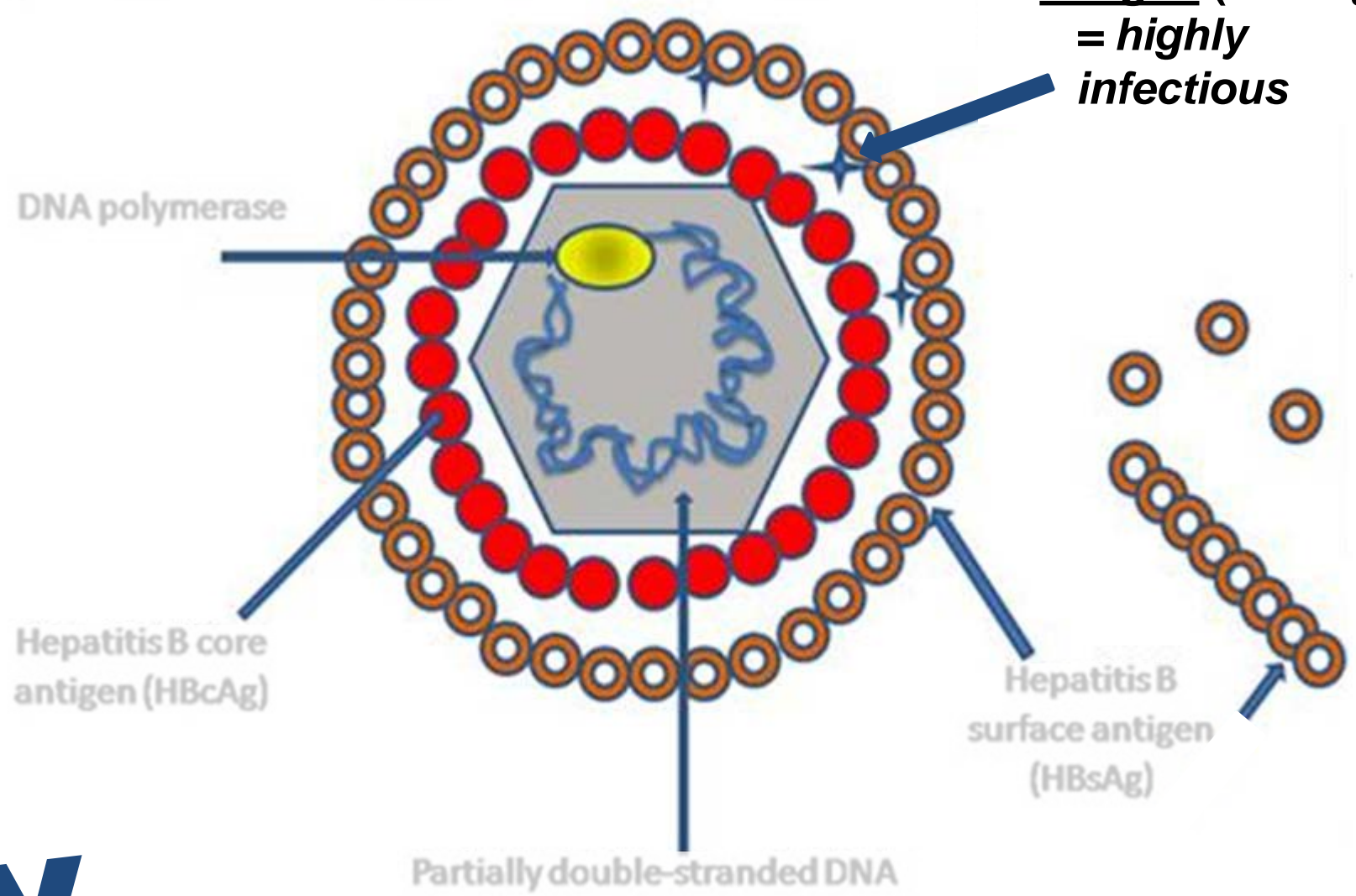
**Y**

Hepatitis B surface antibody  
(HBsAb) = *recovery*



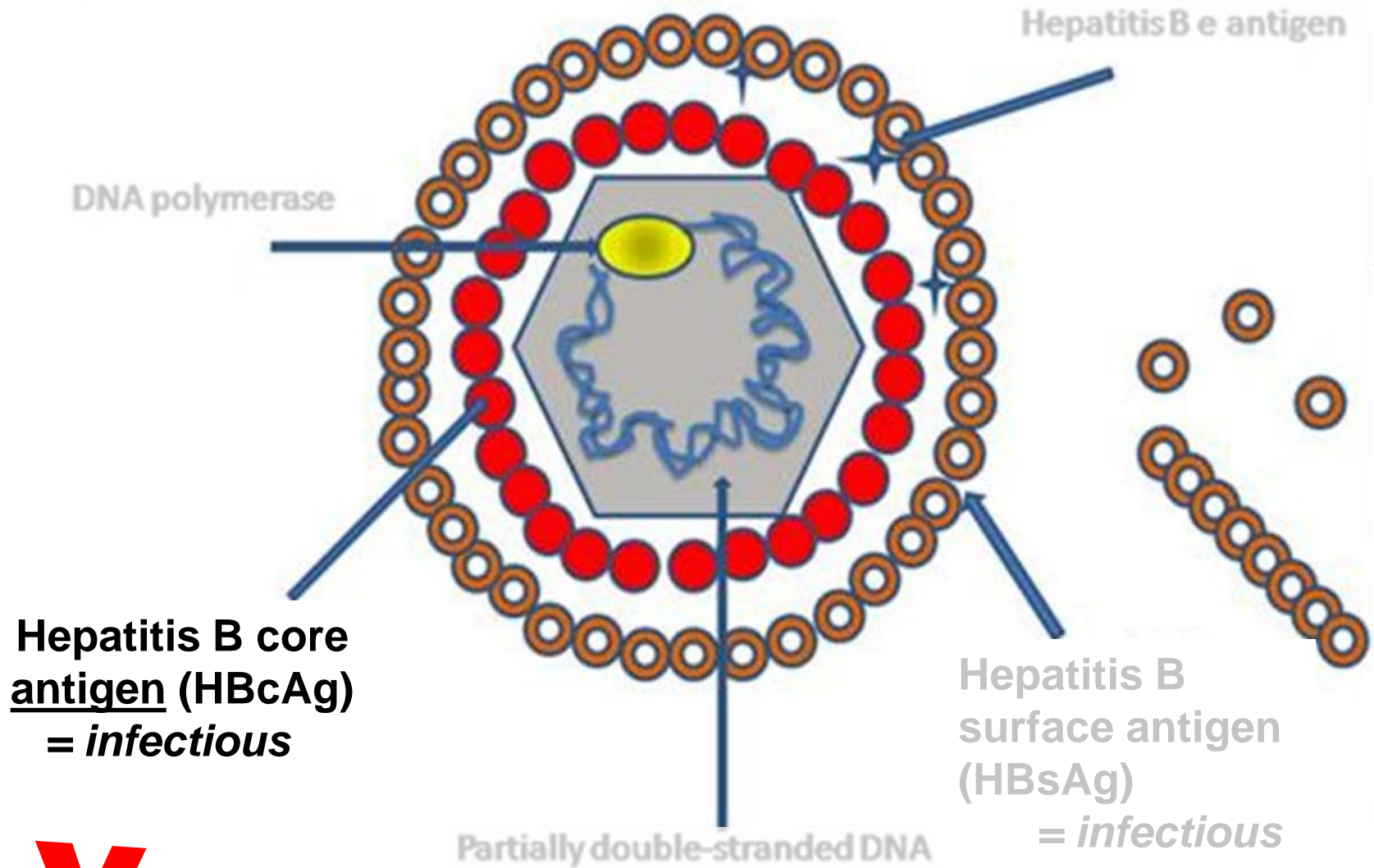


Hepatitis B envelope antigen (HBeAg)  
= *highly infectious*



**Y**

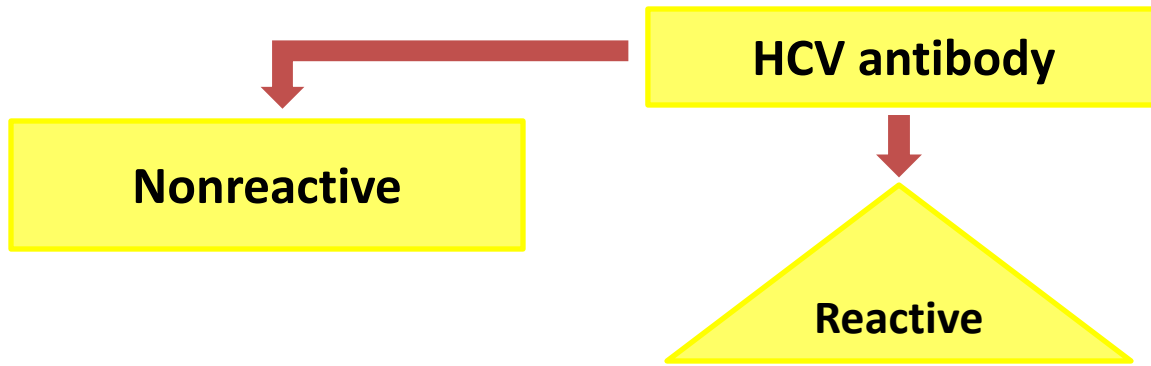
Hepatitis B envelope antibody (HBeAb) = *recovery*



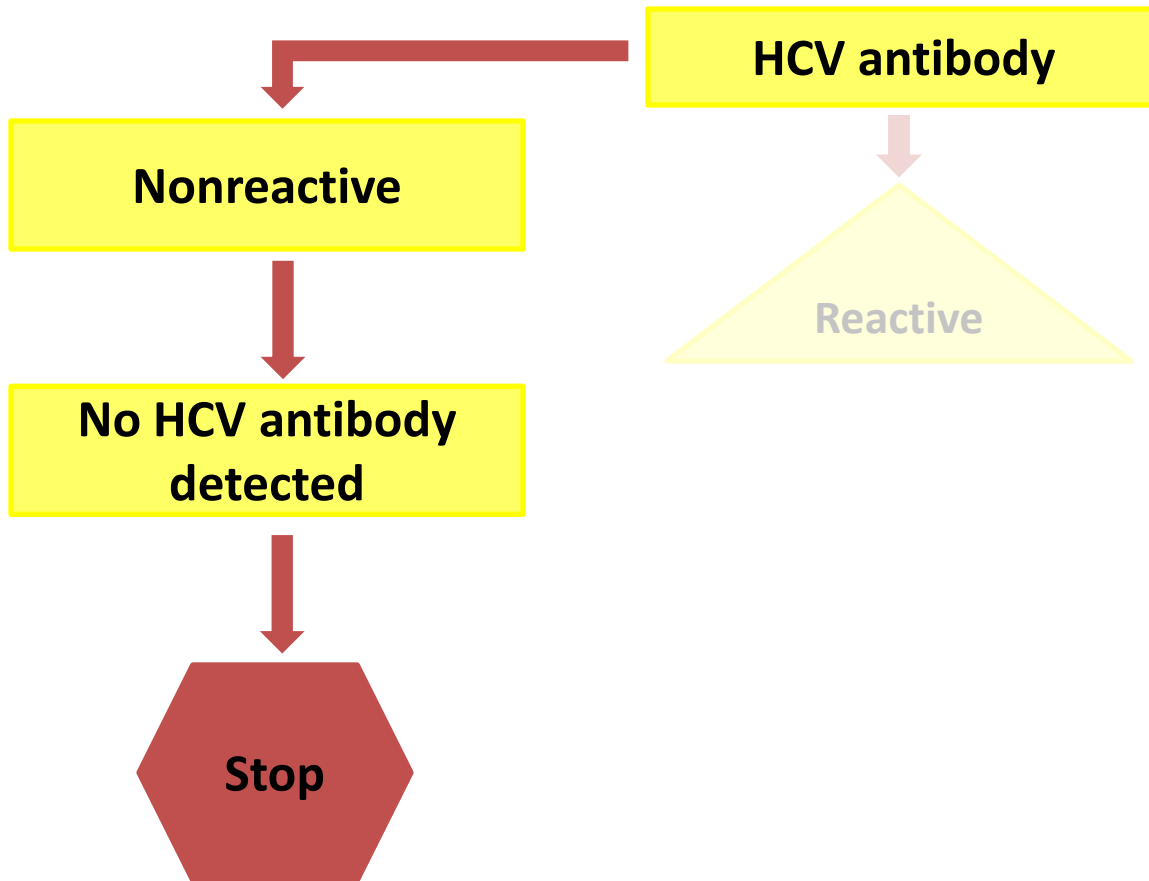
**Y**

**IgM antibody to hepatitis B core antigen (IgM anti-HBc) = *recent infection***

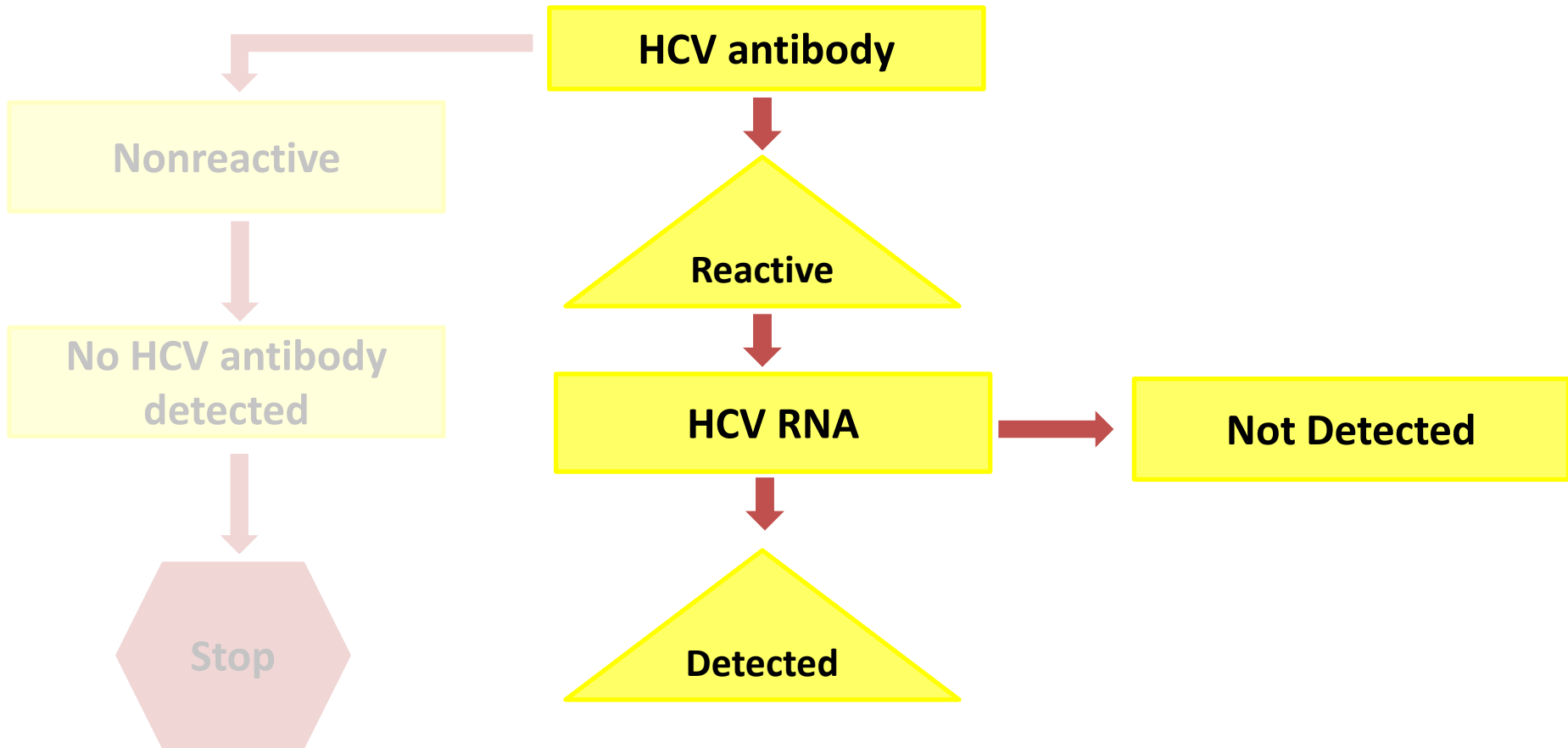
# How to Diagnose Hepatitis C Infection



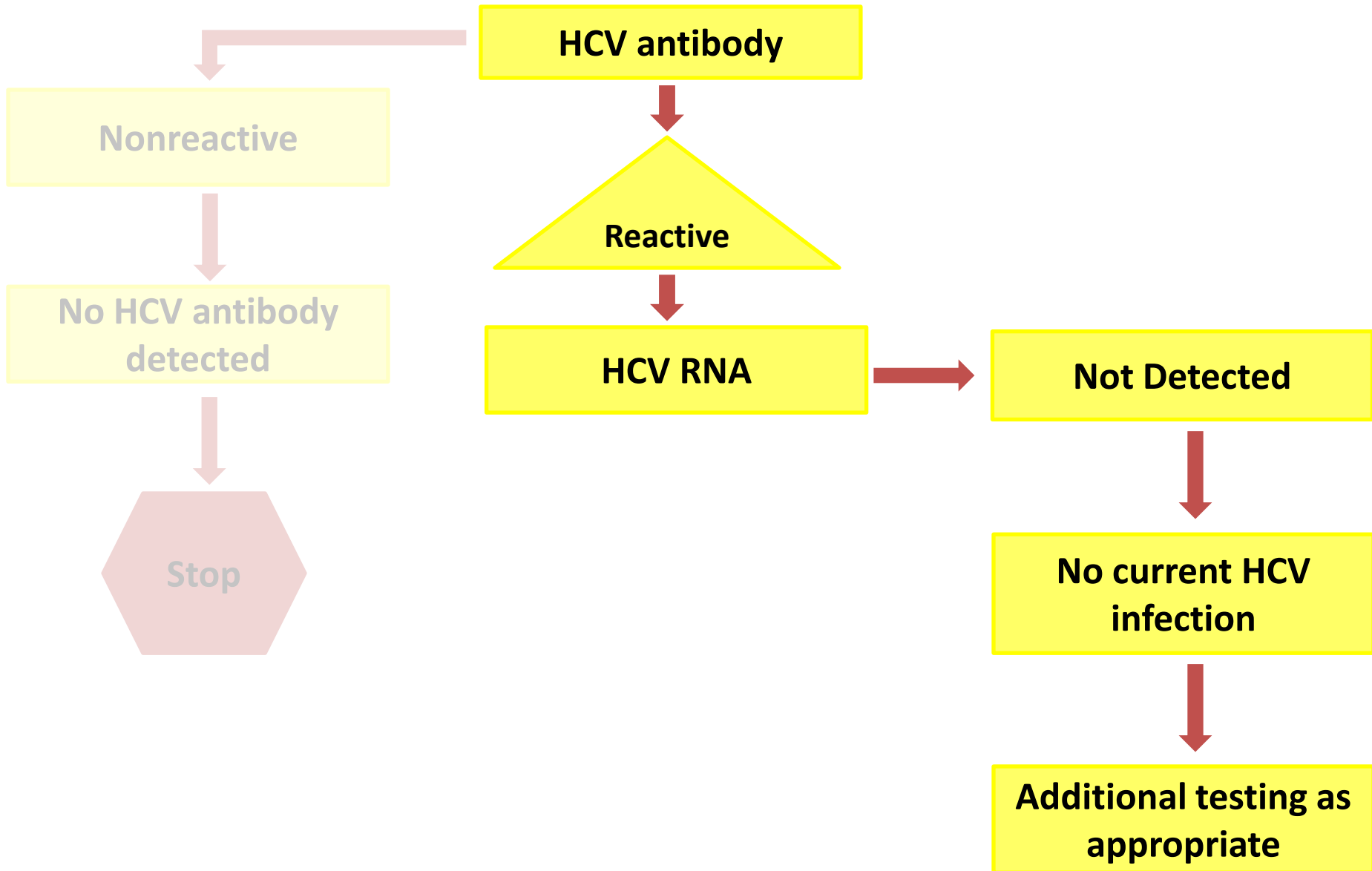
# How to Diagnose Hepatitis C Infection



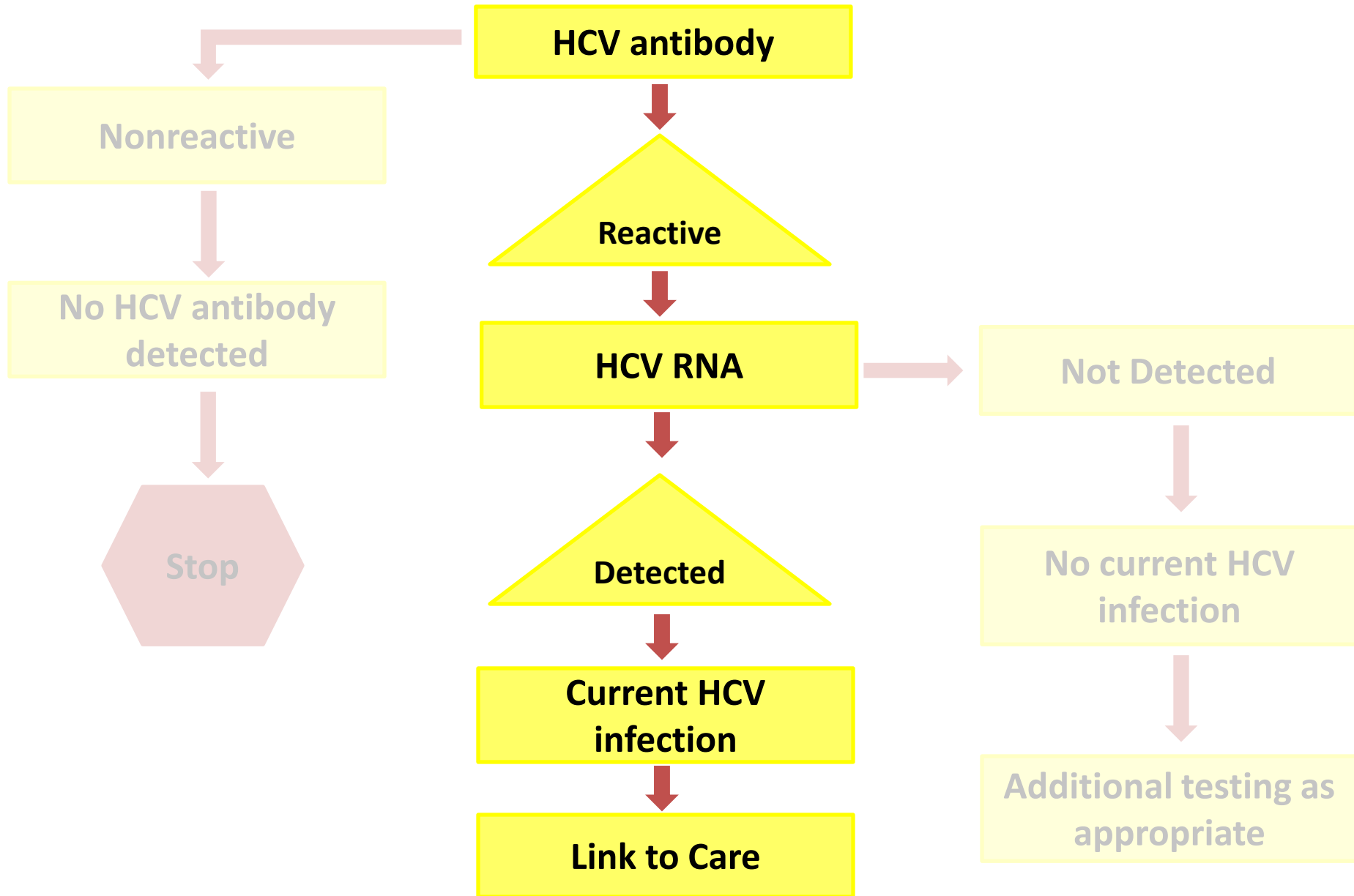
# How to Diagnose Hepatitis C Infection



# How to Diagnose Hepatitis C Infection



# How to Diagnose Hepatitis C Infection



# Vaccine Preventable Diseases 2016: Update on Fevers, Rashes, and Coughs

January 20, 2017

Presenting To

APIC Grand Canyon's State of the State | Phoenix, AZ

Susan Robinson, MPH | Vaccine Preventable Disease Epidemiologist



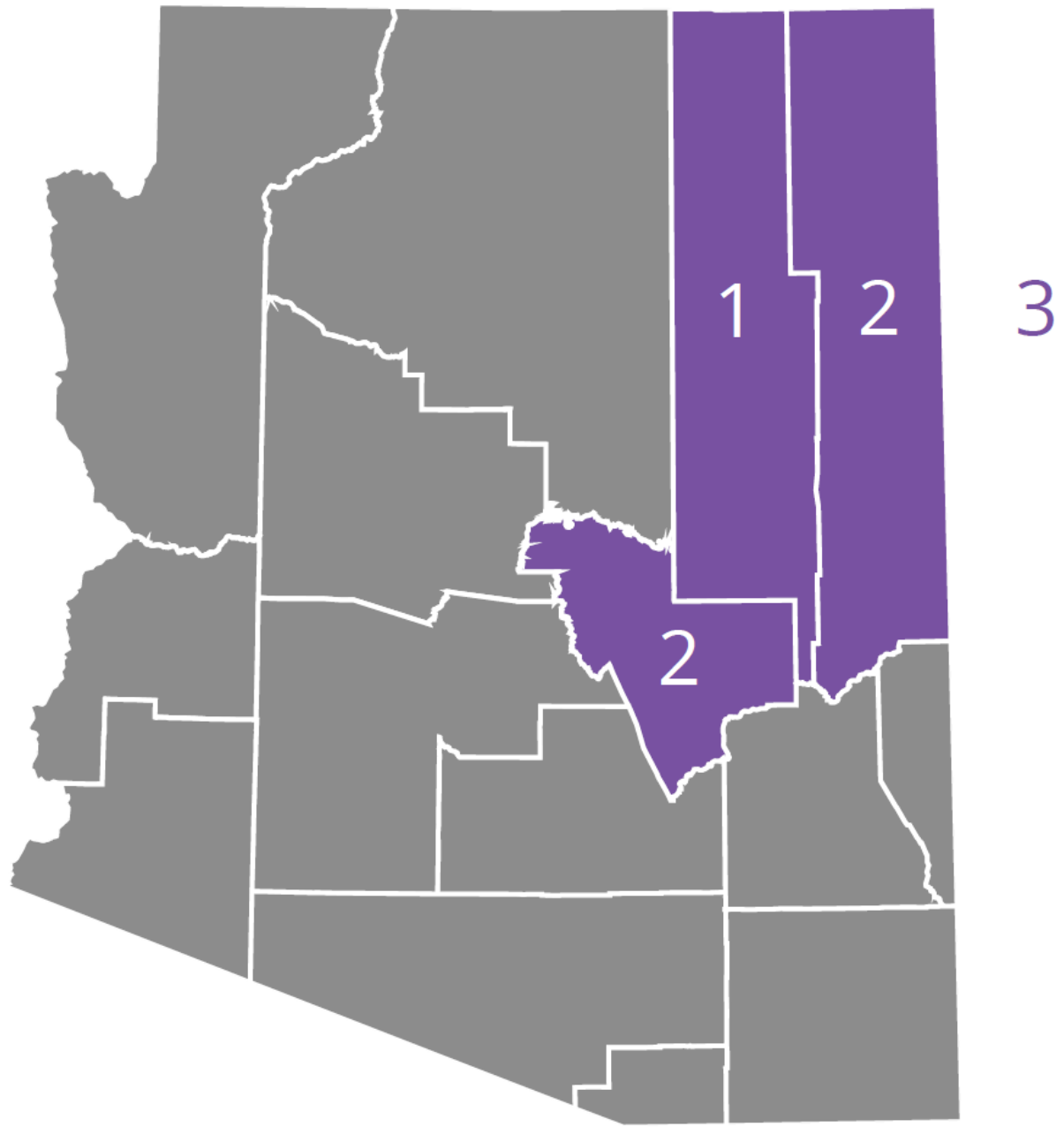
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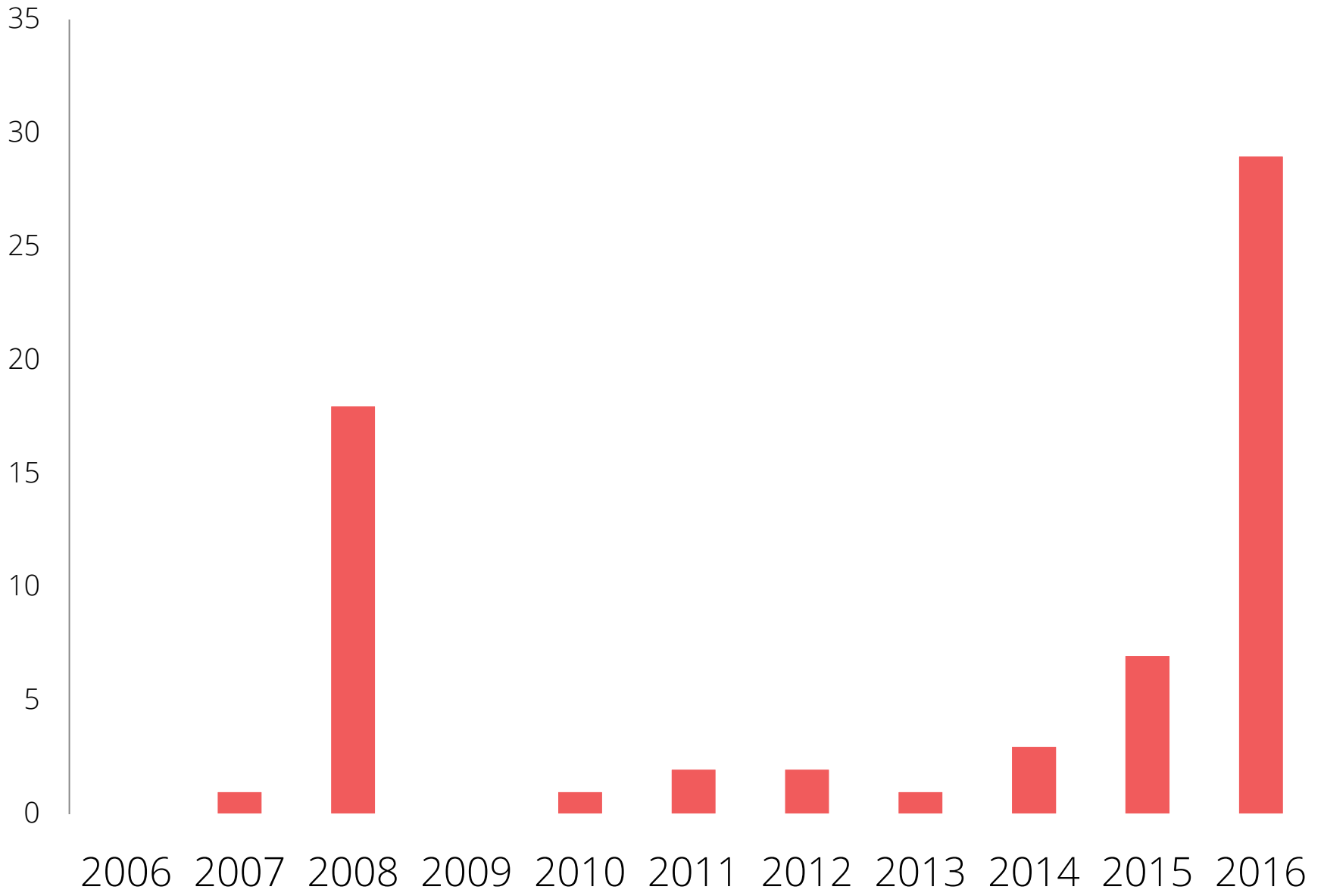


|   | 2016 | 2015 |
|---|------|------|
| <i>Haemophilus influenzae</i><br>Type B | 5    | 3    |
| Measles                                 | 29   | 7    |
| Meningococcal Invasive<br>Disease       | 3    | 5    |
| Mumps                                   | 7    | 2    |
| Pertussis                               | 271  | 580  |
| Tetanus                                 | 1    | 2    |
| Varicella                               | 276  | 270  |

\* There were no cases of rubella, congenital rubella syndrome or polio reported to public health in 2016\*



*Haemophilus influenzae* Type B



Measles



May 25:

- Detainee taken to ED with symptoms compatible with measles. PCR positive at ASPHL by the end of that day



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May 2016

August 2016



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May 2016

August 2016



May 26:

- Employee is 2<sup>nd</sup> confirmed case. There were multiple community exposures including 2 different healthcare facilities and a casino.

May 27-31:

- Recommendations including infection control measures were sent over to the detention center.
- Pinal County public health opened their immunization clinics to help get the detention center staff vaccinated.
- HAN sent out to healthcare facilities and Measles Surveillance Toolkit updated



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May 2016



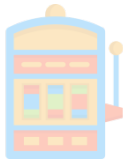
August 2016

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- HAN sent out to healthcare facilities and **Measles Surveillance Toolkit updated**



May 2016



## Measles Surveillance Toolkit for Healthcare Settings

*Arizona Department of Health Services*

*Office of Infectious Disease Services*

*Created February 2015*

*Updated June 2016*



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ust 2016



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May 2016

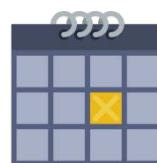


August 2016

June 2:

- ADHS, Maricopa County and Pinal County continued to put out guidance for both the public and providers
- New community exposures were continually updated via [StopTheSpreadAZ.org](http://StopTheSpreadAZ.org)





June 16:

- A new exposure at the facility moves the date of the outbreak closure back 42 days

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May 2016



August 2016



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May 2016



August 2016

July 5:

- ID physician with ADHS goes to the facility to talk with the employees about the importance of vaccination



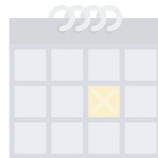
August 8:

- Outbreak ends after 42 days since the last exposure in the facility with no additional cases

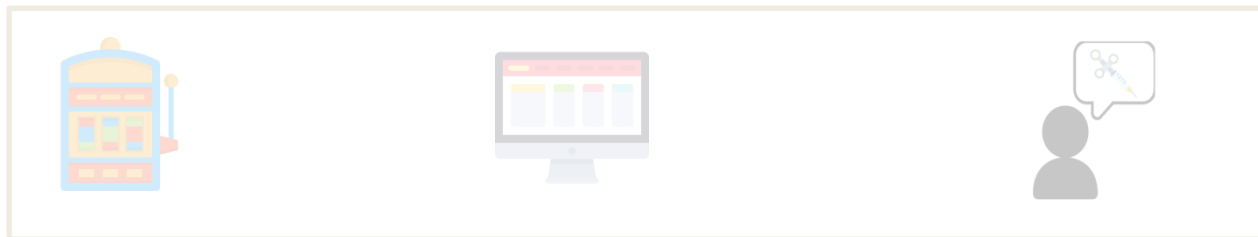
May 2016



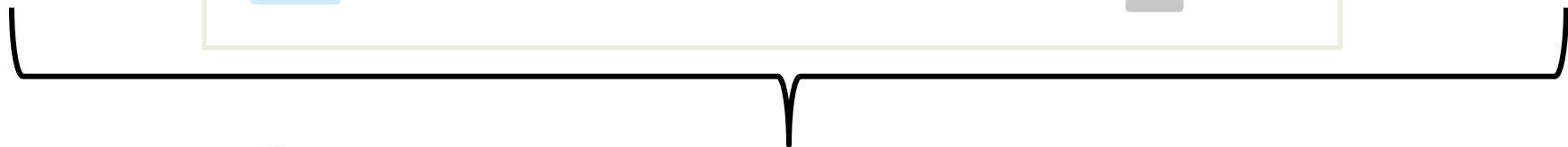
August 2016



May 2016



August 2016



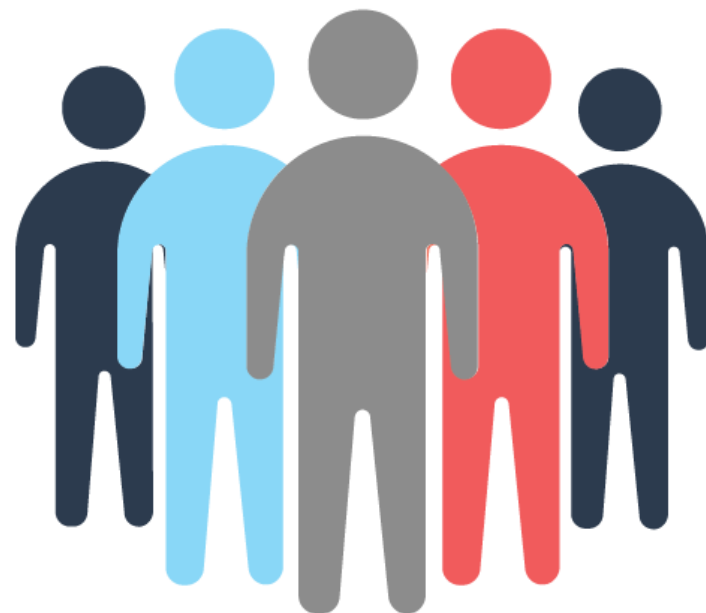


13





13



645



# BEFORE

# AFTER

Public Health Knew There Was a Measles Outbreak





## Think it might be Measles?

**Measles is in our County!**

**If you have ANY of these symptoms:  
Cough, Runny Nose, Red eyes, or Fever OR  
RASH!**

**PUT A MASK ON and tell the  
receptionist right away.**





Think it might be  
Measles?

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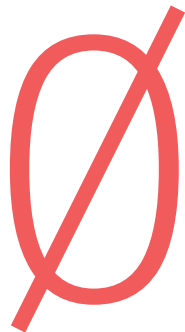


Think it might be  
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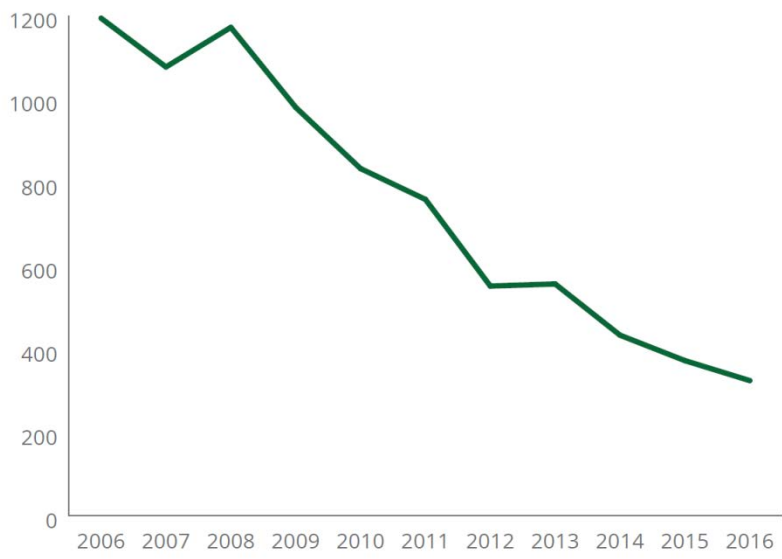
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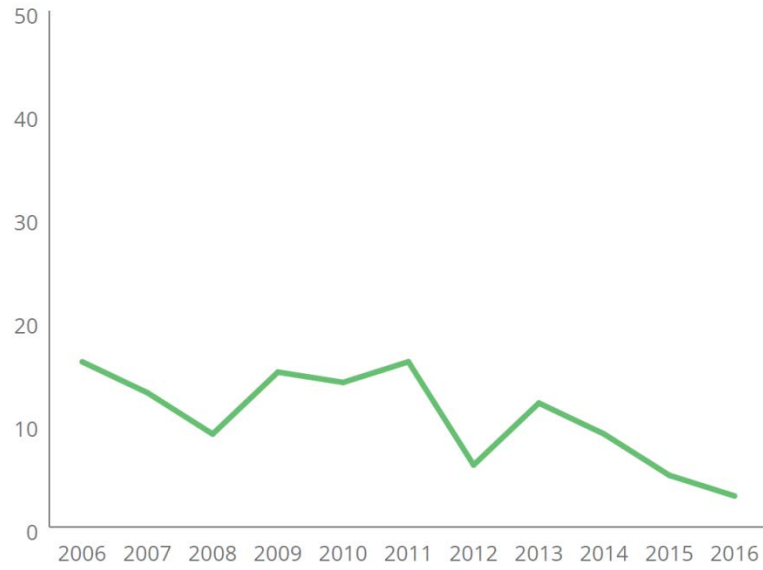
PUT A MASK ON and tell the  
receptionist right away.



Community Cases



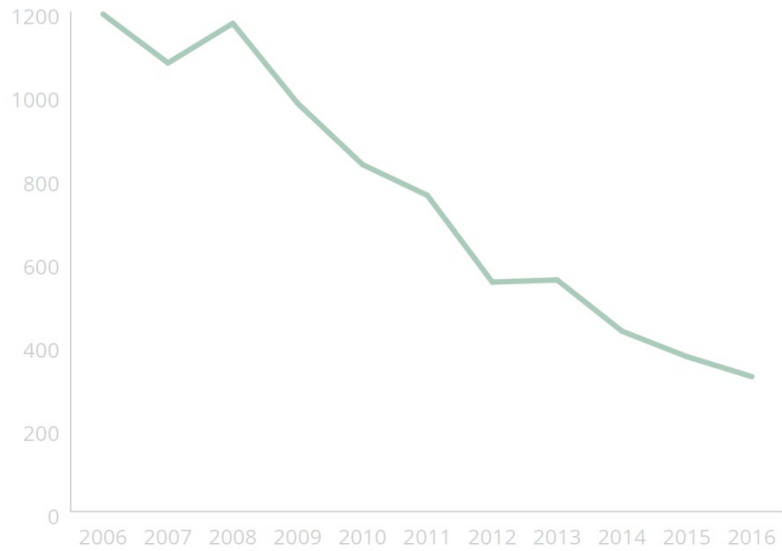
United States



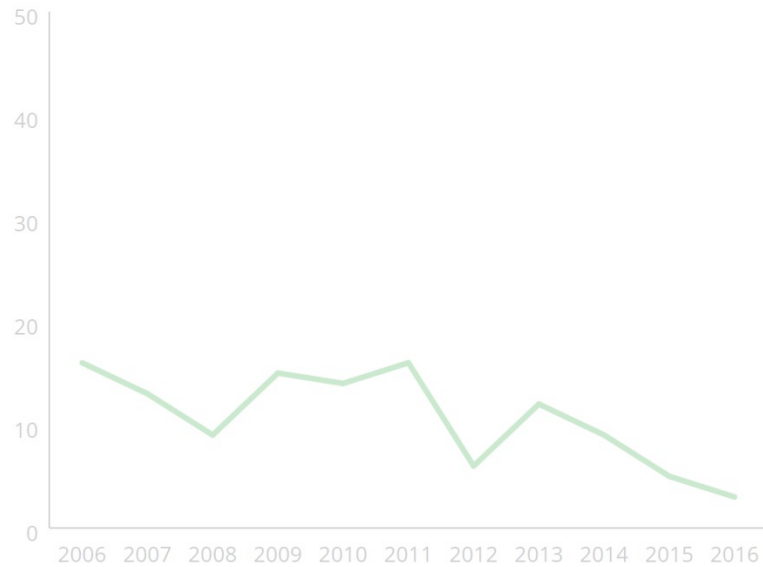
Arizona

# Meningococcal Disease

# Trends of Meningococcal Disease



United States

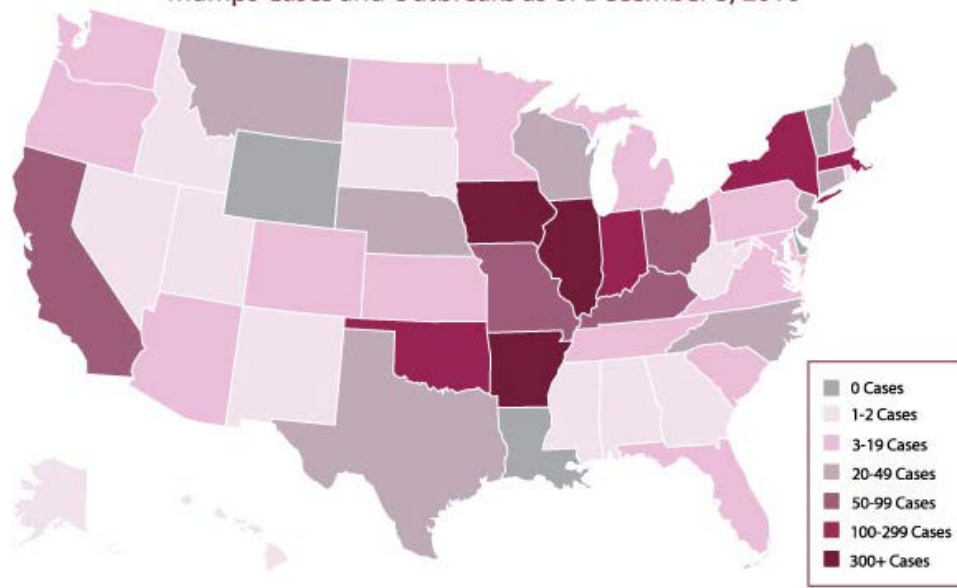


Arizona



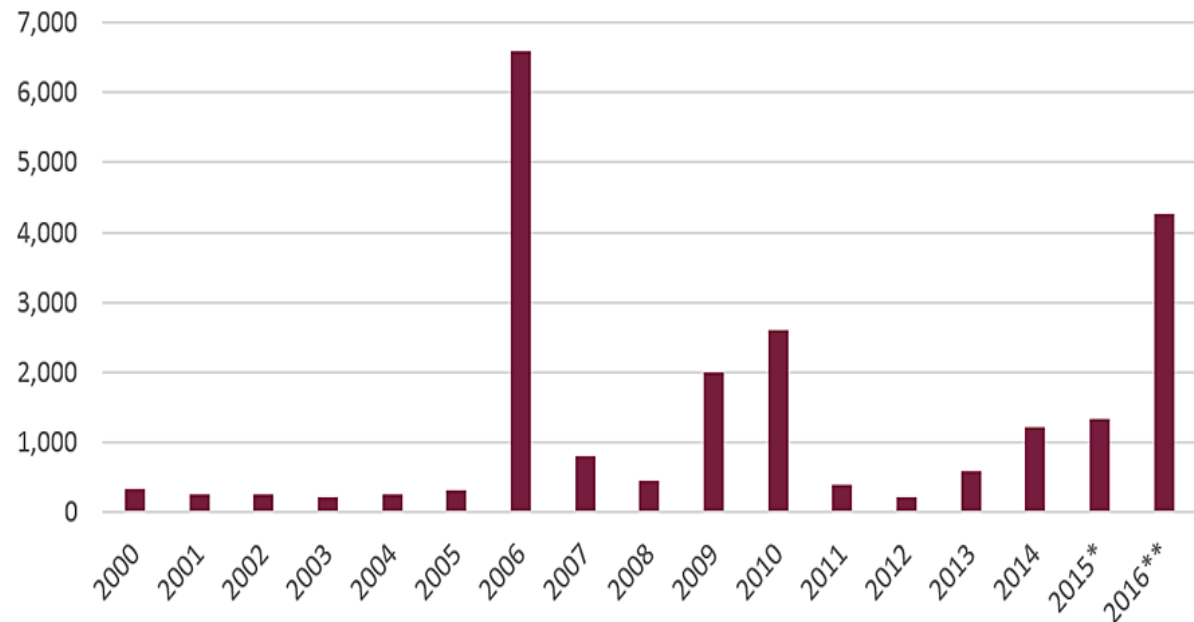


## Mumps Cases and Outbreaks as of December 3, 2016



There have been several outbreaks related to school or college settings in 2016.

## Mumps Cases in U.S., by Year









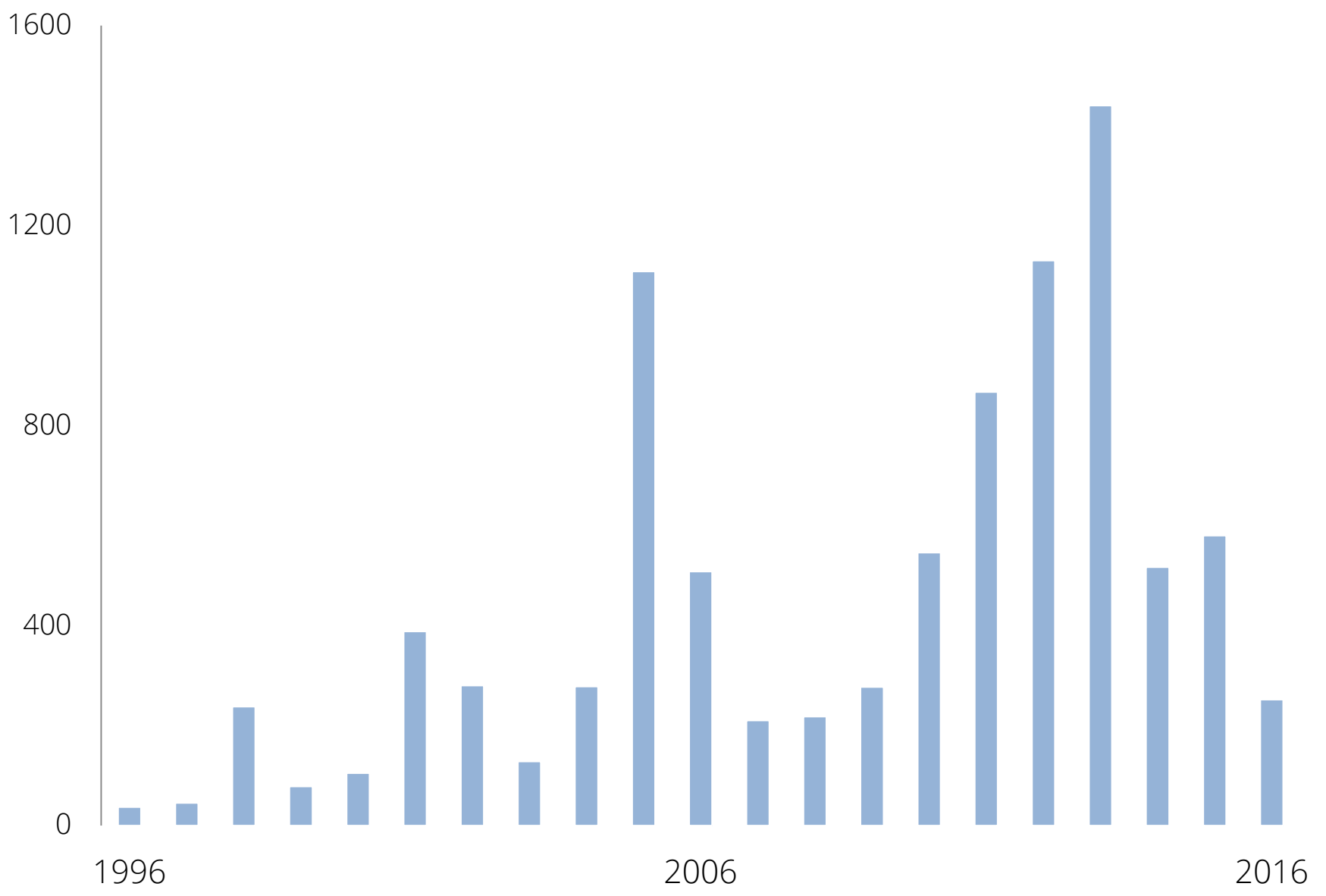
Laboratory tests can be an important tool...

but should be interpreted with caution.



## Possible considerations:

- Vaccination status of patient
- False negatives can be common in highly vaccinated populations
- Timing of specimen collection



# Pertussis





**45 %** of infants reported with  
pertussis were hospitalized in 2016

# Pregnant? Get Vaccinated!

## Vaccines → Healthy Mom and Healthy Baby!



### *What vaccines do I need?*

- **Tdap:** Protects babies from whooping cough, an extremely dangerous disease in young infants. Tdap also protects both of you against tetanus and diphtheria
- **Yearly flu shot:** Babies younger than 6 months can't get their own flu shot. In the fall and winter, vaccinating you during pregnancy gives defenses against the flu to both you and your baby.

### *Where do I get vaccinated?*

Ask your doctor about immunizations and where to get them at your next appointment. Your county health department may know of locations where you can get vaccinated. There are also many pharmacies where you can get Tdap and the flu shot.

*For more information, visit [www.whyimmunize.org](http://www.whyimmunize.org)*





# Additional Resources:

- [ADHS VPD Website](#)
- [CDC Pink Book](#)
- [CDC Manual for the Surveillance of Vaccine-Preventable Diseases](#)

E-mail [VPD@azdhs.gov](mailto:VPD@azdhs.gov) with any questions

---



AZ Infectious Disease Resource



# THANK YOU

Susan Robinson | Vaccine Preventable Disease Epidemiologist

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azhealth.gov

 @azdhs

 facebook.com/azdhs



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# Tick-borne & Zoonotic Disease Updates

January 20, 2017

Presenting to APIC Grand Canyon State of the State  
HSAG– Phoenix, AZ

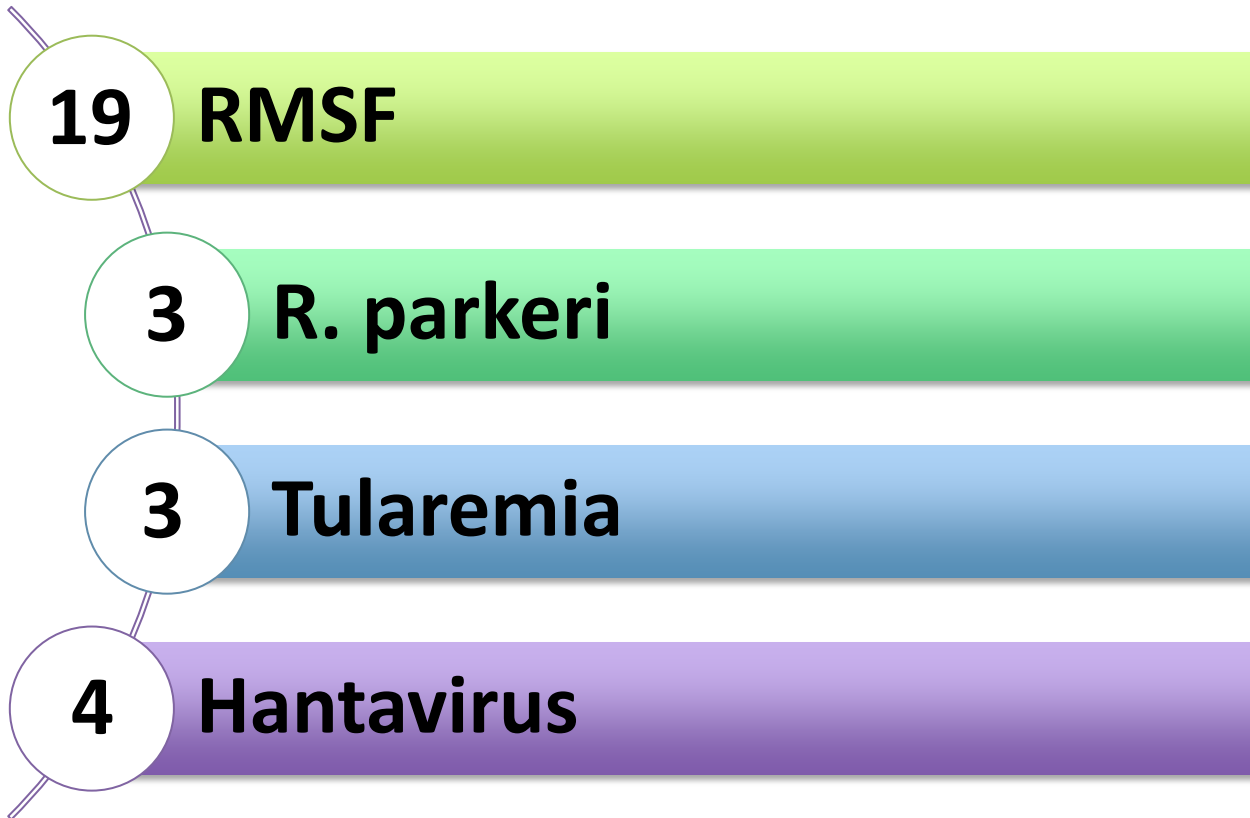
Hayley Yaglom, MS, MPH | Epidemiologist

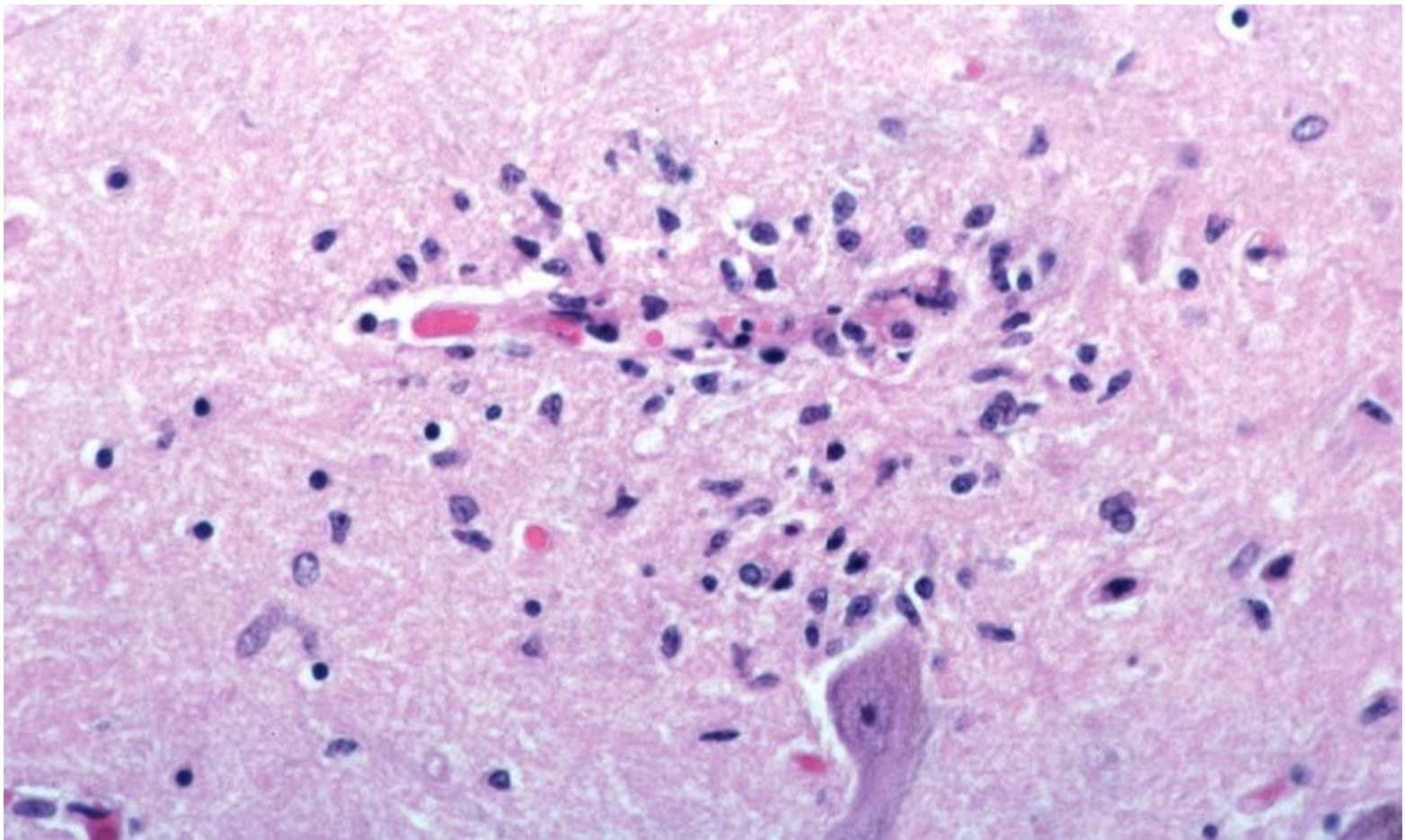


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# 2016 at a Glance





# Spotted Fever Group Rickettsia



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- Fever
- Headache
- Abdominal pain
- Vomiting
- Respiratory signs
- Muscle pain
  
- Maculopapular rash\*



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# Clinical Dilemma...and Solution

- In the United States, the correct diagnosis is missed in 60-85% on initial evaluation
- Therapeutic window for best outcome is narrow (first 5 days of illness)
- Half of all US deaths occur *within 8 days after illness onset*



# Doxycycline saves lives!



**Use it to treat suspected rickettsial infections in patients of all ages.**

New research shows NO evidence of pediatric dental staining when used in short courses.



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# ***RICKETTSIA PARKERI* RICKETTSIOSIS**



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|   |  |
|---|--|
| <b><u>ROCKY MOUNTAIN<br/>SPOTTED FEVER</u></b>                        | <b><u>RICKETTSIA PARKERI<br/>RICKETTSIOSIS</u></b>   |
| <i>Rhipicephalus sanguineus</i>                                       | <i>Amblyomma maculatum</i>                           |
| Severe symptoms   | Mild symptoms  |
| Rapidly progressive,<br>severe or fatal if not treated                | Less severe, no fatal cases                          |
| Dark necrotic scab (eschar) rarely<br>identified at site of tick bite | Eschar frequently identified at<br>site of tick bite |
| Doxycycline is the recommended and most effective treatment.          |  |



# Rickettsia: Take-home Messages

- Lab results don't help!
- Administer doxy!
- Ask about exposures!
- Report to public health!
- Convalescent titer to confirm!
- Prevention!





# Plague



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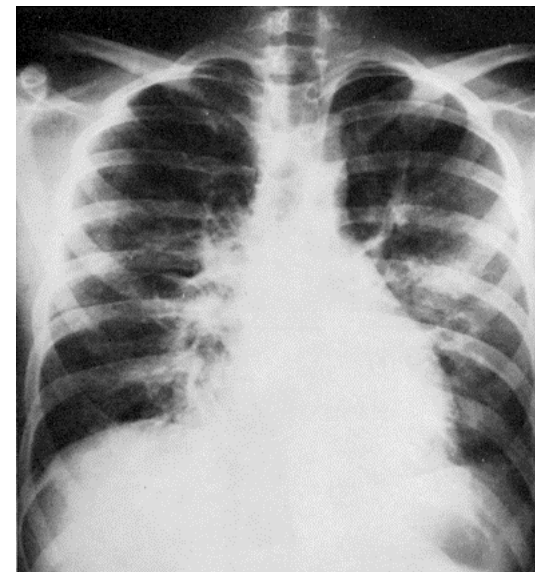
## Bubonic



## Septicemic



## Pneumonic



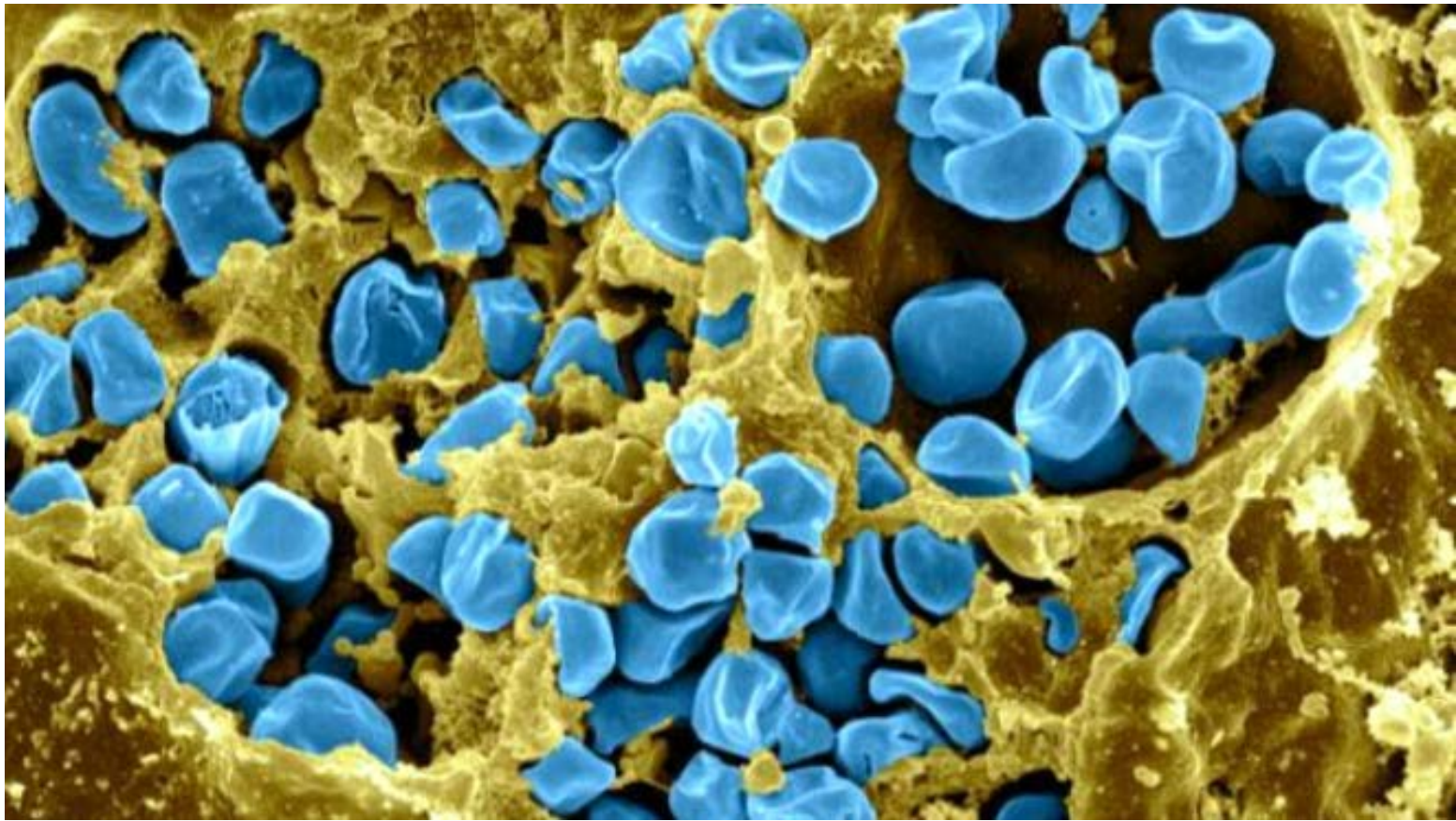
**Buboes**



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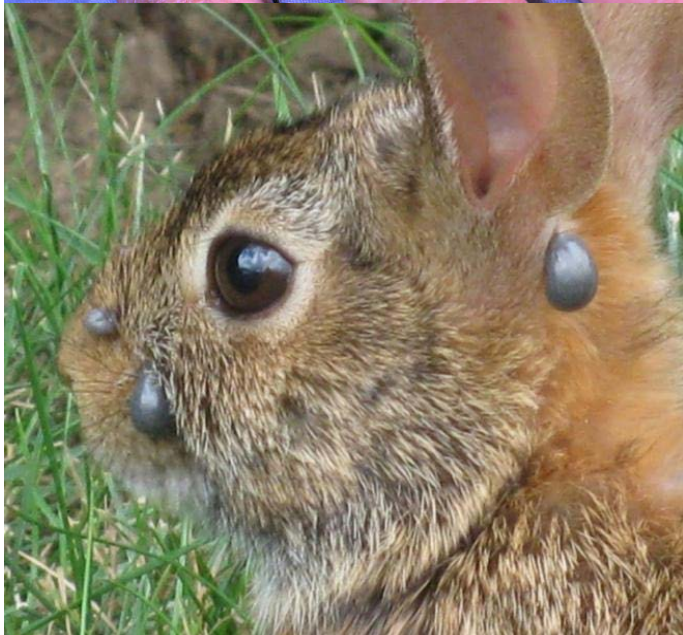


# Tularemia



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# Plague/Tularemia: Take-home Messages

- Ask about exposures!
- Report to public health!
- Collect whole blood, lymph node aspirates, abscess swabs!
- Prevention!



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# Hantavirus



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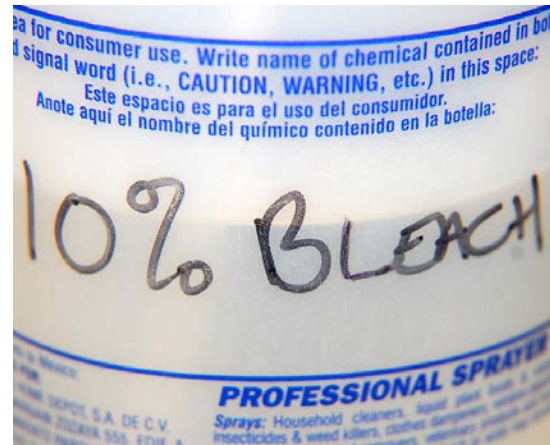


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# Hantavirus: Take-home Messages

- Ask about exposures!
- Report to public health!
- Collect serum!
- Prevention!





## AZ Infectious Disease Resource



Receive **alerts** with public health updates



Search for **public clinics, FQHCs, and RHCs** in your area



Contact your local public health department with **1-click**



Look up infectious disease info, including **AZ specific statistics** and **testing recommendations**



Find **public health events and CME** in your area

Download for  
free today!



# THANK YOU

Hayley D. Yaglom, MS, MPH | Epidemiologist

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azhealth.gov

@azdhs

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# INFLUENZA UPDATE 2016-2017

January 20, 2017

Presenting To

APIC Grand Canyon's State of the State | Phoenix, AZ

Rachel Perry | Cross-Cutting Epidemiologist



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# Trivalent Vaccine

**A/California/7/2009  
(H1N1)–like virus**

**A/Hong  
Kong/4801/2014  
(H3N2)–like virus**

**B/Brisbane/60/2008  
–like virus (**Victoria  
lineage**)**



# Quadrivalent Vaccine

**A/California/7/2009 (H1N1)**–like virus

**A/Hong Kong/4801/2014 (H3N2)**–like virus

**B/Brisbane/60/2008**–like virus (**Victoria** lineage)

**B/Phuket/3073/2013**–like virus (**Yamagata** lineage)





Who should  
receive the  
flu vaccine?







# Who should receive the flu vaccine?



Photo by silvoassuncao / CC BY 2.0

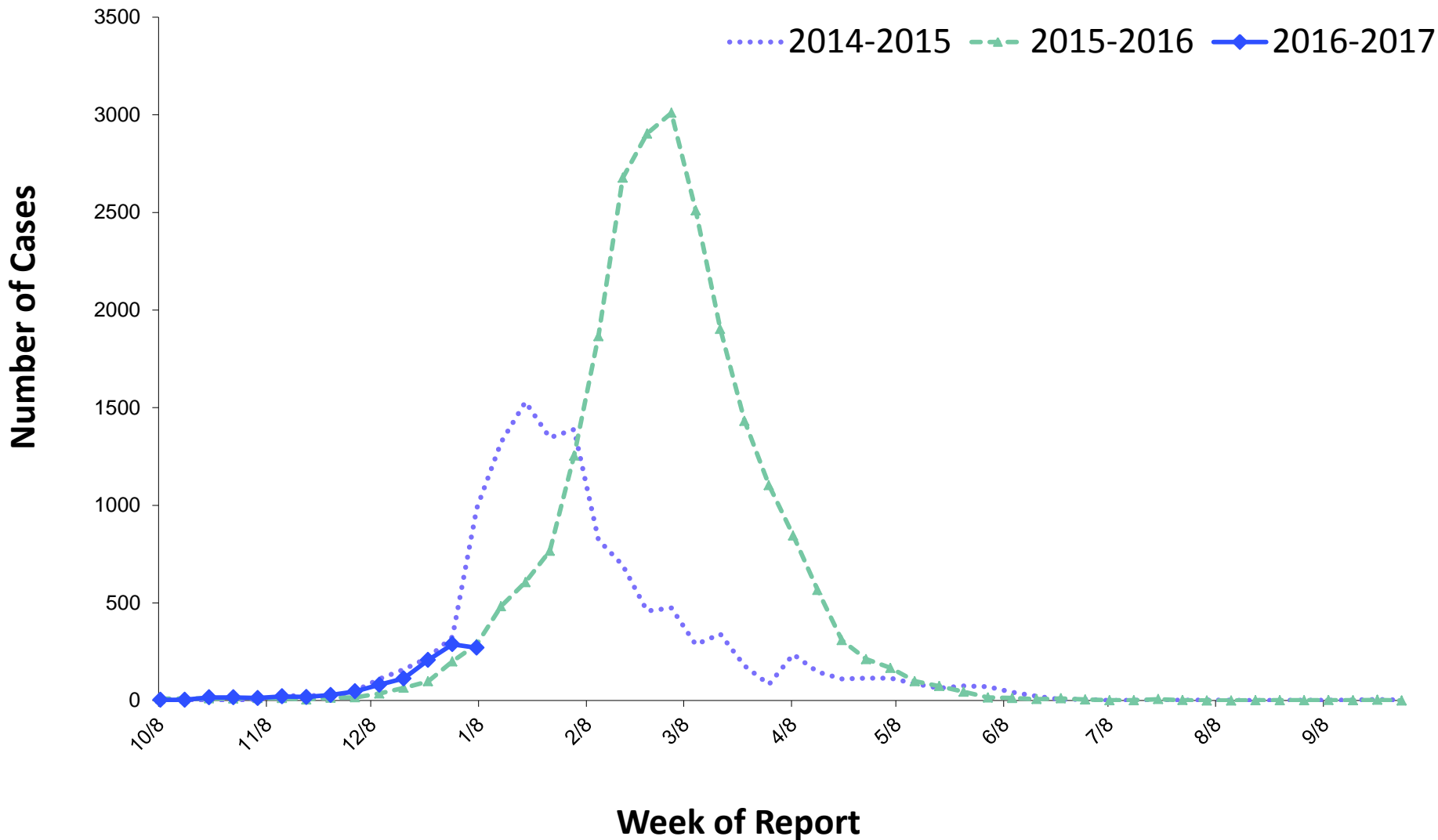


Photo by Eden, Janine and Jim / CC BY 2.0

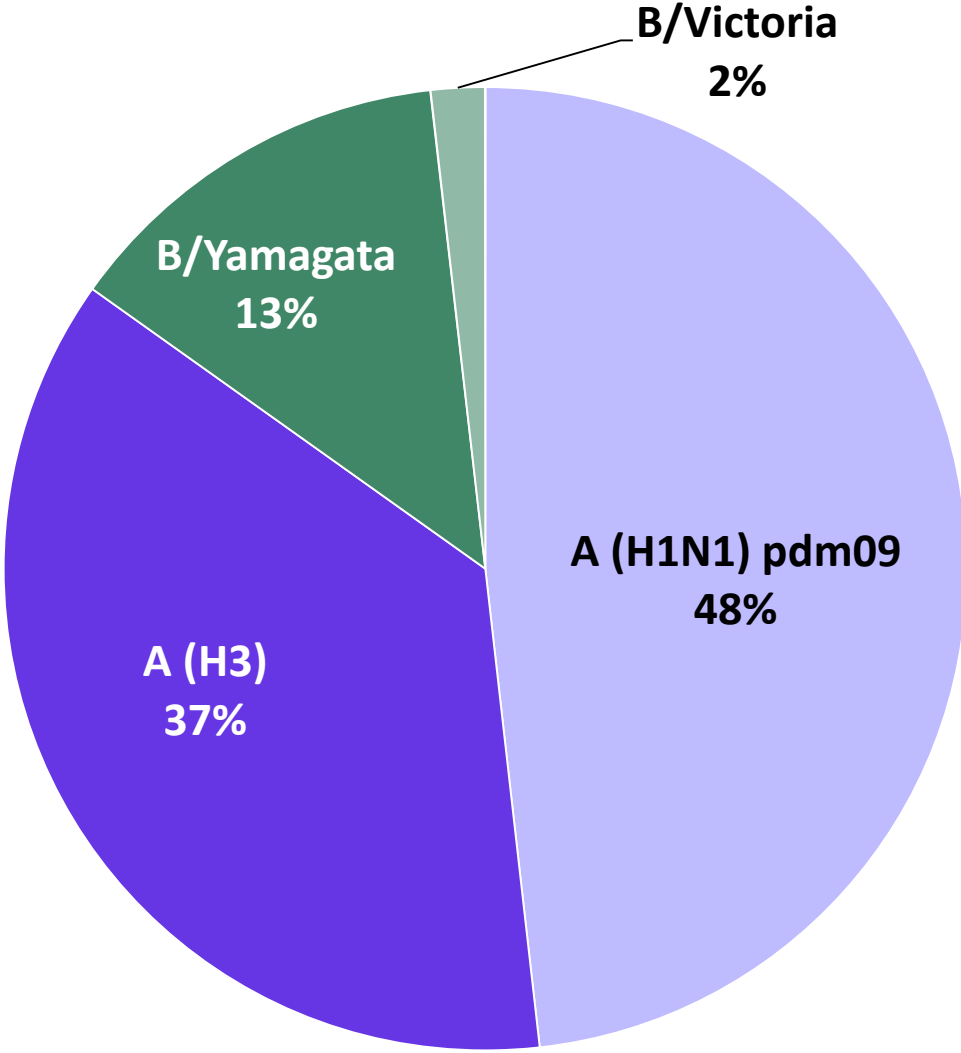


Photo by Ryan Ruppe / CC BY 2.0

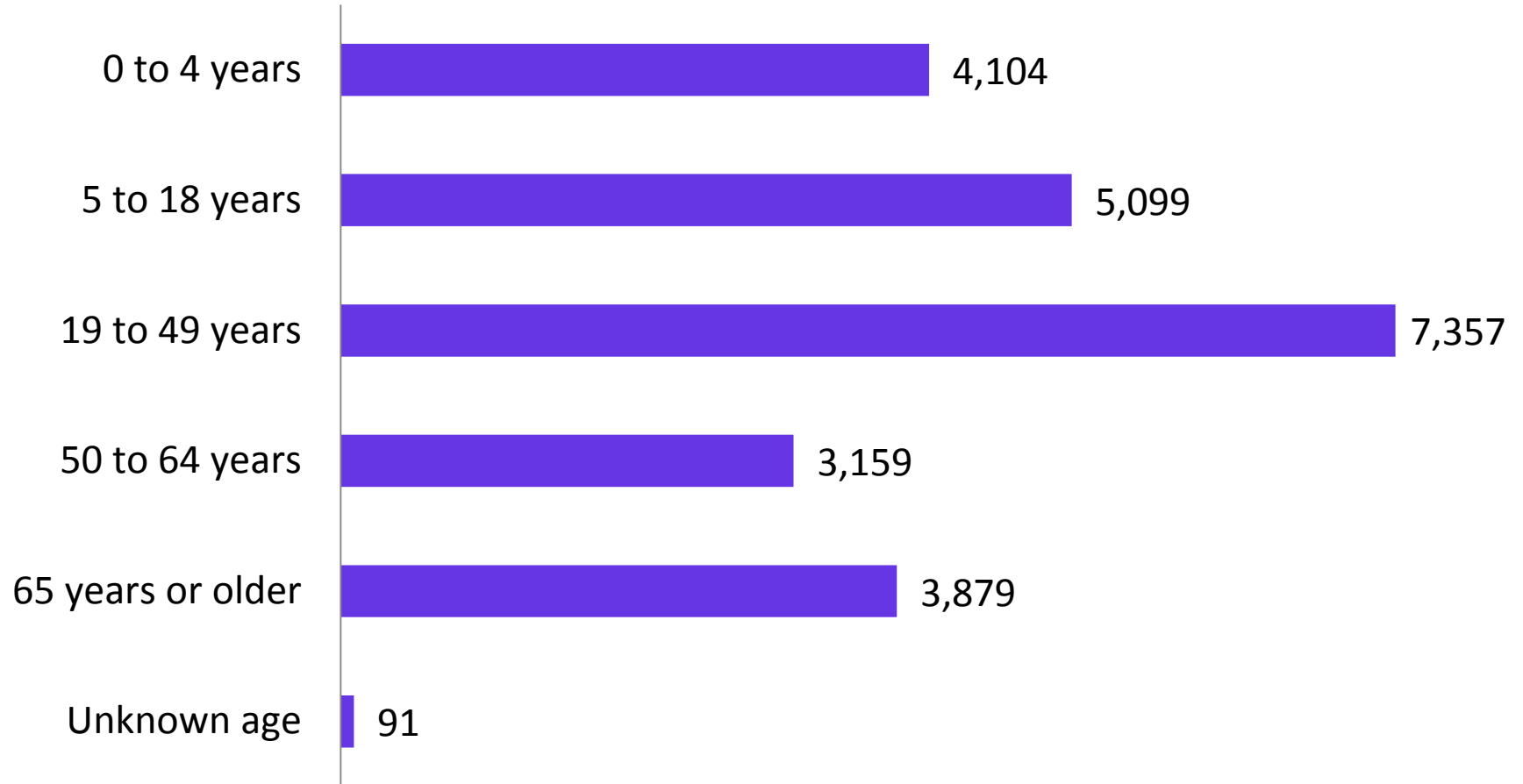
# Number of Lab-Confirmed Influenza Cases Reported, by Week of Report, 2014-2017



# 2015-2016 Season by Subtype

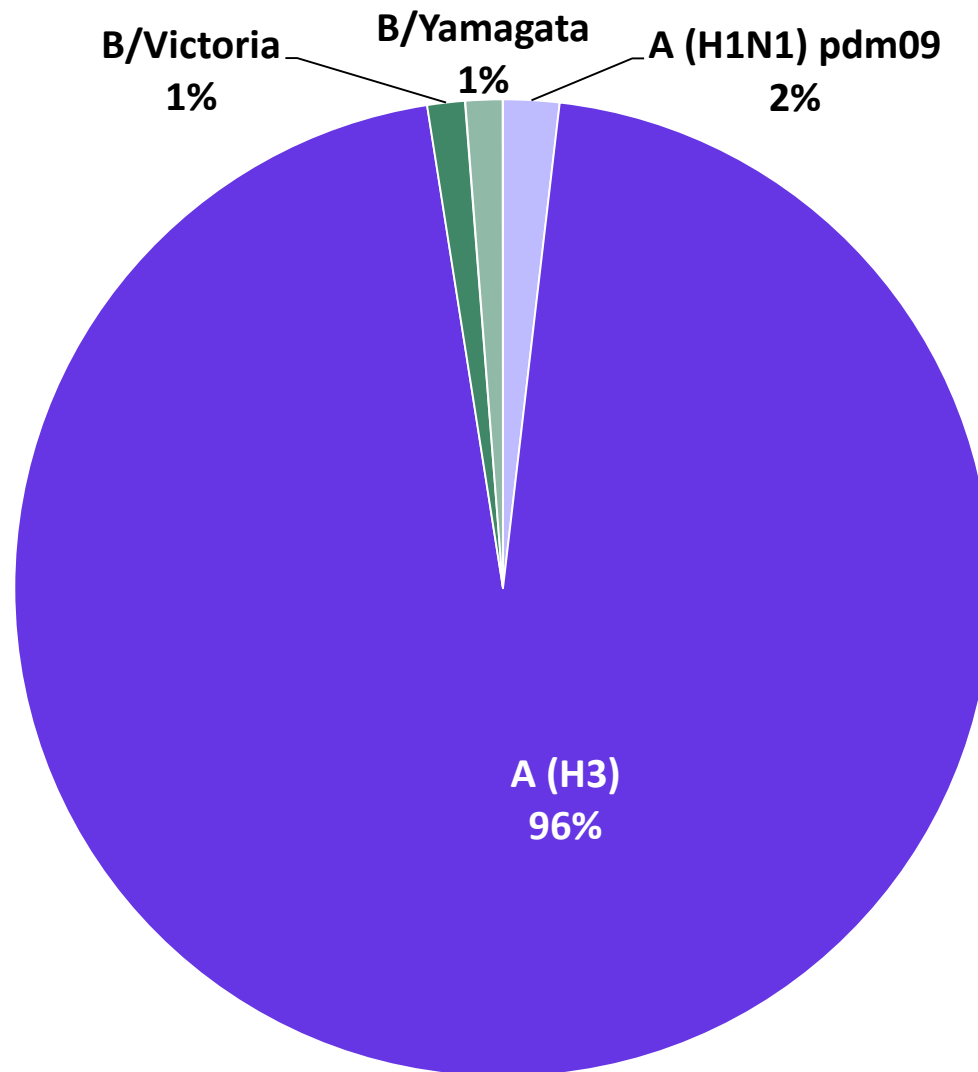


# 2015-2016 Season by Age

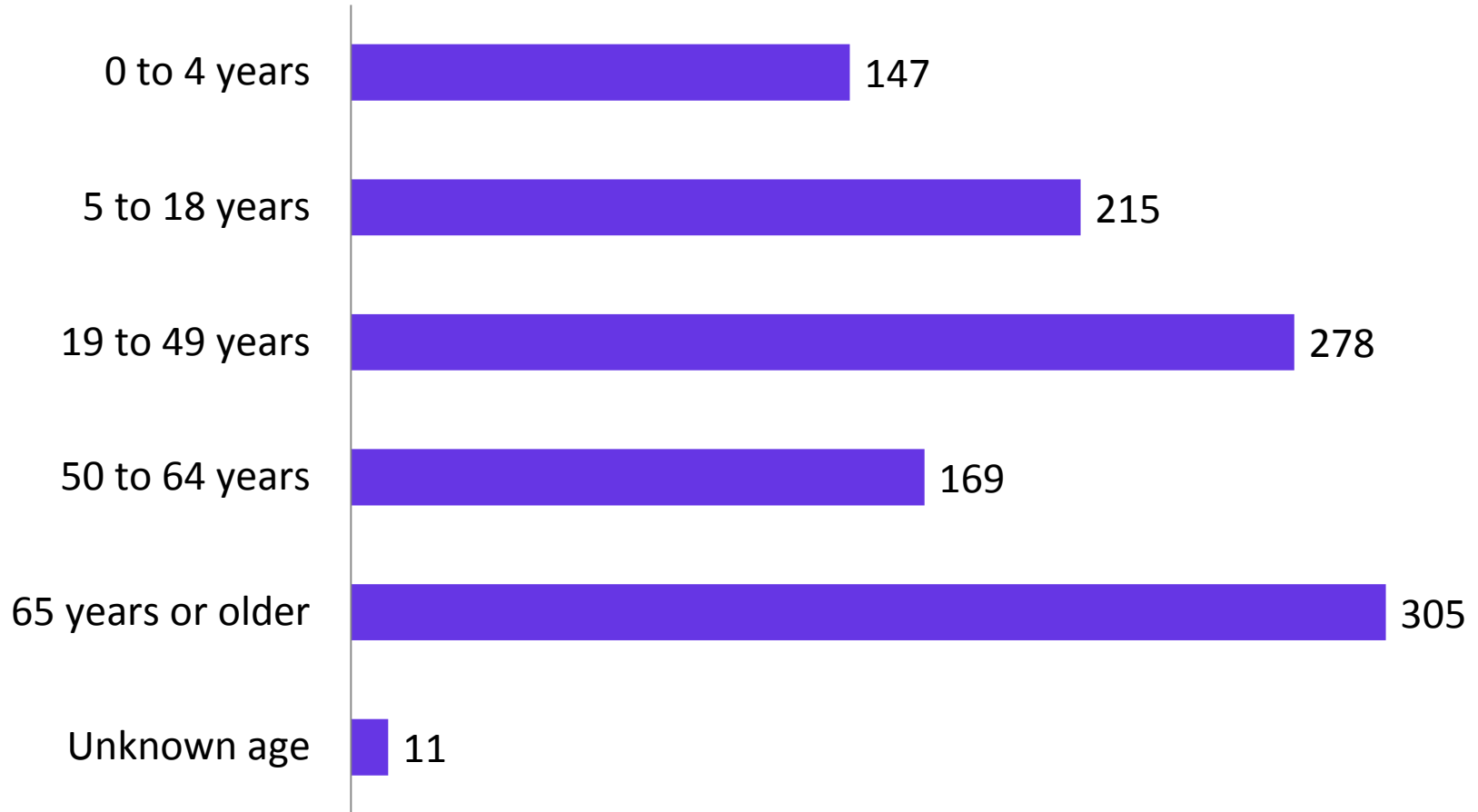




# 2016-2017 Season by Type



# 2016-2017 Season by Age



# Reporting

- **Pediatric influenza-associated deaths – Provider reportable within 1 working day (A.A.C. R9-6-202)**







# Reporting

- Pediatric influenza-associated deaths
- **Severely ill cases**





# Reporting

- Pediatric flu associated deaths
- Severely ill cases
- **Travel-associated cases (international)**



# Reporting

- Pediatric flu associated deaths
- Severely ill cases
- Travel-associated cases (international)
- **Cases with known animal exposure (i.e. swine, poultry)**



# the **benefits** of **flu vaccination** 2015-2016

The estimated number of flu **illnesses prevented** by flu vaccination during the 2015-2016 season:

# 5 million

as many people use Denver International Airport in one month



The estimated number of flu **medical visits prevented** by vaccination during the 2015-2016 season:

# 2.5 million

equal to the population of Portland, Oregon



The estimated number of flu **hospitalizations prevented** by vaccination during the 2015-2016 season:

# 71,000

enough to fill every registered hospital bed in the state of Texas



DATA: Influenza Division program impact report 2015-2016, <https://www.cdc.gov/flu/about/disease/2015-16.htm>.

NCIRDig-607 | 12.06.2016



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

get **vaccinated**  
[www.cdc.gov/flu](http://www.cdc.gov/flu)





# **I won't spread flu to my patients or my family.**

**Even healthy people  
can get the flu, and  
it can be serious.**

**Everyone 6 months  
and older should  
get a flu vaccine.  
This means you.**

**This season, protect  
yourself—and those  
around you—by  
getting a flu vaccine.**

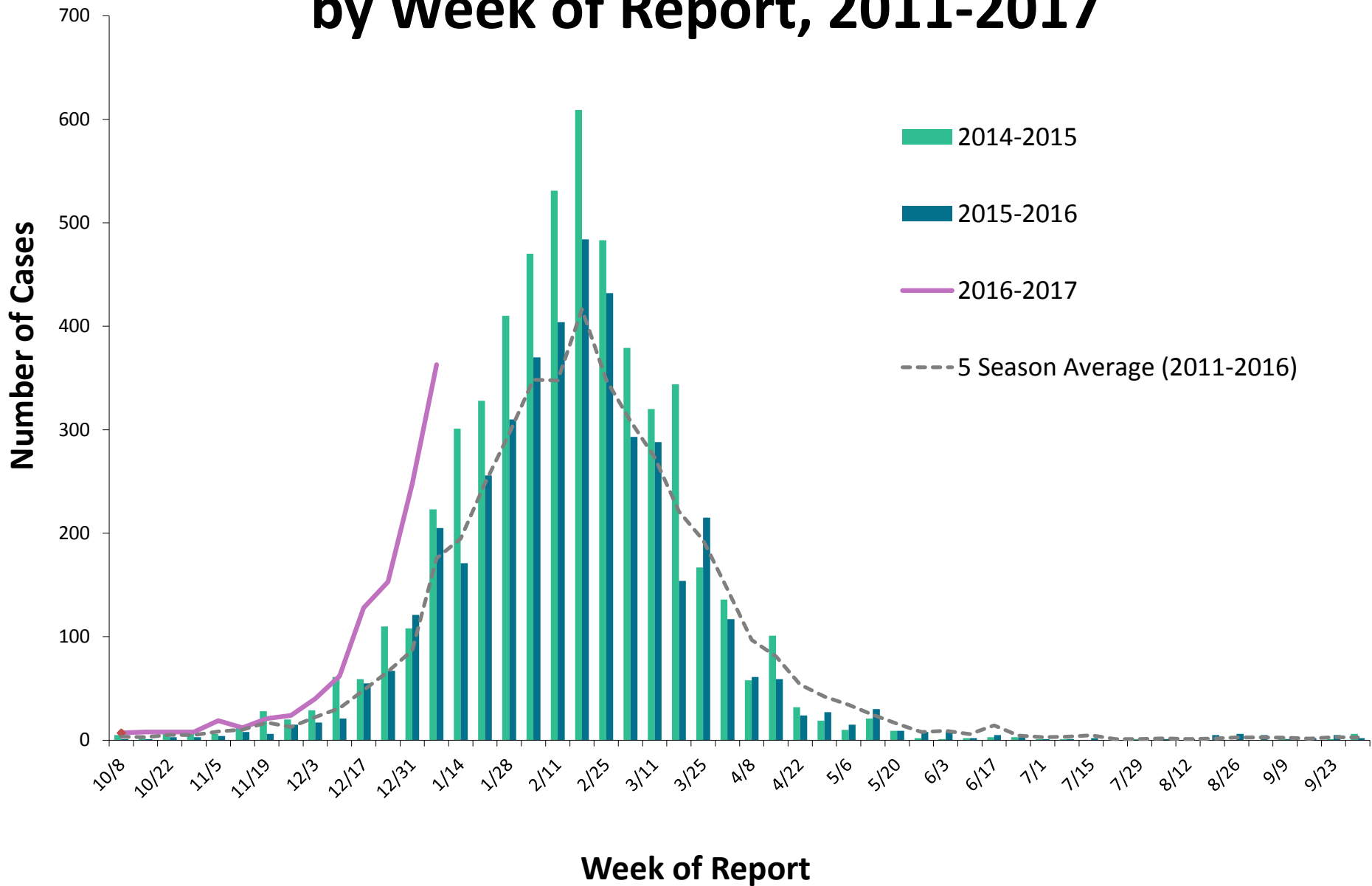
For more information, visit: <http://www.cdc.gov/flu>



**U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention**



# Number of Lab-confirmed RSV Cases Reported by Week of Report, 2011-2017





# THANK YOU

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 @azdhs

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# Zika Virus Update

January 20, 2017

Presenting To

APIC Grand Canyon State of the State

Kara Tarter | Vector-borne & Zoonotic Disease Epidemiologist



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What is Zika virus disease (Zika)?





# Zika Virus: Timeline

1947: Zika Virus discovered in Uganda

2007: Zika outbreak on Yap island in Micronesia

2015: Zika arrives in Brazil

1947-2006: Serologic evidence in African & Asian countries. Only 14 human cases documented

2013-2014: Continued spread in the Pacific Islands

# Zika Globally





# CHIKUNGUNYA, DENGUE, or ZIKA: What is an imported case?

A person who was bitten by an infected mosquito while traveling away from home.



A person gets bitten by an infected mosquito while traveling.

Symptoms may begin 3–7 days after being bitten by an infected mosquito.



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention

For more information: [www.cdc.gov/chikungunya](http://www.cdc.gov/chikungunya) • [www.cdc.gov/dengue](http://www.cdc.gov/dengue) • [www.cdc.gov/zika](http://www.cdc.gov/zika)



# CHIKUNGUNYA, DENGUE, or ZIKA: What is local transmission?



A person who has not traveled recently gets bitten by an infected mosquito where they live, work, or play.



A mosquito bites a person who is sick. The mosquito gets infected.

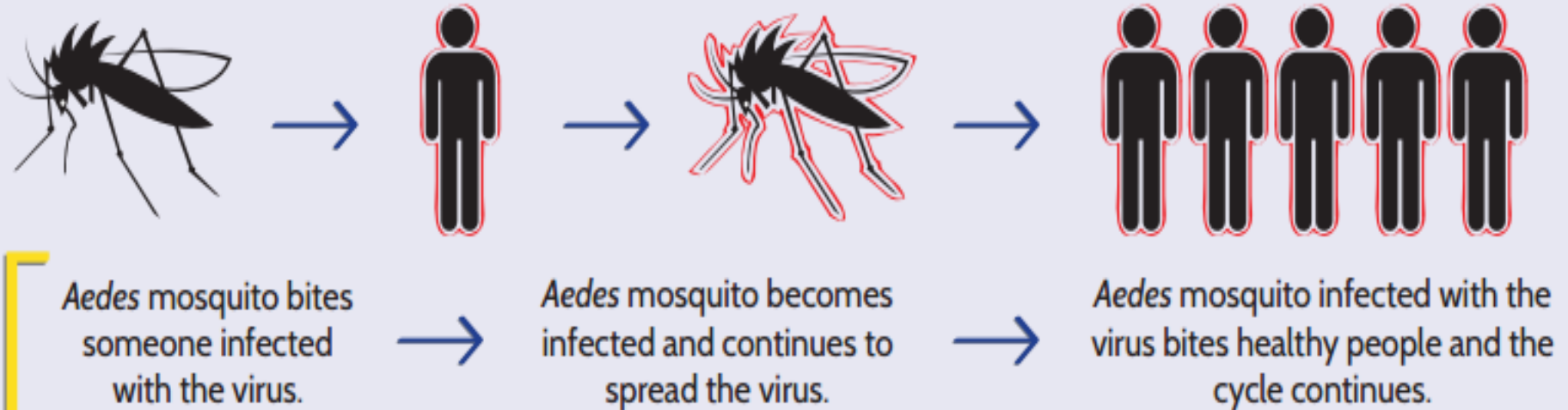
Infected mosquitoes can then bite healthy people and spread the infection.

Within 3–7 days, the person may become sick. Other mosquitoes can bite the sick person, become infected, and bite more people.



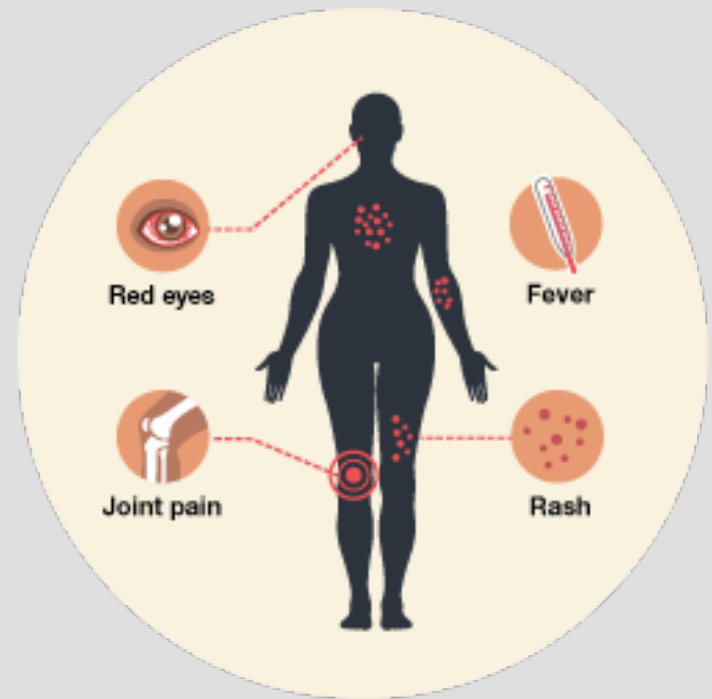
# Transmission

- Zika can be transmitted through:
  - Mosquito bites
  - From a pregnant woman to her fetus
  - Sexual contact
  - Blood transfusion



# Symptoms

- Only about 1 in 5 people infected with Zika will experience symptoms
- For symptomatic cases, more common symptoms are:
  - Maculopapular Rash
  - Fever
  - Joint Pain
  - Conjunctivitis



# Congenital Zika Virus Syndrome

Pattern of birth defects described by:

- Severe microcephaly
- Decreased brain tissue with a specific pattern of brain damage
- Damage to the back of the eye
- Joints with limited range of motion, such as clubfoot
- Too much muscle tone restricting body movement after birth



# Treatment

- No vaccines or specific treatment
- Treat symptoms:
  - Rest
  - Fluids
  - Acetaminophen





# Recommendations: Prevention

- Pregnant women
  - Avoid traveling to areas with Zika
- All individuals
  - Avoid mosquitoes
  - Avoid unprotected sex



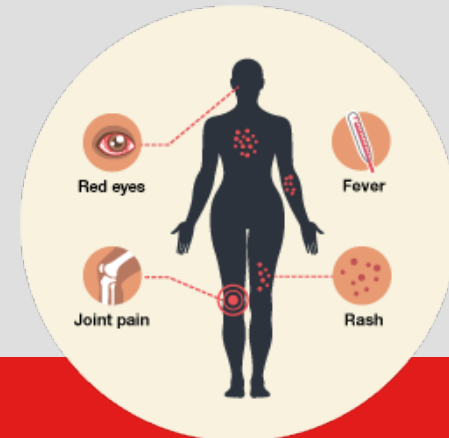
# Recommendations: Evaluation

## ALL Pregnant Women

- Evaluate for exposure at every visit
- Consider testing if there is potential exposure (travel/sexual)

## Symptomatic Individuals

- Ask about travel history
- Include Zika, Dengue, and Chikungunya on differential



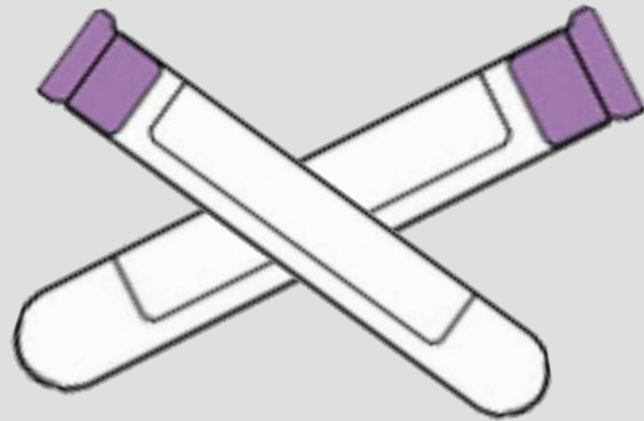
# Recommendations: Testing

## PCR Testing

- Serum: 7 days
- Urine: 14 days
- Whole blood: 14 days

## IgM Testing

- Serum: 2-12 weeks



Time frames are days/weeks since symptom onset or exposure. Exposure can be defined as date of return from travel or last unprotected sexual contact with someone who traveled.



# Recommendations: Testing Contact Local Public Health

| County Name     | Phone Number | County Name       | Phone Number |
|-----------------|--------------|-------------------|--------------|
| Apache County   | 928-337-4364 | Mohave County     | 928-753-0714 |
| Cochise County  | 520-432-9400 | Navajo County     | 928-524-4750 |
| Coconino County | 928-679-7272 | Pima County       | 520-724-7770 |
| Gila County     | 928-402-8811 | Pinal County      | 520-866-7325 |
| Graham County   | 928-428-1962 | Santa Cruz County | 520-375-7900 |
| Greenlee County | 928-865-2601 | Yavapai County    | 928-771-3134 |
| La Paz County   | 928-669-1100 | Yuma County       | 928-317-4550 |
| Maricopa County | 602-506-6767 |                   |              |



## **Kara Tarter, MPH**

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[www.azhealth.gov/zika](http://www.azhealth.gov/zika) | [www.cdc.gov/zika](http://www.cdc.gov/zika)

# Healthcare-Associated Infection Program: A Review of 2016



Office of Infectious Disease Services  
Arizona Department of Health Services

# Healthcare-Associated Infection (HAI) Staff

[www.preventHAaz.gov](http://www.preventHAaz.gov)



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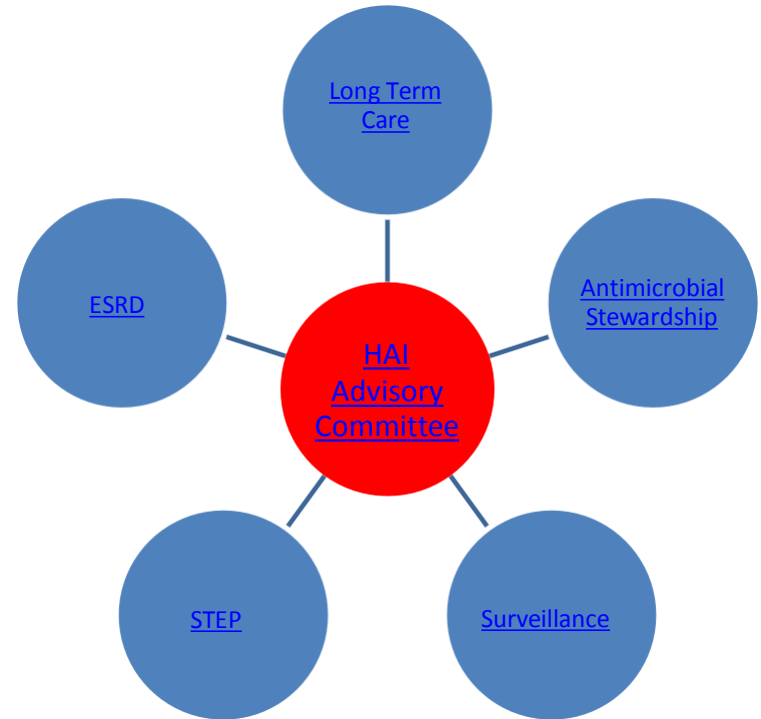


# HAI Advisory Committee and Subcommittees

*Arizona  
Needs  
You!*



- Help Arizona:
  - Reduce the number and impact of HAIs
  - Standardize best practices
  - Educate the public and healthcare providers
  - Proactively address emerging HAI issues
  - Contact [HAI@azdhs.gov](mailto:HAI@azdhs.gov) if interested in joining



Click on one to view the website!

# 2016 HAI Outbreaks

## 51 outbreak in HCFs

- 67% GI Illness
- 16% Respiratory
- 12% Lice and Mites
- 6% Other\*

\*Includes MRSA, *C. difficile*, Hepatitis C

| Outbreak Setting        | Frequency | Percentage |
|-------------------------|-----------|------------|
| Assisted Living         | 26        | 51         |
| Long-Term Care Facility | 15        | 29         |
| Hospital                | 5         | 10         |
| Rehab Facility          | 3         | 6          |
| Outpatient Clinic       | 2         | 4          |

# Midwife Specific Legionellosis Resources

- Water Birth Guidelines
  - Recommended Criteria for the Use of Water Immersion
  - Contraindications for Entering the Pool
- Water Immersion
  - Management of Second & Third Stage
  - Newborn Resuscitation
  - Reasons for Leaving the Pool
- Pool Setup and Cleaning Recommendations
  - Recommended Birth Pool and Components
  - Recommended Pools
  - Pool Management
  - Preparation
  - Quality Assurance
  - Birth Pool Documentation Logs
- Midwife Safety

## GUIDELINES FOR WATER IMMERSION AND WATER BIRTH



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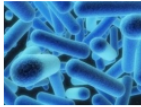
November 2016





# Midwife Specific Legionellosis Infographic

**Legionnaire's Disease:  
A Water Birth Concern**


**What is Legionnaire's Disease?**

 Caused by the bacteria *Legionella pneumophila*

 **Common symptoms**  
Cough, shortness of breath, decreased feeding, irritability, high fever


 A severe, often lethal form of pneumonia (lung infection)

**How is it spread?**



- Naturally found in warm water and can easily spread in birthing tubs/pools that are not properly cleaned and disinfected
- Spread by breathing in small droplets of water containing the bacteria during or after water birth



**How difficult is it to treat?**



- Legionnaires' disease is treated with antibiotics
- Most babies who get sick need care in a hospital
- Treatment effectiveness depends on baby's overall health status as well as how quickly the baby is diagnosed and treated after becoming ill

**How can I prevent it?**

| Do   | Do Not  |
|--|---|
| <ul style="list-style-type: none"><li>✓ Do become knowledgeable of water birth, considering benefits and risks at different stages of labor</li><li>✓ Do develop and implement infection prevention protocols and procedures</li></ul> | <ul style="list-style-type: none"><li>✗ Do not use birthing tubs/pools that have circulating water, heating elements and are difficult to clean (e.g. whirlpool tubs)</li><li>✗ Do not leave water in the tub for more than six hours</li></ul> |

 [cdc.gov/legionella](http://www.cdc.gov/legionella) Adapted from: Texas Department of State Health Services [www.preventHALaz.gov](http://www.preventHALaz.gov) 

<http://www.azdhs.gov/documents/licensing/special/midwives/training/legionella-infographic.pdf>

# Public Health Based Guidance

## How To Conduct *Legionella* Investigation



Healthcare-Associated Infections Program  
OIDS/ADHS

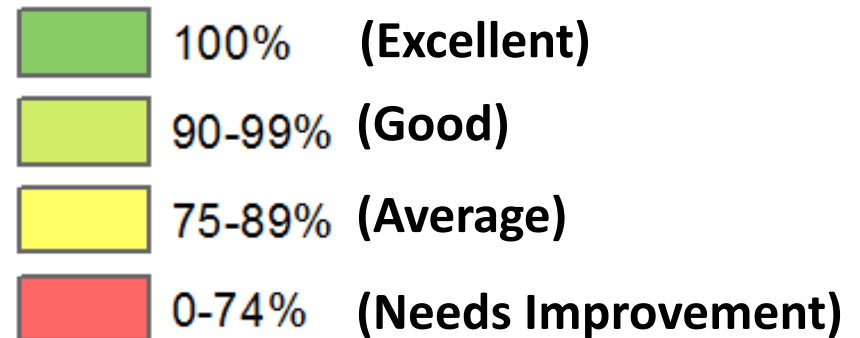
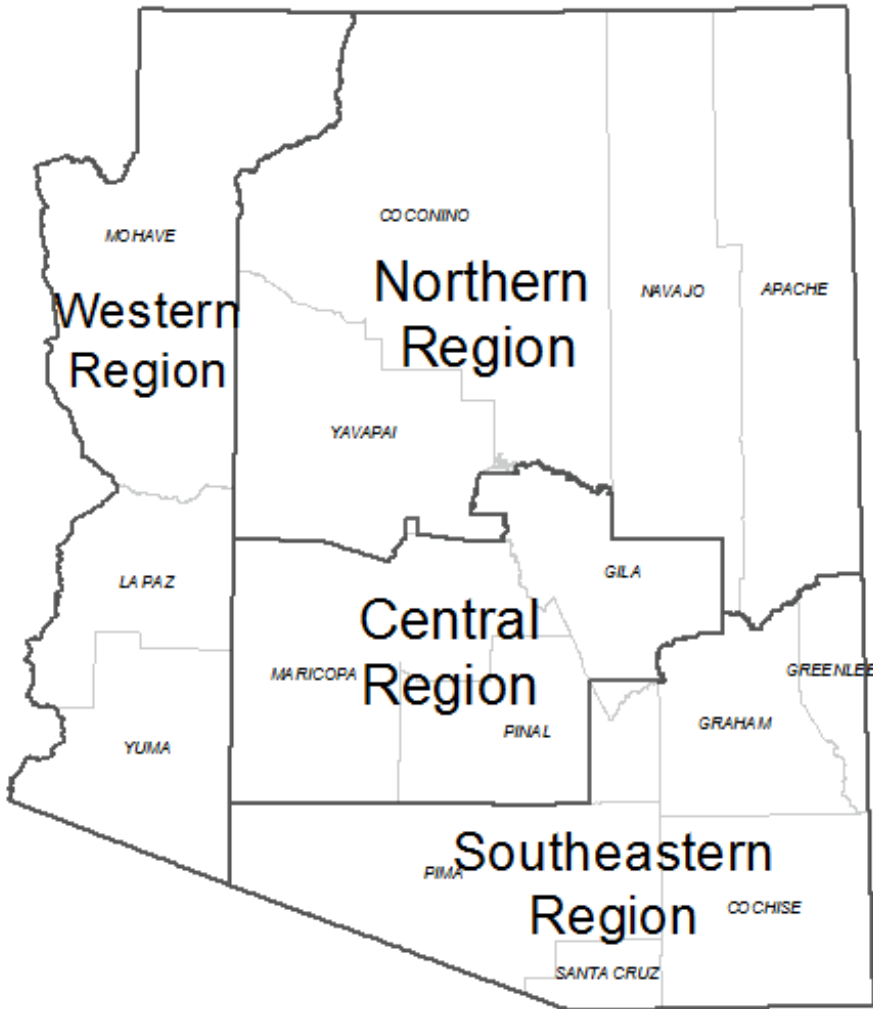
# Arizona's Infection Prevention Assessment Survey 2016

- Arizona healthcare facilities were surveyed in 2016 to assess infection control practices, infrastructure and outbreak reporting
- Results provided a snapshot of infection prevention capacity in healthcare facilities throughout the state
- Used to identify gaps and focus pointed interventions based on the findings

# EMS Regions

- Predefined geographical areas of EMS System
- Selected for simplicity and anonymity

Regions were categorized based on self-reported responses as shown below:



# Demographics of EMS Regions

| Demographics   | Arizona      | Central      | Northern | Southeastern | Western   |
|--|--------------|--------------|----------|--------------|-----------|
| Hospitals Surveyed   | 86           | 49           | 15       | 15           | 7         |
| Hospitals Responded (Percent)                              | 68 (79)      | 41 (84)      | 10 (67)  | 11 (73)      | 6 (86)    |
| Acute Care Hospitals                                       | 54           | 38           | 5        | 7            | 4         |
| Critical Access Hospitals*                                 | 14           | 3            | 5        | 4            | 2         |
| Median Bedsize (Mean)                                      | 123<br>(169) | 188<br>(207) | 40 (67)  | 100 (123)    | 140 (160) |
| Median #Beds/IP (Mean)                                     | 109<br>(114) | 138<br>(133) | 29 (47)  | 83 (96)      | 140 (127) |
| # of Hospitals with Primary IP with CIC status (Percent)** | 36 (55)      | 26 (67)      | 2 (20)   | 5 (50)       | 3 (50)    |
| Has a Clinical Pharmacist with ID training (Percent)       | 26 (38)      | 17 (41)      | 5 (50)   | 1 (9)        | 3 (50)    |

\* ASP Data missing from 2 hospitals (1 each in central and northern regions)

\*\* Missing CIC data from 3 Hospitals (2 in central region and 1 in southeastern region)



# 10 Core Concepts

1 **Notify public health about outbreaks**

2 **Internal Validation of NHSN data**

3 **Clinical Pharmacist with Infectious Disease (ID) training**

4 **Fiscal support for infection prevention and control program**

5 **Mandatory influenza vaccination program**

6 **Competency-based training program for proper hand hygiene**

7 **Competency-based training program for environmental cleaning**

8 **7 core elements of Antibiotic Stewardship Programs (ASPs)**

9 **Physician/Nurse Champion for *Clostridium difficile* infection (CDI)**

10 **Drug Diversion Prevention Program**

# Summary of Core Concepts by Region

| Core Question   | Arizona | Central | Northern | Southeastern | Western |
|---|---------|---------|----------|--------------|---------|
| 1. Notification of Outbreaks                            | 88%     | 80%     | 100%     | 100%         | 100%    |
| 2. Validation of NHSN                                   | 49%     | 45%     | 57%      | 57%          | 60%     |
| 3. ID Pharmacist  | 38%     | 41%     | 50%      | 9%           | 50%     |
| 4. Fiscal support for IPC                               | 81%     | 83%     | 90%      | 64%          | 83%     |
| 5. Mandatory Flu Vaccine                                | 81%     | 90%     | 70%      | 64%          | 67%     |
| 6. Competency-based training for hand hygiene           | 40%     | 24%     | 50%      | 82%          | 50%     |
| 7. Competency-based training for environmental cleaning | 75%     | 76%     | 60%      | 82%          | 83%     |
| 8. 7 Core elements of ASP                               | 33%     | 28%     | 67%      | 27%          | 33%     |
| 9. Physician and/or Nurse champion for CDI              | 63%     | 59%     | 80%      | 55%          | 83%     |
| 10. Drug Diversion Prevention Program                   | 18%     | 15%     | 30%      | 9%           | 33%     |

# Summary of Core Concepts by Bedsize

| Core Question   | Arizona | CAH  | 50 or Less | 51-200 | 200 + |
|---|---------|------|------------|--------|-------|
| 1. Notification of Outbreaks                            | 88%     | 100% | 91%        | 91%    | 82%   |
| 2. Validation of NHSN                                   | 49%     | 40%  | 30%        | 45%    | 52%   |
| 3. ID Pharmacist  | 38%     | 21%  | 22%        | 43%    | 50%   |
| 4. Fiscal support for IPC                               | 81%     | 71%  | 74%        | 78%    | 91%   |
| 5. Mandatory Flu Vaccine                                | 81%     | 71%  | 65%        | 87%    | 91%   |
| 6. Competency-based training for hand hygiene           | 40%     | 79%  | 57%        | 43%    | 18%   |
| 7. Competency-based training for environmental cleaning | 75%     | 71%  | 61%        | 83%    | 82%   |
| 8. 7 Core elements of ASP                               | 33%     | 25%  | 19%        | 39%    | 41%   |
| 9. Physician and/or Nurse champion for CDI              | 63%     | 79%  | 70%        | 57%    | 64%   |
| 10. Drug Diversion Prevention Program                   | 18%     | 14%  | 17%        | 22%    | 14%   |

# Conclusions

- 6 of the 10 Core Concepts fell into the 'needs improvement' category during analysis
- The following 3 areas were prioritized by the HAI Program as areas for immediate attention:
  - Validation of NHSN Data
  - Competency-based training for hand hygiene
  - 7 core elements of ASP

# 7 Core Elements of ASP

- 1 **Leadership Commitment:** Dedicate necessary human, financial and IT resources
- 2 **Accountability:** Appoint a single leader responsible for program outcomes
- 3 **Drug Expertise:** Appointing a single pharmacist leader responsible for working to improve antibiotic use
- 4 **Actions:** Implementing at least one recommended action, such as systemic evaluation of ongoing treatment need after a set period of initial treatment
- 5 **Tracking:** Monitor antibiotic prescribing and resistance patterns
- 6 **Reporting:** Regular report information on antibiotic use and resistance to doctors, nurses and relevant staff
- 7 **Education:** Educate clinicians about resistance and optimal prescribing

# Summary of 7 Core Elements of ASP by Region

| Core Element             | Arizona | Central | Northern | Southeastern | Western |
|--------------------------|---------|---------|----------|--------------|---------|
| 1. Leadership Commitment | 68%     | 70%     | 78%      | 64%          | 50%     |
| 2. Accountability        | 61%     | 65%     | 67%      | 55%          | 33%     |
| 3. Drug Expertise        | 79%     | 83%     | 78%      | 73%          | 67%     |
| 4. Action                | 85%     | 88%     | 89%      | 82%          | 67%     |
| 5. Tracking              | 82%     | 80%     | 89%      | 82%          | 83%     |
| 6. Reporting             | 48%     | 45%     | 78%      | 36%          | 50%     |
| 7. Education             | 61%     | 55%     | 78%      | 64%          | 67%     |

# Summary of 7 Core Elements of ASP by Bedsize

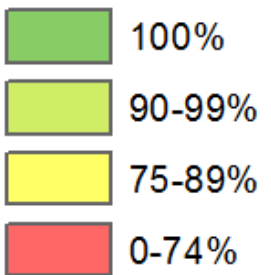
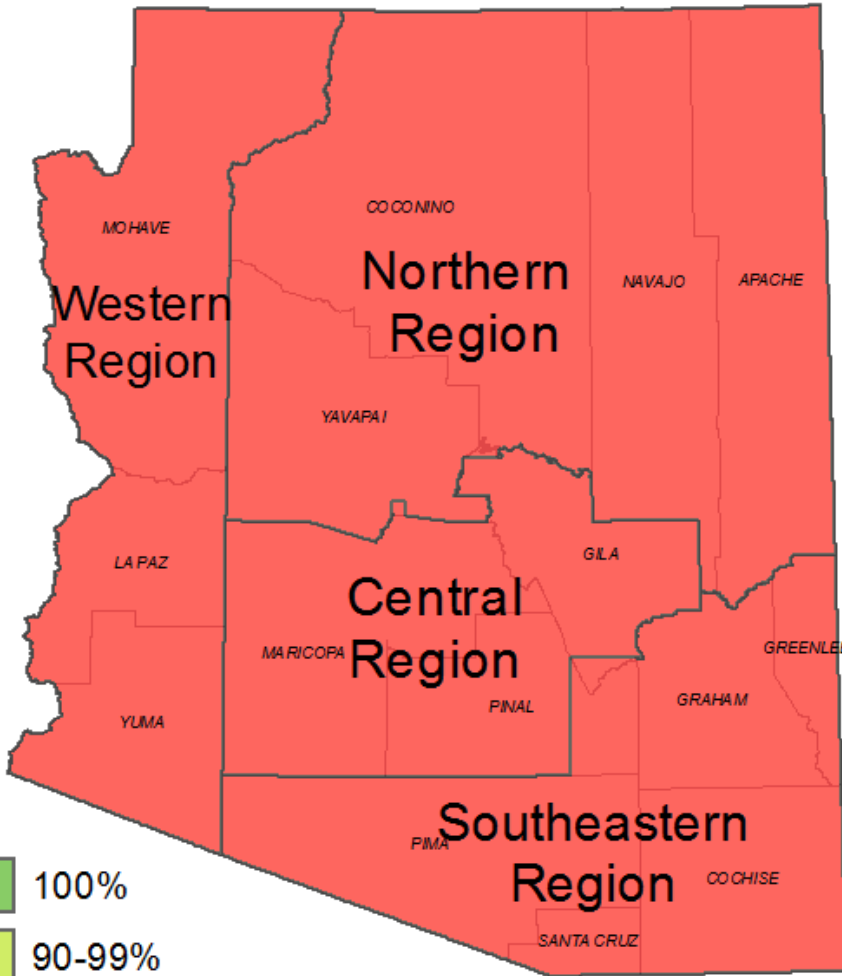
| Core Element             | Arizona | CAH | 50 or less | 51-200 | 200 + |
|--------------------------|---------|-----|------------|--------|-------|
| 1. Leadership Commitment | 68%     | 42% | 43%        | 74%    | 86%   |
| 2. Accountability        | 61%     | 50% | 48%        | 57%    | 77%   |
| 3. Drug Expertise        | 79%     | 67% | 76%        | 70%    | 91%   |
| 4. Action                | 85%     | 75% | 81%        | 78%    | 95%   |
| 5. Tracking              | 82%     | 75% | 76%        | 78%    | 91%   |
| 6. Reporting             | 48%     | 50% | 43%        | 52%    | 50%   |
| 7. Education             | 61%     | 58% | 48%        | 65%    | 68%   |

# 7 Core Elements of ASPs

Met all 7 core elements of ASP based on responses to questions regarding antibiotic stewardship.

**Arizona (n=66): 33%**

| Region              | Positive Response |
|---------------------|-------------------|
| Central (n=41)      | 28%               |
| Northern (n=10)     | 67%               |
| Southeastern (n=11) | 27%               |
| Western (n=6)       | 33%               |





# For Complete slide sets visit:

## Arizona's Infection Prevention Assessment Survey 2016

As part of the Epidemiology and Laboratory Capacity (ELC) Ebola Supplement Activity A, the HAI Program was tasked with assessing infection control practices, infrastructure and outbreak reporting in various healthcare settings across the state. With the assistance of the HAI Advisory Committee, detailed surveys were created for acute care hospitals, long-term care facilities, and hemodialysis facilities. The surveys were administered in early 2016 via an email with a link to an electronic survey through Qualtrics, and the results provided a snapshot of infection prevention capacity throughout the state. A detailed analysis was conducted on each healthcare setting, and the major results were displayed in slide sets. The slide sets are:

- 10 Core Concepts – Acute Care Hospitals
- 7 Core Elements of Antibiotic Stewardship Programs (ASPs) – Acute Care Hospitals
- 10 Core Concepts – Long-Term Care Facilities
- 7 Core Elements of Antibiotic Stewardship Programs (ASPs) – Long-Term Care Facilities
- 10 Areas for Interventions – Hemodialysis Facilities



<http://azdhs.gov/preparedness/epidemiology-disease-control/healthcare-associated-infection/advisory-committee/index.php#surveillance>

# 2017 HAI Progress Report

- Will be published in Spring 2017 (based on 2015 data)
- Report will be in a different format this year
  - No longer have the state arrow page and state fact sheet
  - Main focus will be on excel data tables
  - Will include new 2015 baseline
  - VAE will be included this year
- Will still include data explanation and talking points

Healthcare-associated infections (HAIs) are infections patients can get while receiving medical treatment in a healthcare facility. Working toward the elimination of HAIs is a CDC priority. The standardized infection ratio (SIR) is a summary statistic that can be used to track HAI prevention progress over time; lower SIRs are better. The infection data are reported to CDC's National Healthcare Safety Network (NHSN). HAI data for nearly all U.S. hospitals are published on the Hospital Compare website. This report is based on 2014 data, published in 2016.



**CLABSIs** ↓ 47% LOWER COMPARED TO NAT'L BASELINE\*

**CENTRAL LINE-ASSOCIATED BLOODSTREAM INFECTIONS**  
When a tube is placed in a large vein and not put in correctly or kept clean, it can become a way for germs to enter the body and cause deadly infections in the blood.

- Arizona hospitals reported a significant decrease in CLABSIs between 2013 and 2014.
- 7% Among the 46 hospitals in Arizona with enough data to calculate an SIR, 7% had an SIR significantly higher (worse) than 0.50, the value of the national SIR.

**CAUTIs** ↓ 1% LOWER COMPARED TO NAT'L BASELINE

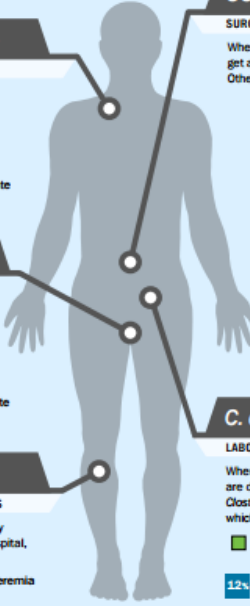
**CATHETER-ASSOCIATED URINARY TRACT INFECTIONS**  
When a urinary catheter is not put in correctly, not kept clean, or left in a patient for too long, germs can travel through the catheter and infect the bladder and kidneys.

- Arizona hospitals reported no significant change in CAUTIs between 2013 and 2014.
- 13% Among the 48 hospitals in Arizona with enough data to calculate an SIR, 13% had an SIR significantly higher (worse) than 1.00, the value of the national SIR.

**MRSA Bacteremia** ↓ 1% LOWER COMPARED TO NAT'L BASELINE

**LABORATORY IDENTIFIED HOSPITAL-ONSET BLOODSTREAM INFECTIONS**  
Methicillin-resistant *Staphylococcus aureus* (MRSA) is bacteria usually spread by contaminated hands. In a healthcare setting, such as a hospital, MRSA can cause serious bloodstream infections.

- Arizona hospitals reported no significant change in MRSA bacteremia between 2013 and 2014.
- 12% Among the 34 hospitals in Arizona with enough data to calculate an SIR, 12% had an SIR significantly higher (worse) than 0.87, the value of the national SIR.



**SSIs**

**SURGICAL SITE INFECTIONS**  
When germs get into an area where surgery is or was performed, patients can get a surgical site infection. Sometimes these infections involve only the skin. Other SSIs can involve tissues under the skin, organs, or implanted material.

**SSI: Abdominal Hysterectomy** ↓ 13% LOWER COMPARED TO NAT'L BASELINE

- Arizona hospitals reported no significant change in SSIs related to abdominal hysterectomy surgery between 2013 and 2014.
- 0% Among the 19 hospitals in Arizona with enough data to calculate an SIR, 0% had an SIR significantly higher (worse) than 0.83, the value of the national SIR.

**SSI: Colon Surgery** ↑ 10% HIGHER COMPARED TO NAT'L BASELINE

- Arizona hospitals reported no significant change in SSIs related to colon surgery between 2013 and 2014.
- 15% Among the 39 hospitals in Arizona with enough data to calculate an SIR, 15% had an SIR significantly higher (worse) than 0.98, the value of the national SIR.

**C. difficile Infections**

**LABORATORY IDENTIFIED HOSPITAL-ONSET**

When a person takes antibiotics, good bacteria are destroyed for several months. During this time, *Clostridium difficile* (*C. difficile*), bacteria that can be spread in healthcare settings, can grow.

- Arizona hospitals reported a significant increase in *C. difficile* infections between 2013 and 2014.
- 12% Among the 57 hospitals in Arizona with enough data to calculate an SIR, 12% had an SIR significantly higher (worse) than 0.92, the value of the national SIR.

\* Statistically significant

Healthcare-associated infection (HAI) data give healthcare facilities and public health agencies knowledge to design, implement, and evaluate HAI prevention efforts.

Learn how your hospital is performing: [www.medicare.gov/hospitalcompare](http://www.medicare.gov/hospitalcompare)  
For additional information:  
 • 2014 HAI Progress Report: [www.cdc.gov/hai/progress-report/](http://www.cdc.gov/hai/progress-report/)  
 • NHSN: [www.cdc.gov/nhsn](http://www.cdc.gov/nhsn)  
 • HAIs and prevention activities in Arizona: [www.aazhs.gov/phs/oids/hai/](http://www.aazhs.gov/phs/oids/hai/)  
 • Arizona validation efforts: [www.cdc.gov/hai/pdfs/state-progress-landscape.pdf](http://www.cdc.gov/hai/pdfs/state-progress-landscape.pdf)



**LEGEND**

- 2014 state SIR is significantly lower (better) than comparison group in column header
- Change in 2014 state SIR compared to group in column header is not statistically significant
- 2014 state SIR is significantly higher (worse) than comparison group in column header
- 2014 state SIR cannot be calculated

| HAI TYPE   | # OF ARIZONA HOSPITALS THAT REPORTED DATA TO CDC'S NHSN, 2014*<br>Total Hospitals in Arizona: 92 | 2014 STATE SIR vs. 2013 State SIR | 2014 STATE SIR vs. 2014 Nat'l SIR | 2014 STATE SIR vs. Nat'l Baseline† | 2014 STATE SIR | 2014 NAT'L SIR |
|--|--|-----------------------------------|-----------------------------------|------------------------------------|----------------|----------------|
| CLABSI<br>Nat'l Baseline: 2008                         | 60   | ↓ 18%                             | ↑ 7%                              | ↓ 47%                              | 0.53           | 0.50           |
| CAUTI<br>Nat'l Baseline: 2009                          | 60   | ↓ 3%                              | ↓ 2%                              | ↓ 1%                               | 0.99           | 1.00           |
| SSI, Abdominal Hysterectomy<br>Nat'l Baseline: 2006    | 53   | ↓ 25%                             | ↑ 5%                              | ↓ 13%                              | 0.87           | 0.83           |
| SSI, Colon Surgery<br>Nat'l Baseline: 2006             | 56   | ↓ 1%                              | ↑ 13%                             | ↑ 10%                              | 1.10           | 0.98           |
| MRSA Bacteremia<br>Nat'l Baseline: 2011                | 68   | ↑ 1%                              | ↑ 14%                             | ↓ 1%                               | 0.99           | 0.87           |
| <i>C. difficile</i> Infections<br>Nat'l Baseline: 2011 | 68   | ↓ 7%                              | ↑ < 1%                            | ↓ 7%                               | 0.93           | 0.92           |

\*The number of hospitals that reported to NHSN and are included in the SIR calculation. This number may vary across HAI types; for example, some hospitals do not use central lines or urinary catheters, or do not perform colon or abdominal hysterectomy surgeries.  
 †Nat'l baseline time period varies by HAI type. See first column of this table for specifics.

**WHAT IS THE STANDARDIZED INFECTION RATIO?**

The standardized infection ratio (SIR) is a summary statistic that can be used to track HAI prevention progress over time; lower SIRs are better. The SIR for a facility or state is adjusted to account for factors that might cause infection rates to be higher or lower, such as hospital size, teaching status, the type of patients a hospital serves, and surgery and patient characteristics.

**WHAT IS ARIZONA DOING TO PREVENT HEALTHCARE-ASSOCIATED INFECTIONS?**

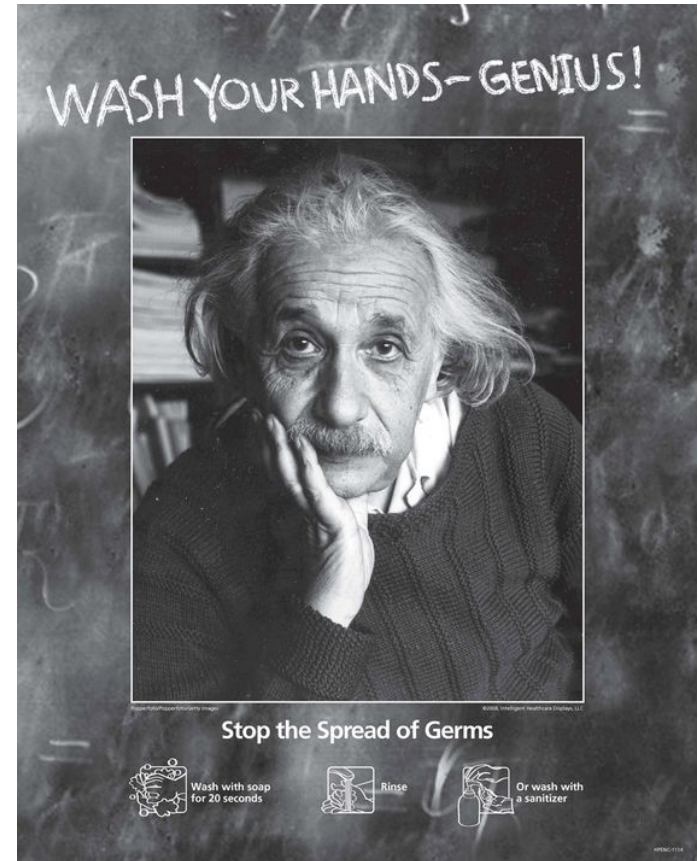
- Prevention efforts to reduce specific HAIs:
    - Central line-associated bloodstream infections
    - Catheter-associated urinary tract infections
    - Surgical site infections
    - Multidrug-resistant infections (MRSA, *C. difficile*, other)
  - Long-term care facilities
  - Hand hygiene
  - Antibiotic stewardship
  - Healthcare personnel influenza vaccination
- For prevention effort details, see glossary.

These will no longer be included!

- The HAI Program will be working with the HAI Advisory Committee's Surveillance Subcommittee to create an Arizona specific document

# Questions or Concerns?

- Please feel free to contact the HAI Program
  - Eugene Livar
    - [Eugene.Livar@azdhs.gov](mailto:Eugene.Livar@azdhs.gov)
  - Rachana Bhattarai
    - [Rachana.Bhattarai@azdhs.gov](mailto:Rachana.Bhattarai@azdhs.gov)
  - Geoff Granseth
    - [Geoffrey.Granseth@azdhs.gov](mailto:Geoffrey.Granseth@azdhs.gov)
  - Catherine “Kasia” Golenko
    - [Catherine.Golenko@azdhs.gov](mailto:Catherine.Golenko@azdhs.gov)



<https://www.pinterest.com/pin/266486502921061539/>

# Arizona Department of Health Services STD Control Update

Ryan Kreisberg, MPH  
January 20, 2017  
APIC Meeting  
Health Services Advisory Group



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# Objectives

- Review the epidemiology of reportable sexually transmitted diseases in the state of Arizona
- Review the importance of STD treatment and prevention at the clinical level
- Review reporting opportunities for clinicians

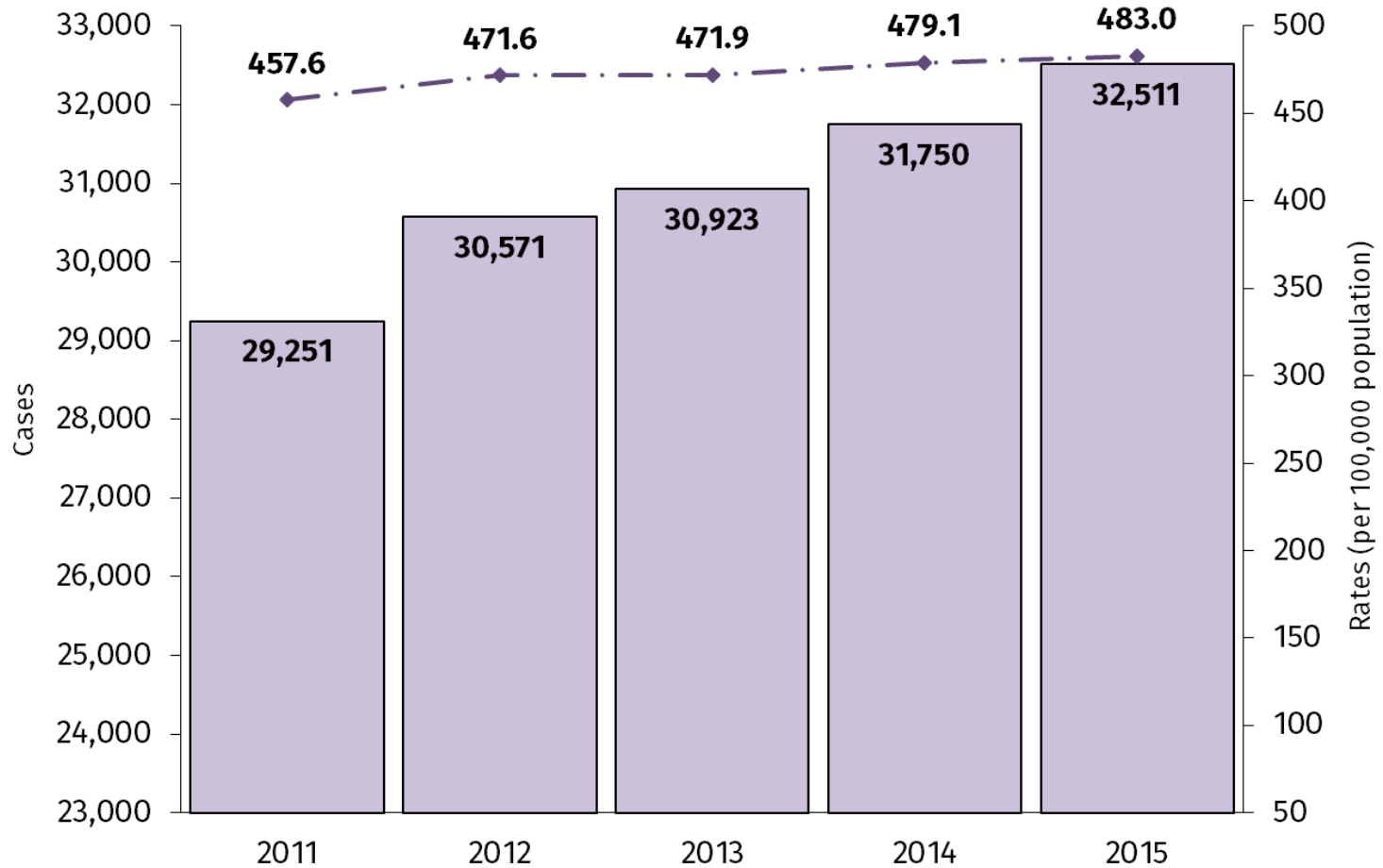


# Today's Items

- Trends in chlamydia, gonorrhea and syphilis infections in Arizona, 2011-2015
- Preliminary numbers for 2016
- Treatment of STDs



# Chlamydia Cases and Case Rates, Arizona 2011-2015



Data is provisional and subject to change.

\* 2014 CDC bridged data used for 2015 case rate population denominators.

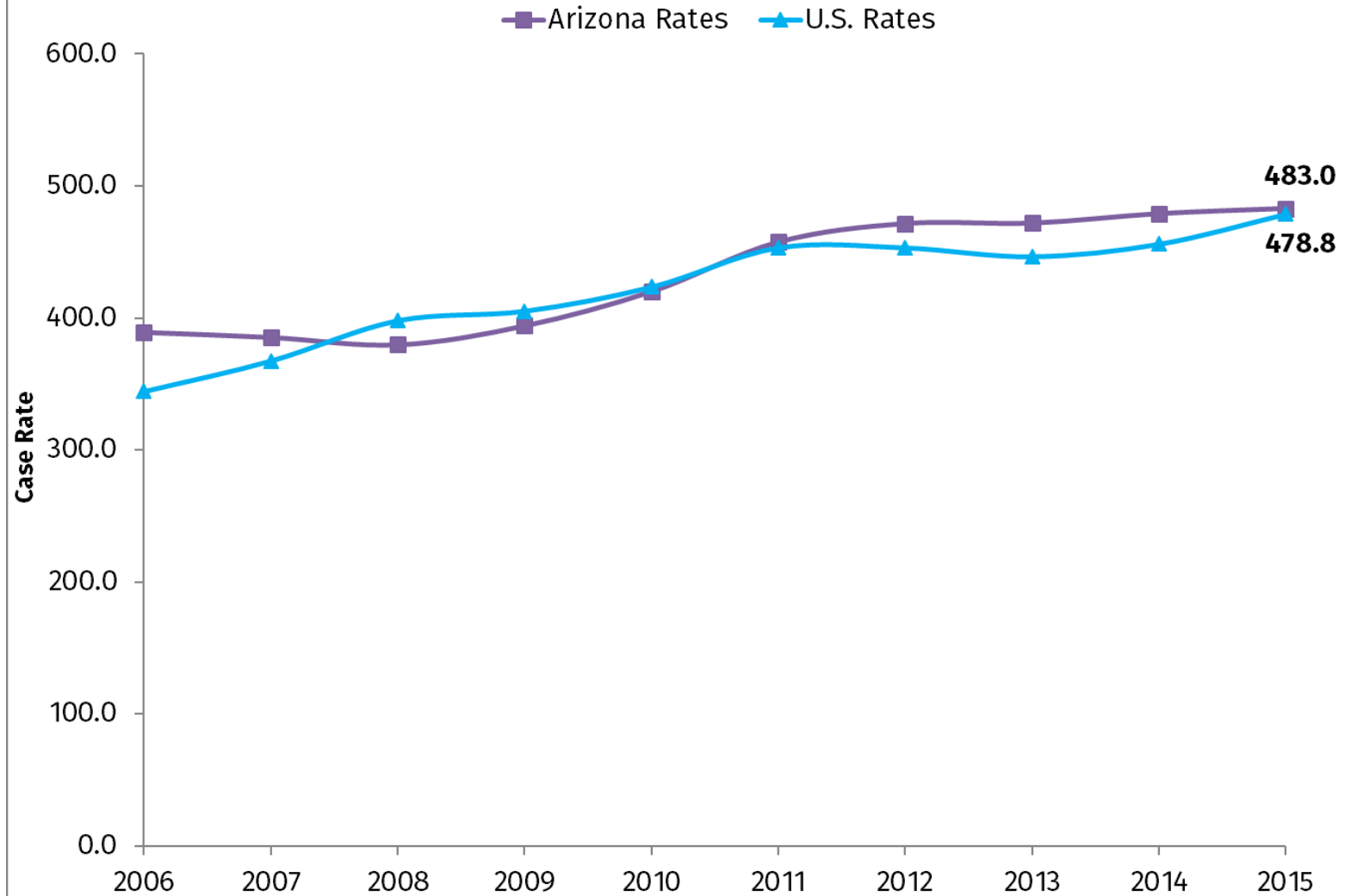


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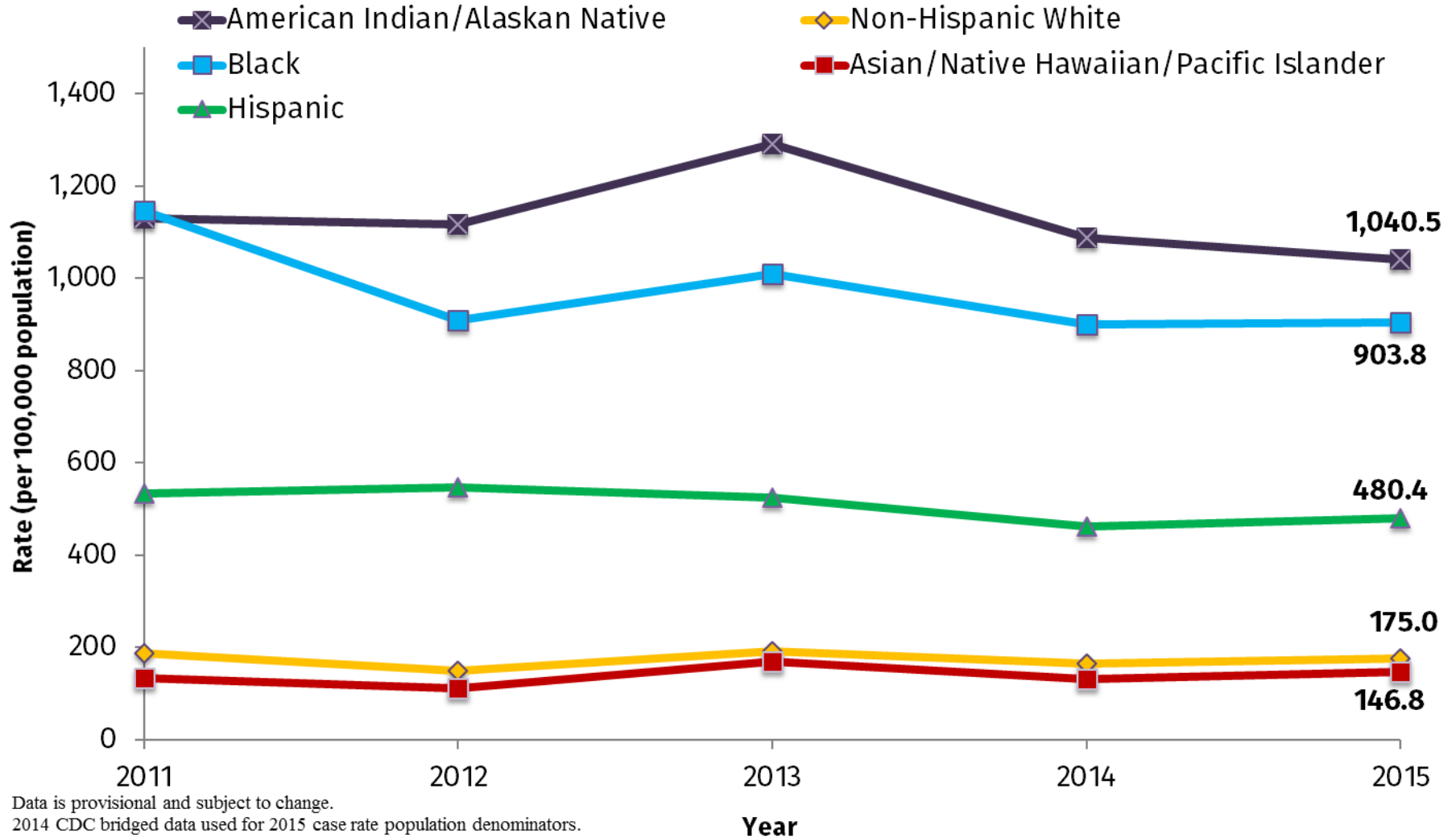
## Comparison of 10 Year Reported Chlamydia Rates for Arizona and the United States, 2006-2015



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# Chlamydia Case Rates by Race/Ethnicity\*, Arizona 2011-2015

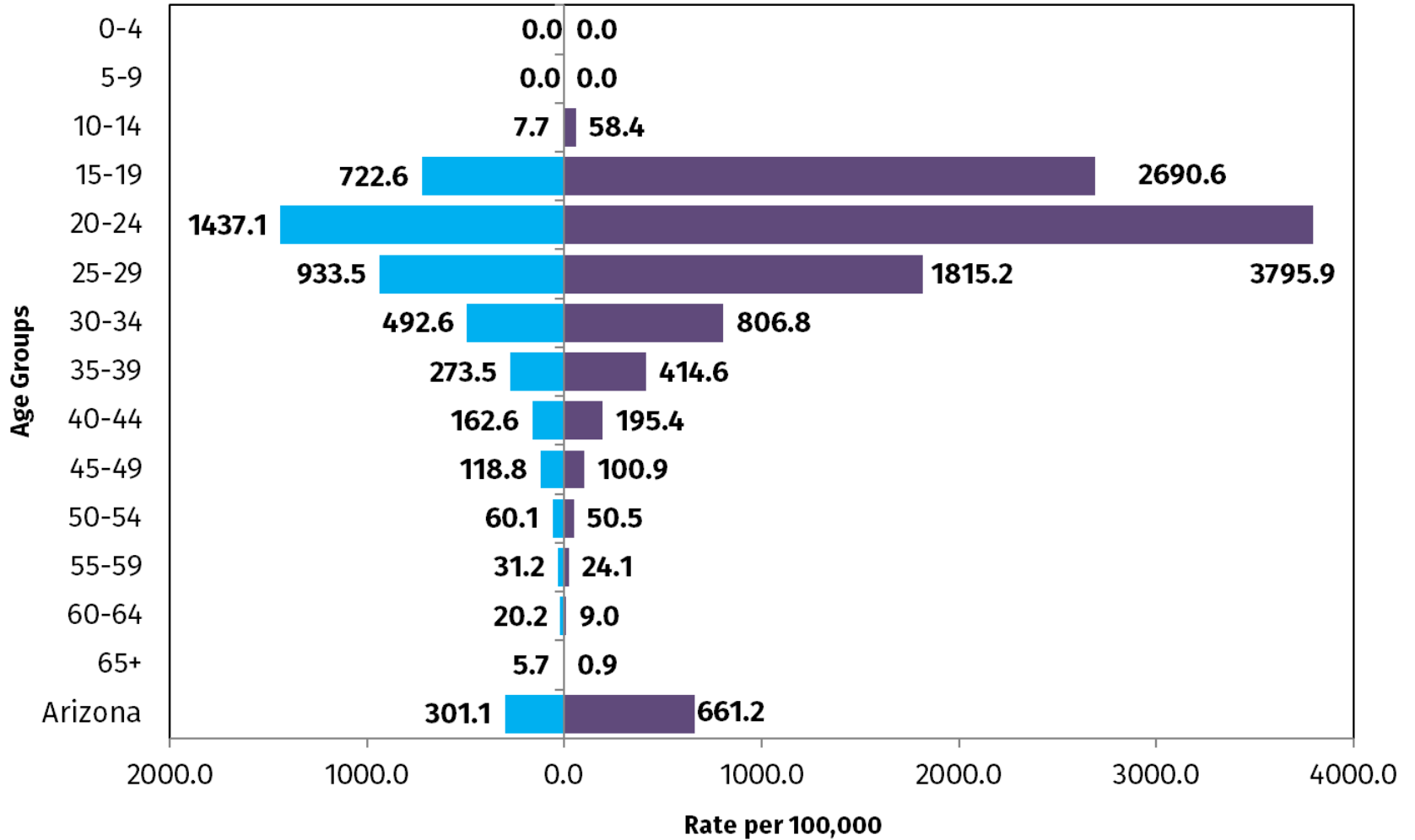


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# Chlamydia Rates by Age group and Gender, Arizona 2015

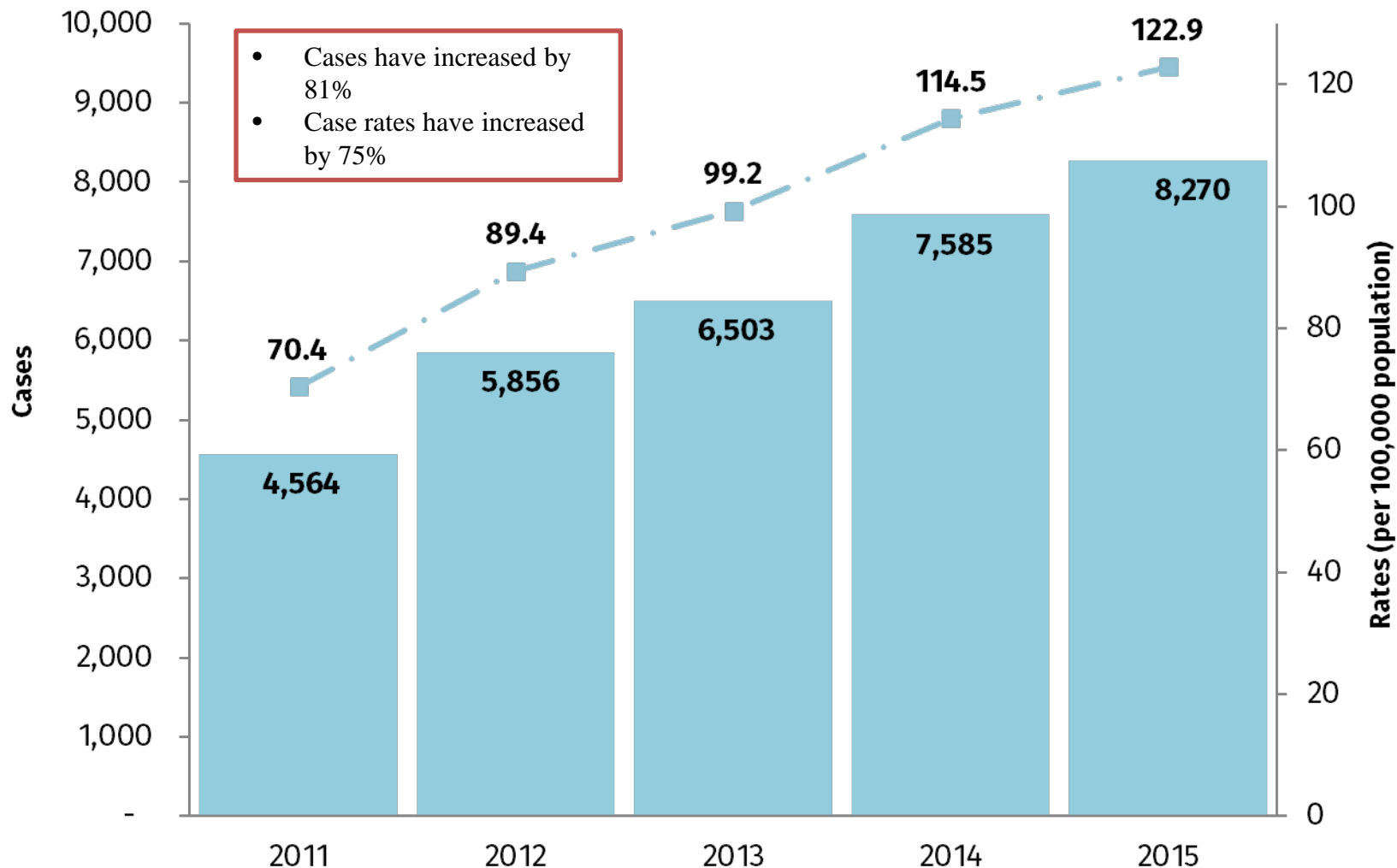
■ Males ■ Females



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# Gonorrhea Cases and Rates, Arizona 2011-2015



Data is provisional and subject to change.

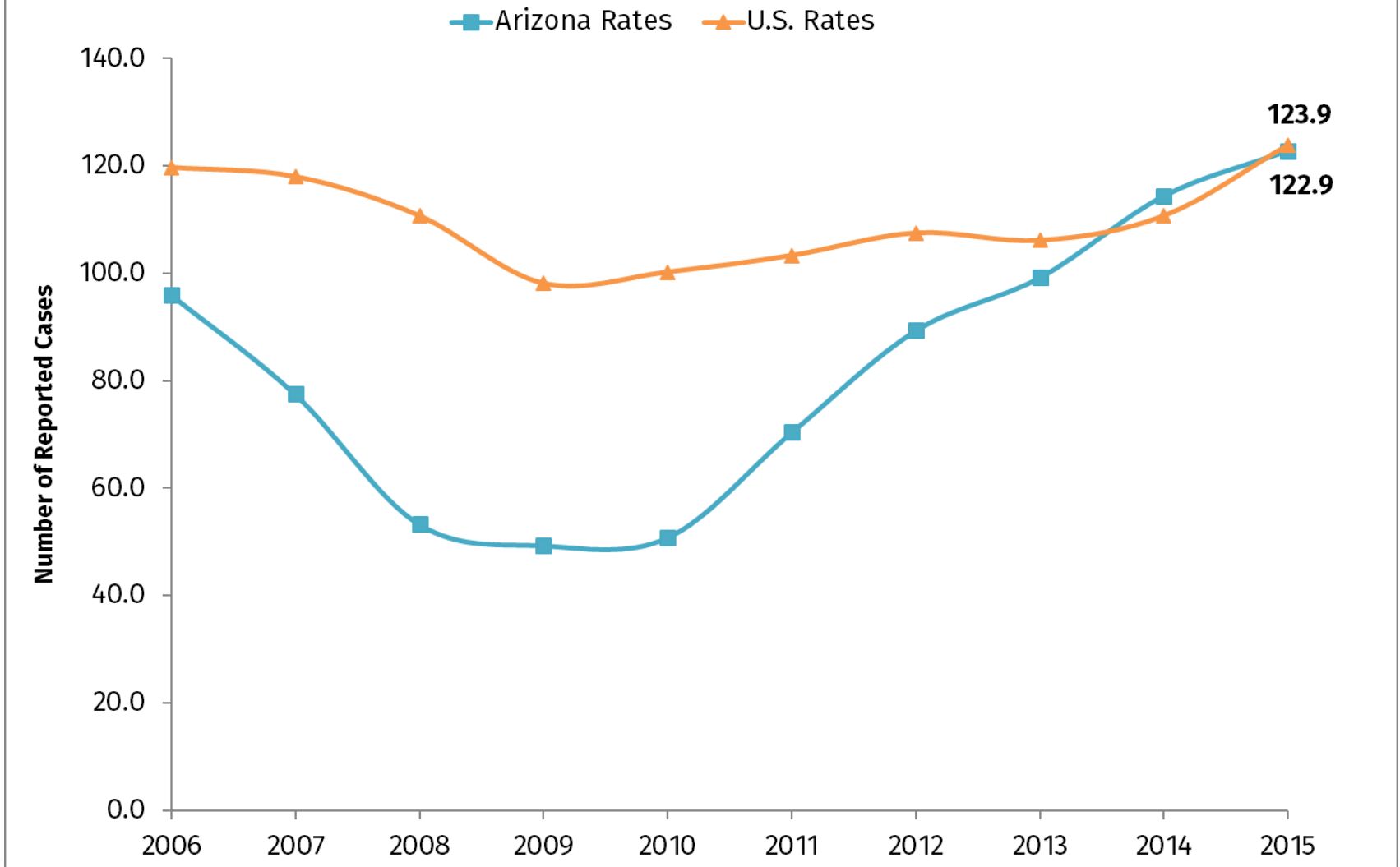
\*2014 CDC bridged data used for 2015 case rate population denominators.



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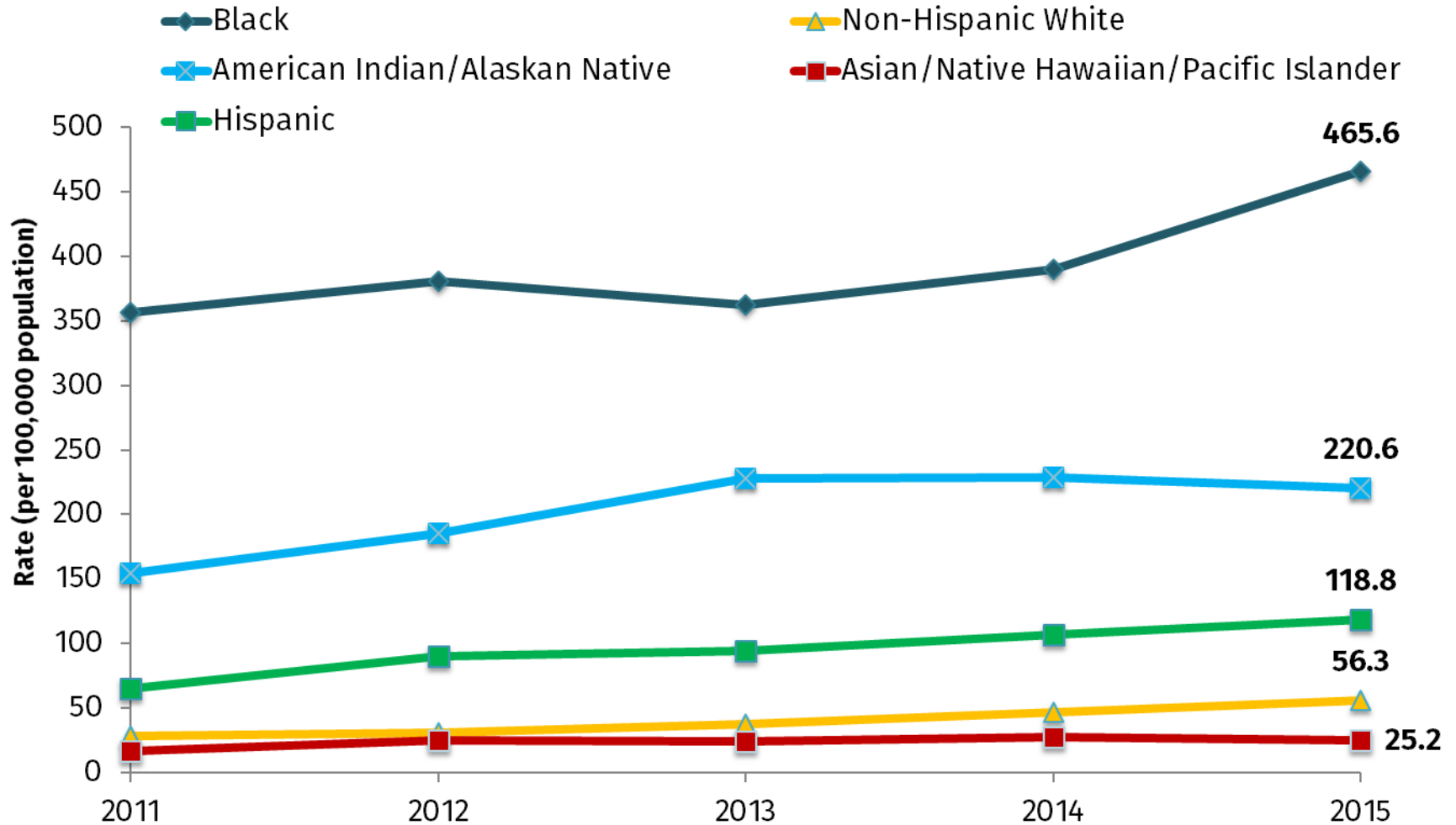
# Comparison of 10 Year Reported Gonorrhea Rates for Arizona and the United States, 2006-2015



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# Gonorrhea Case Rates by Race/Ethnicity\*, Arizona 2011-2015



Data is provisional and subject to change.

2014 CDC bridged data used for 2015 case rate population denominators.

\*Due to data collection limitations, race/ethnicity data may be skewed.

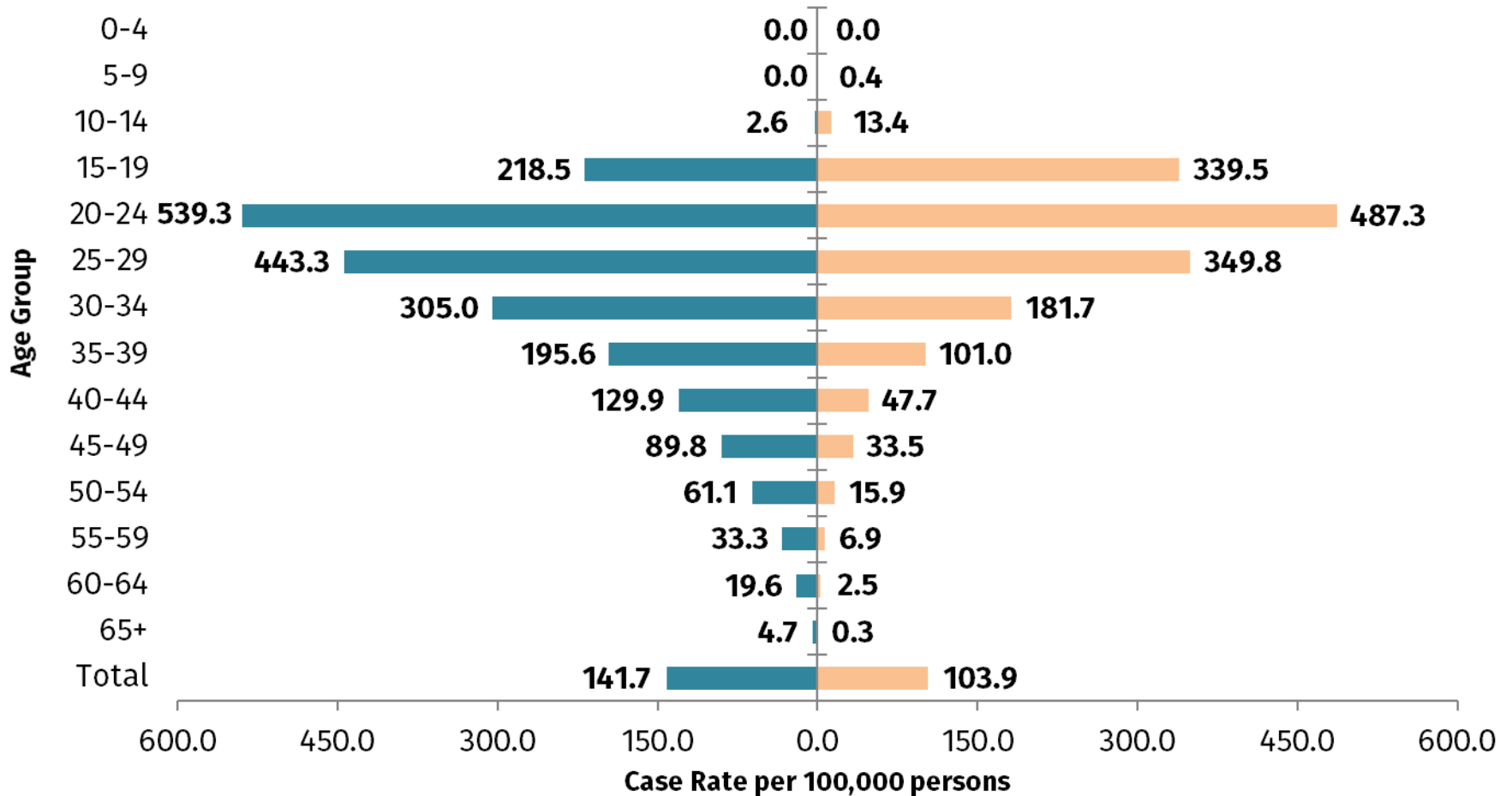


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# Gonorrhea Rates by Age Group and Gender, Arizona 2015

■ Male ■ Female



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# Repeat Infections

## Repeat CT Infections

- 83 with 3 infections
- 1370 with 2 infections

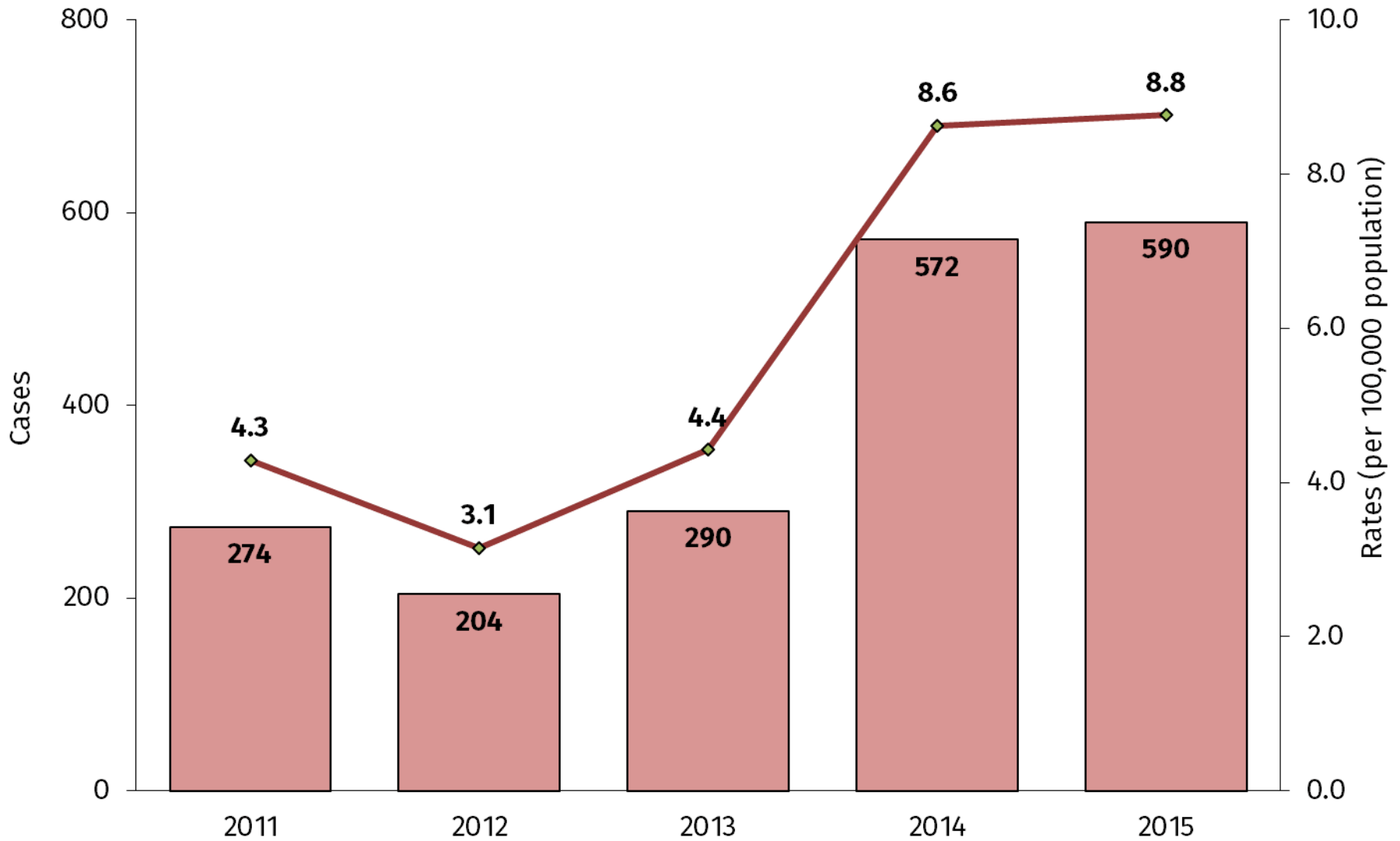
## Repeat GC Infections

- 28 with 3 infections
- 330 with 2 infections





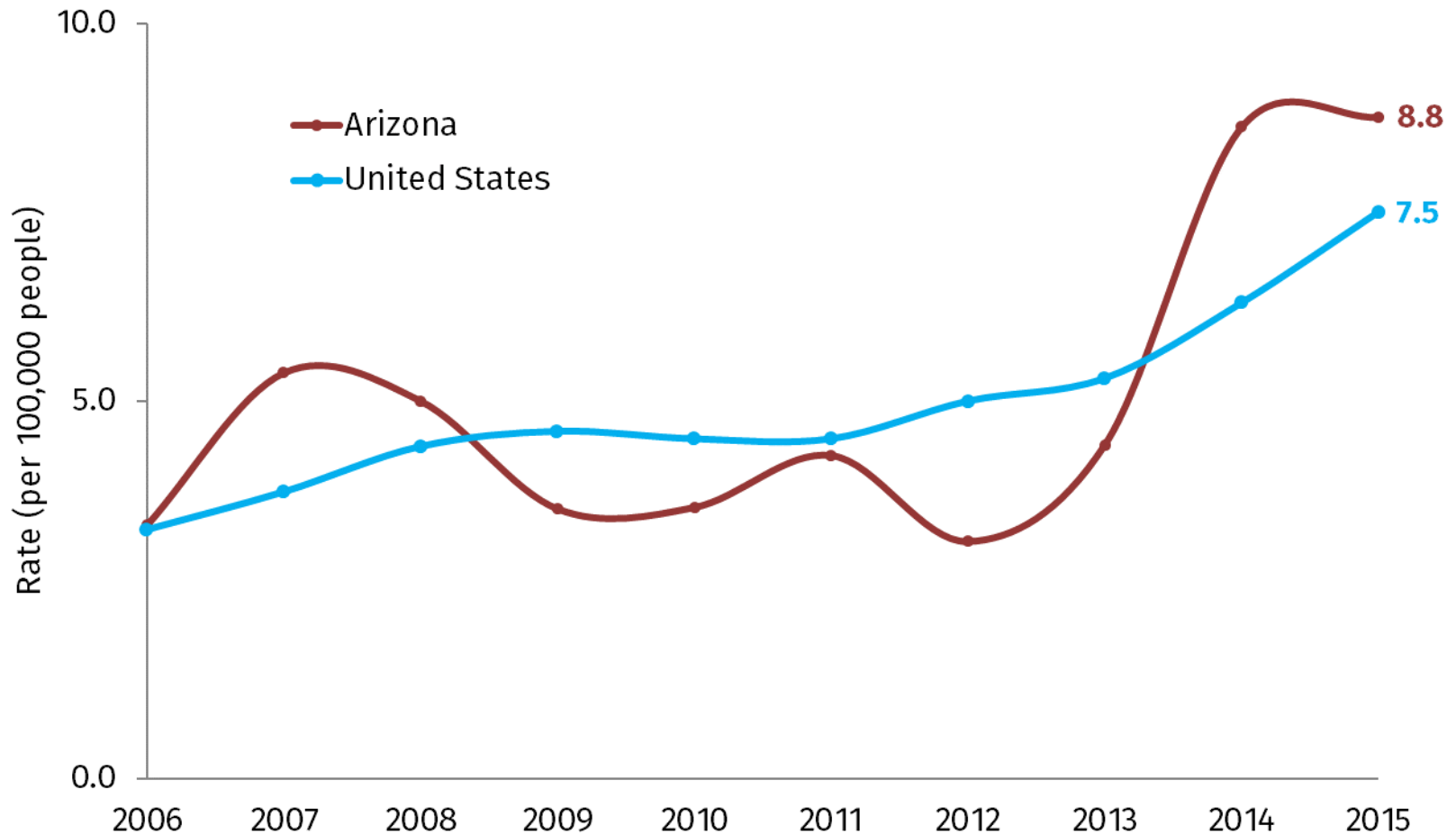
# Primary and Secondary Syphilis, Arizona 2011-2015



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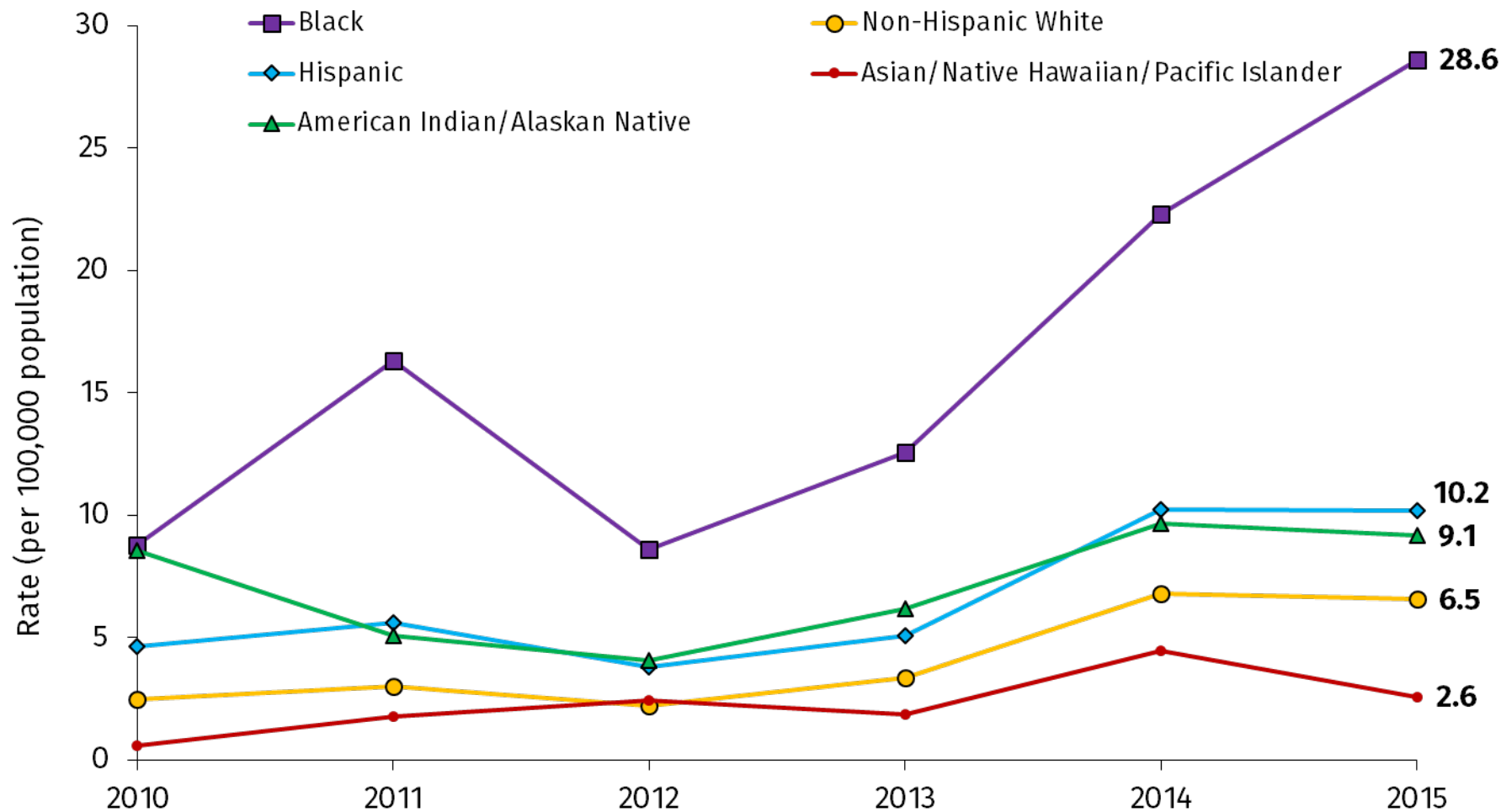
# Primary and Secondary Syphilis Rates per 100,000 in the United States and Arizona, 2006 - 2015



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# Primary and Secondary Syphilis Case Rates by Race/ Ethnicity\*, Arizona 2010 - 2015



Data is provisional and subject to change.

2014 CDC bridged data used for 2015 case rate population denominators.

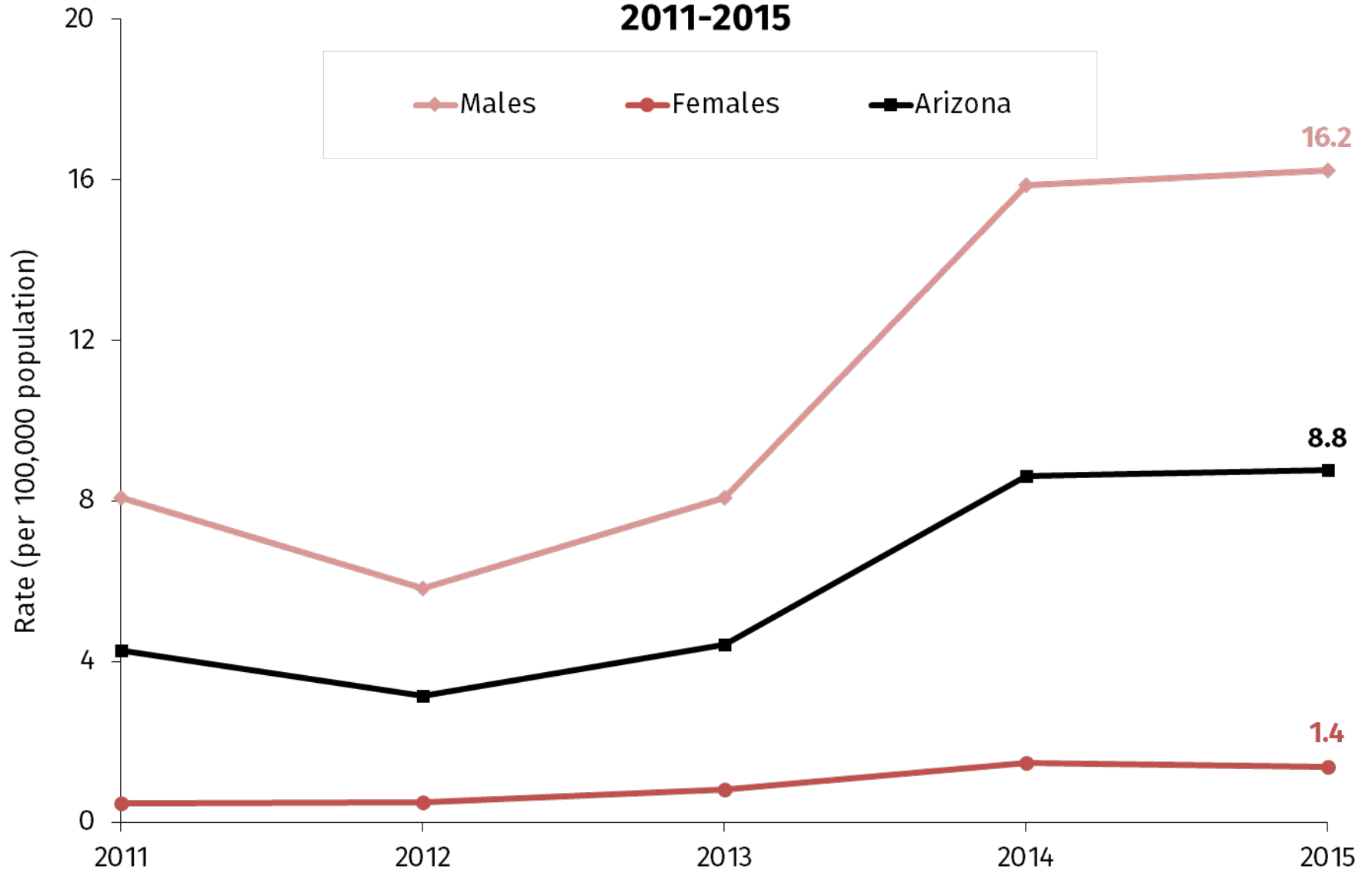
\* Due to data collection limitations, race/ethnicity rate data may be skewed



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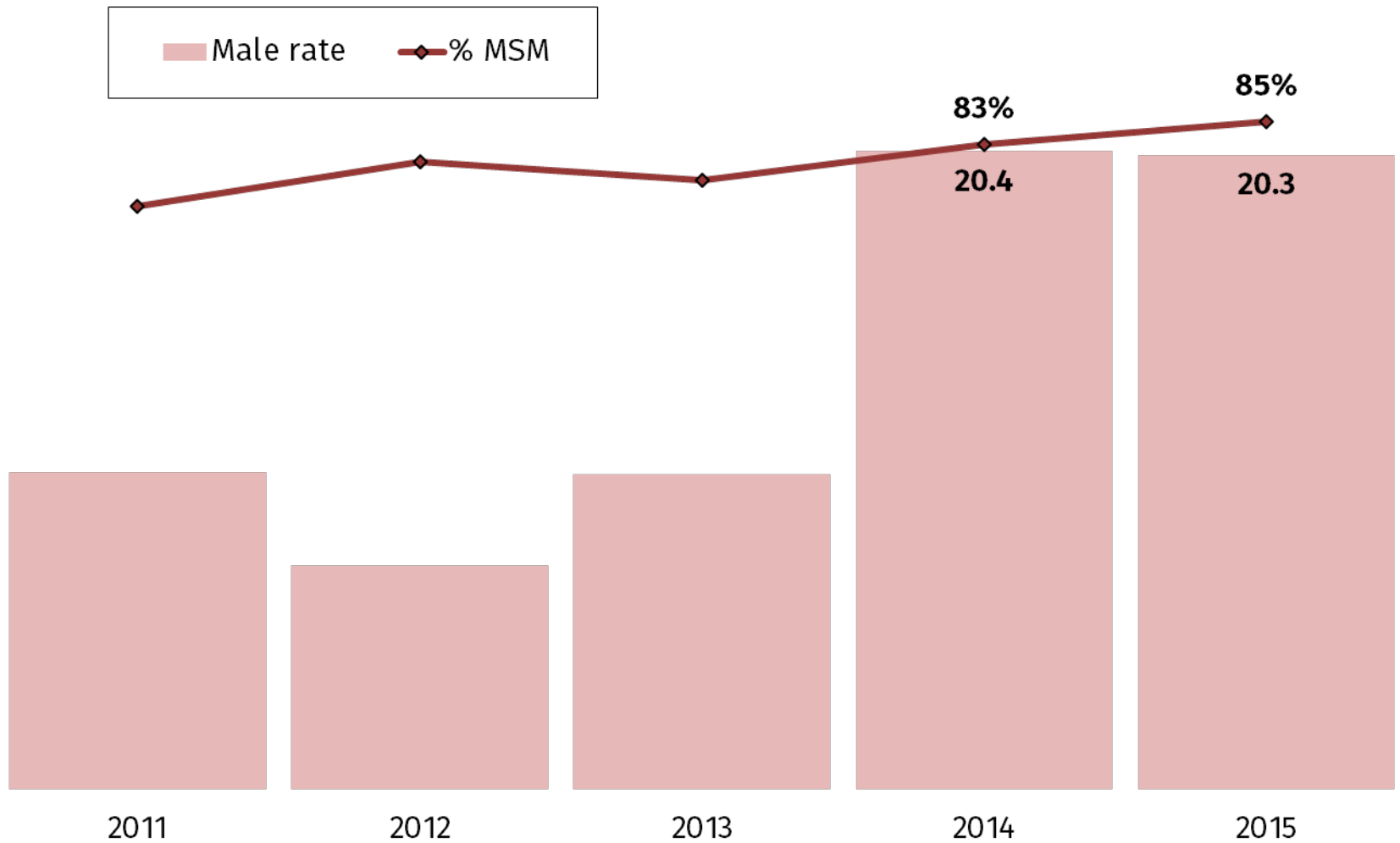
# Primary and Secondary Syphilis Case Rates by Gender, Arizona 2011-2015



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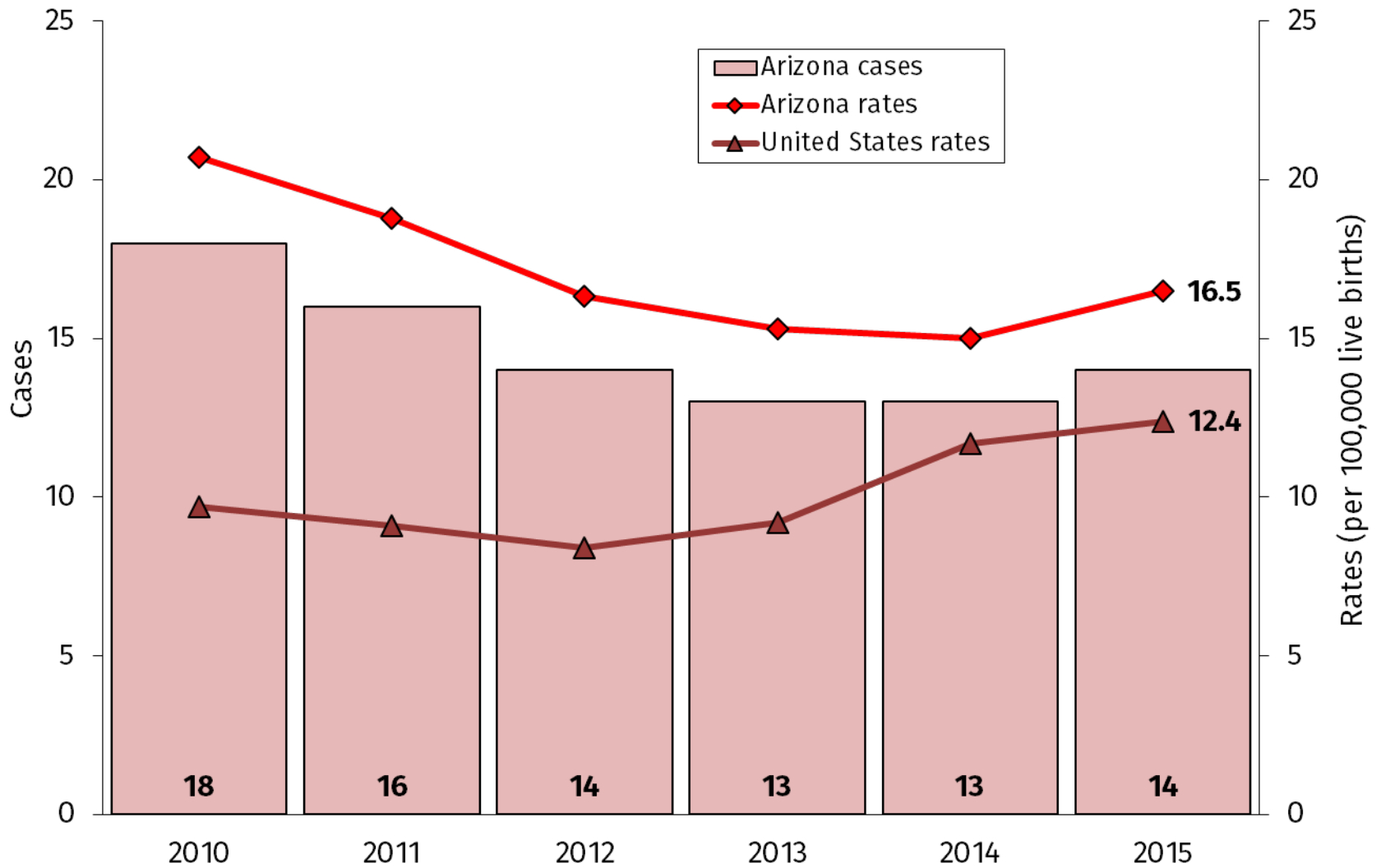
# Rate per 100,000 of Primary and Secondary Syphilis Cases among Males and the Percentage of Male Cases that Identify as MSM, Maricopa and Pima Counties, 2011-2015



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# Congenital Syphilis Cases and Case Rates per 100,000 Live Births by Birth Year, Arizona and United States 2010-2015



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# Treating Chlamydia in AZ

## CDC Recommended Regimens

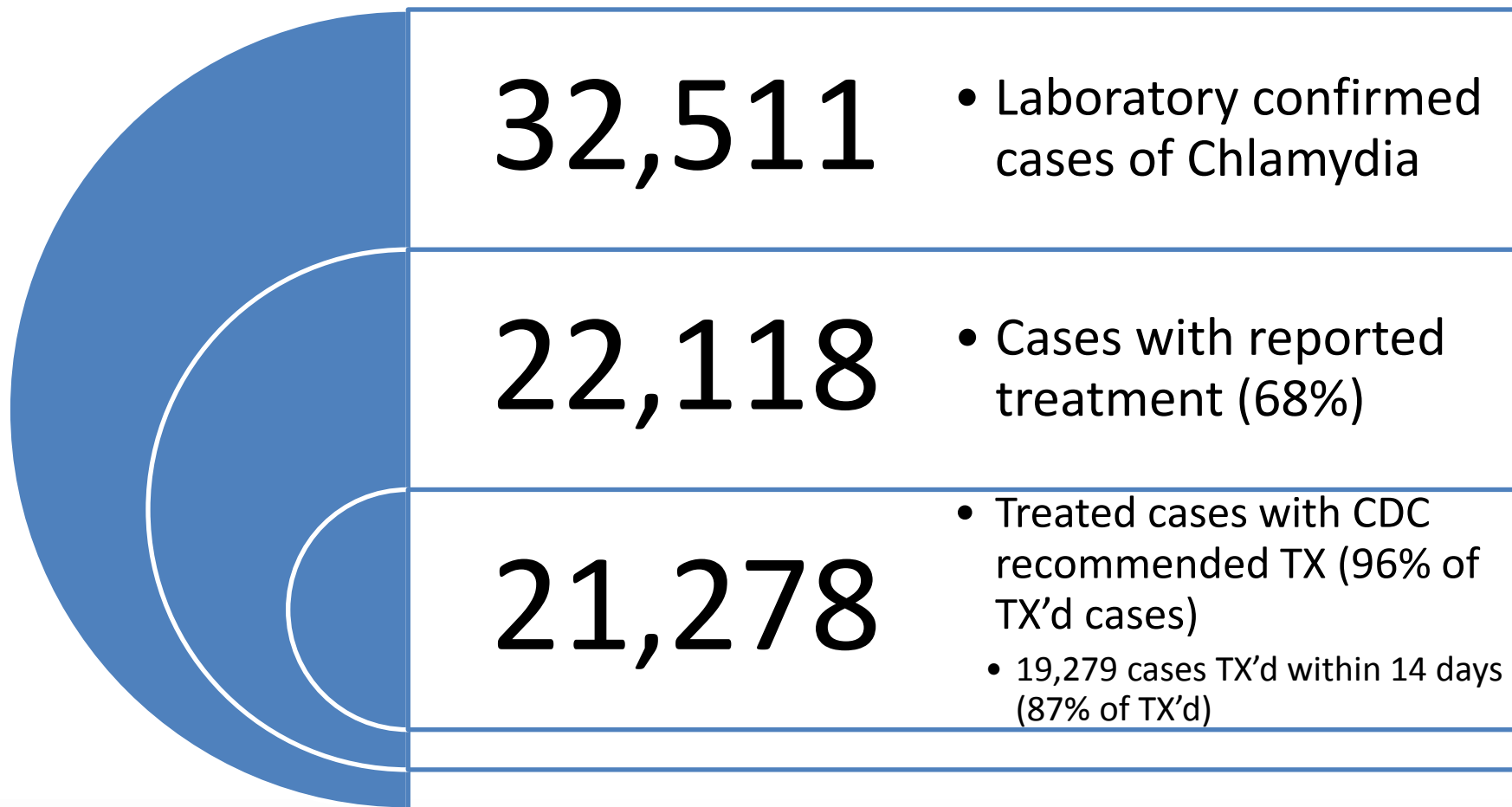
- Azithromycin 1g
- OR*
- Doxycycline 100mg bid/7 days

Full CDC guidelines can be found at: <http://www.cdc.gov/std/tg2015/>





# Treatment of Reported Chlamydia Cases, Arizona 2015





# Treating Gonorrhea in AZ

## CDC Recommended Regimen

Ceftriaxone (Rocephin) 250mg  
IM

*PLUS*

Azithromycin 1g

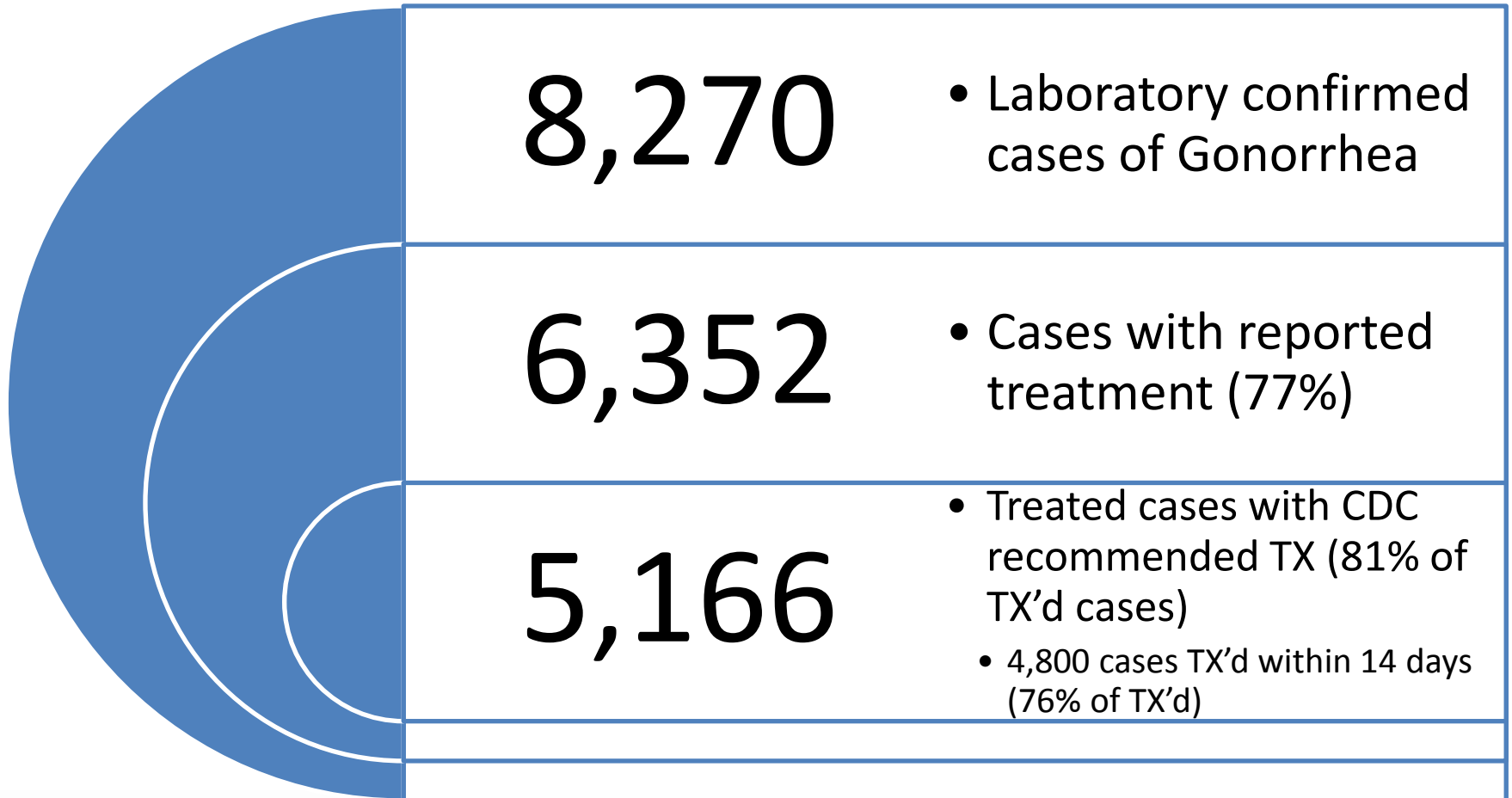
Full CDC guidelines can be found at: <http://www.cdc.gov/std/tg2015/>




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# Treatment of Reported Gonorrhea Cases, Arizona 2015





# Questions? Concerns?

Please feel free to contact us (ADHS STD Control Program) with any questions you have regarding:

- STD Reporting
- STD Treatment
- Partner Services Referrals



# *THANK YOU!*

Ryan Kreisberg | Senior Epidemiologist

[ryan.kreisberg@azdhs.gov](mailto:ryan.kreisberg@azdhs.gov) | 602-364-4761

azhealth.gov

@azdhs

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# HIV Epidemiology in Arizona

Victoria Hansen, MS

HIV Surveillance Epidemiologist, ADHS



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# Agenda

- HIV and the United States
- HIV and Arizona
  - HIV by Sex
  - HIV by Age
  - HIV by Race
  - HIV by Risk
  - Overview

# Agenda

- HIV and the United States
- HIV and Arizona
  - HIV by Sex
  - HIV by Age
  - HIV by Race
  - HIV by Risk
  - Overview

# In the US...

**39,513** people were diagnosed with HIV in 2015,

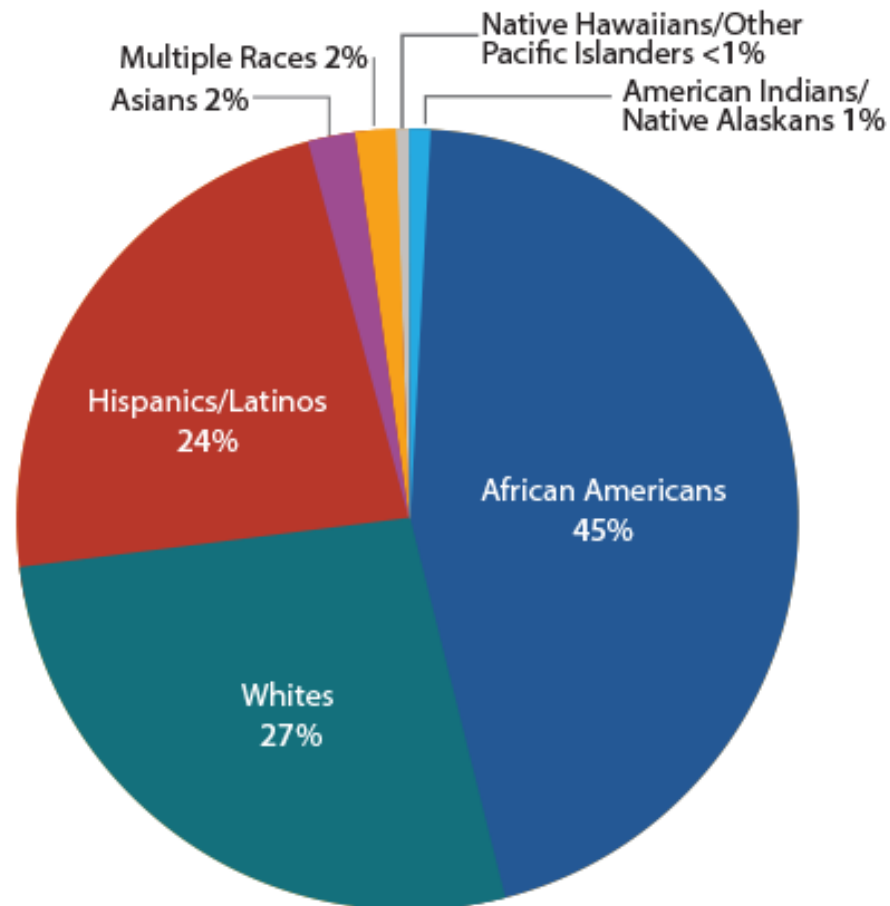
**1.2 million** people were living with HIV at the end of 2013,

**6,721** people died from HIV and AIDS in 2014



# In the US...

**New HIV Diagnoses by Race/Ethnicity  
(2015, n=39,513)**

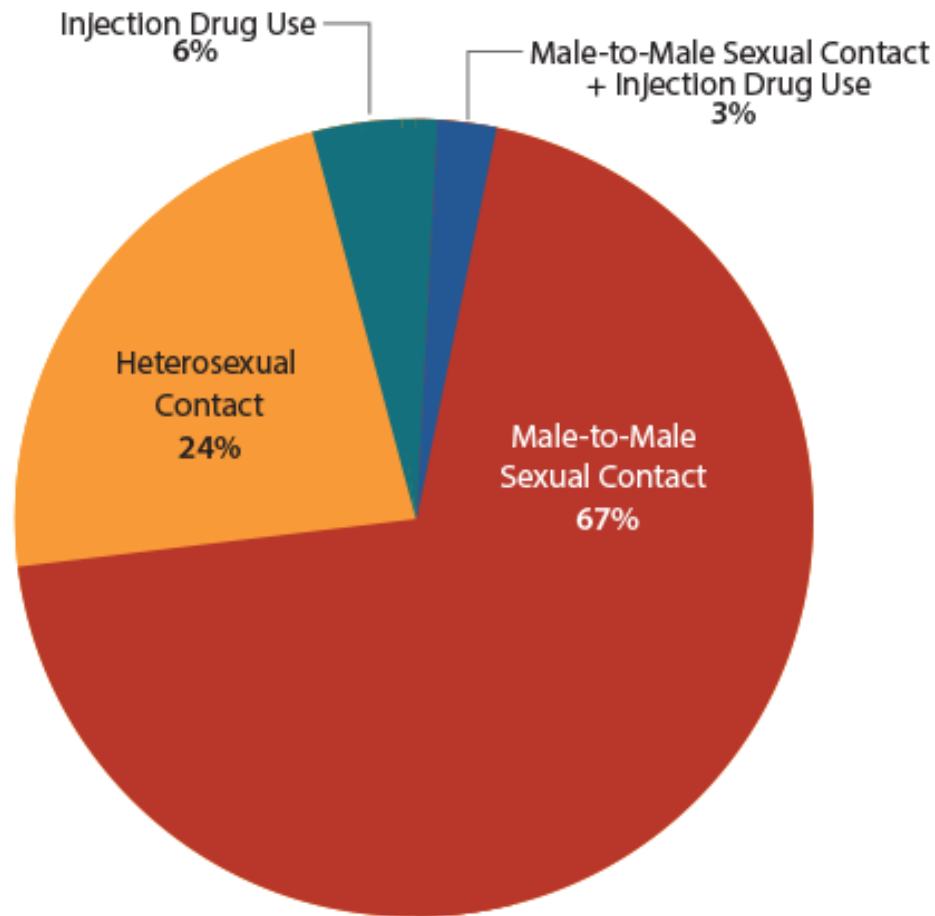


\* Does not include blacks/African Americans who are Hispanic

\*\* Hispanics/Latinos can be of any race

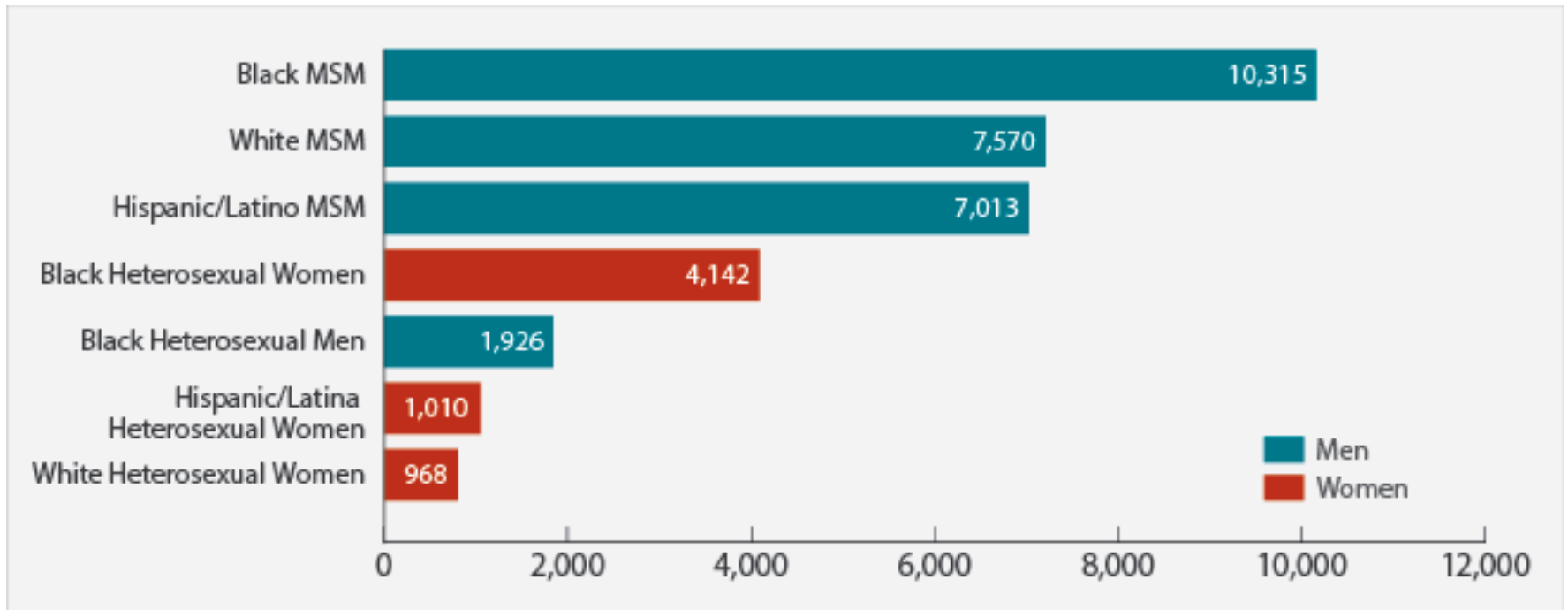
# In the US...

**New HIV Diagnoses by Transmission Category  
(2015, n=39,513)**



# In the US...

## New HIV Diagnoses in the United States for the Most-Affected Subpopulations, 2015



# Agenda

- HIV and the United States
- **HIV and Arizona**
  - HIV by Sex
  - HIV by Age
  - HIV by Race
  - HIV by Risk
  - Overview

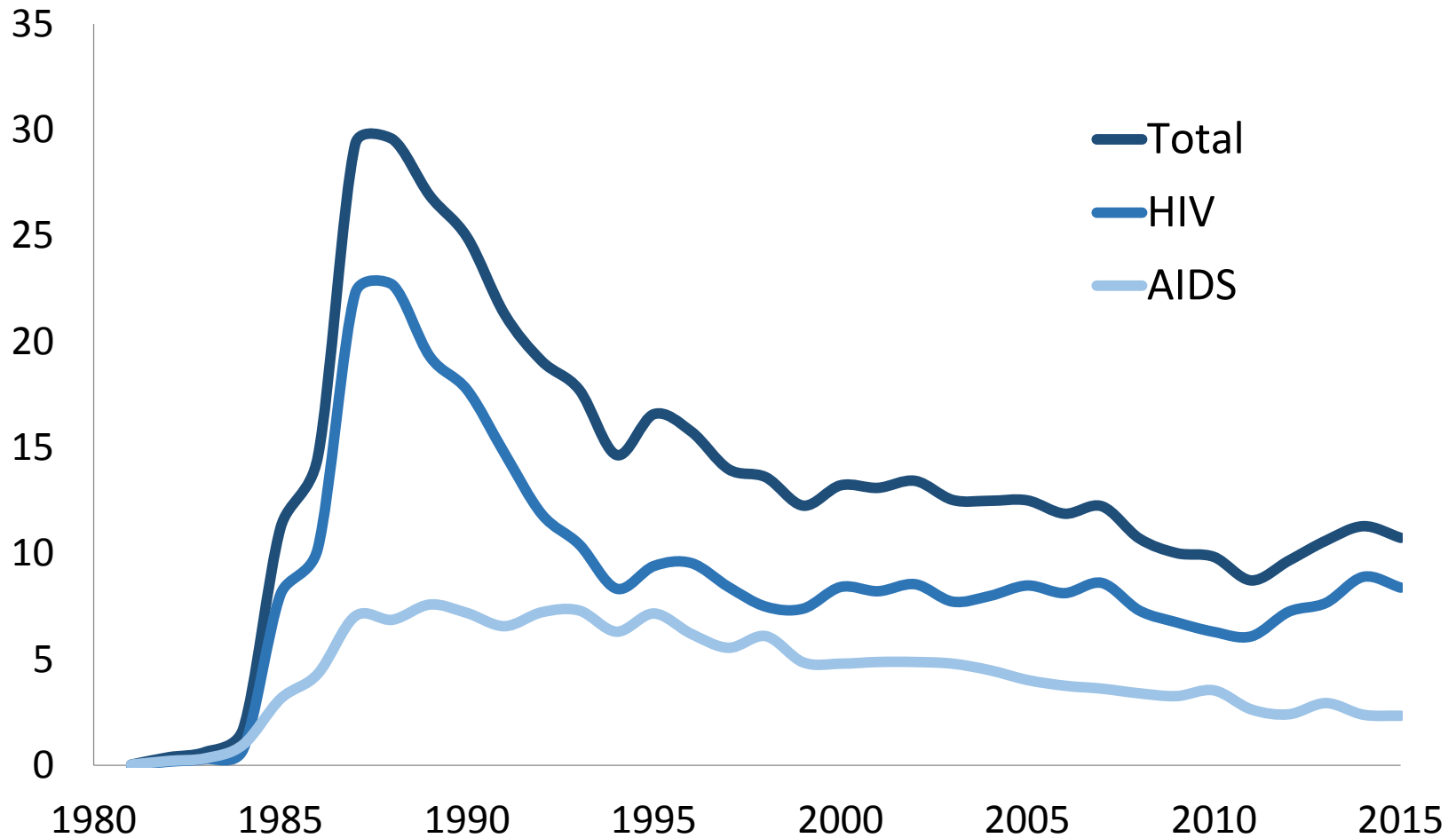
# In 2015...

**719** Arizonans were diagnosed with HIV,

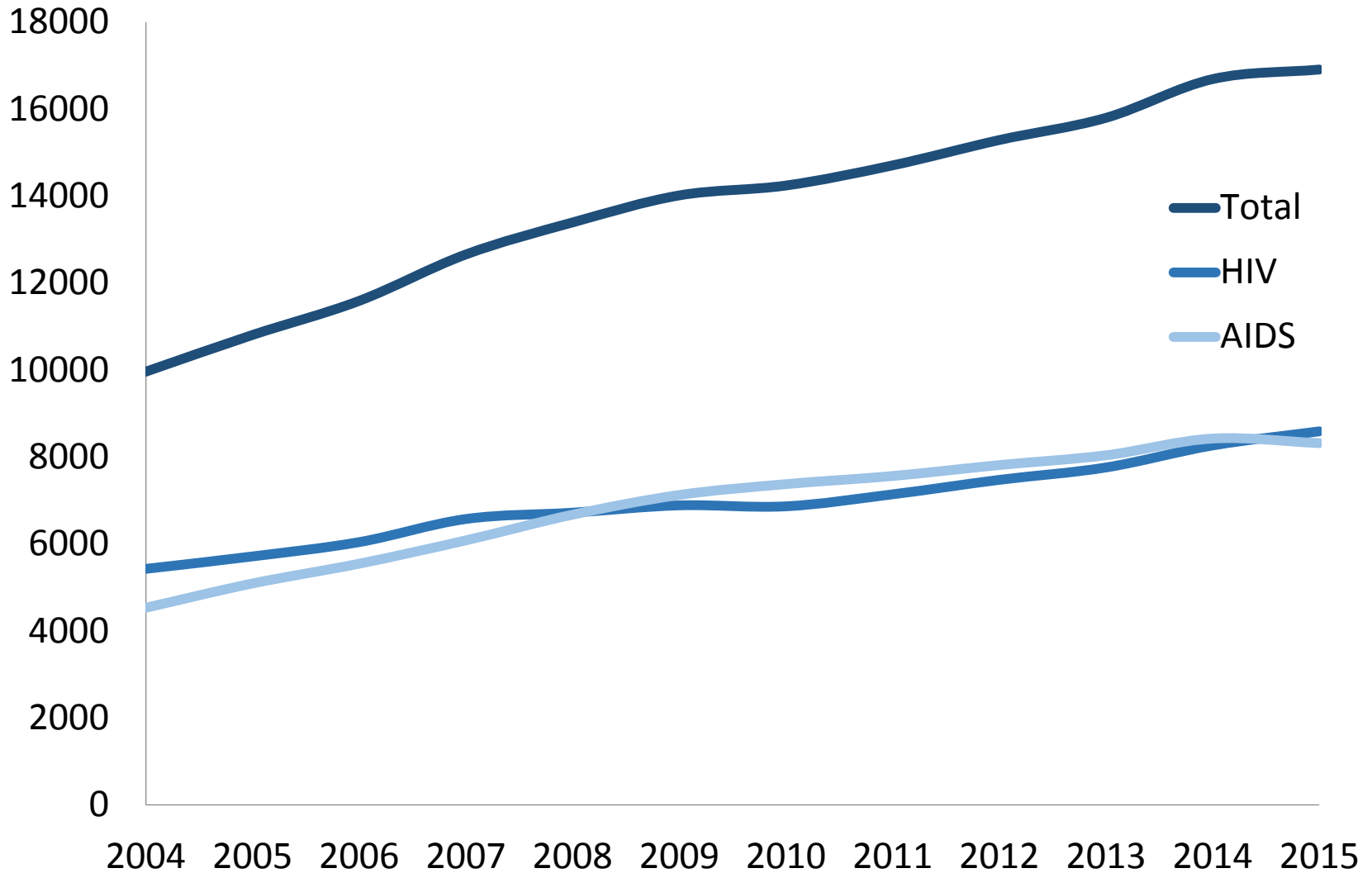
**17,349** were living with HIV,

**196** died from HIV and AIDS

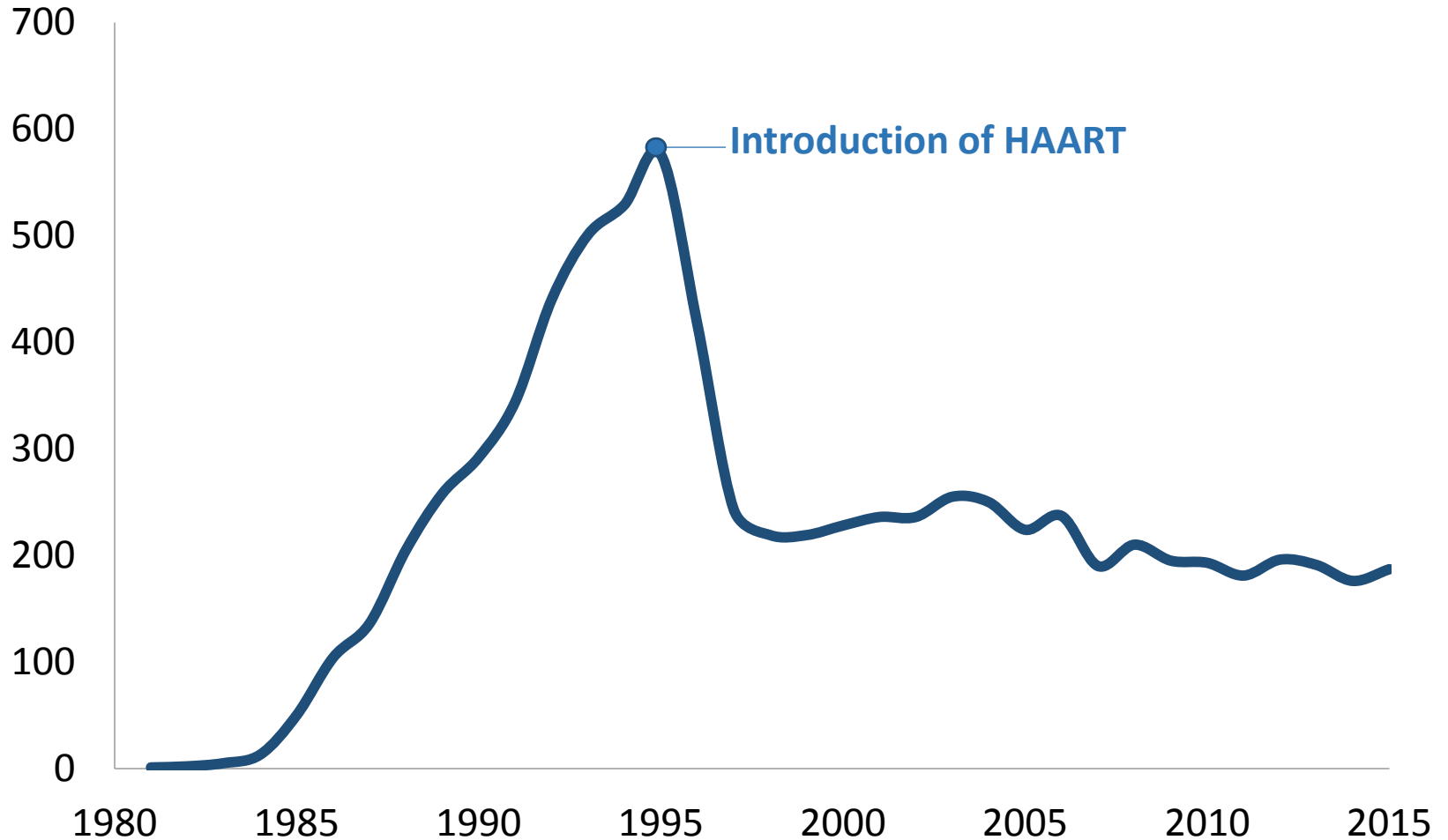
# HIV/AIDS incidence rate per 100,000, 1980-2015



# Arizona HIV/AIDS prevalence counts, 2004-2015



# Arizona HIV/AIDS deaths, 1980-2015

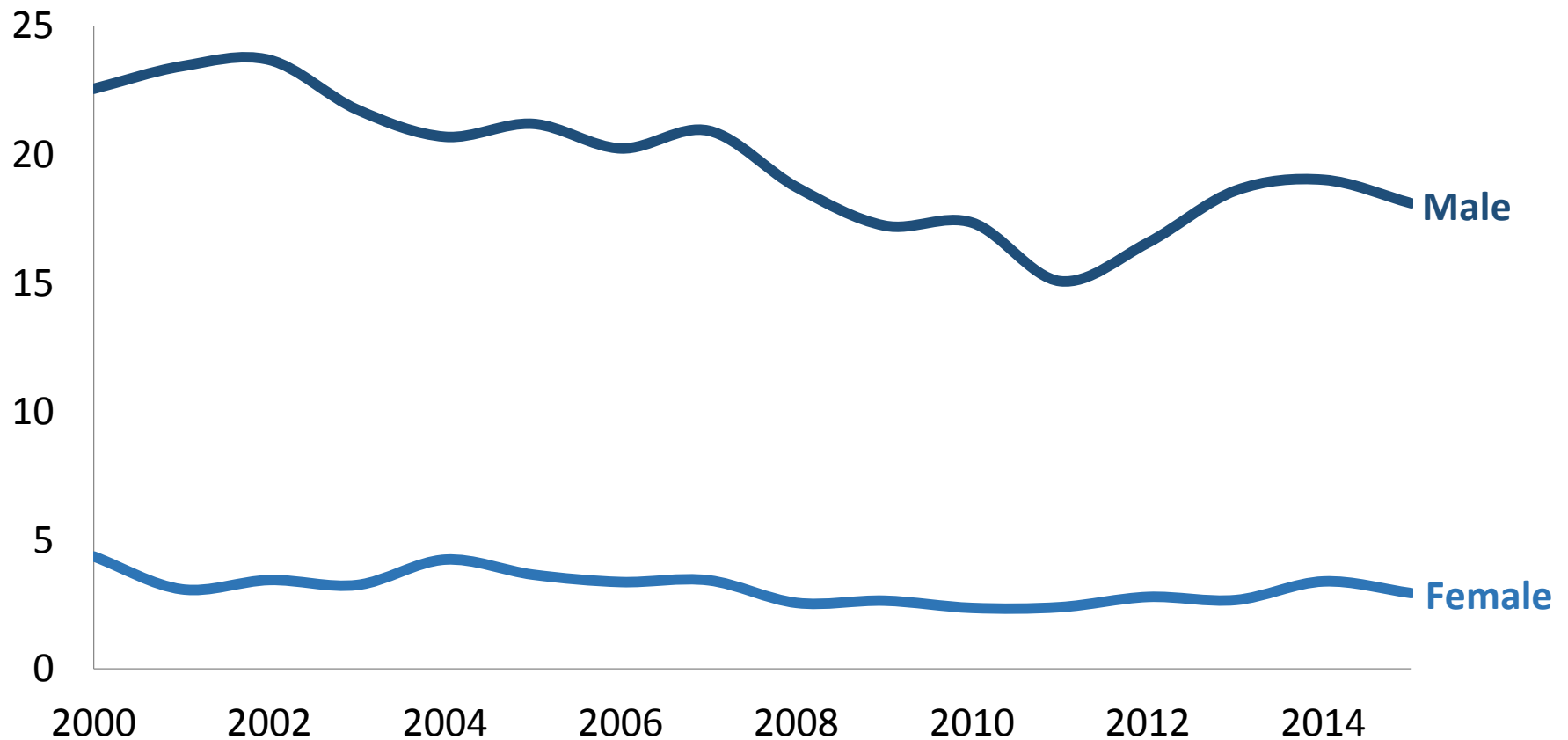




# Agenda

- HIV and the United States
- HIV and Arizona
  - HIV by Sex
  - HIV by Age
  - HIV by Race
  - HIV by Risk
  - Overview

# Arizona HIV/AIDS incidence rate per 100,000 by sex, 2000-2015



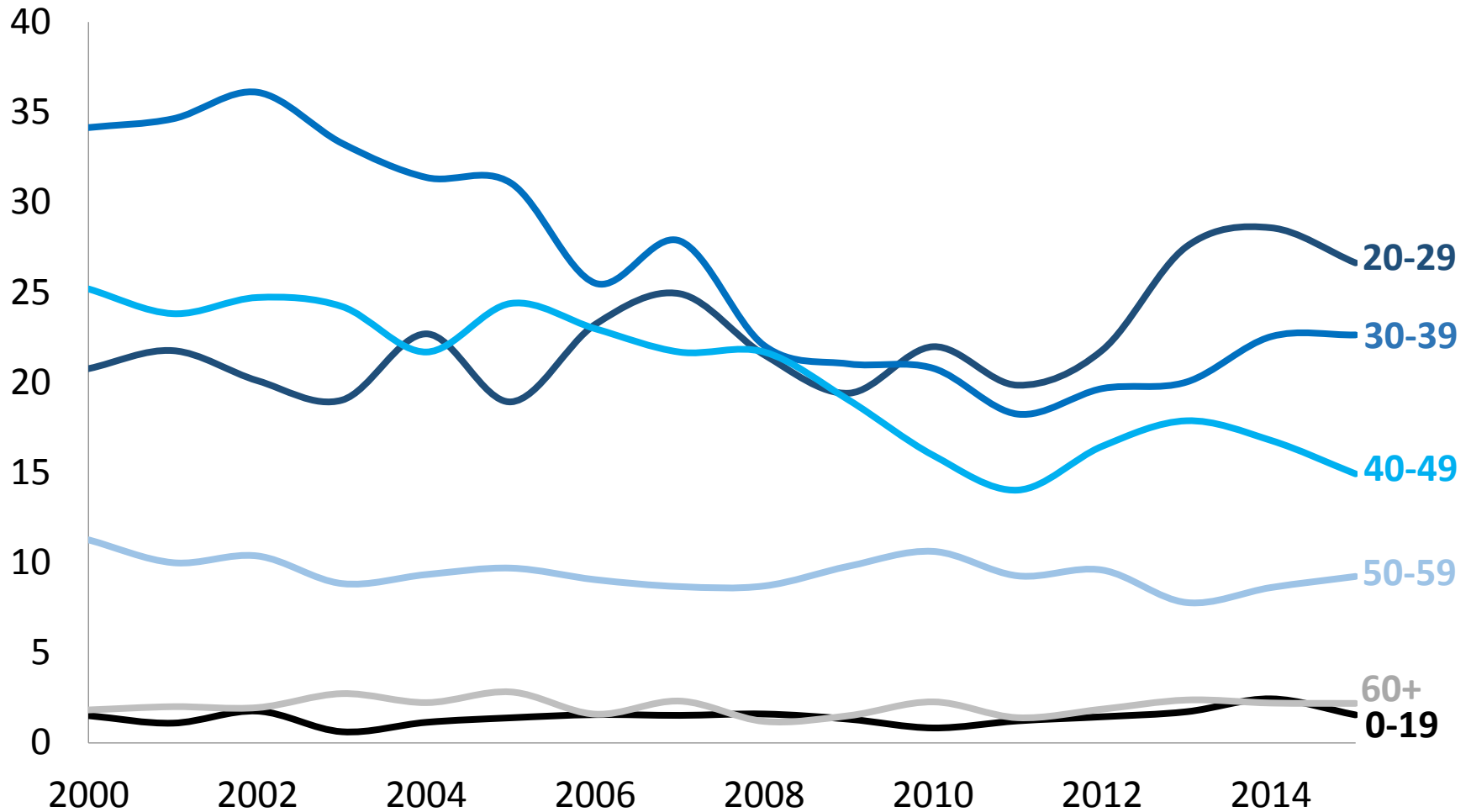
Arizona **males** had a much higher rate (per 100,000) of new HIV infection in 2015



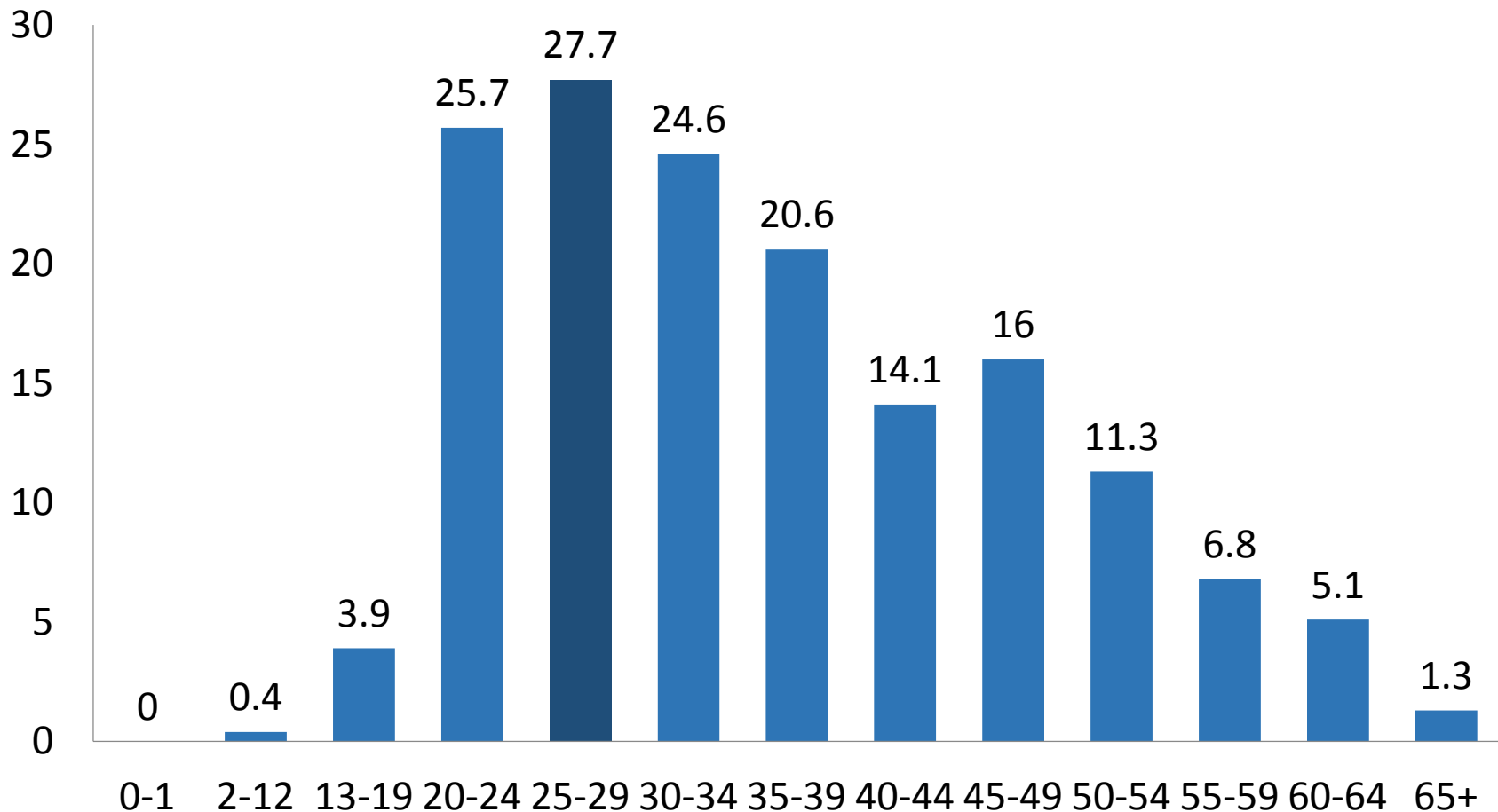
# Agenda

- HIV and the United States
- **HIV and Arizona**
  - HIV by Sex
  - **HIV by Age**
  - HIV by Race
  - HIV by Risk
  - Overview

# Arizona HIV/AIDS incidence rate per 100,000 by age, 2000-2015



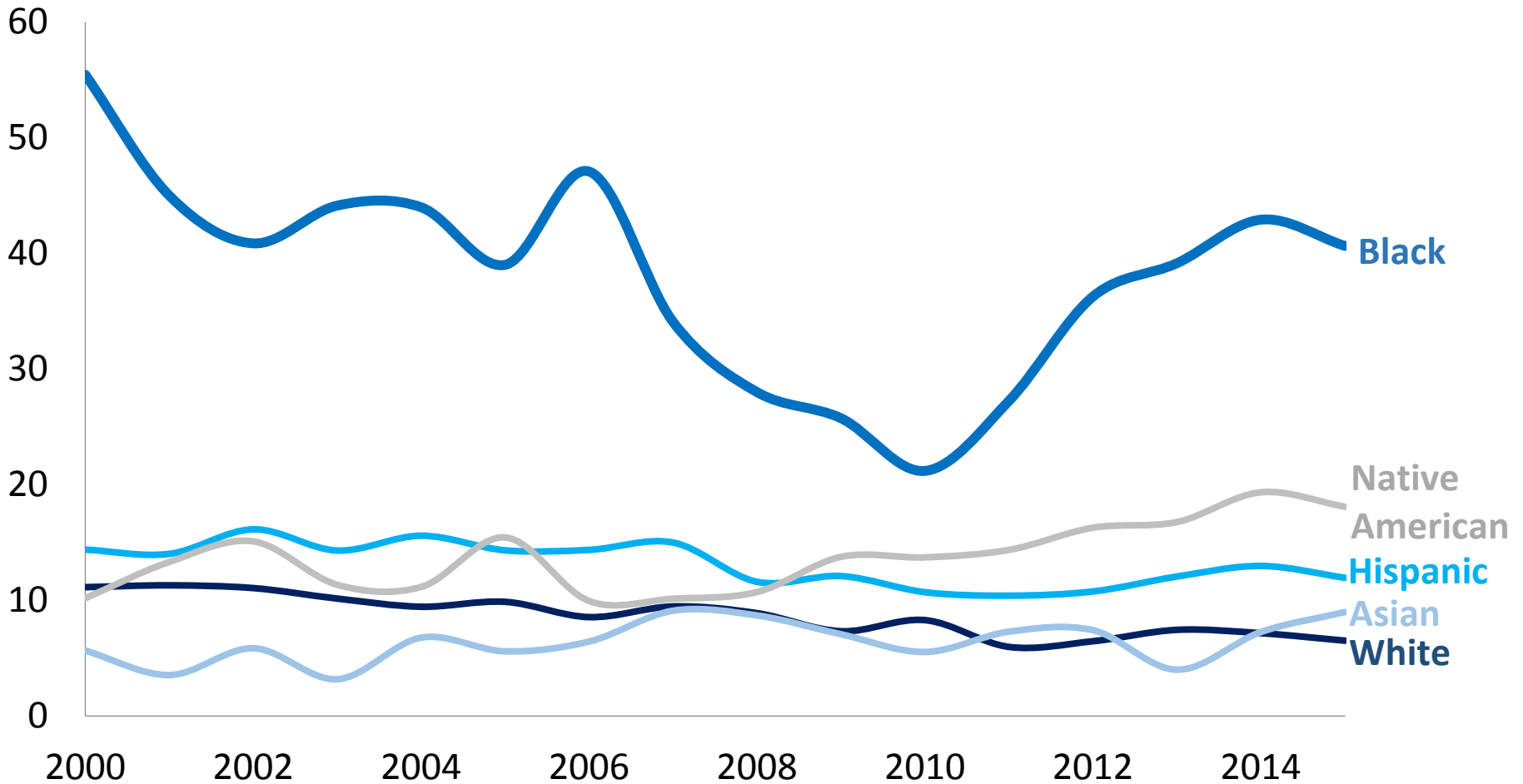
# Arizonans **aged 25-29** had the highest rate (per 100,000) of new HIV infection in 2015



# Agenda

- HIV and the United States
- **HIV and Arizona**
  - HIV by Sex
  - HIV by Age
  - **HIV by Race**
  - HIV by Risk
  - Overview

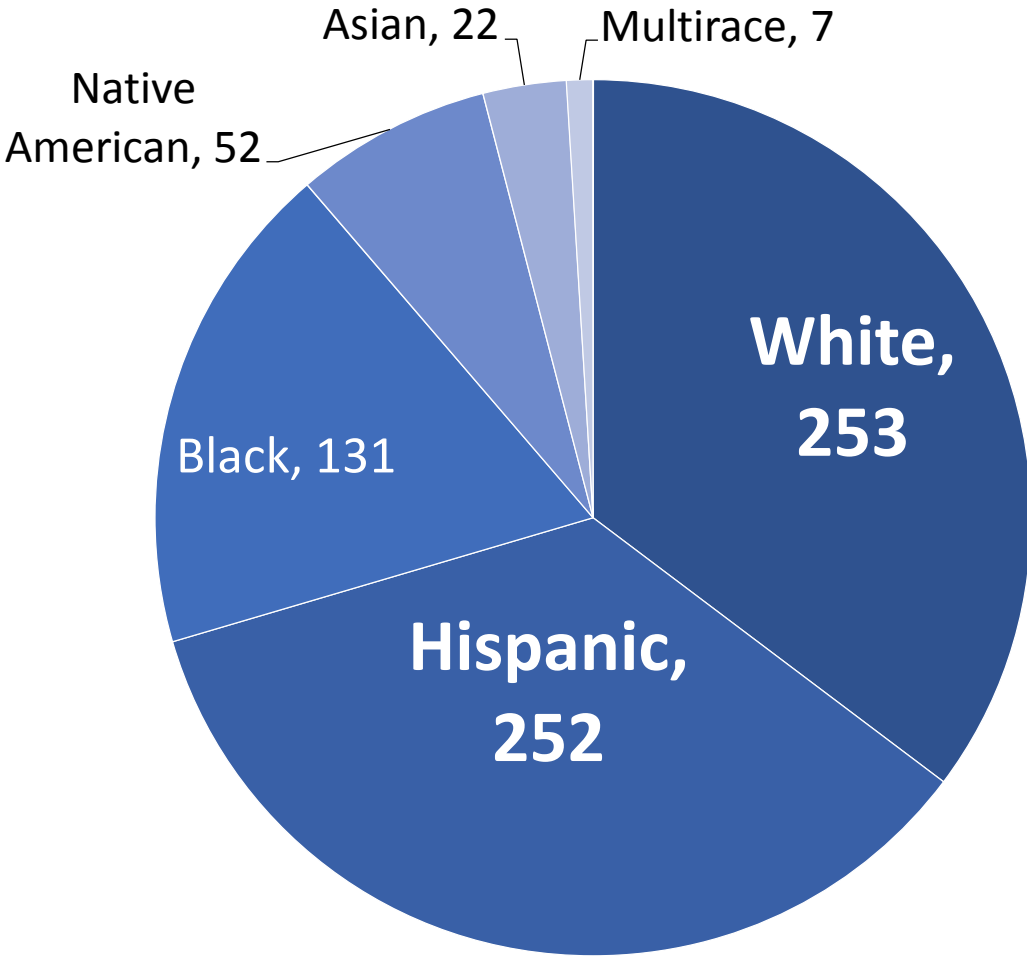
# Arizona HIV/AIDS incidence rates per 100,000 by race, 2000-2015



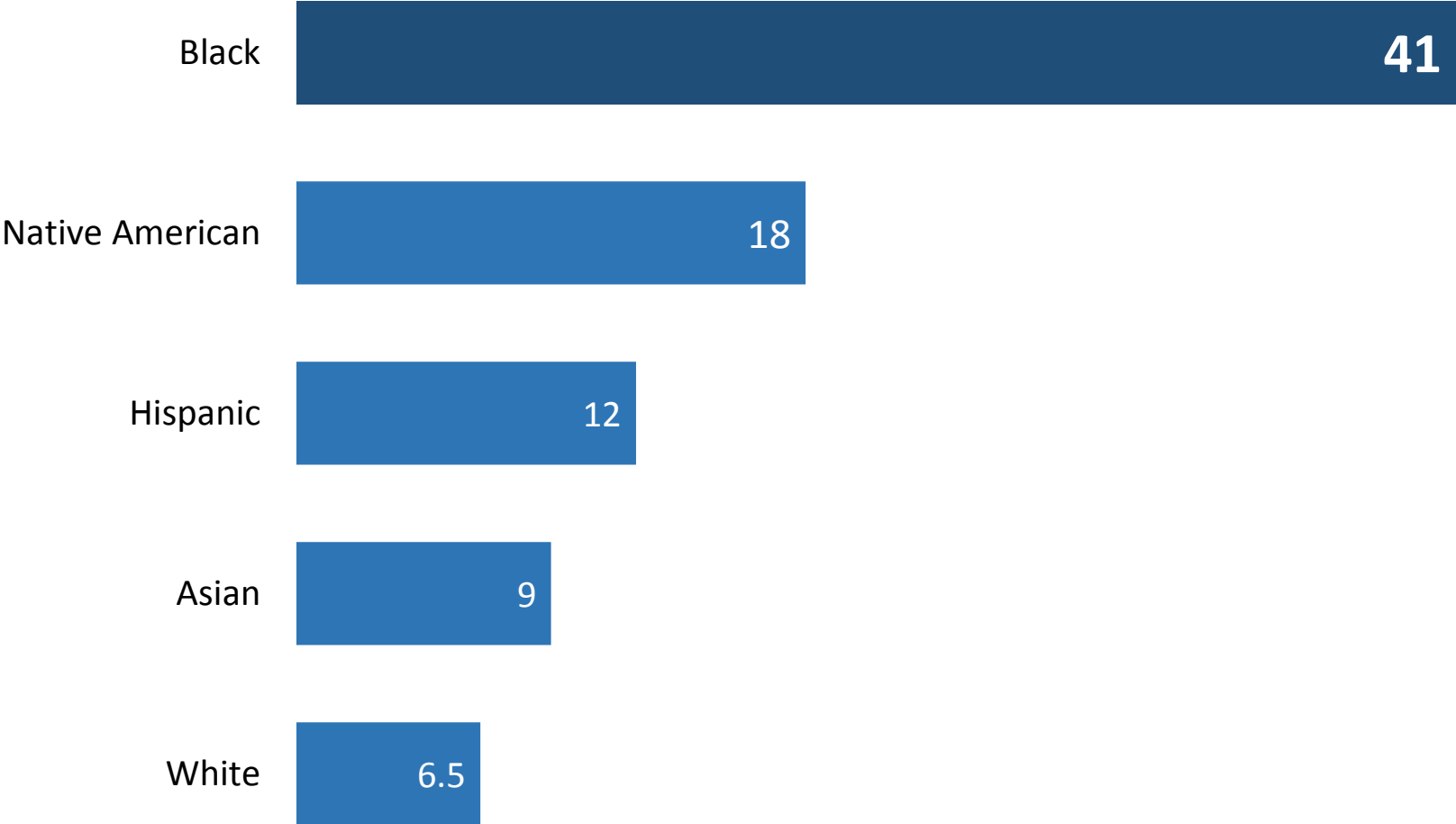




# White non-Hispanic and Hispanic Arizonan's made up majority of all new HIV infections in 2015



# Black Arizonan's have the highest rate (per 100,000) of new HIV infection in Arizona



# Agenda

- HIV and the United States
- **HIV and Arizona**
  - HIV by Sex
  - HIV by Age
  - HIV by Race
  - **HIV by Risk**
  - Overview

# Reported Risk Acronyms

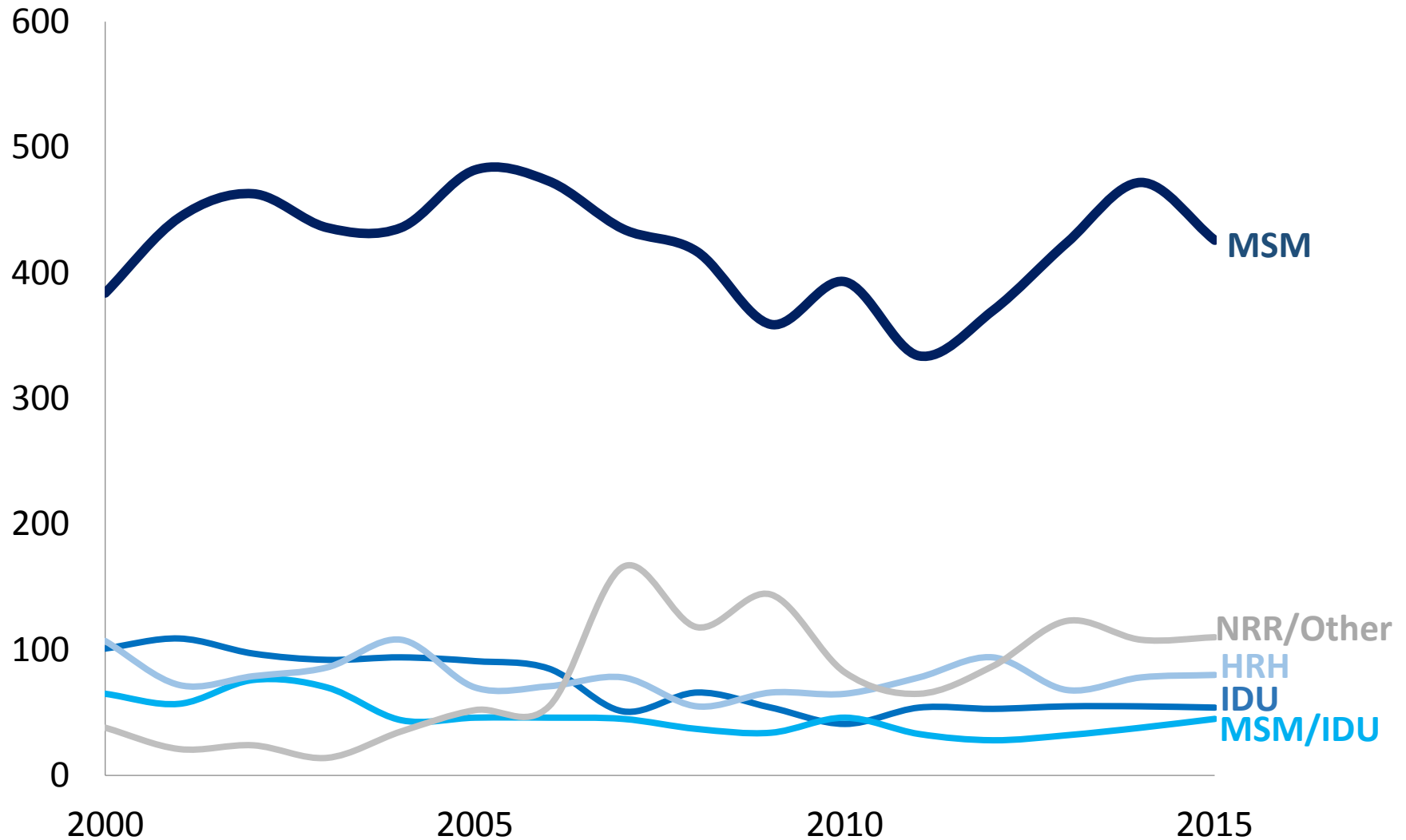
MSM = Men who have sex with men

IDU = Intravenous drug user

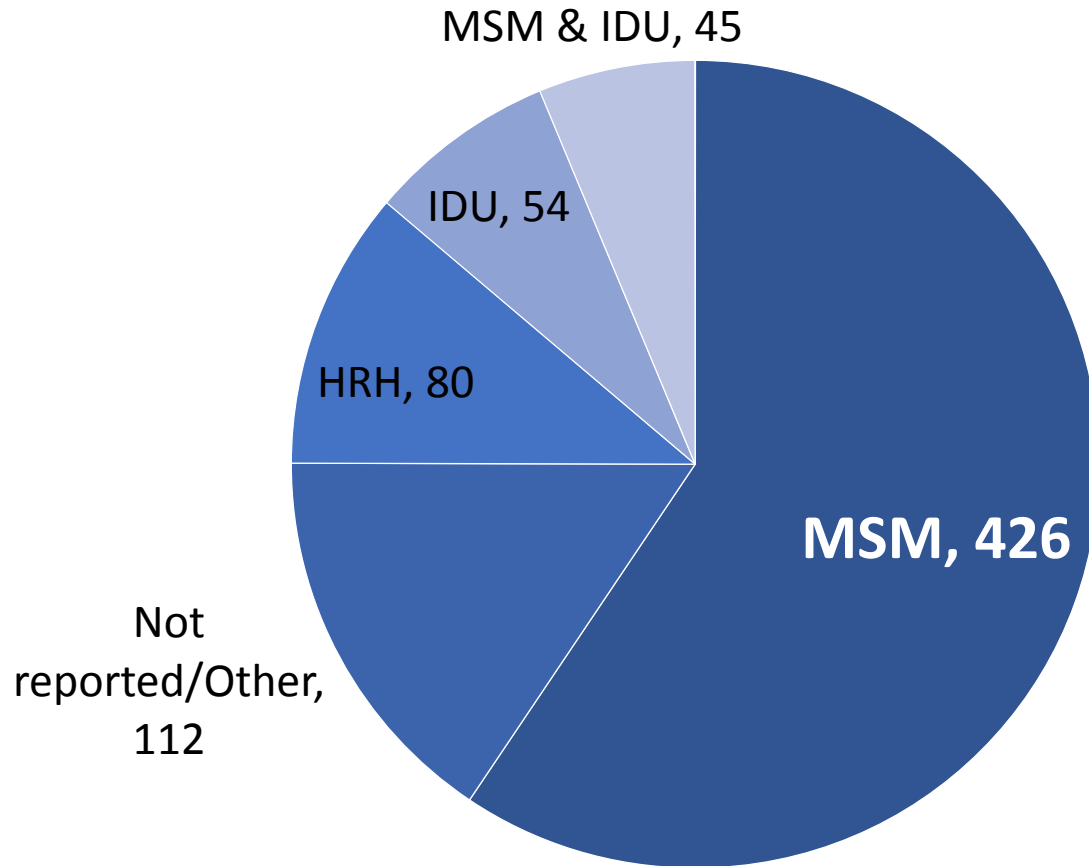
HRH = High-risk heterosexual sex

NRR = No risk reported

# Arizona HIV/AIDS incidence counts by risk, 2000-2015



# Men who have sex with men was the most reported risk in Arizona in 2015

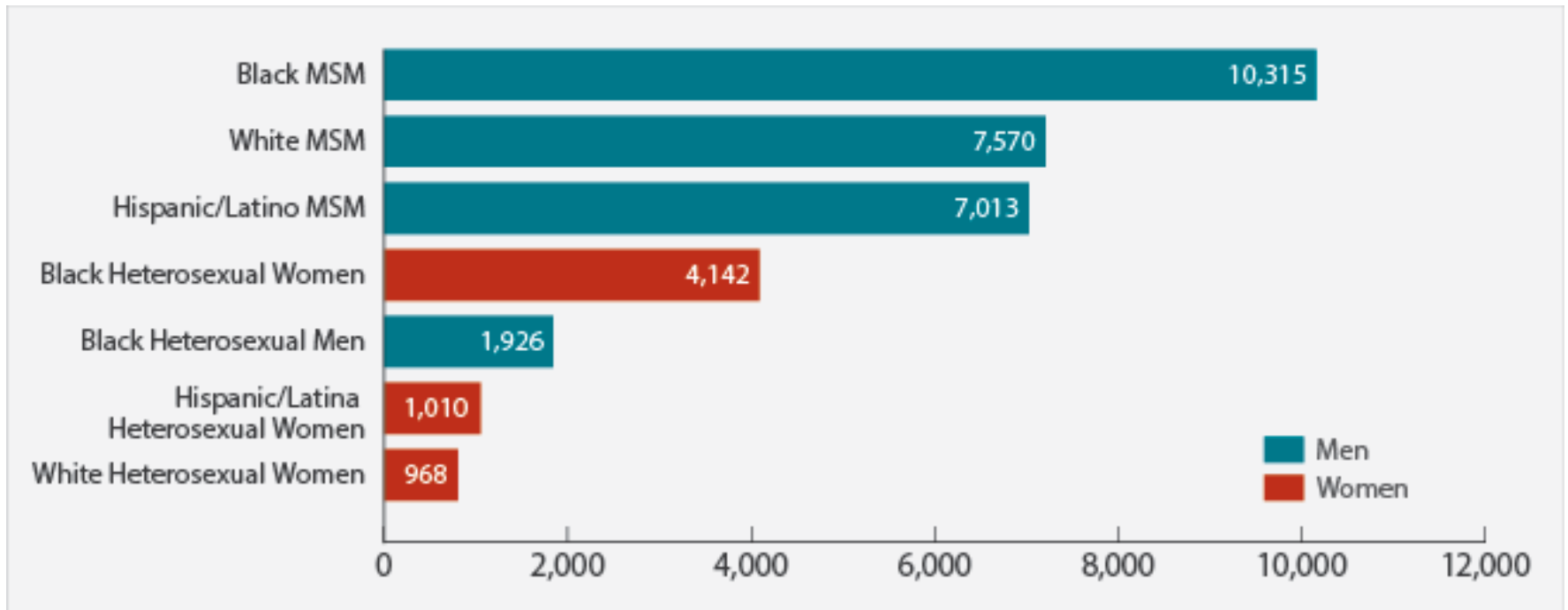


# Agenda

- HIV and the United States
- HIV and Arizona
  - HIV by Sex
  - HIV by Age
  - HIV by Race
  - HIV by Risk
  - Overview

# In the US...

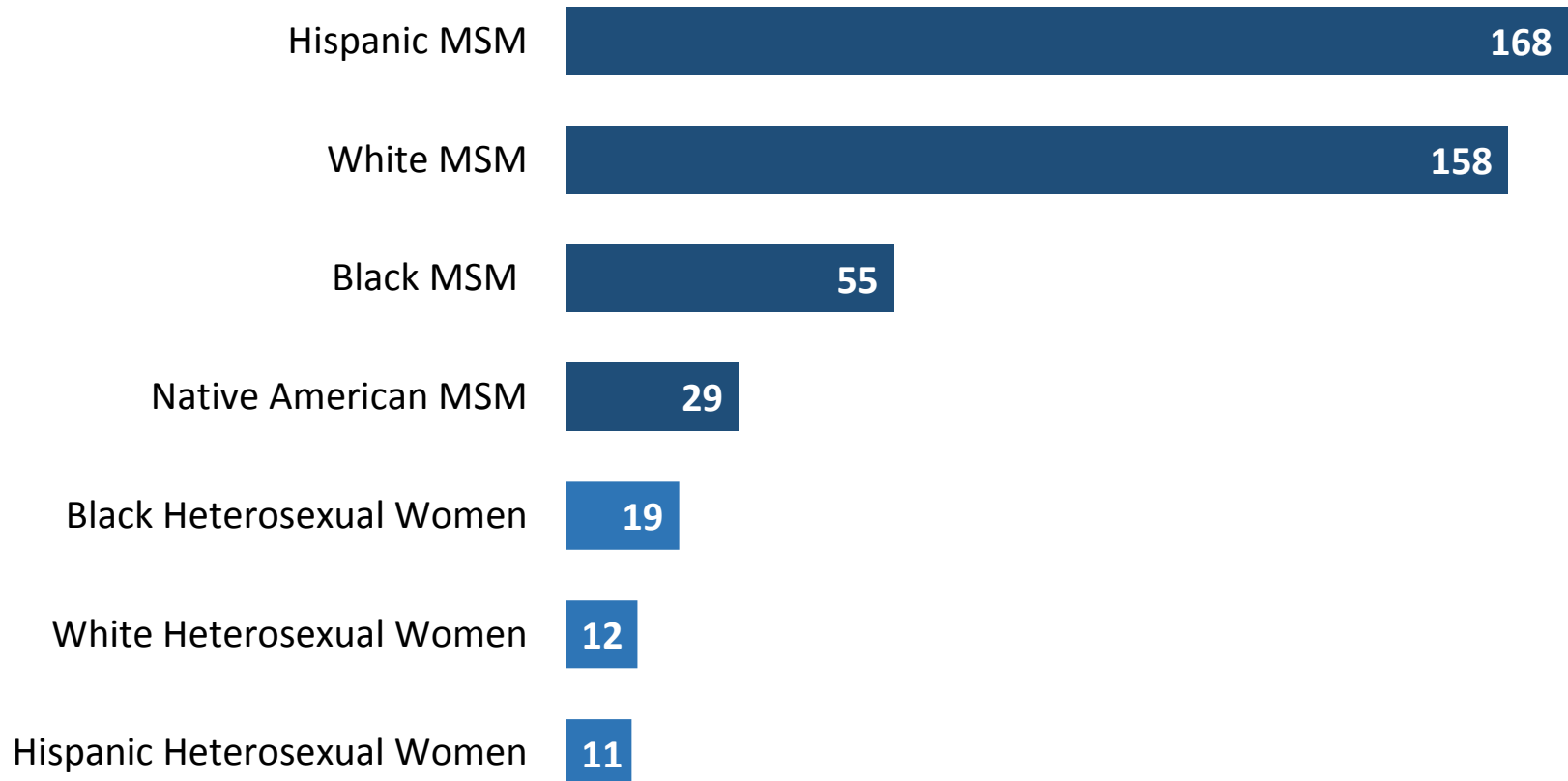
## New HIV Diagnoses in the United States for the Most-Affected Subpopulations, 2015





# In AZ...

## New HIV Diagnoses in Arizona for the Most-Affected Sub Populations, 2015



**QUESTIONS?**

# THANK YOU!

Victoria Hansen | HIV Surveillance Epidemiologist

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# Tuberculosis in Arizona

January 20<sup>th</sup> 2017  
APIC Grand Canyon's  
State of the State

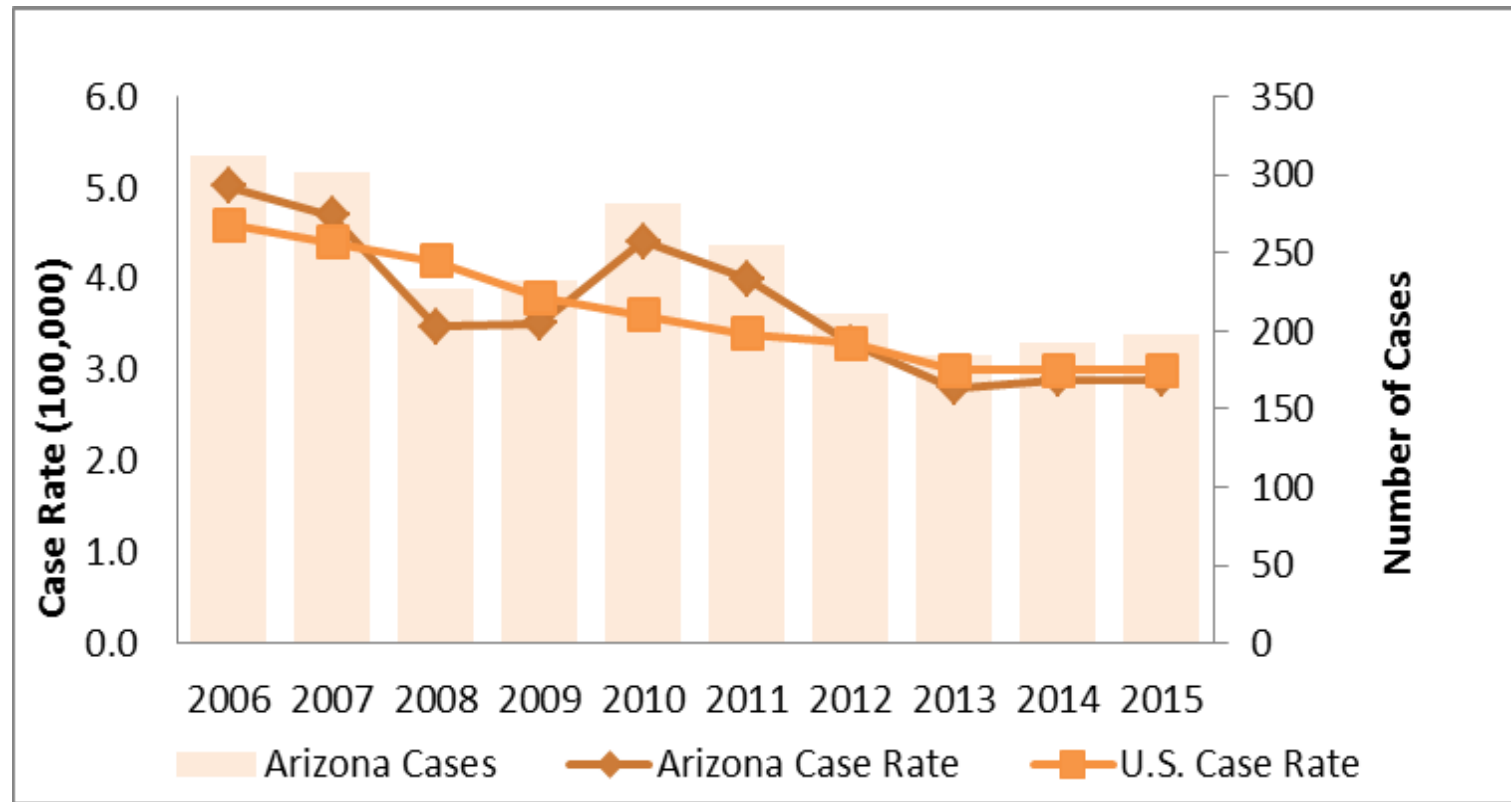
Amanda Swanson, MPH  
Tuberculosis Control Program  
Arizona Department of Health Services



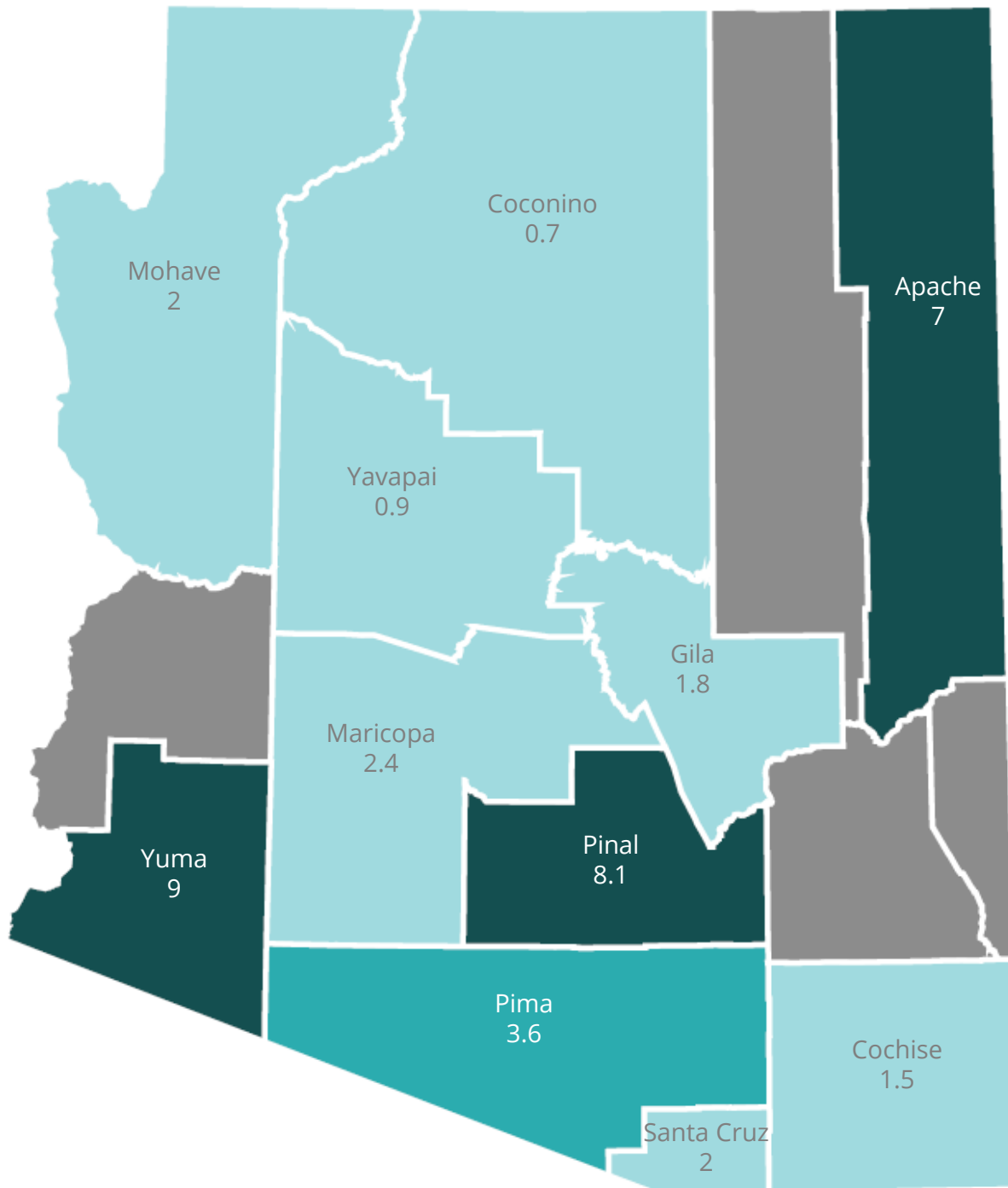
ADHS



# TB Case Rates per 100,000 population

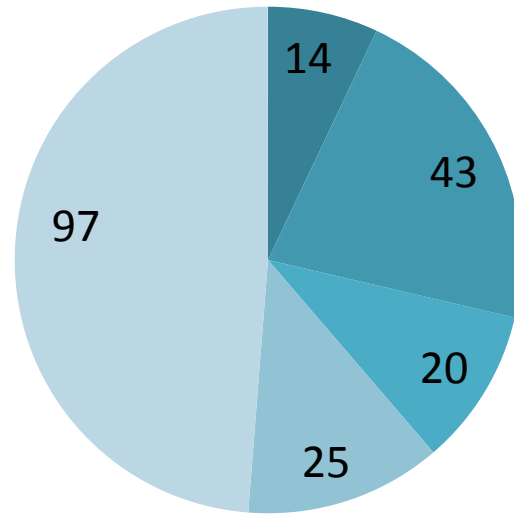


In 2015 there were 9,557 cases, a **national increase**



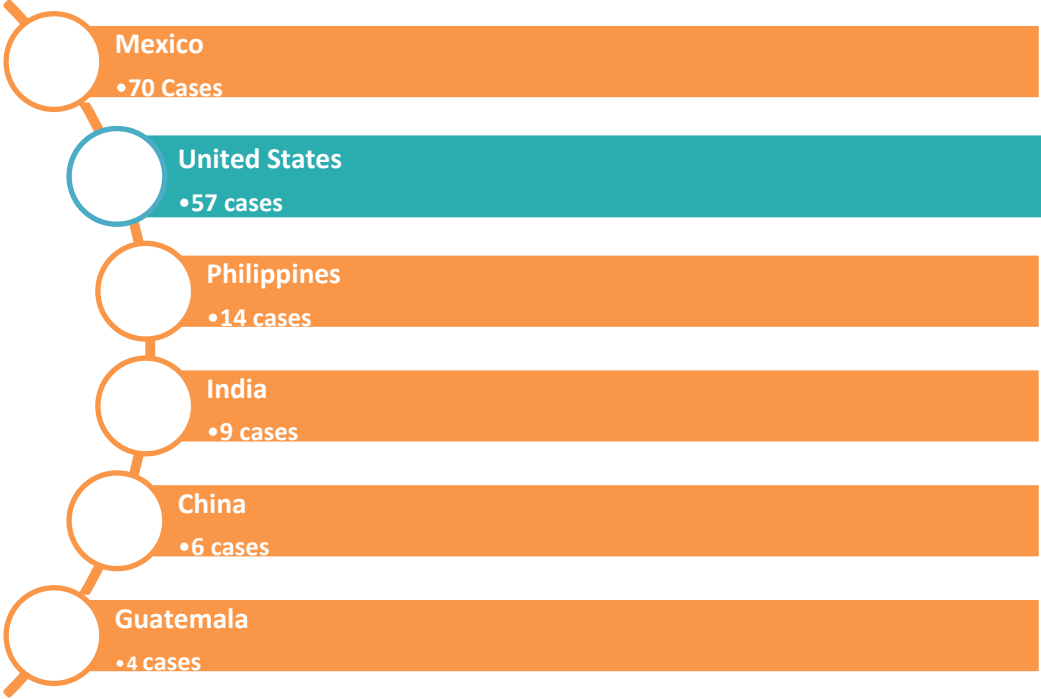


# TB Case Rates by Race and Ethnicity



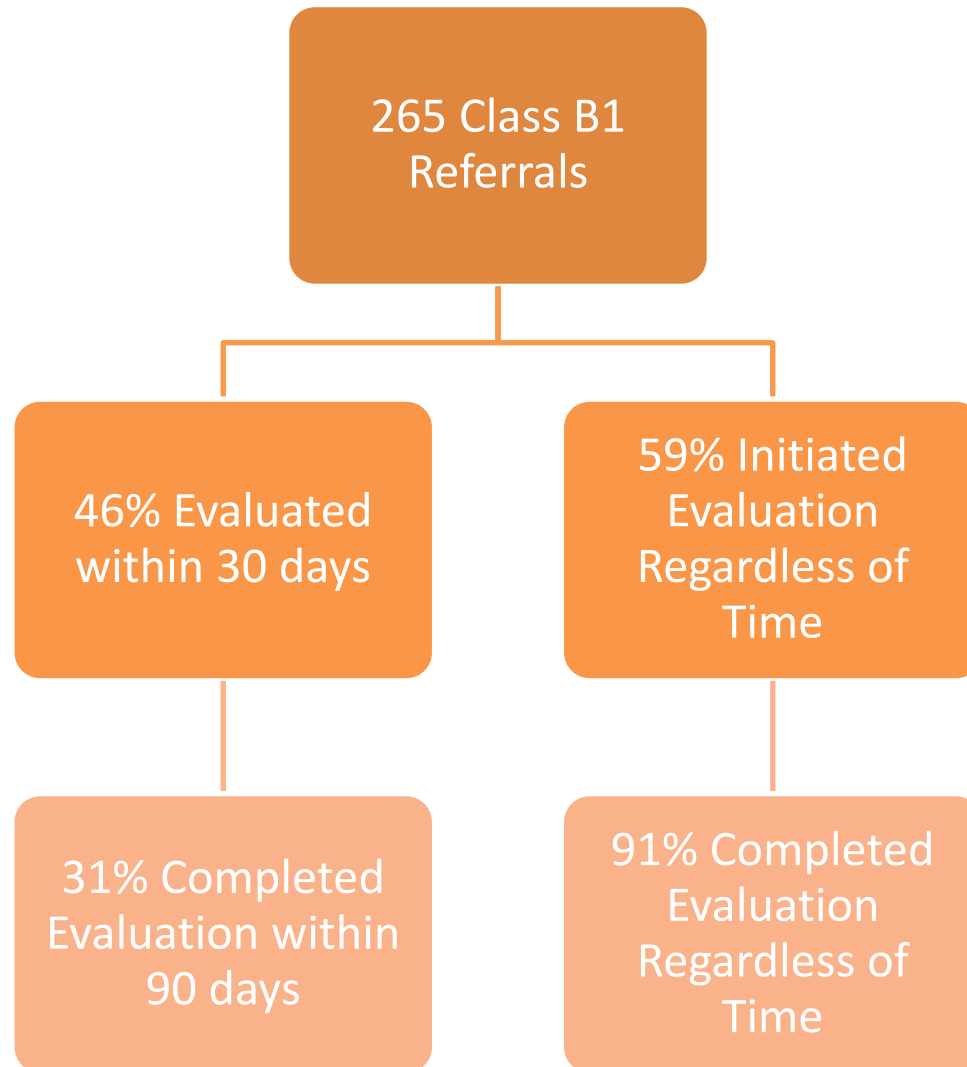
- Native American
- Asian
- Black or African American
- Non-Hispanic White
- Hispanic

# By Country of Birth





# Refugee Class



# TB Risk Factors

71%

• **Country of birth other than the US**

20%

• **Diagnosed while in a correctional facility**

17%

• **Any Substance abuse**

16%

• **Diabetes mellitus**

8%

• **Contact of Infectious TB Patient <2 years**

6%

• **HIV co-infection**

6%

• **Homeless within past year**

4%

• **Migratory Agricultural Worker**

4%

• **Healthcare worker**

3%

• **Incomplete LTBI Therapy**

# Drug Resistance

**Mono-Resistant TB:** TB resistant to one first line anti-Tuberculosis medication(Isoniazid, Rifampin, Ethambutol, or pyrazinamide).

**Multi-Drug Resistant(MDR) TB:** TB resistant to both Isoniazid and Rifampin.

**Extensively Drug Resistant TB:** Resistant to isoniazid, rifampin, and at least one second-line injectable(i.e., amikacin, kanamycin, or capreomycin) and one fluoroquinolone.





# Drug Resistance to Anti TB Drugs

**Any INH Resistance**

**11.6%**

**MDR TB (2 cases)**

**1.0%**

**Other Resistance**

**13.2%**

**Total Resistance**

**24.5%**



# New TB Guidelines

## Official American Thoracic Society/Infectious Diseases Society of America/Centers for Disease Control and Prevention Clinical Practice Guidelines: Diagnosis of Tuberculosis in Adults and Children

David M. Lewinsohn,<sup>1,4</sup> Michael K. Leonard,<sup>2,4</sup> Philip A. LoBue,<sup>3,4</sup> David L. Cohn,<sup>4</sup> Charles L. Daley,<sup>5</sup> Ed Desmond,<sup>5</sup> Joseph Keane,<sup>7</sup> Deborah A. Lewinsohn,<sup>1</sup> Ann M. Loeffler,<sup>4</sup> Gerald H. Mazurek,<sup>3</sup> Richard J. O'Brien,<sup>5</sup> Madhukar Pai,<sup>10</sup> Luca Richeldi,<sup>11</sup> Max Salfinger,<sup>12</sup> Thomas M. Shinnick,<sup>3</sup> Timothy R. Sterling,<sup>13</sup> David M. Warshauer,<sup>14</sup> and Gail L. Woods<sup>15</sup>

<sup>1</sup>Oregon Health & Science University, Portland, Oregon, <sup>2</sup>Emory University School of Medicine and <sup>3</sup>Centers for Disease Control and Prevention, Atlanta, Georgia, <sup>4</sup>Denver Public Health Department, Denver, Colorado, <sup>5</sup>National Jewish Health and the University of Colorado Denver, and <sup>6</sup>California Department of Public Health, Richmond; <sup>7</sup>St James's Hospital, Dublin, Ireland; <sup>8</sup>Francis J. Curry International TB Center, San Francisco, California; <sup>9</sup>Foundation for Innovative New Diagnostics, Geneva, Switzerland; <sup>10</sup>McGill University and McGill International TB Centre, Montreal, Canada; <sup>11</sup>University of Southampton, United Kingdom; <sup>12</sup>National Jewish Health, Denver, Colorado, <sup>13</sup>Vanderbilt University School of Medicine, Vanderbilt Institute for Global Health, Nashville, Tennessee, <sup>14</sup>Wisconsin State Laboratory of Hygiene, Madison, and <sup>15</sup>University of Arkansas for Medical Sciences, Little Rock

**Background.** Individuals infected with *Mycobacterium tuberculosis* (*Mtb*) may develop symptoms and signs of disease (tuberculosis disease) or may have no clinical evidence of disease (latent tuberculosis infection [LTBI]). Tuberculosis disease is a leading cause of infectious disease morbidity and mortality worldwide, yet many questions related to its diagnosis remain.

**Methods.** A task force supported by the American Thoracic Society, Centers for Disease Control and Prevention, and Infectious Diseases Society of America searched, selected, and synthesized relevant evidence. The evidence was then used as the basis for recommendations about the diagnosis of tuberculosis disease and LTBI in adults and children. The recommendations were formulated, written, and graded using the Grading, Recommendations, Assessment, Development and Evaluation (GRADE) approach.

**Results.** Twenty-three evidence-based recommendations about diagnostic testing for latent tuberculosis infection, pulmonary tuberculosis, and extrapulmonary tuberculosis are provided. Six of the recommendations are strong, whereas the remaining 17 are conditional.

**Conclusions.** These guidelines are not intended to impose a standard of care. They provide the basis for rational decisions in the diagnosis of tuberculosis in the context of the existing evidence. No guidelines can take into account all of the often compelling unique individual clinical circumstances.

### EXECUTIVE SUMMARY

Individuals infected with *Mycobacterium tuberculosis* (*Mtb*) may develop symptoms and signs of disease (TB disease) or may have no clinical evidence of disease (latent tuberculosis infection [LTBI]). TB disease is a leading cause of infectious

### Testing for LTBI

Our recommendations for diagnostic testing for LTBI are based upon the likelihood of infection with *Mtb* and the likelihood of progression to TB disease if infected, as illustrated in [Figure 1](#).

- We recommend performing an interferon- $\gamma$  release assay

# New TB Recommendation

Clinical Review & Education

JAMA | US Preventive Services Task Force | **RECOMMENDATION STATEMENT**

## Screening for Latent Tuberculosis Infection in Adults US Preventive Services Task Force Recommendation Statement

US Preventive Services Task Force

**IMPORTANCE** Tuberculosis remains an important preventable disease in the United States. An effective strategy for reducing the transmission, morbidity, and mortality of active disease is the identification and treatment of latent tuberculosis infection (LTBI) to prevent progression to active disease.

**OBJECTIVE** To issue a current US Preventive Services Task Force (USPSTF) recommendation on screening for LTBI.

**EVIDENCE REVIEW** The USPSTF reviewed the evidence on screening for LTBI in asymptomatic adults seen in primary care, including evidence dating from the inception of searched databases.

**FINDINGS** The USPSTF found adequate evidence that accurate screening tests for LTBI are available, treatment of LTBI provides a moderate health benefit in preventing progression to active disease, and the harms of screening and treatment are small. The USPSTF has moderate certainty that screening for LTBI in persons at increased risk for infection provides a moderate net benefit.

**CONCLUSIONS AND RECOMMENDATION** The USPSTF recommends screening for LTBI in populations at increased risk. (B recommendation)

JAMA. 2016;316(9):962-969. doi:10.1001/jama.2016.11046

← [Editorial page 931](#)

+ [Author Audio Interview](#)

← [Related article page 970](#)

+ [CME Quiz at  
jamanetworkcme.com and  
CME Questions page 988](#)

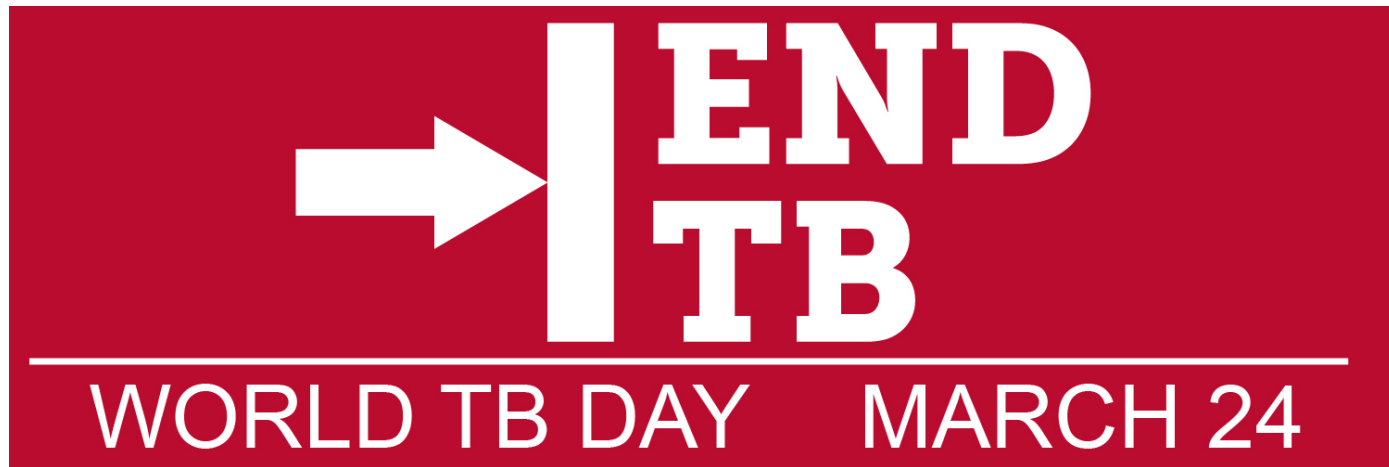
+ [Related article at  
jamainternalmedicine.com](#)

**Author/Group Information:** The USPSTF members are listed at the end of this article.

**Corresponding Author:** Kirsten  
Storer, MD, MPH



# World TB Day



# Local Health Departments

## County Health Departments

- Apache
- Cochise
- Coconino
- Gila
- Graham
- Greenlee
- La Paz
- Maricopa
- Mohave
- Navajo
- Pima
- Pinal
- Santa Cruz
- Yavapai
- Yuma

## Tribal Health Departments

- Gila River Indian Community
- Navajo Nation
- San Carlos Apache Tribe
- White Mountain Apache Tribe





# Contact Information

Amanda Swanson

Direct: 602-542-0025

[Amanda.Swanson@azdhs.gov](mailto:Amanda.Swanson@azdhs.gov)

TB Control Program

602-364-4750

## Thank you!



# Foodborne Disease Outbreak Update

January 20, 2017

Bria Hamlet  
CDC Public Health Associate  
Enteric Disease Investigation Team  
Arizona Department of Health Services | Phoenix, AZ



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# Foodborne illness can b. cereus!

- Acquired through ingestion of contaminated food or beverages
- Caused by bacteria, viruses, parasites, and toxins
- Clinically featured as diarrhea, nausea, vomiting, and abdominal pain
- Have varying incubation periods



# FOODBORNE ILLNESS REPORT CARD



|  | 2015<br>AZ<br>RATE* | 2014<br>AZ<br>RATE* | 2015<br>US<br>RATE*† | 2020 CDC<br>TARGET<br>RATE‡ | PERCENTAGE<br>OF AZ RATE<br>CHANGE | FOR<br>EVERY CASE<br>REPORTED§ |
|--|---------------------|---------------------|----------------------|-----------------------------|------------------------------------|--------------------------------|
| CAMPYLOBACTERIOSIS                                     | 20.4                | 14.15               | 12.97                | 8.5                         | 45% INCREASE                       | 30 GO UNDIAGNOSED              |
| SHIGA TOXIN PRODUCING E. COLI                          | 1.9                 | 1.5                 | 0.95                 | N/A                         | 27% INCREASE                       | 26 GO UNDIAGNOSED              |
| LISTERIOSIS  | 0.07                | 0.2                 | 0.24                 | 0.2                         | 35% DECREASE                       | 2 GO UNDIAGNOSED               |
| SALMONELLOSIS<br>(EXCLUDING S. TYPHI AND S. PARATYPHI) | 17.2                | 15.6                | 15.89                | 11.4                        | 10% INCREASE                       | 29 GO UNDIAGNOSED              |
| SHIGELLOSIS  | 8.1                 | 5.6                 | 5.53                 | N/A                         | 45% INCREASE                       | 8 GO UNDIAGNOSED               |
| VIBRIO INFECTION<br>(EXCLUDING TOXIGENIC V. CHOLERAЕ)  | 0.5                 | 0.5                 | 0.39                 | 0.2                         | 0% NO CHANGE                       | 142 GO UNDIAGNOSED             |

\*Rate calculated per 100,000 population

†<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6418a4.htm>

‡based on Healthy People 2020 target rates <https://www.healthypeople.gov/2020/topic/food-safety/objectives>

§Estimates of foodborne illness burden in the United States from 2011 CDC data <http://wwwnc.cdc.gov/eid/article/17/1/p1-1101-t2>

*The Fecal-Oral Report: What Had Everyone Running to the Bathroom Last Year*

# **OUTBREAKS OF 2016**



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# *E. Coli* O121/O26 in Flour

- Onset dates: Late 12/2015 – 4/2016
- Multistate outbreak – 63 cases in 24 states
- 79% of cases were female
- Median age was 18 years
- A sample of flour from an AZ case tested positive for O121



# Norovirus at a Wedding

- Onset dates: 8/13/16-8/15/16
- Wedding took place at a privately-owned property
- 32 guests met the case-definition of illness
- All but one cases reported having water from a specific well



# *Salmonella* Javiana at a Seafood Restaurant

- Exposure dates: 7/16/16 – 8/22/16
- 33 lab-confirmed cases reported dining at Restaurant A
- A case-control study was done to identify potential food sources
- Food item of significance was unfried shrimp





# Cryptosporidium in RW

- Onset dates: 7/7/16 – 12/24/2016
- 567 cases reported
- 72% of cases interviewed reported RW exposure
- Over 90 facilities remediated in response



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# Which Enteric Diseases are Mandated as Reportable in Arizona?

- Amebiasis
- **Botulism\***
- Brucellosis
- Campylobacteriosis
- Cholera
- Cryptosporidiosis
- *Cyclospora*
- Cysticercosis
- **Enterohemorrhagic *E. coli*\***
- **Enterotoxigenic *E. coli*\***
- Giardiasis
- Hepatitis A and E
- **Listeriosis\***
- Salmonellosis
- Shigellosis
- **Typhoid Fever\***
- *Vibrio* infection (including cholera)
- Yersiniosis
- **Outbreaks of diarrhea, nausea or vomiting**



# Foodborne Specimens & The Lab

By law, the following positive specimens must be forwarded to ASPHL:

- Salmonella
- Enterohemorrhagic E. coli
- Listeria
- Vibrio

Specimens are then serotyped to determine species (i.e. *S. Enteritidis*)



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# Questions?

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# Coccidioidomycosis in Arizona

January 20, 2017

Presenting To

APIC State of the State | Phoenix, AZ

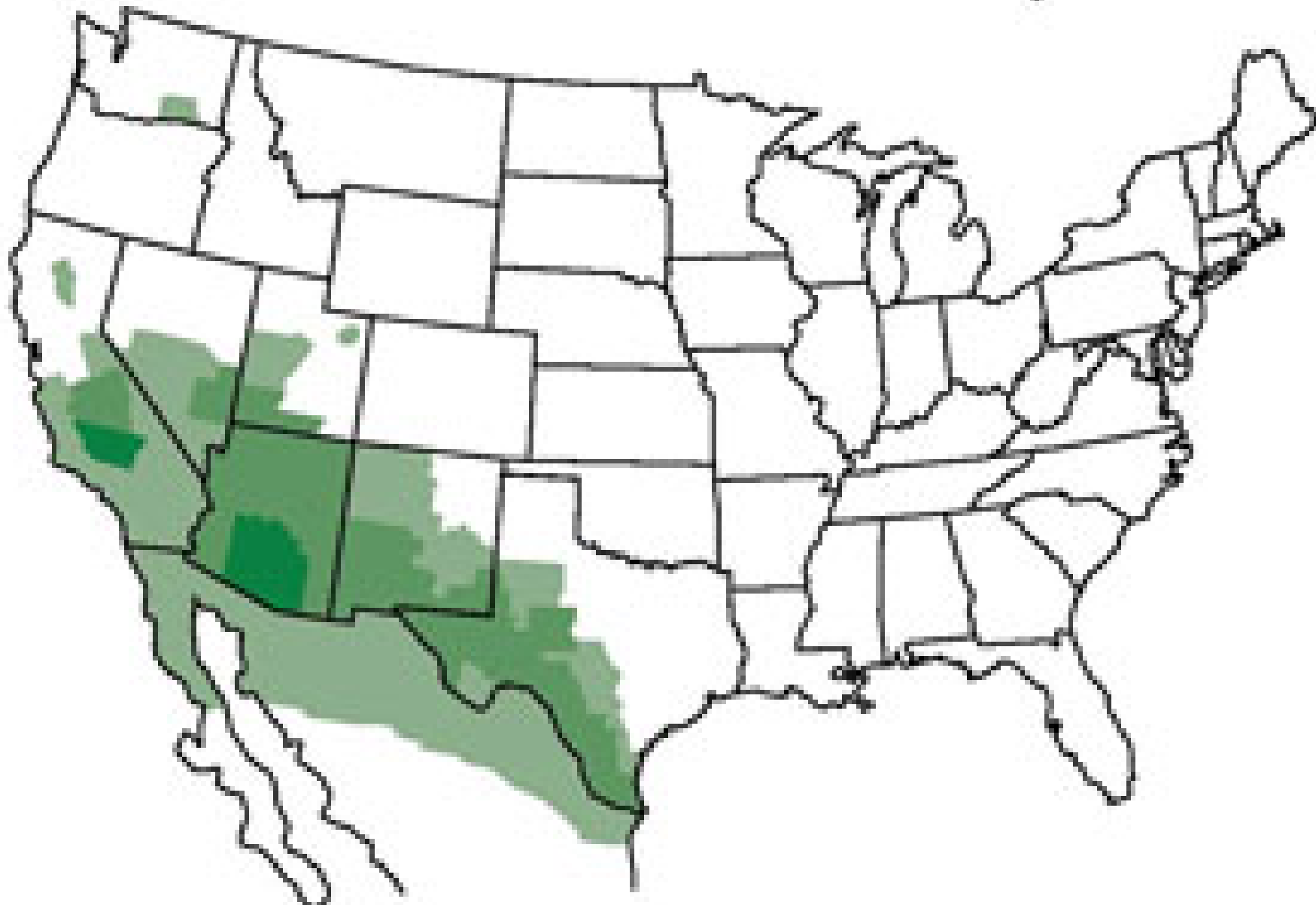
Xandy Peterson, MPH | Epidemiologist



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# Areas Endemic for Coccidioidomycosis



**Highly endemic**   **Established endemic**   **Suspected endemic**

Source: Centers for Disease Control and Prevention (2015). Sources of Valley Fever (Coccidioidomycosis). CDC.





# VALLEY FEVER

COUGH HEADACHES LACK OF APPETITE  
 RASH CHILLS EXHAUSTED SORE THROAT  
 WEIGHT LOSS CHEST PAIN ACHING JOINTS  
 MUSCLE ACHES FEVER SHORTNESS OF BREATH  
 WHEEZING NIGHT SWEATS STIFF NECK

# KNOW THE SIGNS



[WWW.VALLEYFEVERARIZONA.ORG](http://WWW.VALLEYFEVERARIZONA.ORG)



Source: Garcia SCG, Alanis JCS, Flores MG, Gonzalez SEG, Cabrera LV & Candiani JO (2015). Coccidioidomycosis and the skin: a comprehensive review. *Anais Brasileiros de Dermatologia* 90(5): 610-619.





# Surveillance

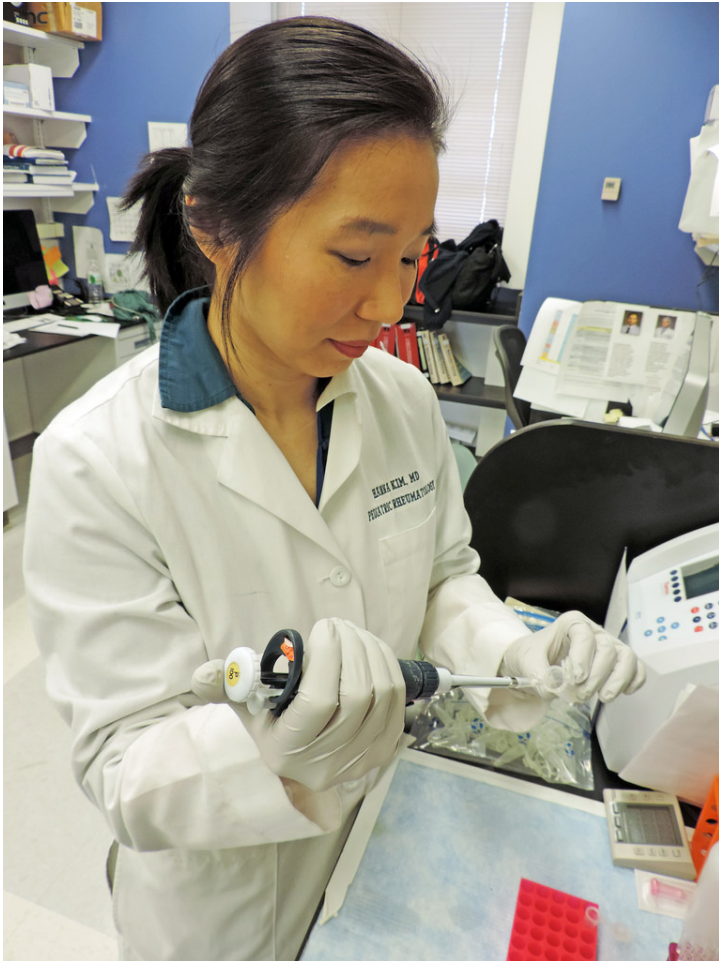


Image by NIH (CC BY-NC-SA 2.0)



Image by CDC







Image by Alan Stark (CC BY-SA 2.0)

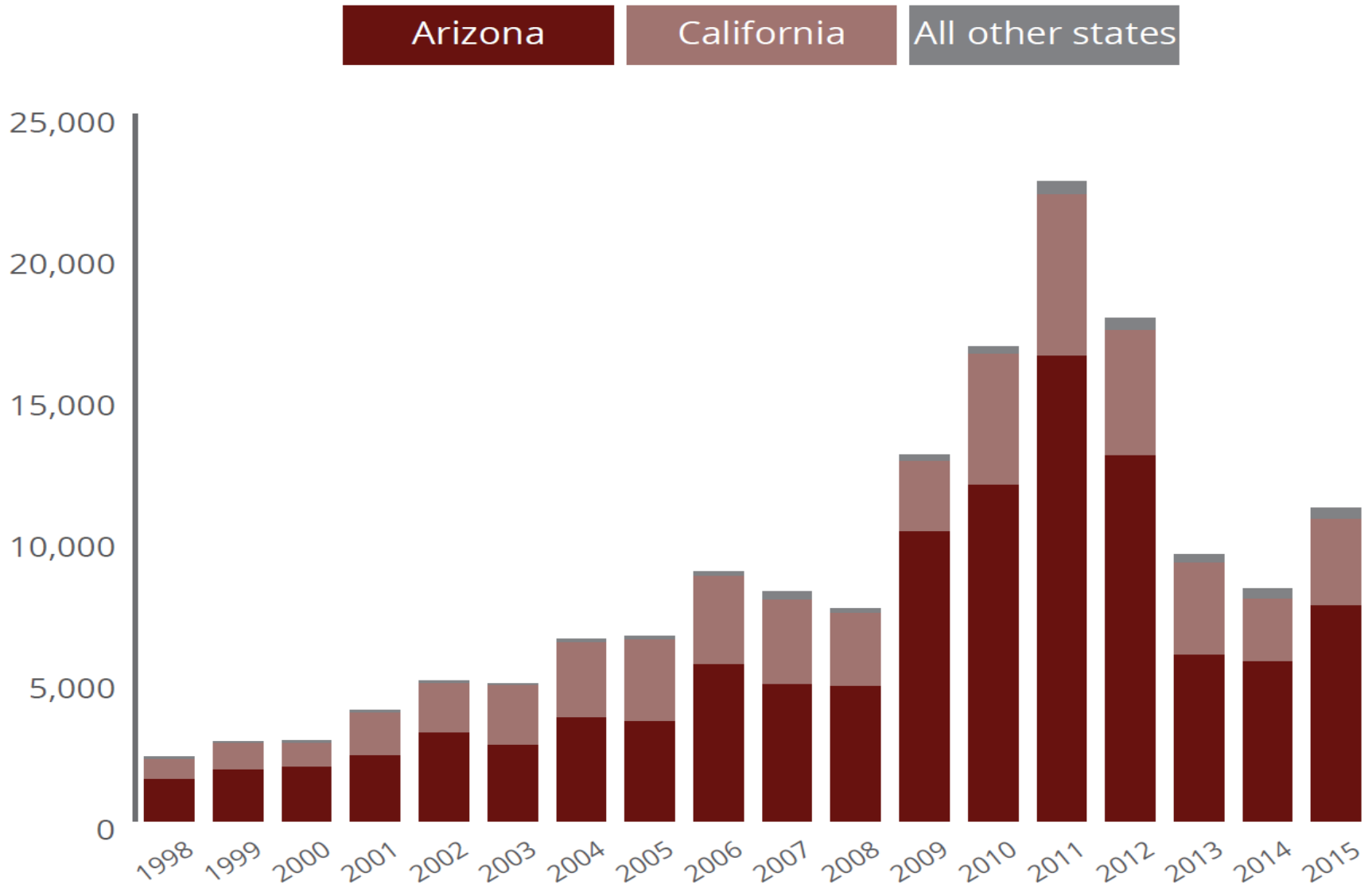


Image by CDC

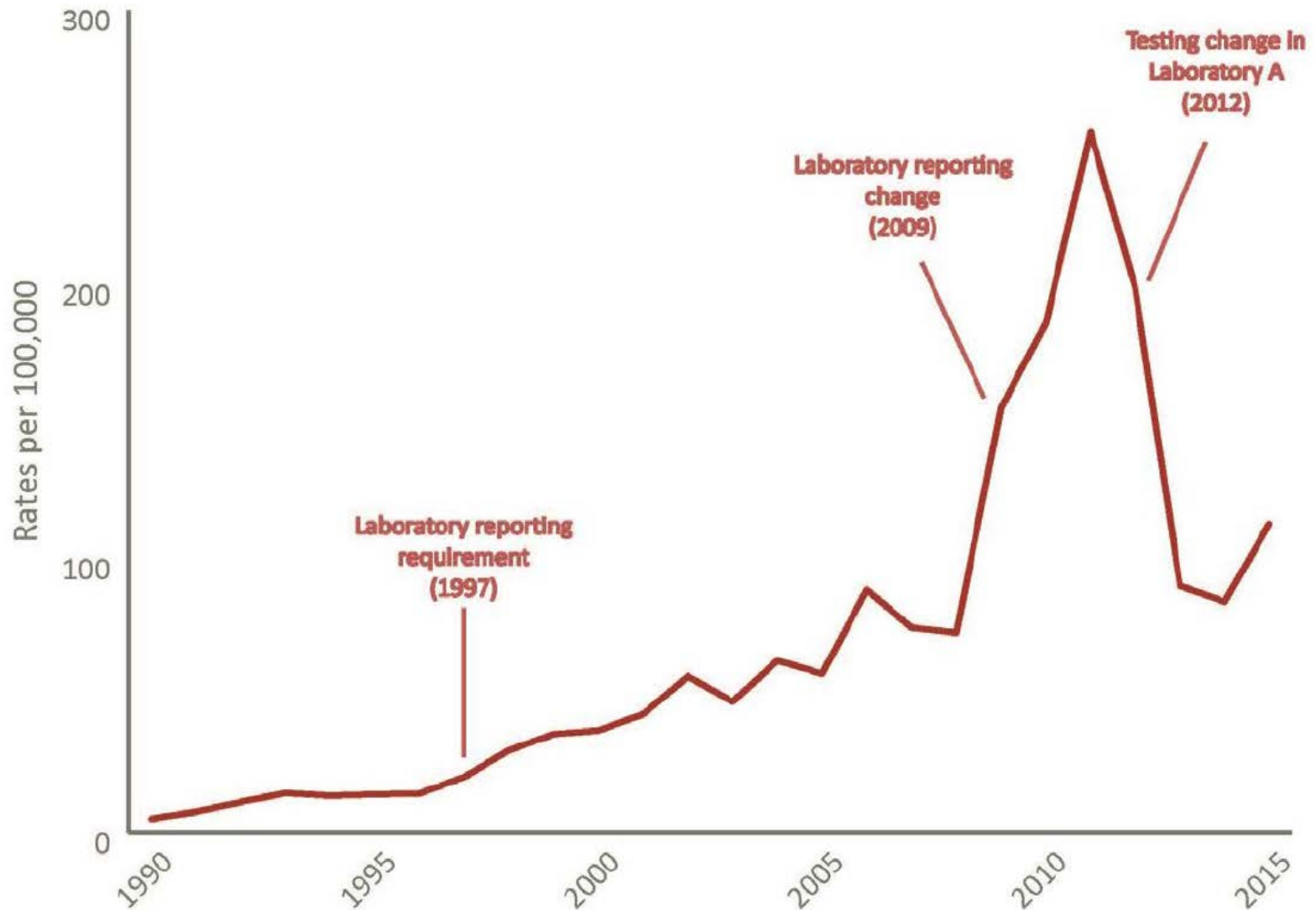


Image by andyde (CC BY-NC 2.0)

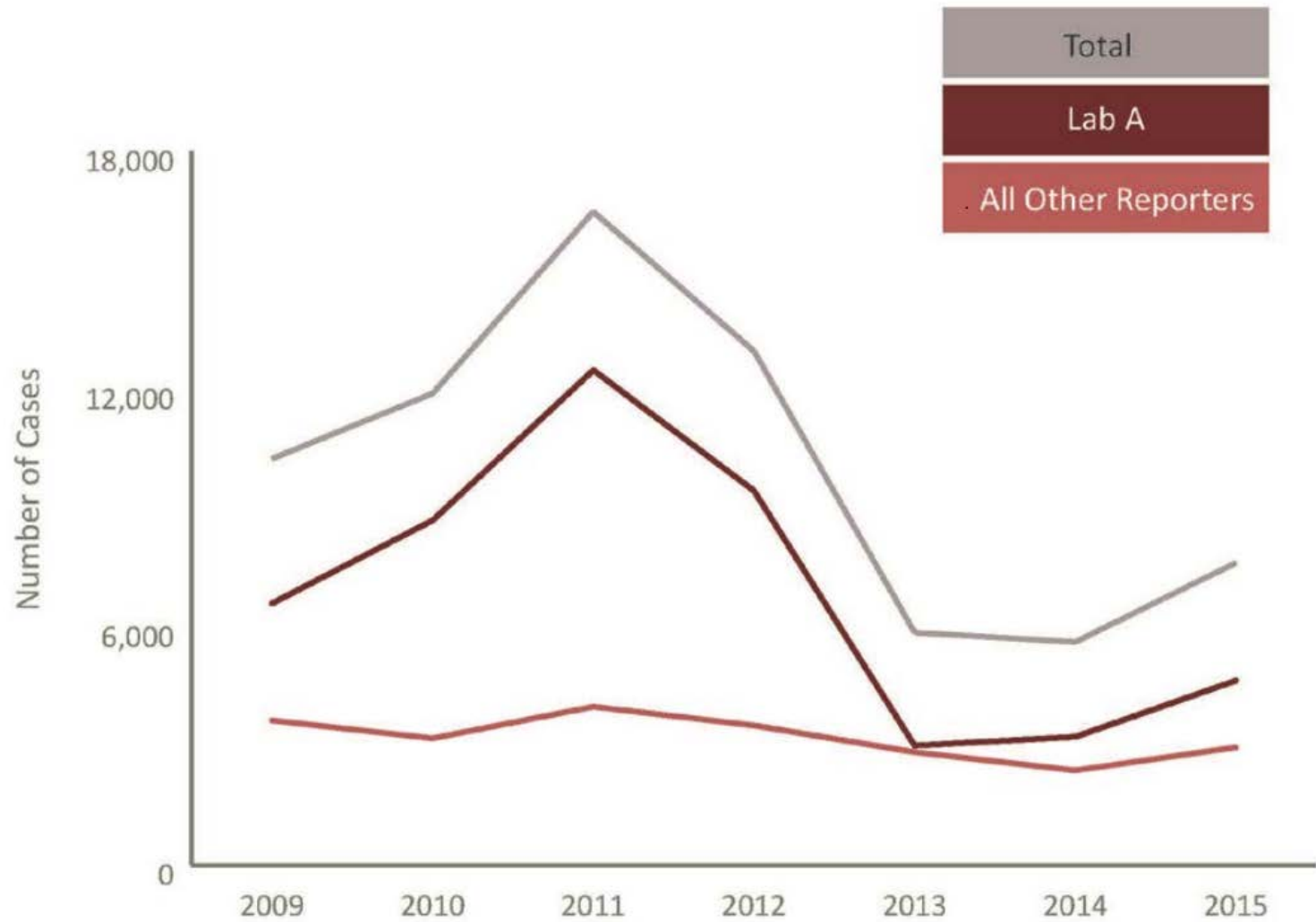
# Number of Reported Cases, 1998-2015



# Reported Cases of Valley Fever per 100,000 population, Arizona 1990-2015



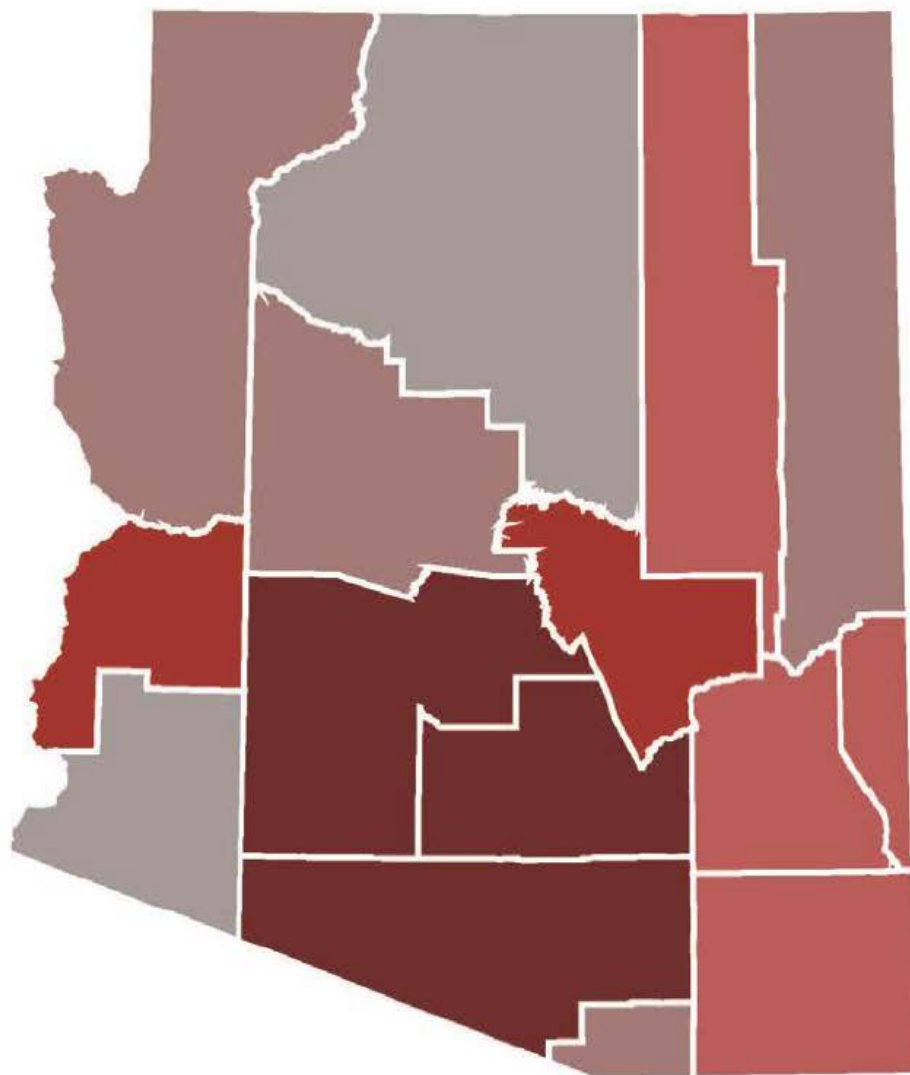
# Cases Reported Annually by Reporting Organization, 2009-2015



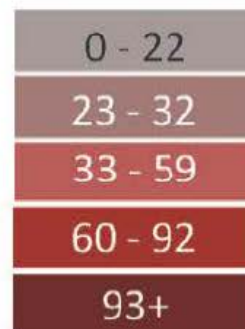




# Rates of Reported Cases by County, 2015

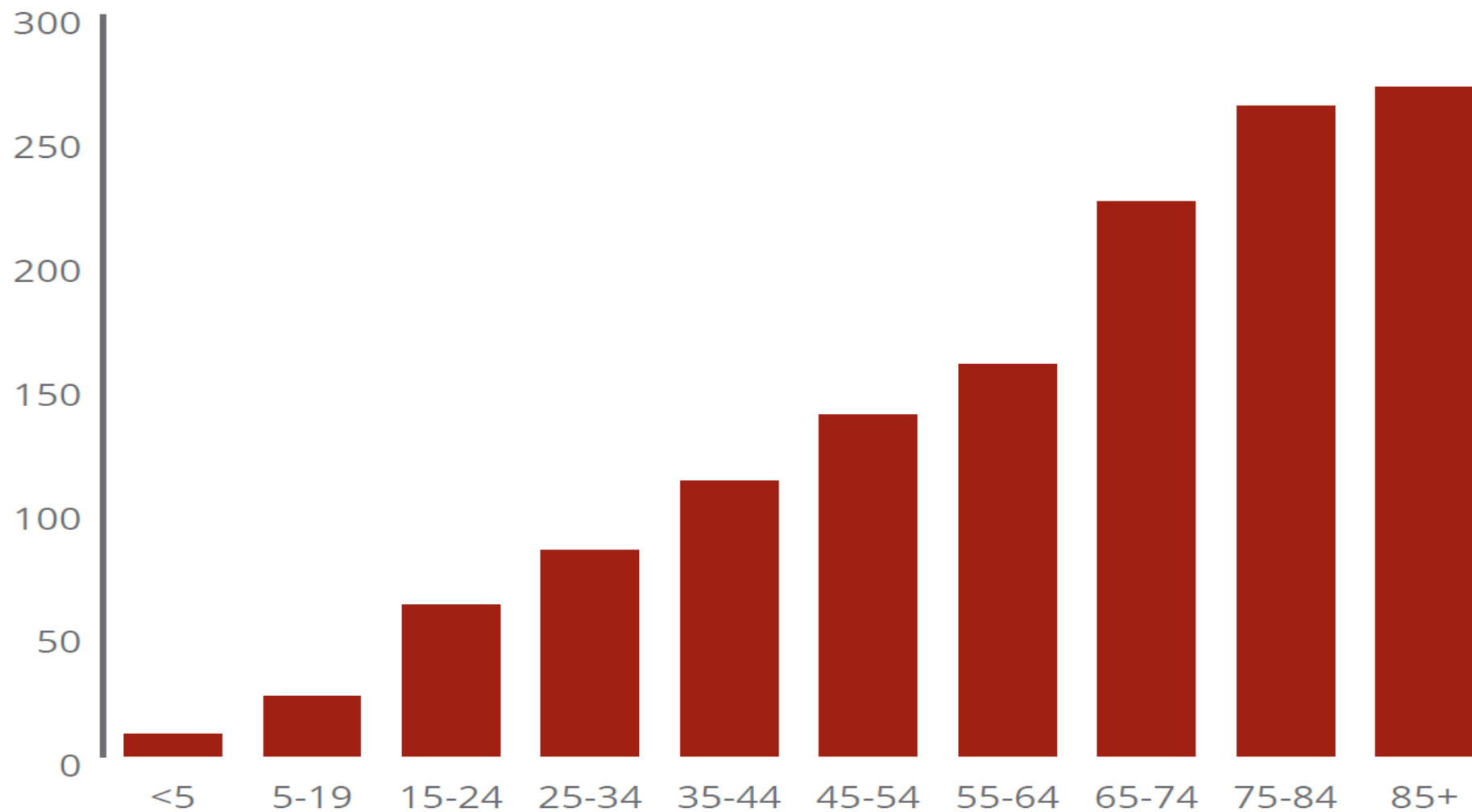


Cases per 100,000 population





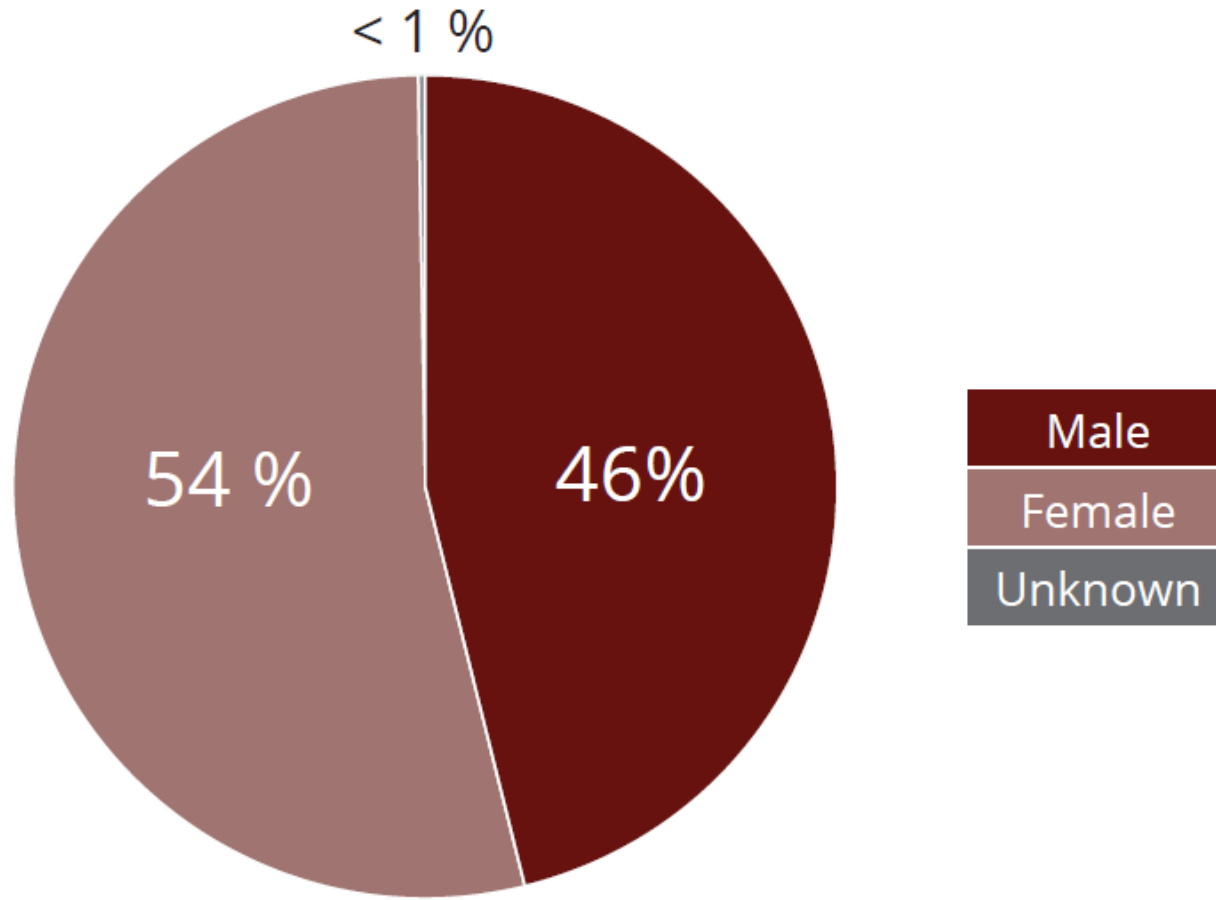
# Rates of Reported Cases by Age Group



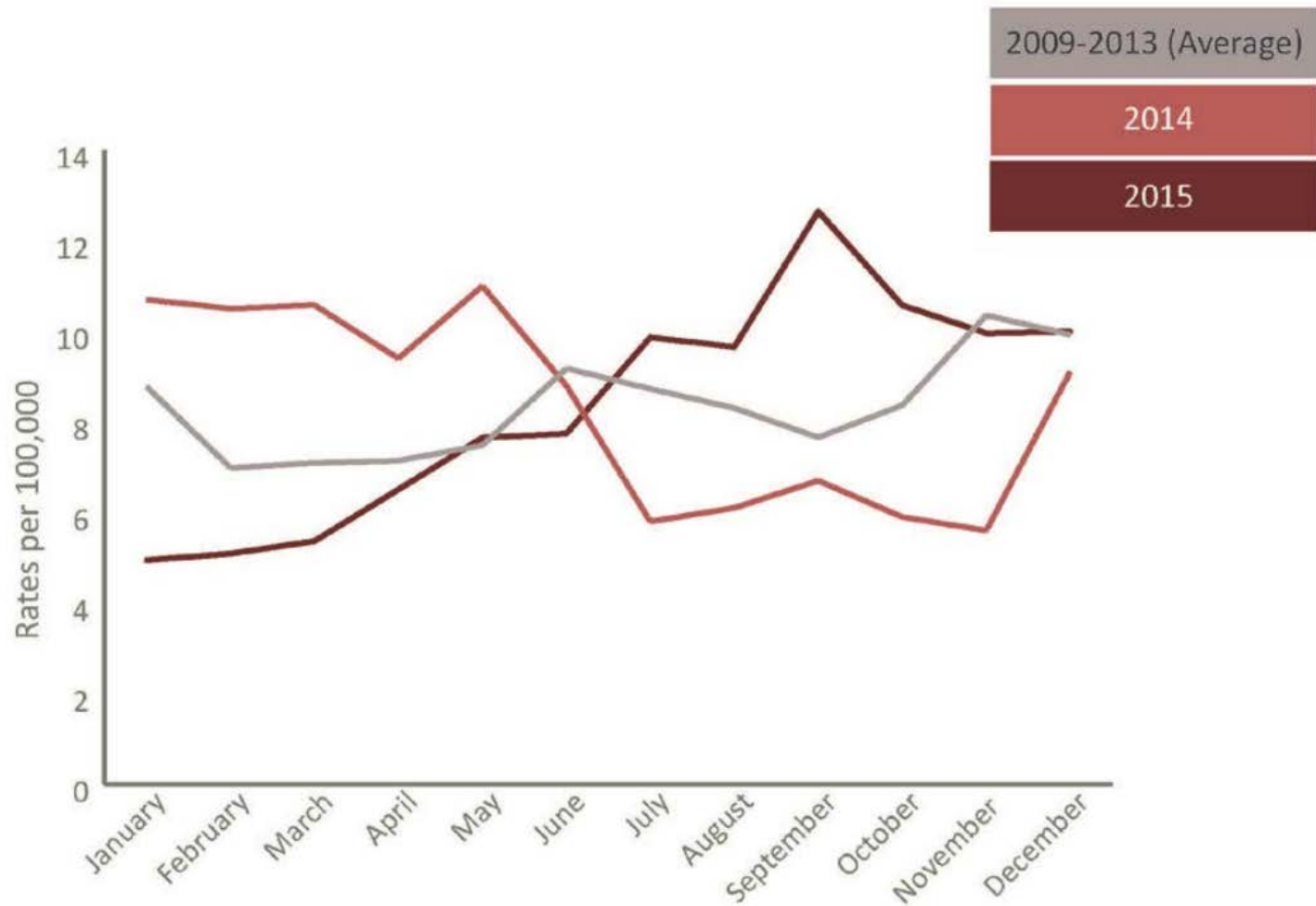
\*Age could not be ascertained for 17 cases (approximately 0.2% of all cases).



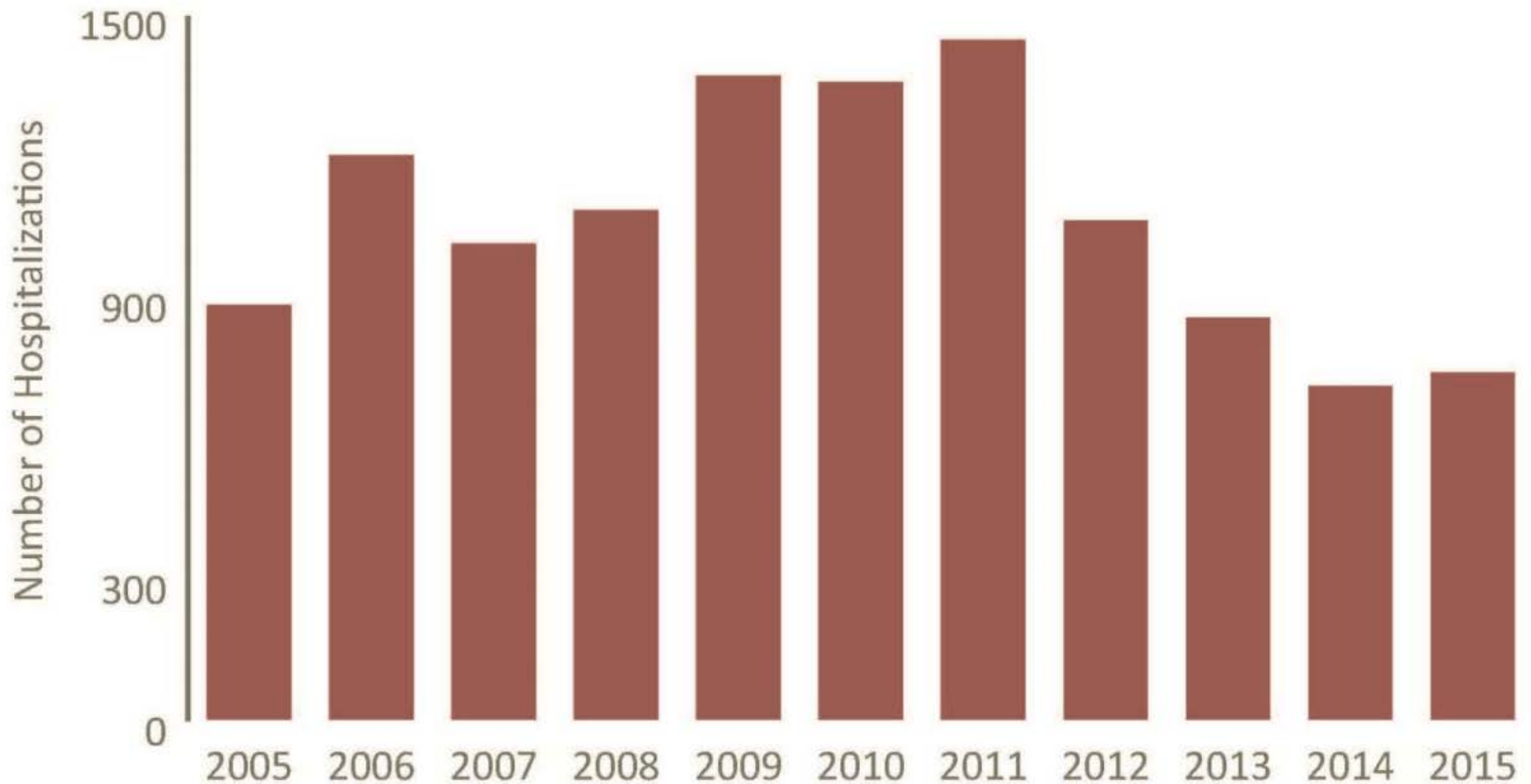
# Rates of Reported Cases by Sex



# Rates of annually reported cases by month, 2009-2015



# Hospitalizations with a primary diagnosis of valley fever, 2005-2015



# Impact of Valley Fever

Image by Micheal J. (CC BY-NC 2.0)





# Public Education and Outreach

**VALLEY FEVER**

Valley Fever is an infection caused by fungal spores found in hot, dry places

**MORE THAN 10,000 PEOPLE INFECTED WITH VALLEY FEVER**

**40 OF EVERY 100** infected people become sick with symptoms such as cough, fever, fatigue, rash, and night sweats.

**5** will have severe pneumonia and need treatment

**People who become sick with Valley Fever**

- can be ill for weeks or months
- can miss two weeks of work or school

**In 2012:**

- more than 1,000 people were hospitalized
- these hospitalizations cost more than \$10 million

**COUGH? FEVER? EXHAUSTION? ASK YOUR DOCTOR TO TEST FOR VALLEY FEVER**

**VALLEYFEVER**

Arizona Department of Health Services

risk of developing severe Valley Fever.

**Valley Fever**  
**2015 Annual Report**

Michael Olbinski



ARIZONA DEPARTMENT OF HEALTH SERVICES

PREPAREDNESS

**COUGH**  
**HEADACHES**  
**FEVER**  
**ACHING JOINTS**  
**EXHAUSTED NIGHT**  
**RASH SWEATS**

**Valley Fever**

Arizona Department of Health Services

# Questions?



**Cough? Fever? Exhausted?**

*Ask your doctor to test you for valley fever.*

Photo by Mike Olbinski Photography



[ValleyFeverArizona.org](http://ValleyFeverArizona.org)

# THANK YOU

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# THANK YOU

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