Arizona Department of Health Services

ARIZONA – INFLUENZA SUMMARY

Week 4 (1/24/2016 – 1/30/2016)

2015-2016 Season (10/4/2015 – 10/1/2016)

Synopsis:

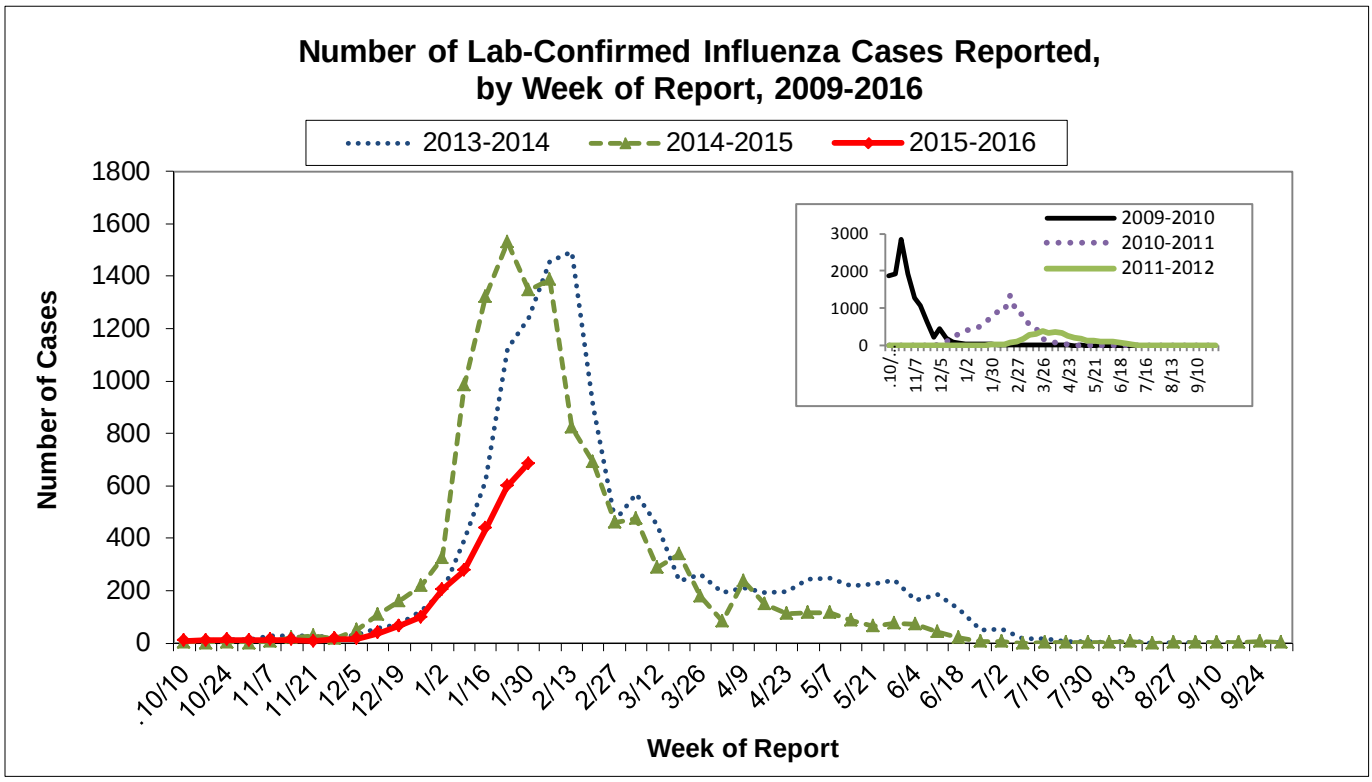
Influenza activity is increasing. Arizona reported Regional activity for week 4.

Influenza activity highlights:

- 684 laboratory-confirmed cases of influenza were reported in the past week, from fifteen counties. 2,503 cases have been reported this season, with laboratory-confirmed cases identified in fifteen counties.
- 2,016 (81%) reports this season are influenza A, 435 (17%) are influenza B, and 52 (2%) are of unknown type.
- In the past week, 30 (91%) of 33 specimens tested positive for influenza at ASPHL: 25 influenza A (H1N1) pdm09 viruses, 3 influenza A (H3) viruses and 2 influenza B/Yamagata viruses.
- Influenza-like illness activity at sentinel providers was above Arizona's threshold in week 3.
- Influenza-like illness activity at sentinel schools increased in week 4.
- The cases included in this report represent a small proportion of the true number of cases of influenza. Many people do not visit the doctor when ill and doctors should not be expected to run tests on all patients exhibiting influenza-like symptoms.

Laboratory-Confirmed Influenza Activity by Season [2009-2016]

Positive influenza tests are reported to ADHS. Many types of tests are included in the numbers below: rapid antigen tests, direct fluorescent antigen tests, viral culture, and molecular testing.



Reported Laboratory-Confirmed Cases Compared to Last Week and Last Season

	Cumulative Season Total	Current Week Total
2015-2016	2,503	684
2014-2015	6,126	1,346
5 year average	2,822	888
% increase, compared to 2014-2015 season	-59%	-49%
% increase, compared to a typical flu season	-11%	-23%
% increase, compared to last week	38%	14%

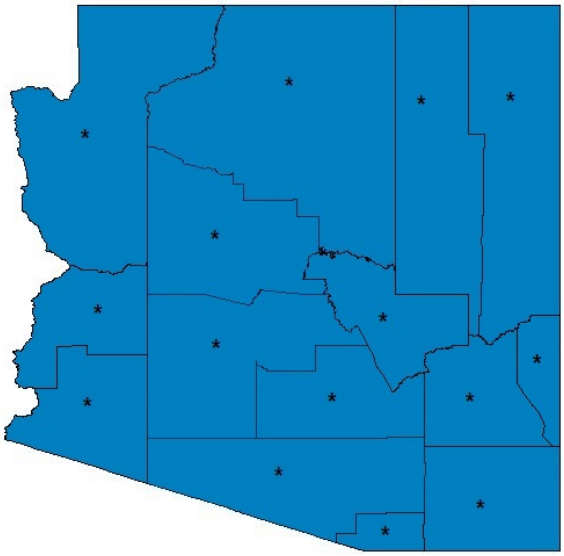
Arizona Influenza Activity Levels *(see definitions at the end of this report)*

	2015-2016	2014-2015	2013-2014	2012-2013	2011-2012
This Week	Regional	Widespread	Widespread	Widespread	Sporadic
Last Week	Regional	Widespread	Widespread	Widespread	Sporadic
Date First Case Confirmed, no travel	Oct. 4, 2015	Nov. 3, 2014	Oct. 4, 2013	Oct. 30, 2012	Dec. 14, 2011
Weeks with Widespread Activity	No widespread activity yet	Weeks 1-6	Weeks 3-8	Weeks 1-7	Weeks 11 – 14

Laboratory-Confirmed Cases Reported, by County, 2015-2016 Influenza Season

(Includes ALL reported lab-confirmed flu reports, regardless of subtype)

County	2015-2016 Season	Past Three Weeks	Last Week
Apache	13	9	2
Cochise	72	57	10
Coconino	56	20	8
Gila	4	3	2
Graham	4	3	1
Greenlee	7	6	6
La Paz	4	2	1
Maricopa	1,195	840	365
Mohave	49	21	10
Navajo	31	19	8
Pima	676	493	194
Pinal	134	100	47
Santa Cruz	52	32	13
Yavapai	182	100	10
Yuma	24	15	7
Total	**2,503**	**1,720**	**684**



Key:

* = Any activity reported this season

■ = Activity reported in the previous three weeks

□ = No activity reported in the previous three weeks

Age of Reported Influenza Cases

The age groups most affected by influenza vary somewhat season-to-season, depending in part on the circulating influenza types and subtypes and any existing immunity in the community. Variations in age groups of reported influenza cases can also be caused by differences in laboratory testing and reporting practices year-to-year.

Age Group of Reported Influenza Cases, 2012-2013 through 2015-2016 Seasons

Age Group	2015-2016 Season (N=2,503)	2014-2015 Season (N=12,580)	2013-2014 Season (N=12,484)	2012-2013 Season (N=11,301)
0 to 4 years	405 (16%)	2,153 (17%)	2,329 (19%)	2,114 (19%)
5 to 18 years	536 (21%)	3,365 (27%)	2,802 (22%)	3,013 (27%)
19 to 49 years	897 (36%)	3,039 (24%)	4,487 (36%)	3,107 (27%)
50 to 64 years	331 (13%)	1,223 (10%)	1,566 (13%)	1,156 (10%)
65 years or older	323 (13%)	2,659 (21%)	1,205 (10%)	1,799 (16%)
Unknown age	11 (0.1%)	141 (1%)	95 (1%)	112 (1%)

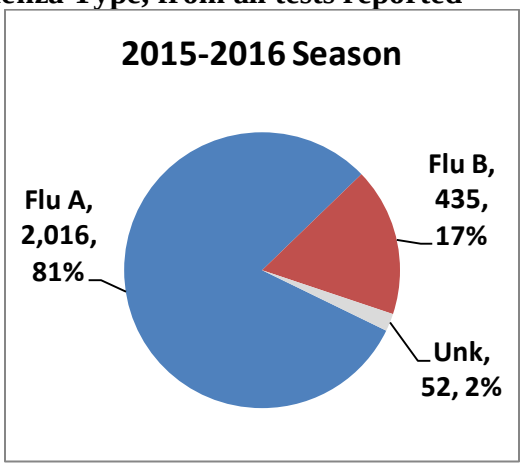
Age Group of Reported Influenza Cases by Type, 2015-2016 Season

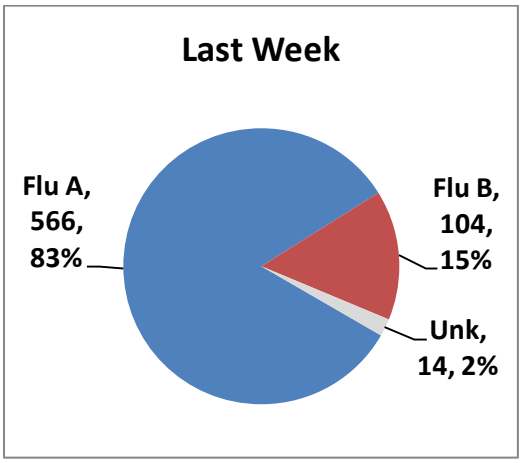
Age Group	All Confirmed Cases (N=2,503)	Influenza A (N=2,016)	Influenza B (N=435)	Unknown Type (N=52)
0 to 4 years	405 (16%)	351 (17%)	41 (9%)	13 (25%)
5 to 18 years	536 (21%)	408 (20%)	111 (26%)	17 (33%)
19 to 49 years	897 (36%)	749 (37%)	131 (30%)	17 (33%)
50 to 64 years	331 (13%)	260 (13%)	67 (15%)	4 (8%)
65 years or older	323 (13%)	239 (12%)	83 (19%)	1 (2%)
Unknown age	11 (0.1%)	9 (0.1%)	2 (0.1%)	0 (0%)

Influenza Types and Subtypes

There are two main types of influenza – Type A and Type B – that cause illness in people. Influenza A viruses can be further divided into subtypes such as A (H1), or A (H3). Influenza B viruses can be further divided into lineages, B/Victoria lineage or B/Yamagata lineage. While most tests can distinguish between influenza A and B, only specialized testing such as that done at the State Public Health Laboratory and a few other labs around the state can differentiate subtypes. Viral culture or molecular testing (reverse transcriptase polymerase chain reaction or RT-PCR) are the methods used to identify subtypes; knowing the type and subtype of the influenza viruses circulating can help health professionals make the best treatment and vaccination decisions.

Influenza Type, from all tests reported





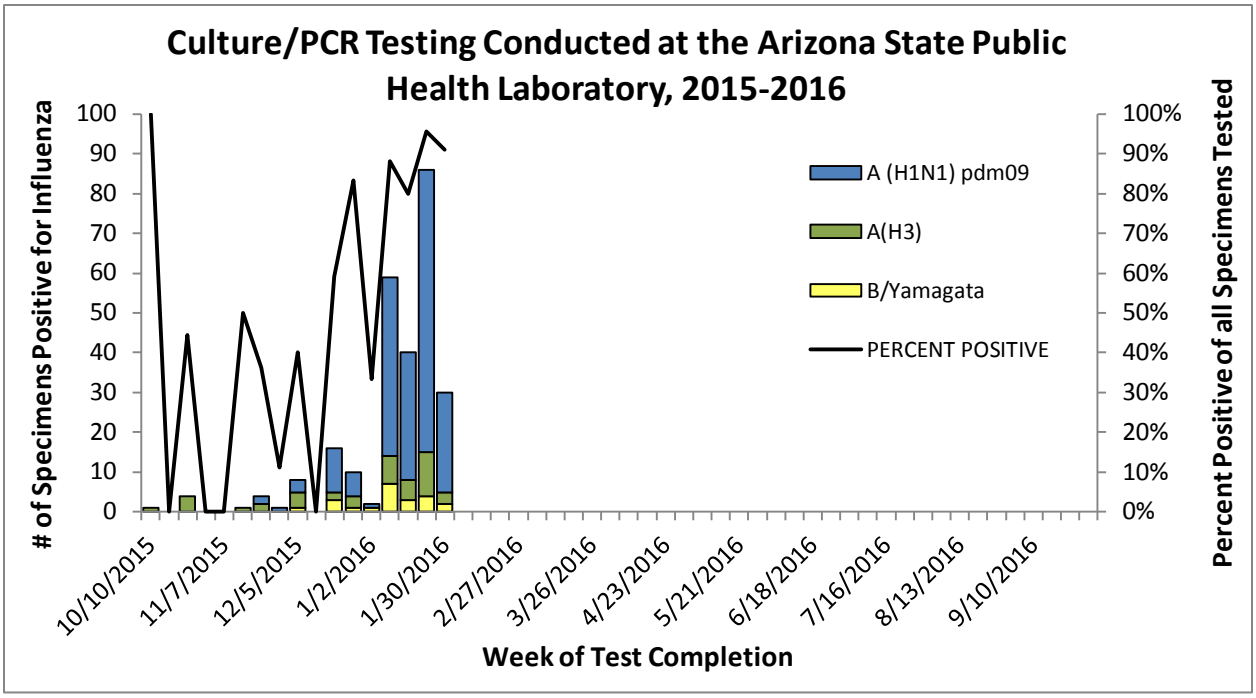
Influenza Type, by Season

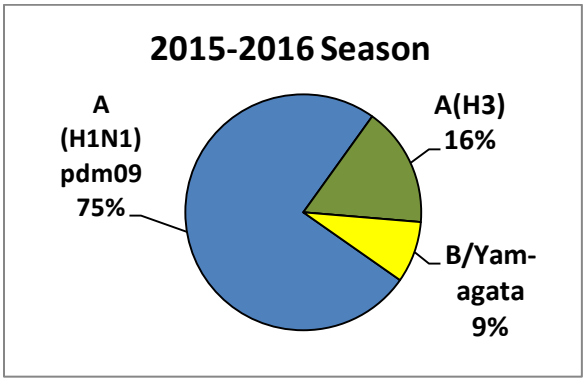
	2015-2016 Season Number	2015-2016 Season Percent	2014-2015 Number (Percent)	2013-2014 Number (Percent)	2012-2013 Number (Percent)
Total	2,503	100%	12,592 (100%)	11,780 (100%)	11,306 (100%)
Influenza A	2,016	81%	11,015 (87%)	9,355 (79%)	8,059 (71%)
Influenza B	435	17%	1,424 (11)	2,229 (19%)	2,951 (26%)
Unknown	52	2%	153 (1%)	196 (2%)	296 (3%)

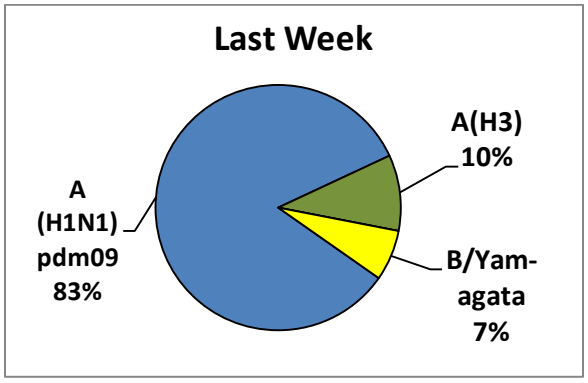
Influenza Subtype

Data from the Arizona State Public Health Laboratory (ASPHL)

- 30 (91%) of 33 specimens tested positive for influenza at ASPHL last week: 25 influenza A (H1N1) pdm09 viruses, 3 influenza A (H3) viruses and 2 influenza B/Yamagata viruses.







Influenza subtype, by season, from any laboratories performing culture or RT-PCR

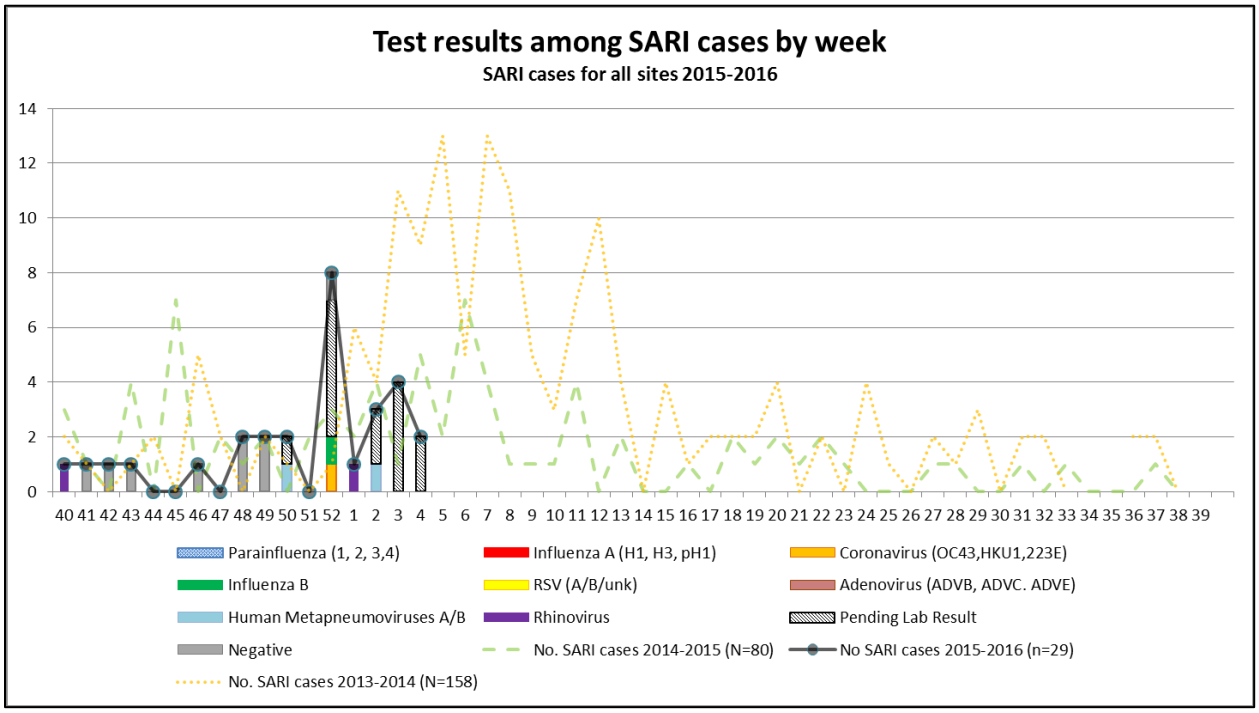
	2015-2016 Season Number	2015-2016 Season Percent	2014-2015 Number (Percent)	2013-2014 Number (Percent)	2012-2013 Number (Percent)
Influenza Subtypes	283	100%	2,202 (100%)	1,795 (100%)	1,954 (100%)
Influenza A (H1N1)pdm09	284	74%	5 (0.1%)	1,480 (82%)	80 (4%)
Influenza A (H3)	78	20%	2,127 (97%)	151 (8%)	1,606 (82%)
Influenza B/Yamagata	21	6%	50 (2%)	36 (2%)	175 (9%)
Influenza B/Victoria	0	0%	20 (1%)	128 (7%)	93 (5%)

Severe Acute Respiratory Infections (SARI) Surveillance

Severe acute respiratory infections (SARI) surveillance is currently conducted at selected hospitals in counties along the Mexican border by the Office of Border Health's Border Infectious Disease Surveillance (BIDS) program. SARI is defined as a hospital admission with onset within the last 10 days with a fever of at least 100.4ºF (or a history of fever) plus a cough. This surveillance facilitates the detection of circulating influenza viruses and allows us to monitor various causes of morbidity and mortality among inpatients with SARI.

SARI cases are tested using an RT-PCR viral panel that detects: respiratory syncytial virus A and B; parainfluenza virus 1, 2, 3, and 4; human metapneumoviruses A/B; rhinovirus; adenovirus (B, C, and E); influenza A, A H1 (seasonal subtype), A H3 (seasonal subtype), A H1N1, and B; and coronavirus (NL63, HKU1, 229E, and OC43).

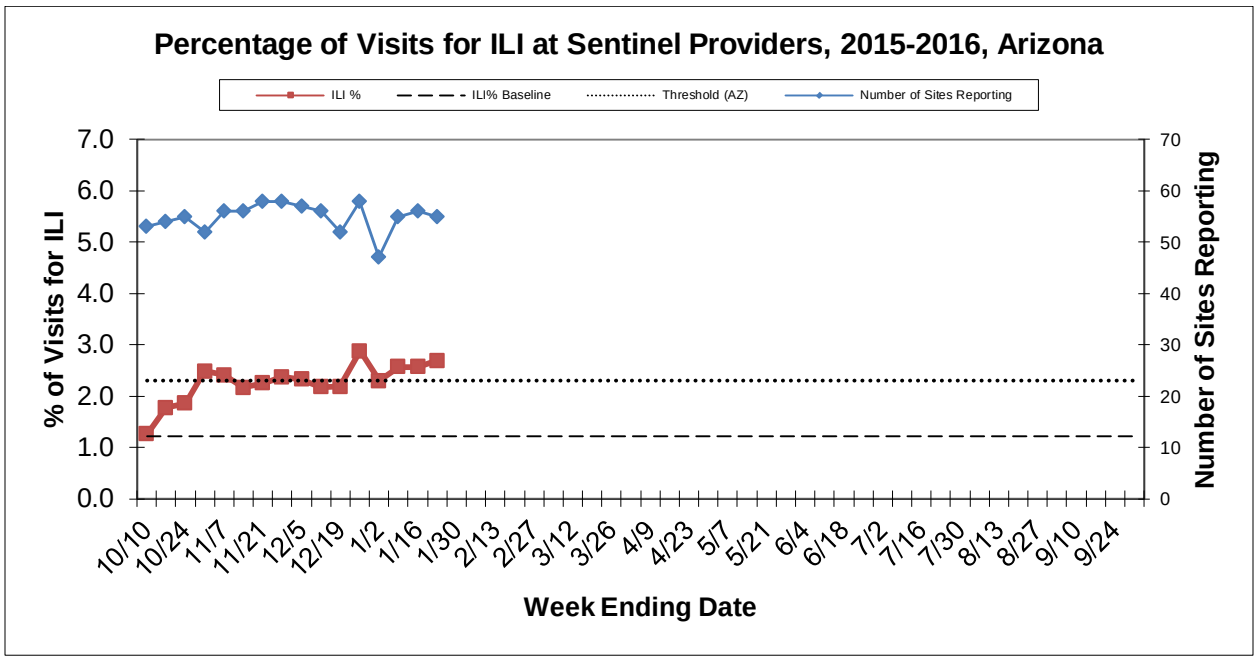
There have been 29 confirmed SARI cases identified this season. So far, rhinovirus, human metapneumovirus, coronavirus and influenza B have been detected.



Influenza-Like Illness (ILI) Surveillance from Sentinel Outpatient Providers

ILI is defined as a fever of at least 100ºF plus either a cough or a sore throat. In weeks when a relatively low number of enrolled facilities report data, the ILI proportion may not be as representative of Arizona activity as for other weeks. The state ILI baseline is 1.2% and the epidemic threshold is 2.2%*.

	Week 3	Week 2
Proportion of patient visits to sentinel providers for ILI	2.7%	2.6%
Comparison to epidemic threshold*	Above threshold	Above threshold
Intensity level *(see definitions at the end of report)*	Low	Low

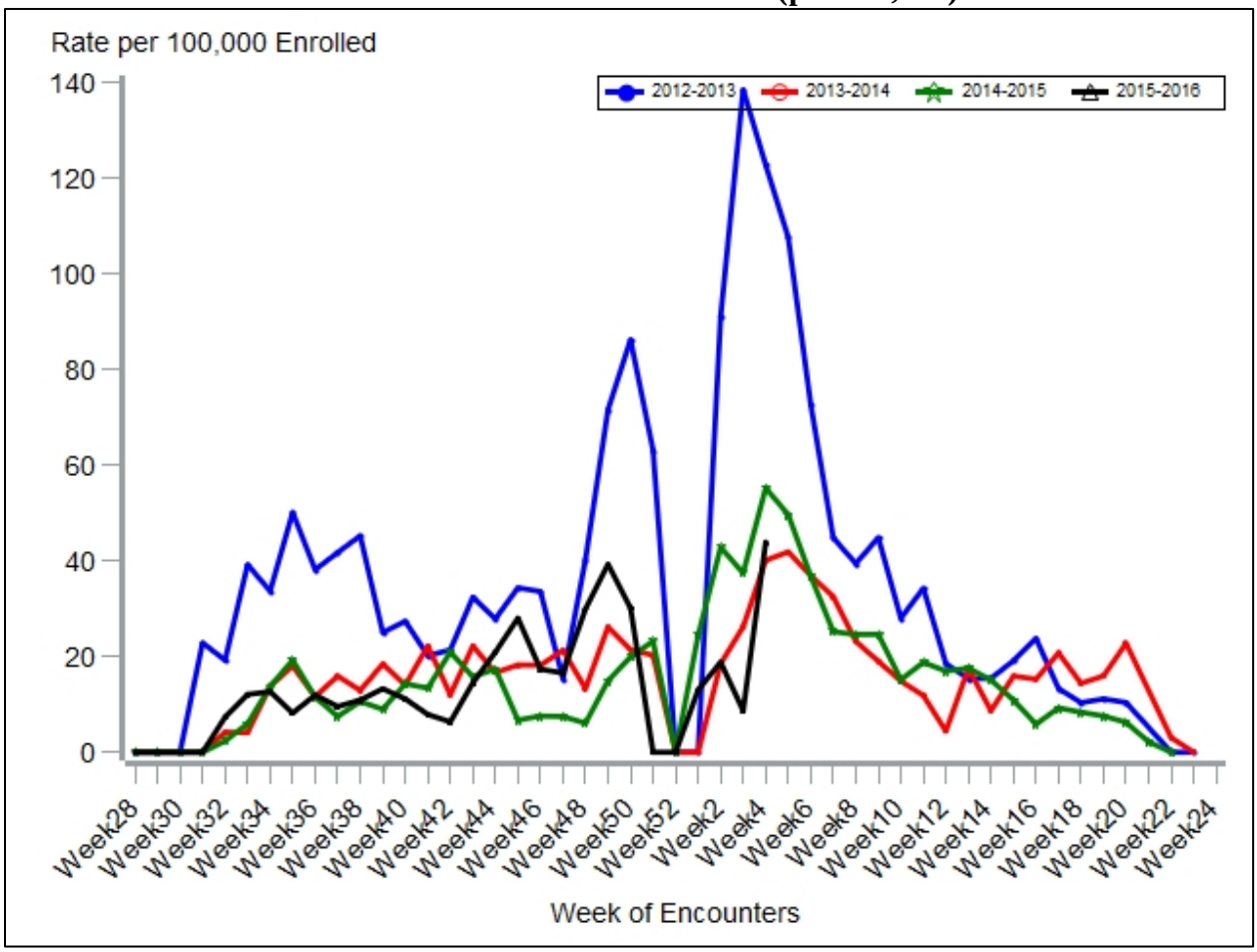


*Note: The baseline is defined as the mean of the state ILI% in weeks in the 2012-2015 flu seasons in which two or more consecutive weeks each accounted for less than 2% of the season's total number of specimens testing positive for influenza at the Arizona State Public Health Laboratory. The epidemic threshold is defined as the mean plus two standard deviations.

School Surveillance for Influenza-Like Illness (ILI)

School nurses in approximately 140 Arizona schools around the state use a specific computer program (the Child Health Indicator Program) for electronic management of student health records. The graph presents the weekly trend of ILI syndromes reported among students during the past four school years. School nurse encounters are not diagnosed cases of communicable diseases but are based on the nursing codes that school nurses enter to track student conditions. Also, the numbers in the graph are only from schools that used CHIP during the school year.

Influenza-Like Illness Per School Enrollment in Arizona (per 100,000)



Glossary of Key Terms:

2015-2016 Influenza Season – The season is defined by surveillance weeks. The first day of the 2015-2016 influenza season was October 4th, 2015, or week 40 and the 2015-2016 surveillance season will continue through October 1st, 2016, or week 39.

Regions – Regions in Arizona are defined by county: Central (Gila, Maricopa, Pinal); Northern (Apache, Coconino, Navajo, Yavapai); Southern (Cochise, Graham, Greenlee, Pima, Santa Cruz); Western (La Paz, Mohave, Yuma)

Activity Levels: Indicator of the geographic spread of influenza activity, reported to CDC by all states each week.

Widespread: Increased influenza-like illness from sentinel providers (ILI) in three or more regions and large numbers of laboratory-confirmed influenza cases in those regions.

Regional: Increased ILI in two regions and elevated numbers of laboratory-confirmed influenza cases in those regions.

Local: Increased ILI in one region and elevated numbers of laboratory-confirmed influenza cases in that region.

Sporadic: No increase in ILI activity and only isolated laboratory-confirmed influenza cases.

No Activity: No increase in ILI activity and no laboratory-confirmed influenza cases.

Intensity Levels: Intensity levels are based on the percent of outpatient visits in a state due to ILI and are compared to the average percent of ILI visits that occur during spring and fall weeks with little or no influenza virus circulation. Intensity levels range from minimal, corresponding to ILI activity from outpatient clinics being below the average, to intense, which would correspond to ILI activity from outpatient clinics being much higher than average.