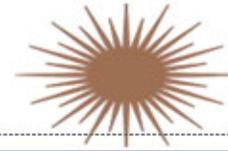


# NEWS RELEASE

Arizona Department of Health Services



LEADERSHIP FOR A HEALTHY ARIZONA

FOR IMMEDIATE RELEASE – May 12, 2010

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## **PHOENIX MERCURY TEAMS UP WITH ADHS TO CELEBRATE WOMEN’S HEALTH WEEK**

“It’s Your Time” rings true for the Phoenix Mercury, the Championship WNBA team, as it launches the 2010 season and “It’s Your Time” to take care of your health! So it makes sense for the Mercury to team up with ADHS to help Arizona women focus on the goal of improving their health.

“Women tend to set goals for themselves tied to other people, especially when it comes to health,” said General Manager and Hall of Fame Legend, Ann Meyers Drysdale. “It’s critical for our players, and everyone, to make good health a personal goal; a person has to be good for herself before she can be a solid member of a team.”

“It’s Your Time,” the theme for National Women’s Health Week, reminds women to take time for their health. Throughout this week, ADHS will host speaker workshops and physical activity demonstrations at the Arizona State Capitol Executive Tower at 1700 W. Jefferson. For example, on Thursday, a doctor will explain how factors affect a woman’s health throughout her life. All activities are free of charge and open to the general public.

The week long activities culminate on Friday, May 14 with a Celebration Walk where Ms. Drysdale will be the guest speaker. She will lead a group walk starting at 11 a.m. at the 911 Memorial in Wesley Bolin Plaza. Participants of the walk will get a chance to win two tickets to the Phoenix Mercury home game opener on May 15 as well as other great prizes.

**WHO:** Mercury GM and Hall of Fame Legend Ann Myers Drysdale

**WHAT:** Women’s Health Walk

**WHEN:** 11 a.m. Friday, May 14

**WHERE:** Arizona 911 Memorial at Wesley Bolin Plaza

ADHS’ [Bureau of Women’s and Children’s Health](#) works to strengthen families and communities by promoting the health and safety of women, infants and children. The Bureau promotes preconception health for women and community involvement in public health program policies and operational activities. In addition, Bureau staff work on the following issues: teen pregnancy prevention, injury prevention, oral health, and early childhood development.

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