	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30-7:15	Cleaning Crew	Point Store	Point Store	Point Store	Cleaning Crew	*Set up tables & chairs for Visitation
7:30-9:00	CRU-Task skills Task Skills (ART/CERAMICS) Gardening (On the Mall)	CRU-Tool Time Task Skills (ART/CERAMICS) Mall Fitness 7:00	CRU-Task skills Gardening (MALL) Café Road to Recovery (EDUCATION) 7:15-8:45 *Referral* NVCI Drills 7:15-8:00 GYM Mall Fitness 7:00	CRU-Task skills Task Skills (ART/CERAMICS) Tool Time (MALL) Mall Fitness 7:00	Café "STOP AND SHOP" LAST FRIDAY OF THE MONTH 8-NOON VOC TEAM--GYM Mall Fitness 7:00	
7:45-8:45	Lifetime Fitness (CARDIO/WEIGHTS)	Lifetime Fitness (CARDIO/WEIGHTS)	Lifetime Fitness (CARDIO/WEIGHTS)	Lifetime Fitness (CARDIO/WEIGHTS) CRU-Gardening Animal Assisted Activity Last Thursday of the month	Lifetime Fitness (CARDIO/WEIGHTS) "STOP AND SHOP" LAST FRIDAY OF THE MONTH 8-NOON VOC TEAM-GYM	Mall Fitness 8:15 AA sponsor group (ART) 9-10
9:30-10:30	Meditation and Mindfulness (GYM) 9:30-10:00 CRU Music Skills 10:30-11:30 Exploring Mental Health through Music (MUSIC) *Referral*	Task Skills (ART/CERAMICS) Vocational Recovery (KITCHEN) *Referral* Guitar Skills (MUSIC) 9:30-11:00 Yoga– Stretching Beyond Limitation (GYM) Wellness Awareness (EDUCATION) *Referral*	Tai Chi (GYM) Magnificent Mural Making (ART) *Referral* CRU-Guitar Skills 9:30	Task Skills (ART/CERAMICS) Fitness on Unit—Saguaro Musical Theatre (GYM) *Referral*	Yoga– Healing Sound group (GYM) Leisure Outing 8:45-12:15 Core Exercise (CARDIO/WEIGHTS) *Referral* Round Table on Sycamore "STOP AND SHOP" LAST FRIDAY OF THE MONTH 8-NOON VOC TEAM--GYM Saguaro Music	Mohave 1:1's 9:30-10:00 Sycamore 1:1's 9:30-10:00
10:30-11:00	Mohave Fitness Unit Staff @ 10:30	Pinon Fitness Unit Staff @ 10:30 Resolution Group (GYM) 10:30-noon *Referral*	Mohave Fitness Unit Staff @ 10:30	Pinon Fitness Unit Staff @ 10:30	Mohave Fitness Unit Staff @ 10:30	
11:00-11:45	Beginning Road to Recovery 10:45-11:45 (EDUCATION) *Referral* Open Art Studio (ART/CERAMICS) 10:30-noon	Task Skills (ART) Variety Fitness (CARDIO/WEIGHTS/GYM) Recovery Through Expressive Arts EDUCATION 10:45-11:45 *Referral*	Lifetime Fitness (CARDIO/WEIGHTS) Exploring Mental Health through Music (GYM) *Referral*	Task Skills (ART) Music Moves Me (GYM) *Referral* Variety Fitness (CARDIO/WEIGHTS/or outside) Recovery through Song Writing (MUSIC) *Referral* Library (KITCHEN/LIBRARY)	Lifetime Fitness (CARDIO/WEIGHTS)	Lifetime Fitness (CARDIO/WEIGHTS)
12	Recycle Group (Grounds 12:30-2:30) MARC (ART 12:30-3:00)	Education—(12:30-2:30) *Referral* Task Skills (ART 12:30-2:30) CRU AA Outing 11:45-1:30	Task Skills (ART 12:30-2:30) AA Outings (11:15-2:15) CRU AA Outing 11:30-2:00	Education—(12:30-2:30) *Referral* Leisure Outing (12:45-3:00)	Education—(12:30-2:30) *Referral* Community Gardening (MALL) CRU Outing 12:00-3:00	
1:00-2:30	Leisure on Pinon Saguaro RTC Recovery and Me-(GYM) *Referral* 1:00-2:00 Outing Planning (KITCHEN) Fitness-CRU 1:00-2:00 Sycamore Fitness @ 1:15	1:1 Fitness (CARDIO/WEIGHTS) 1:00-2:30 Saguaro leisure (opposite FRC) Mohave 1:1's L.O.L. MUSIC 2:00 Psychology Group (KITCHEN) 2:30-3:30 *Referral* DBT SKILLS (EDUCATION) @ 2:30 *Referral*	Choir (MUSIC) CRU Yoga 1:00-2:00 Sycamore Fitness @ 1:15	RTC on Saguaro Exploring Mental Health through Sports (GYM) *Referral* Mohave 1:1's Memory Enhancement (MUSIC) *Referral* The Journey of Recovery through Mandalas (ART) *Referral* Nails Group (CERAMICS)	Fitness Club – (GYM) (*First Friday of the month*) Magnificent T- Shirt Design (ART) *Referral* 1:30-2:30 Music Performance (MUSIC/KITCHEN) 1-2 Leisure on Sago (Leslie) Sycamore Fitness @ 1:15	Open ART CRU-Fitness 1:00-2:00
2:45-3:15	Expressive Arts-CRU 2:15-3:15	NVCI DRILLS 2:00-5:00 IN THE GYM	Forensic Rehab Meeting 2:45-3:45 4th Wednesday of the Month			DO WALK THROUGH
3:00-5:00	Women's Writing (ART) 1st and 3rd week 4:00-5:00 Women's AA Meeting (ART) 2nd and 4th week 4:00-5:00 (**5th Monday Plan a special**) Lifetime Fitness (CARDIO/WEIGHTS)—SAGO 3:30-4:30		AA Meeting (GYM) 4:00-5:00 Lifetime Fitness (CARDIO/WEIGHTS)—SAGO 3:30-4:30		Psychology (EDUCATION) 2:30-3:30 *Referral* T.G.I.F. (GYM) 3:30-5:00	
	DO WALK THROUGH	DO WALK THROUGH	DO WALK THROUGH	DO WALK THROUGH	DO WALK THROUGH	

For Final Review

Set up tables and chairs for Visitation

Set up tables and chairs for Visitation