

Arizona's 2008 Adolescent Substance Abuse Conference

Confronting Social Barriers in Adolescence

Conference Speaker Information



Sara Salek, MD

Sara Salek joined The Arizona Department of Health Services in July of 2008. Dr. Salek is the Medical Director for Children Services at the Division of Behavioral Health Services for the State of Arizona.

Dr. Salek is an Arizona native. She completed her undergraduate degree in Nutritional Sciences at the University of Arizona. She then went on to complete her medical degree at The University of Arizona College of Medicine. Dr. Salek completed her Adult Psychiatry Residency at Banner Good Samaritan Medical Center and is board certified. She also completed her residency in Child and Adolescent Psychiatry at Children's Hospital Boston through Harvard Medical School.

Dr. Salek has worked in academics through the Adult Psychiatry Residency program at Banner Good Samaritan Medical Center, where she supervised residents and treated patients in a variety of clinical settings. Her current role as the Medical Director for Children Services is to provide expertise on issues such as serious emotional disturbance, substance abuse, Child and Family Teams, wraparound services, recovery/resiliency, the unique needs of children involved with child welfare/juvenile justice/special education, and best practice approaches for meeting the behavioral health needs of children, adolescents, and young adults.

