at-risk
for Middle School

Online Training for Middle School Educators

How do I help a student I'm worried about?

Access Free Training at
https://middleschool.kognito.com/arizona
Use enrollment key: az126

- Learn to recognize signs of psychological distress and connect students to support services
- Practice speaking with student avatars exhibiting psychological distress
- 50-minute training, available 24/7

Questions about this program?
Please contact: Division of Behavioral Health Services at (800) 867-5808 or dbhsinfo@azdhs.gov

Made freely available to participating middle school educators in Arizona by the Arizona Department of Health/Division of Behavioral Health Services.