Prior Authorization Guidelines
Antipsychotic Medications in Children Under 6 Years Old

FDA Approved Indication:
With the exception of risperidone, antipsychotics have not been approved for use in children less than 6 years old. There are few randomized controlled trials to demonstrate safety and efficacy in this population.

Guidelines for Approval:
1. Child diagnosed, per current DSM criteria, with one of the following disorders:
   a. Bipolar Spectrum Disorder
   b. Schizophrenic Spectrum Disorder
   c. Tourette’s or other tic disorder
   d. Autism Spectrum Disorder
2. Psychosocial issues and non-medical interventions are being addressed by the clinical team.
3. Documentation of psychosocial evaluation occurring before request for antipsychotic medications.
4. Documentation of non-medication alternatives that have been attempted to address symptoms before request for antipsychotic medications.
5. Documentation must include information on the expected outcomes and an evaluation of potential adverse events.

Additional Requirements:
Children under 6 years old will be monitored in accordance with the ADHS/DBHS Clinical Practice Protocol on Psychiatric Best Practice Guidelines for Children: Birth to Five Years of Age.

Coverage is Not Authorized for:
1. Members with known hypersensitivity to requested agent.
2. Members not meeting above stated criteria.

References:
1. ADHS/DBHS: Practice Parameter for the Use of Atypical Antipsychotic Medications in Children and Adolescents