

# WIC Notes Matter

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# Today's Plan

- Purpose of Charting
- Professional Points
- Legal Points

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# Purpose

- To Ensure...
  - Quality of nutrition services
  - Integrity of the WIC Program
- Communication among WIC staff
- Evaluation of services

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# Documentation

- Assessment information
- All WIC codes identified
- WIC category and priority level
- Food package prescribed
- Nutrition education and referrals
- Plans for follow-up
- Individual care plan for high-risk participants

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# Documentation

- Consistent
- Clear
- Organized
- Complete
- Concise

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# Nutrition Assessment: Critical Thinking

- Observing verbal and non-verbal cues to guide interviewing methods
- Determining appropriate data to collect
- Selecting assessment tools and procedures and applying in valid and reliable ways
- Distinguishing relevant from irrelevant data
- Organizing data to relate to nutrition problems
- Determining when problems require referral

<http://www.adaevidencelibrary.com>

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# Documentation Format



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# Documentation Process

- Charting formats differ

Slide adapted from *Commission on Accreditation for Dietetics Education*

SOAP	ADIME
S = Subjective	Food & Nutrition Hx; self-reported
O = Objective	Data
A = Assessment	Nutrition Diagnosis or PES Statement
P = Plan	Intervention, Monitoring and Evaluation

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# SOAP EXAMPLE

- S: Pt started back to work two weeks after delivery. She states she wants to lose weight, but is always tired and does not have any time to cook healthy meals or work out. She eats breakfast at home, but eats fast food for lunch and dinner.
- O: See AIM.
- A: Pt remains in the obese category. Pt seems aware of lifestyle choices which could affect wt. Diet appears high in fat and calories and low in F/V, whole grains and low-fat dairy. No physical activity beyond ADL.
- P: Reviewed benefits of physical activity and discussed healthy and quick food options at pt's request. Will check hgb in one month.
  - Pt plans to take lunch to work 3 days/wk

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# SOAP EXAMPLE

- S: Pt states she doesn't really have an appetite and is having a hard time "keeping things down during this pregnancy."
- O: See AIM.
- A: N/V impacting wt gain. 18 weeks gestation, 5 lb wt loss since last visit, currently 2 lbs over her pre-pregnancy weight. Pt currently in the preparation stage of change.
- P: Discussed ideas for managing N/V. Pt plans to eat small meals every 2 -3 hrs. To see RD in one month.

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# ADIME EXAMPLE

- A: Pt states she doesn't really have an appetite and is having a hard time "keeping things down during this pregnancy." N/V impacting wt gain. 18 weeks gestation, 5 lb wt loss since last visit, currently 2 lbs over her pre-pregnancy weight. Pt currently in the preparation stage of change.(See AIM)
- D: Involuntary weight loss D/T lack of appetite and N/V AEB weight loss of 5 lbs.
- I: Discussed ideas for managing N/V. Pt plans to eat small meals every 2 -3 hrs.
- M, E: To see RD in one month.

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# Narrative Note

- Individual nutrition education contacts
- Brief summary of progress towards behavior change, data, future plans

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# Narrative Note Example

Pt returned for nutr educ appt. No progress has been made towards previous goal of taking lunch to work 3 days/week instead of eating out. Pt requested suggestions for healthy lunches. Discussed different options. Pt came up with two healthy options that are quick and easy for her; pasta salad and beans and rice. Will continue working on current goal. Next appointment scheduled for December 21<sup>st</sup> at 2pm.

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# Let's Practice

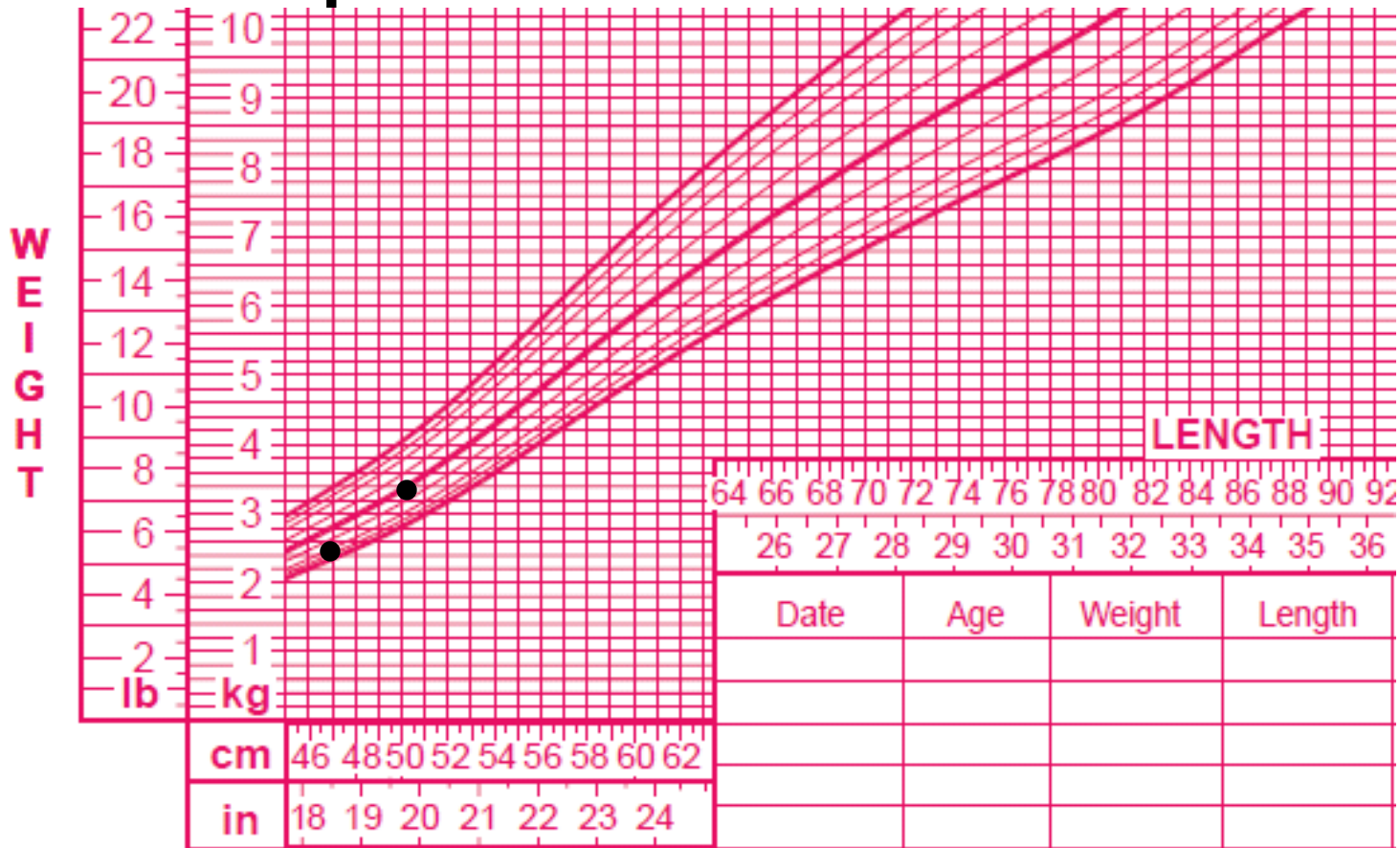
**Please refer to the  
handout in your  
folder entitled  
'Charting Practice.'**

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# Sample Growth Chart



Published by the Centers for Disease Control and Prevention, November 1, 2009  
 SOURCE: WHO Child Growth Standards (<http://www.who.int/childgrowth/en>)

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# More Practice

**Please refer to the  
handout in your  
folder entitled  
'Charting Practice.'**

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# Resources

- ADA IDNT Reference Manual, 2008
- <http://www.adaevidencelibrary.com>
- <http://www.eatright.org/HealthProfessionals/>
- <http://health.state.ga.us/pdfs/nursing/>

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# Legal Points

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# NEWS

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## CPS records on dead boy to be released

But state officials won't give information on injured 4-month-old girl

by JJ Hensley - Sept. 14, 2011 12:00 AM  
*The Arizona Republic*

It's been one month since 6-year-old Jacob Gibson died of brain injuries his parents are accused of causing, but records related to the state's lengthy involvement in the boy's life are still under seal.

The records should be released by the end of the week, according to the Maricopa County Attorney's Office.

But state officials are continuing to balk at the release of information related to an injured 4-month-old girl under state supervision because her injuries do not meet the "near fatality" threshold established in state law, according to a letter Department of Economic Security public-records coordinator Todd Stone delivered on Monday to an attorney for *The Arizona Republic* and Channel 12 (KPNX-TV).

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# Let's talk about....

- Who considers WIC information important?
- What information is requested?
- When should you document?
- Why are your notes so important?
- What are some important things to consider?

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# Who Wants WIC Documentation?

- Child Protective Services (CPS)/ Foster Care
- Division of Developmental Disabilities (DDD)
- Law Enforcement
- Legal teams/Investigators
- Clients
- WIC staff

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# What is Requested?

- Growth Charts
- Care Plan notes-information about the interaction and observations of the client
- Referrals the client received
- Who has received services for the child?
  - Important to create an audit trail (authorized representatives)

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- Nutrition Education/Follow-Up data - what education has the authorized representative received?
- When was the family in the clinic to receive services?

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# Release of Information

- PI responds to requests on a daily basis
  - Records Request
  - Subpoena

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# When Should You Document?

- Gut feeling that something isn't right
- Suspected child abuse and/or neglect and reporting
- Foster care or custody disputes

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- Significant changes in growth/eating patterns
- Unusual comments by caregiver or strange behavior
- Caregiver appears intoxicated

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# Why Do Others Want WIC Data?

- Piece together a story
- Qualification for services (DDD)
- Determination of placement for child
- Exhibits in court cases
- Investigations of accidental deaths

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## CONSIDER THESE FACTS:

- Every 15 minutes, 24-hours a day, a child in Arizona is reported abused or neglected.
- Three out of four children who die from abuse each year are under the age of four.
- Each year, one in fifty infants experiences abuse or neglect in the United States.
- Child abuse victims are 30% more likely to become violent criminals as adults.
- Child maltreatment costs our nation \$248 million each day.

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- When crimes are committed against children
  - do not seek medical care for child
  - move from provider to provider
  - WIC might have a significant amount of recent data

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# Mesa woman sentenced to life in prison for baby daughter's death

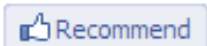


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Posted: 04/01/2011



By: Associated Press

PHOENIX - A Mesa woman has been sentenced to life in prison for the 2004 death of her baby daughter.

Prosecutors say 26-year-old Shawnte Shuree Jones will have to serve 35 years of her sentence before she can apply for parole.

A Maricopa County Superior Court judge on Friday also sentenced Jones to a consecutive 17-year prison term for child abuse.


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# What Did WIC See and What Did WIC Do?

## Appointment History



Date	Time	Type	Staff	Status
03/01/2004	02:00 pm	HR ED	HIGH RISK, RD	M
01/07/2004	10:45 am	HLTHCK	CNV 4, ENGLISH	K
12/24/2003	10:45 am	HLTHCK	CNV 2, ENGLISH	D
11/17/2003	11:15 am	CERT	CNV 2, ENGLISH	M
09/23/2003	02:40 pm	GROUP	NPA, ENGLISH	K

Notes

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# Things to Consider

- Did your interaction warrant a mandatory report?
- Should you issue one month of FIs to allow for more frequent follow-up?
- Would this client benefit from a referral (RD, behavioral health)?

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- Immediately update their contact information.
- Make sure the next WIC staff can follow and understand your notes.

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Patient has two teenage children, but no other abnormalities.

On the second day, the knee was better, and then on the third day it disappeared.

She is numb FROM her toes down.



# Accountability

- Protect yourself and the program.
- Participants frequently use programs as the “scapegoat.”
- Attorney General’s Office advises the PI team.

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# Notes

- Facts should be recorded and distinguished from opinions. When opinions are offered, their basis should be documented.



- e.g., Mrs. Smith appeared to be intoxicated; her eyes were red; she had difficulty standing without losing her balance. Mrs. Smith agreed to allow staff to call a family member to come pick her up.

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- Never record details of a clients intimate lives or their political, religious, or other personal views.
- When in doubt, contact the PI team or your nutrition consultant.

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# Questions



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