

Nutrition Education Specialist Training Schedule

Note: All LMS courses except Civil Rights require successful completion of the competency checklist by supervisor and final exam. All other university or community college level courses will require a testing out exam.

Core Competencies	Available Courses	Start	End	Completed
Civil Rights	Civil Rights-LMS	Wk 1	Wk 4	
WIC Program	Introduction to WIC – LMS	Wk 1	Wk 6	
AIM 101 Getting Started, Appt scheduling, Pre-Certs	AIM 101 - LMS	Wk 2	Wk 6	
AIM 102 Certification, Participant Reg, Medical, Overview of the rest of the process; Printing forms	AIM 102 – LMS	Wk 2	Wk 6	
Anthropometric and Hematological Data Collection	Anthropometric-LMS -AND-	Wk 2	Wk 6	
	Hematological Data Collection-LMS -AND-			
	Practicum Certification -OR-			
	State and/or Local Agency Instructor-led Training			
Customer Service	WIC Works -OR- Customer Service – DVD - or- via LMS	Wk 2	Wk 6	
AIM 103 Overview of cert process; health history; Nutrition education screen; care plan; nutrition education; medical referrals; food package	AIM 103 - LMS	Wk 3	Wk 8	
Nutrition and Risk Assessment	Nutrition and Risk Assessment – LMS	Wk 3	Wk 8	
	Local agency In-service/training			
AIM 104 Additional AIM Functions	AIM 104 – LMS	Wk 4	Wk 12	

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Core Competencies	Available Courses	Start	End	Completed
Basic Nutrition	Basic Nutrition- LMS OR	Month 3	Month 6	
Basic Nutrition	University or community college course AND	Month 3	Month 6	
	Ongoing RD In-services			
Nutrition During the Life Cycle	Life Cycle Nutrition LMS Course OR	Month 3	Month 6	
	University or community college course AND			
	On-going RD In-services			
Infant Nutrition Series	Infant Nutrition WIC Works course in LMS – 3 courses (0-6 months, 6-12 months, Formula Basics) OR	Month 3	Month 6	
	University or community college course AND			
	On-going RD In-services			
Maternal Nutrition	Maternal Nutrition LMS Course OR	Month 3	Month 6	
	University or community college course AND			
	On- going RD In-services			
Postpartum Nutrition	Postpartum Nutrition – LMS OR	Month 3	Month 6	
	University or community college course AND			
	On-going RD In-services			
Breastfeeding	Breastfeeding – LMS OR		Month 6	
	CBC or CLC OR			

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Core Competencies	Available Courses	Start	End	Completed
	WIC Works OR			
	University or community college course			
Child Nutrition	Child Nutrition LMS Course OR	Month 3	Month 6	
	University or community college course such as Healthy Weight for Kids at CAC OR			
	WIC Works AND			
	On-going RD Inservices			
Communication and Rapport Building	WIC Works -OR- ADHS-DVD	Month 3	Month 6	
Critical Thinking	WIC Works	Month 3	Month 6	
Participant Centered Nutrition Education	PCE LMS Course -AND Altarum DVD AND on-going RD in-services	Month 3	Month 6	
Multicultural Awareness	WIC Works -OR-	Month 3	Month 6	
	Healthstream -OR- https://healthstream.com/HLC/mphc ;			
	Intro to CLAS - LMS			
Facilitating Group Discussion	“Finding the Teacher Within” ADHS – DVD AND	Month 3	Month 6	
	On-going RD In-services			
Touching Hearts-Touching Minds Nut. Ed. Trainings	ADHS-DVD AND on-going RD inservices	Month 3	Month 6	

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Core Competencies	Available Courses	Start	End	Completed
Nutrition Care Standards	Nutrition Care Standards – LMS AND	Month 3	Month 6	
	ON-going RD In-services			
Missed Trainings	Any ADHS- DVD's	Month 6	Month 12	