

CCC Prevention Committee
 May 6, 2008
 Location: Arizona Department of Health Services
 Conference Call-in number 1-866-751-5726 (*1186832*)

Attendees: Anne Bergersen, Sharon Jaycox, Sherryl Lewis, Kendra Sabol, Fred Taylor, Angie Lorenzo, Cindy Aron, Dawn Reaves, Lisle Hites, Jessica Wakelee

Agenda Items	Discussion	Follow-up Items
Minutes	The committee went over the minutes from the March 30, 2009 meeting. The minutes were approved.	
Logic Map - Lisle Hites & Jessica Wakelee	At the meeting, the committee looked over the logic map and went through to identify what the problem is and what we want to work on. The logic map is set up as follows: our ultimate goal is on the far right; the most changeable behaviors are on the far left with the behaviors becoming less changeable as you move from left to right. We had removed a lot of school based intervention from the discussion during our last meeting. We went through the prioritization process of the items left to see if they are within our mission, if they can be changed in two years and if we can afford them.	
Body and Soul – Angie Lorenzo	<p>Angie gave a brief review on Body and Soul. Body and Soul is a program designed for African-American churches. It is an African American Spirituality Wellness program. It is specifically meant to have churches implement different activities within their church to make a difference for the congregation to eat healthier; mostly fruits and vegetables, as well as physical activity. There are four pieces to the program:</p> <ol style="list-style-type: none"> 1. needs the support of the pastor (pastor to encourage the congregation to eat healthier) 2. have activities within the church to promote healthy eating (cooking classes, nutrition classes and physical activities) 3. church environment support (provide healthy snacks for classes, board meetings, etc) 4. peer counseling (people within the church who are trained to be peer counselors; support for any of the congregation that are serious about going into this and trying to eat healthier and getting more physical activity) <p>The programs are customized to the church, developed within the church by church members. There are two churches that show an interest in the Body and Soul program and they are First Pentecostal Church in South Phoenix and Azusa Church in Phoenix. Sharon is working on a grant and Angie has written a letter to go out to the African American church community.</p>	
Summary CEO Cancer Gold Standard – Kendra Sabol	<p>Kendra went over the Summary CEO Cancer Gold Standard. Please see handout.</p> <p>The Gold Standard is a certification of workplace wellness excellence that recognizes exemplary prevention, early diagnosis and quality cancer treatment. While the focus of the program is on cancer risk, reduction, the Gold Standard provides both a benefits policy and workplace culture framework that addresses a range of wellness issues and thus has the potential to reduce incidence of a number of chronic illnesses.</p>	

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What to do as a team?	<ul style="list-style-type: none"> • Need to look over antecedents and pick out which ones to work on • Choose four out of the ten that would have the biggest effect • Need to prioritize • What are the committee's strengths and where is our natural fit 	
Add to committee	Angie Lorenzo and Cindy Aron to join the committee.	Sherryl will add Angie Lorenzo and Cindy Aron to the roster list.
Comments	<p>May is Skin Cancer Awareness month.</p> <p>Sun Safety-have Arizonians to use sun protection.</p> <p>The Skin Cancer Institute in Tucson did a "Living in Harmony with the Sun" program. They did a free skin assessment by a dermatologist.</p> <p>Scottsdale Health Care did a skin cancer screening at Botanical Gardens. At the Botanical Gardens is a Jahulie glass and they are hand blown glass and it looks like its growing in the desert.</p> <p>Kendra suggested we do something similar... Dawn Reaves to send Sharon Jaycox information from SHC. Lisle suggested a 2nd logic map for sun safety for next year.</p>	
Next Meeting	TBD	